

# **THE SIDDHA FORMULARY OF INDIA**

**PART-I**

**FIRST EDITION**

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH**

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## FOREWORD

The Science of Medicine is of fundamental importance to man's well being and his survival. There are traditional systems of medicine in many countries which have evolved over different periods of time. These Systems owe their progress to great men, whose tireless endeavours have not only enriched the science, but also society and civilisation as a whole.

2. There are several systems of Medicine in India and Siddha System is one of them. It has flourished largely in South India.

3. Till few decades ago, Siddha drugs were prepared mainly by Siddha physicians for their patients and therefore standards were maintained properly. Of late however Pharmaceutical concerns have started manufacturing these medicines on a large scale and it was felt necessary to prepare standard formulary of Siddha System in the first instance followed by Pharmacopoeia of Siddha drugs, to ensure availability of pure and effective medicines of this system.

4. The Government of India, therefore, constituted the Siddha Pharmacopoeia committee consisting of experts and eminent scholars. Before bringing out a standard pharmacopoeia, this committee brought out a Siddha Formulary of India Part I in Tamil and this was published in the year 1983. It was decided at that time that English version of this Formulary should also be prepared and published as early as possible.

5. The present publication is the English version of the Siddha Formulary of India Part I. This is the first attempt of its kind to bring out a book on Siddha Medicines at all India level in English. A Hindi version of this Formulary will also follow.

The effort which have gone into this publication will be regarded if the Scientific and Medical Public for which it is meant, make the maximum use of the data presented in it.

We are thankful to the Chairman and Members of the Siddha Pharmacopoeia Committee for this original work.

Sd/-

S.S. DHANOA

*Secretary to the Government of India*





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## LEGAL NOTICE

In India there are laws dealing with certain substances which are the subject of the monographs of compound formulations included in the Siddha Formulary of India. These monographs should be read subject to the restrictions imposed by those wherever they are applicable.

2. It is expedient that enquiry be made in each case in order to ensure that the provisions of any law are being complied with.

3. In general, the provisions of the Drugs and Cosmetics Act (1940), Chapter IVA as are applicable to Siddha Drugs and the Rules framed thereunder should be consulted.

4. Formulations included in the Siddha Formulary may also be manufactured as per formulae given in various Siddha Classics. The Siddha Formulary has however included the most commonly accepted Formulae for the medicinal preparations included therein. It does not however, preclude the Siddha Pharmaceutical Industry and the practitioner from manufacturing medicines on the basis of other formulae. But should the medicines be prepared according to the reference mentioned in the Formulary, deviation in the details of the ingredients or their quantities is not permissible.



## GENERAL NOTICES

**Title.**—The title of this book, including supplements thereto, is the Siddha Formulary of India. The word 'Formulary' wherever it occurs in the text, refers to the Siddha Formulary of India.

**Names of Drugs, Preparations.—Official.**—All names of drugs, formulations and processes mentioned in the Formulary will be deemed as Official.

**Methods of Preparation .**—The General Method of Preparation has been given immediately preceding the individual sections of Formulations. When there is a statement in the body of a monograph of the formulation that a substance will have to be prepared by a certain method, it indicates that the general method is modified to that extent. In some cases there are more than one methods of preparation and new methods are constantly being evolved. What is intended is that, irrespective of the method of preparation, the resulting substances must comply with Formulary requirements.

**Doses :—**Doses mentioned in the Formulary are intended merely for general guidance and represent, unless otherwise stated, the average range of quantities per dose which are generally regarded as suitable for adults when administered orally. It is not to be regarded as binding upon the prescribers. The doses may in many cases be repeated three to four times in 24 hours. The medical practitioner will exercise his own judgement and act on his own responsibility in respect of the amount of any therapeutic agent he may prescribe or administer or the frequency of its administration. When, however, an unusually large dose appear to have been prescribed, it shall be the duty of the pharmacist or dispenser to satisfy himself that the prescriber's intention has been correctly interpreted.

Doses are expressed in the metric system of weights or measures. A conversion table is appended to the Formulary giving the Classical Siddha System of weights and measures and their metric equivalents. It is to be noted that the relation between the doses in metric and Siddha System set forth in the text is of only approximate equivalence. These equivalents are for the convenience of the prescriber and are sufficiently accurate for pharmaceutical or other purposes.

**Weights and Measures.**—In the Formulary only the metric system of weights and measures is indicated.

Fluid measures are given in multiples or fractions of millilitre.

The term 'ml' is used as short designation for the millilitre.

When the term 'drop' is used, the measurement is to be made by means of a tube which delivers 1 gramme of distilled water at 15°C, in 20 drops.

Metric measures are required by the Formulary to be graduated at 25°C, and all measurements involved in the analytical operations of the Formulary are intended, unless otherwise stated, to be made at that temperature.

**Crude drugs :—**Plant, animal and mineral drugs are required to be free from insects and other foreign matter, and from animal excreta, and to show no abnormal odour, colour, sliminess, mould or other evidence of deterioration and must have undergone the process of purification.

**Storage.**—The container and its closure must not interact physically or chemically with the substance which it holds so as to alter the strength, quality or purity of the substance. If interaction is unavoidable the alteration must not be so great as to bring the substance below Formulary requirements. A well close container must protect the contents from extraneous matter or from loss of the substance under ordinary or customary conditions of handling, shipment, storage or sale.



## PREFACE

1. The Siddha Pharmacopoeia Committee is glad to present the First Part of the Siddha Formulary of India, which was one of the functions assigned to it. Every attempt has been made to include in it as many important formulations as are currently manufactured on a large scale in terms of value and in use throughout the country. Various organizations, institutions including pharmacies and individual, Siddha Physicians were consulted before the Formulary was prepared. The Formulary, therefore, represents the concensus of opinion of the Siddha profession as a whole and as consequence the Committee hopes it will be acceptable to the profession at large. The Committee urges the Central Government to recommend the adoption of this Formulary by all the Siddha institutions maintained by Government in the States, as well as a Semi-Government and other institutions managed by public voluntary organizations.

2. In the absence of adequate scientific standards of single drugs and compound formulations, a work which has only been recently started, the Committee has not been able to recommend standards for either of them. The Committee, while appreciating the efforts made by the Government to initiate work on standardisation, is aware of the fact that steps taken so far have been inadequate and need to be further accelerated. Therefore, the Committee very strongly recommends that the Government of India will expedite the expansion of existing pharmacopoeial Laboratories for standardisation work and setting up of drug farms where genuine and authentic drugs may be grown for this purpose. As Government is aware, the vast majority of the population in the country depend on drugs of indigenous origin. It is, therefore, necessary that standardisation of drugs should be taken up as a priority programme.

3. In addition to the establishment of drugs farms for genuine and authentic drugs, the Committee recommends that a National Herbarium and a Drug Museum should be established in the Sixth Plan.

4. The Committee expresses its thanks and appreciation to State Governments, Institutions and experts in Siddha and other sciences, for their unstinted co-operation and help in compiling this Formulary. The Committee also expresses its appreciation and thanks for the Secretariat Staff who unsparingly gave of their best in this task.

NEW DELHI

1979

C. S. UTHAMAROYAN

DATE :

CHAIRMAN





## SIDDHA FORMULARY OF INDIA INTRODUCTION

The Siddha System of Medicine is a distinct science and an unique art of healing founded by great poet mystics called "Siddhars" who produced their works in Tamil. The origin of the Siddha System and the Tamil language is attributed to the sage Agasthyar. The Siddha System which is as ancient as the Ayurveda in the North, flourished throughout the South. It has been popular also in Shri Lanka, Burma, Malaysia and other South East Asian countries. There is ample evidence in literature to establish its vogue in a highly advanced stage even from very early periods of civilization. Many Chinese priests who came to India had studied this system from eminent Siddhars of whom Bogar is a significant one. Yacob (Ramadwar) is stated to be a scholar who had visited Arabia, Turkey in the West and China and several other countries in the East and spread the knowledge of the Siddha System.

Minerals, metallic preparations and the medicinal plants used in Siddha Medicine are outstanding in their therapeutic value. The special chemical processes evolved in this system to convert the minerals and metals into potent therapeutic agents are unique and constitute its real secret. Pharmaceutical processes adopted include calcination, sublimation, distillation, dissolution, fusion, separation, combination, purification, incineration etc.

There were over a thousand authentic works on the Siddha System, not to speak of the manuscripts and palm leaf scripts extant. At present, however, only about 200 books are available in print. More than 1000 drugs are mentioned in these works, the most commonly used are about 600, 500 of vegetable origin, 80 of the Minerals and 50 of the Animal origin. All the Siddha classics are in poetry, highly sophisticated Tamil poetry. This is probably the main impediment against its spreading to the other parts of India. This system was developed and practised both in the traditional way as well as through hereditary method. The number of Siddha practitioners are now estimated to be around 20,000. However, those enrolled on the State register are over 10,000. They serve the rural population and are found mostly in villages and in remote areas. The Siddha physicians, as the Ayurvedists prepare their own medicines for dispensing to their patients. These practitioners are experts in identifying the individual items of raw drugs and also in processing the compound formulations. Very often the composition is modified suitably to meet the specific requirements of patients, and the conditions of diseases.

After independence the State Government in South and the Central Government have taken keen interest in the development of Siddha and other traditional systems of medicine. The establishment of regular teaching institutions, development of the pharmaceutical industry, quick modern transport system etc., had their own impact on the practice of the Siddha System of medicine as it had on to the other systems. The practitioners depend more on prepared medicines brought out by manufacturing firms and the art of preparation of medicine by the practitioner is on the decline.

Commercialisation has become dominant in the preparation and marketing of Siddha drugs. In order to ensure the purity of drugs supplied to the profession and to ensure safety to the public, the Government of India, considered it expedient to extend the provisions of Drugs and Cosmetics Act, 1940 and exercise limited control over manufacture of Siddha, Ayurveda and Unani drugs. The development of standards tests for identity, quality, and purity of the Siddha drugs and formulations, is a very stupendous task and involves strenuous work. It was considered that preparation of the Formulary to standardise the composition of various Siddha Medicines was the first necessary step, pending preparation of a Siddha Pharmacopoeia. The Government of India, therefore, constituted a Siddha Sub-Committee under the Ayurvedic Pharmacopoeia Committee in February 1964. It consisted of the following scholars :

- |  |           |
|--|-----------|
| 1. Dr. C.S. Uthamaroyan, Madras        | Chairman  |
| 2. Dr. R. Thyagarajan, Madras          | Member    |
| 3. Dr. M.V. Ramanan, Jamnagar          | Member    |
| 4. Shri Sundarananda Saraswati, Madras | Member    |
| 5. Vaidya Bhagwan Dash, New Delhi      | Convenor. |

The functions of the Committee were :—

1. To prepare an official formulary for Siddha Medicine in two parts :—

- a. Single drugs, the identity and their therapeutic value that are beyond doubt and
- b. Compound preparations which are frequently used in Siddha Medicine.

2. To lay down tests for identity, quality and purity.

3. To ensure, as far as possible, uniformity in physical properties and active constituents.

4. To provide standards for drugs and medicines about therapeutic usefulness or pharmaceutical necessity sufficiently used in the practice of Siddha Medicine; and

5. To provide all other information regarding the distinguishing characteristics, methods of preparation, dosage, method of administration in various Anupanas or vehicles and toxicity.

The first meeting of the Sub-Committee was held at New Delhi on 7th and 8th July 1964.

On the recommendations of the Sub-Committee, a detailed questionnaire was prepared and sent to about 1500 Siddha Physicians and 50 manufacturing firms, including 28 manufacturers registered by the Government of Tamil Nadu. The Committee also heard in person the views of many experts. The number of formulations to be included under various sections was then drawn up. Meanwhile taking into consideration the demands of the Siddha profession, and the views of the Government of Tamil Nadu, considering its separate identity, the Government of India took a policy decision in the year 1968 to accord independent status to the Siddha System of Medicine instead of bracketing it with the Ayurvedic System. Accordingly, with effect from the 1st October, 1975, the Siddha Pharmacopoeia Committee, a separate body consisting of the following experts, was constituted, replacing the earlier Sub-Committee :—

- |  |            |
|--|------------|
| 1. Dr. C.S. Uthamaroyan, Madras  | Chairman   |
| 2. Dr. K. Subramaniam, Bangalore   | Member     |
| 3. Dr. R. Thyagarajan, Madras  | Member     |
| 4. Dr. A. Ananda Kumar, Madras   | Member     |
| 5. Prof. S. Rangaswami, New Delhi  | Member     |
| 6. Dr. G.M. Yahya, Madras  | Member     |
| 7. Dr. P.M. Venugopal, Madras  | Member     |
| 8. Research Officer (Siddha) Dr. Miss Jaibala (From Dec. 69 to Aug. 77)<br>Dr. K. Palanichamy since 18-8-79. | Secretary. |

Dr. P.N.V. Kurup, was designated later as the Vice-Chairman of the Committee. The Research Officer, Siddha, Secretary of the Pharmacopoeia Committee was approved as Secretary of all the Sub-Committees.

The Siddha Pharmacopoeia Committee held its first meeting on 1st to 4th October, 1975. As recommended at the above meeting, various Sub-committees, as detailed below were constituted :—

#### 1. Formulary Sub-Committee :

##### Members of the Committee

- |                                       |          |
|---------------------------------------|----------|
| 1. Dr. R. Thyagarajan, L.I.M., Madras | Chairman |
|---------------------------------------|----------|

##### Coopted Experts

- |   |         |
|---|---------|
| 2. Dr. T.S. Parthasarathy, L.I.M., Madras | Member  |
| 3. Dr. V. Viswanathan, L.I.M., Madras     | Member  |
| 4. Dr. P. Chirasabai, Kancheepuram        | Member. |

Functions : (1) To decide the groups and formulations in each group for inclusion in the Siddha Formulary.

(2) To scrutinise the formula for each formulation.

(3) To indicate the general method of preparation for each group of formulations.

**II. Single Drugs Sub-Committee :****Members of the Committee**

- |                                  |           |
|----------------------------------|-----------|
| 1. Dr. K. Subramaniam, Bangalore | Chairman. |
| 2. Prof. S. Rangaswamy, Delhi    | Member    |

**Coopted Experts**

- |   |        |
|---|--------|
| 3. Shri R.M.K. Sivasubramania Om, Palani. | Member |
| 4. Mr. S. Usman Ali, Trivandrum           | Member |

**Functions** (1) To decide on the botanical identity of the single drugs.

(2) To consider and recommend the use of substitute drugs.

(3) To prepare monographs on single drugs, providing information on identity, synonyms vernacular names, descriptions etc.

**III. Drugs Standardisation Sub-Committee :****Members of the Committee**

- |                              |          |
|------------------------------|----------|
| 1. Prof S. Rangaswami, Delhi | Chairman |
| 2. Dr. G.M. Yahya, Madras    | Member   |

**Coopted Experts**

- |                                |        |
|--------------------------------|--------|
| 3. Dr. M. Shanmugavelu, Ramnad | Member |
|--------------------------------|--------|

**Functions:** (1) To lay down standards for compound formulation.

(2) To stipulate the packaging and storage conditions.

(3) To recommend permissible colours and preservatives that may be added to individual or groups of formulations.

**IV. Co-ordination Committee :****Members of the Main Committee**

- |                                   |          |
|-----------------------------------|----------|
| 1. Dr. C.S. Uthamaroyan, Madras   | Chairman |
| 2. Dr. R. Thyagarajan, Madras     | Member   |
| 3. Dr. K. Subramaniam, Bangalore. | Member   |
| 4. Prof. S. Rangaswamy, Delhi.    | Member   |

**Functions:** To co-ordinate the activities of all the Sub-Committees and periodically review the progress of work.

The Pharmacopoeia Committee and its Sub-Committees met a number of times and finalised the formulary at its meeting in November 1977. Thereafter the text was scrutinised and the manuscript was approved by the Siddha Pharmacopoeia Committee in July 1979. Dr. K. Palanichamy joined as Research Officer in August 1979. This was further scrutinised and with some corrections in respect of a few monographs, the matter for the Press was finalised and approved at the meeting of the Siddha Pharmacopoeia Committee held on 4-5 December, 1979.

The Siddha System recognises 32 kinds of preparations for internal administration and 32 categories for external applications. Among them the most commonly used and well defined formulations alone are included in the First Part of the Siddha Formulary. The subsequent parts of the Formulary are to cover other categories infrequently used. It is to be clearly understood that the non-inclusion of many such medicines in the First Part does not denote that such medicines, are not considered officials.

This formulary consists of 22 sections and covers 248 medicines. Every effort has been taken to verify the authenticity and correctness of the formula. The views expressed by various experts and the opinions of the learned members have been given deep and detailed consideration. The Committee hopes that all departments of the Central and the State Governments, the profession and the Siddha Pharmaceutical industry will adopt this Formulary.

The Committee desires to place on record its appreciation of the valuable guidance and assistance of the expert members, the Secretariat Staff and others who cooperated in this task. Thanks are also due in no small measure to the (late) Dr. Miss Jaibala, Research Officer, (Siddha) who was also Secretary of the Committee and Shri G. Balakrishnan who was Assistant Secretary (A.P.C.) and to the Dr. K. Palanichamy, previous Research Officer (Siddha), Dr. M.A. Kumar Research Officer (Siddha), Dr. Y.K.S. Rathore, Chemist APC and to Mrs. Indra Srinivasan in the Ministry of Health and Family Welfare.

Dr. Jaibala's sudden demise in August 1977 held up the progress of the work. The efforts taken by Dr. P.N.V. Kurup, Adviser (I.S.M.) and Dr. R. Ganapati, (O.S.D.) in expediting the work, deserve special mention.



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## FORMULARY—COMPOUND FORMULATIONS

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**SECTION 1**

**KARPAM**

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## KARPAM

## DEFINITION

Certain leaves, roots, salts and metallic preparations are used as Karpa drugs. Any one of these should be taken in graduated doses increasing the first half of the period and decreasing the doses gradually in the later part of the period of observing the prescribed diet restrictions i.e. pathiyam and the period mentioned for this line of treatment.

The medicines used as Karpam are of two varieties.

1. Preparations which are daily prepared and administered (i.e. preparations of leaves, roots etc.)
2. Preparations already prepared and kept ready for administration for the entire course of treatment (i.e. salts and metallic preparations).

## PRESERVATION AND STORAGE

To be stored in a clean, dry glass container.

## SHELF LIFE

Many years.

## GROUP No. 1

## CARPAM

Sl. No.	Formulation	Reference				Page No. of the Formulary
		Book	Year of Publication	Page No.	Stanza	
1	2	3	4	5	6	7
1.	Ayajampirak Karpam	Kuṇapāṭam 2 & 3	1970	59		
2.	Ayapiruṅkarāja Karpam	Tēraiṇar Pāṭal Tirattu	1975	29		
3.	Irunellik Karpam	Dr. S. Kṛṣṇā Rao Anupavam				
4.	Pāvanak Kaṭukkāi	Tēraiṇar Pāṭal Tirattu	1975	32, 33		

**1 : 1 AYA JAMPIRAK KARPAM**

(Kuṇapāṭam part II &amp; III Page No. 59)

- |                    |           |
|--------------------|-----------|
| 1. Ayap poṭi       | 350 gms.  |
| 2. Miḷaku          | 350 gms.  |
| 3. Pūṇṭu           | 175 gms.  |
| 4. Elumiccam Paḷam | 40 Nos.   |
| 5. Nalleṇṇey       | 2100 gms. |

**Method of Preparation :**

Grind well the first three drugs and put it inside the lime fruits by making crucial opening in the fruits. Then place the fruits in a mud pot and add gingelly oil (No. 5), cover the pot with a mud plate and seal with mud cloth. Bury the pot in a marshy place for 45 days. Take out the pot and preserve the medicines.

**Dose :**

1/4 lime fruit, twice daily after meals

**Important Therapeutic Usage :**

Veluppu, Ūtal.

**1 : 2 AYA PIRUNKARAJA KARPAM**

(Tēraiyaṇ Pāṭal Tirattu, Page No. 29)

- |                            |                     |
|----------------------------|---------------------|
| 1. Ayattūl                 | 140 gms.            |
| 2. Naṇṭūram                | 210 gms.            |
| 3. Karicālaic Camūlac cāru | 2.1 lits.           |
| 4. Elumiccampaḷa iracam    | 2.1 lits.           |
| 5. Ālilaikaḷ               | Sufficient quantity |

**Method of preparation :**

Make a powder of drugs 1 and 2, mix with 1.4 lits. of item 3 and dry in sun. Treat similarly with 1.4 lits. of item 4 and then with the remaining portions of item 3 and 4 successively. Finally when a pastic consistency is reached on drying, transfer to cups made out of item 5 and dry till all water is lost. Powder finely and use.

**Dose :**

500 mg. twice daily for 40 days.

**Vehicle :**

Tēṇ, Ney, Paḷac cāru, Tayir.

**Important therapeutic usage :**

Irattak kuṇaiṇu, Narai and Acati.

**Diet restrictions :**

Avoid tamarind and articles of sour taste.

**1 : 3 IRUNELLIK KARPAM**

(Dr. S. K. Krishna Rao Anupōkam)

- |                                   |         |
|-----------------------------------|---------|
| 1. Nellikkāyk kantakam (purified) | 1 part  |
| 2. Nellikkāyc cāru                | 2 parts |

**Method of preparation :**

Grind item 1 with the addition of item 2, in small quantities. Dry and powder.

**Dose :**

200 mg., twice a day.

**Vehicle :**

Ney

**Important therapeutic usage :**

Coṛi, Ciraṅku.

**1 : 4 PĀVAṆAKKAṬUKKĀY**

(Tēraiyaṇ Pāṭal Tirattu, Page No. 32 &amp; 33.)

- |  |                     |
|--|---------------------|
| 1. Kaṭukkāy                                      | 100 Nos.            |
| 2. Kaḷunṭr                                       | Sufficient quantity |
| 3. Mor   | Sufficient quantity |
| 4. Kataluppu (1/4 of the weight of item 1 taken) |                     |
| 5. Cukku   | 18 gms.             |
| 6. Aṭṭuppu                                       | 18 gms.             |
| 7. Intuppu                                       | 18 gms.             |
| 8. Ōmam  | 18 gms.             |
| 9. Cevviyam (koṭi)                               | 18 gms.             |
| 10. Cittiramūla vērp paṭṭai                      | 18 gms.             |
| 11. Tippili                                      | 18 gms.             |
| 12. Elumiccampaḷac cāru                          | Sufficient quantity |
| 13. Iṇcic cāru                                   | Sufficient quantity |

**Method of preparation :**

Soak item 1 in item 2 for 3 days. Recover item 1 and again soak for 3 days in a fresh quantity of item 2. Repeat once more so that the material is treated for a total of 9 days and then remove and discard the seeds from them. Boil the flesh with items 3 and 4 till the pieces become dry. Sprinkle fine powders of items 5 to 11 and mix with the pieces. Add item 12 and keep in sun till the juice is absorbed and the pieces become dry. Then add item 13, dry and store.

**Dose :**

One or two pieces before and after food.

**Important therapeutic usage :**

Irumal, Mantam, Vayirru nōy and Vānti. If this medicine is taken for 40 days, Cūlai, Vāyvu, Kuṇmam, Mūlam, Iraippu, Pilikam, Pinacam, Vāntipēti, Cuvai iṇmai, Ūṇ vēruppu, Veluppu nōy, Ālāl nōy and Kuruti ālāl nōy will be cured.

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SECTION 2

CUNNAM

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**DEFINITION****CUNNAM**

Calcined form of preparations prepared as per specifications are known as Cunnam. Apart from their being white in colour, they turn red with turmeric.

The category Cunnam comprises of products of Mercury, minerals or metals after their being ground with some juices, extracts or distillates and then dried and burnt till the materials is dehydrated completely and crumbles. These also turn red with turmeric and hence the name Cunnam which means lime.

Mercurial salts, metals or parpams triturated well with juice of leaves, or tiravakams, put in a crucible tightly sealed with mud plaster when subjected to intense charcoal heat, becomes Cunnam.

**PRESERVATION AND STORAGE**

To be stored in a clean, dry glass container.

**SHELF LIFE**

Cunnam retain their potency for 500 years.

**NOTE**

Cunnam is an irritant to mucosa. So it is to be given with suitable vehicles.

**GROUP NO. 2****CUNNAM**

Sl. No.	Formulation	Reference				Page No. of the Formulary
		Book	Year of Publication	Page No.	Stanza	
1	2	3	4	5	6	7
1.	Vel Vaṅkac Cunnam	Kuṇapāṭam Part 2 & 3	1970	122		
2.	Veṭiyuppuc Cunnam	Kuṇapāṭam Part 2 & 3	1970	257		

**2 : 1 VELVANKAC CUNNAM**

(Kunapāṭam, Part 2 and 3, Page No. 122)

- |                          |                     |
|--------------------------|---------------------|
| 1. Velvankam (purified)  | 4 parts             |
| 2. Iracam (purified)     | 4 parts             |
| 3. Anṭa ḍṭu (purified)   | 4 parts             |
| 4. Vīram (purified)      | 1 part              |
| 5. Kaṇ cunṇat telivu nīr | sufficient quantity |

**Method of Preparation :**

Melt item 1 in an iron laddle, pour into the mortar, add item 2 and grind well. Then add items 3 and 4 to it and continue grinding with the addition of item 5. Make cakes, dry, put in a crucible and heat in a blower. Take the contents out and expose. When the product readily crumbles, powder finely.

**Dose :**

35-65 mg.

**Important Therapeutic Usage :**

Mēka cūlai, Vellai, Kīlvāyu, Vaḷi nōy, and Narittalai vātam.

This is a specific medicine for kīlvāyu.

**2 : 2 VETTYUPPUC CUNNAM**

(Kunapāṭam, Part 2 and 3, Page No. 257)

- |                               |          |
|-------------------------------|----------|
| 1. Vēṭṭiyuppu (purified)      | 70 gms.  |
| 2. Āmai ḍṭu powder (purified) | 350 gms. |

**Method of Preparation :**

Spread half the quantity of item 2 in a calcination pan, place item 1 on it and cover with unremaining portion of item 2. Invert another calcination pan, seal, dry and calcine using 40 dung cakes.

**Dose :**

100—200 mg.

**Vehicle :**

Nīrmuḷḷik kūtīnīr, Iṇnīr or Muḷḷāṇkik kīḷāṇkuc cāru Pāl, Cīru Pīḷaic cāru.

**Important Therapeutic Usage :**

Nīraṭippu, Nīrerivu, Nīrkkāṭṭu and Vīkkam

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**SECTION 3**  
**KALANKU**

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## KALANKU

## DEFINITION

Mercury or its salts drenched with juices of leaves, Tiravakam or saiyaner, when being kept on fire and subjected them to intense charcoal heat.

At this stage when the mass melts gold and zinc should be added and taken after being cooled by itself.

## PRESERVATION AND STORAGE

To be stored in clean dry glass container.

## SHELF LIFE

Kalanku retains their potency for 100 years.

## GROUP NO. 3

## KALANKU

Sl. No.	Formulation	Reference				Page No. of the Formulary
		Book	Year of Publication	Page No.	Stanza	
1	2	3	4	5	6	7
1.	Piralayakala Ruttiran	Citta Vaittiyat Tirattu	1968	48		

## 3 : 1 PRAĀYAKĀLA RUTIRAN

(Citta Vaittiyat Tirattu Page No. 48.)

- |                    |          |
|--------------------|----------|
| 1. Cempup Poṭi     | 35 gms.  |
| 2. Tāḷakam         | 35 gms.  |
| 3. Iraca kaṣṭhūram | 8·7 gms. |
| 4. Kaṣṭhūram       | 8·7 gms. |
| 5. Veṅkāram        | 8·7 gms. |

**Method of Preparation :**

Powder all the drugs, pack in a curcible and blow till it melts. Pour the molten content in a

shallow space made out on a brick. Allow it to cool and preserve the amalgam.

**Dose :**

2 to 3 turns with honey on stone.  
Twice daily.

**Indication :**

Ūḷi nōy, Viṭa Curam, Peruṅkaḷical, Ceriyāmaic Curam.

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## SECTION 4

KATÏU

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## KATTU

## DEFINITION

Drugs or substances are prepared in such a way to withstand the action of fire.

Poisonous compounds like Cinnabar and Arsenic while being kept over fire is drenched frequent with either of the following viz. Sainir, Tiravakam, Kutinir, honey, lime juice, breast milk, juice of leave kulittailam etc. till the substance becomes as hard as a stone.

## PRESERVATION AND STORAGE

To be kept in a clean, dry glass container.

## SHELF LIFE

They retain their potency for 100 years.

## GROUP NO. 4

## KATTU

Sl. No.	Reference				Page No. of the Formu- lary	
	Book	Year of Publica- tion	Page No.	Stanza		
1	2	3	4	5	6	7
1. Ilinak Kaṭṭu	Kuṇa pāṭam Part 2 & 3	1970	159			
2. Pūrak kaṭṭu	Kuṇa Pāṭam Part 2 & 3	1970	163			
3. Tālakak Kaṭṭu	Kuṇa Pāṭam Part 2 & 3	1970	196			
4. Vellaip Paṭāṇak Kaṭṭu	Kuṇa Pāṭam Part 2 & 3	1970	210			

## 4.1 Ilinkak Kattu

(Kunapāṭam Part II &amp; III Page No. 159)

- |                       |        |
|-----------------------|--------|
| 1. Ilinkam            | 35 gm. |
| 2. Paṭṭakuc Cāmpiraṇi | 35 gm. |
| 3. Karpūram           | 35 gm. |

**Purification :**

Keep the Ilinkam immersed in Tayp pāl for a period of ten days. Then wash and dry.

**Method of Preparation :**

Take equal amounts of Karpūram and Paṭṭakuc Cāmpiraṇi by weight and grind well in the kalvam till it become a paste. Divide the total amount of paste into ten parts. One part of the paste is to be applied on a cloth and it is rolled over the Ilinkam.

The rolled Ilinkam is to be exposed to the flame of a light. Allow it to cool. Remove the carbons from the Ilinkam. Repeat the same process as above with the rest nine portions of paste.

**Dose :**

One or two turns.

Twice daily.

Vehicle :	Important therapeutic usage
Tēn	Vāyvu
Tirikaṭuku	Cannitōṭām, māraṭaippu, Vāyvu Mūrccai, Kaṭiccal, Vayirūtal.
Iṇic Cāru	Cūlai, Alal Velluppu, Viṭapākam, Vayirūvali, Ūtal.

## 4 : 2 TĀLAKAK KAṬṬU

(Kunapāṭam, Part II &amp; III P. No. 196.)

- |                                    |                     |
|------------------------------------|---------------------|
| 1. Tālakam                         | 17.5 m.             |
| 2. Civakarantaic Cāru              | 650 ml.             |
| 3. Karippān Cāru (Karicalān Kaṇṇi) | 650 ml.             |
| 4. Veṭiyuppu                       | Sufficient quantity |
| 5. Elumiccam Palac Cāru            | Sufficient quantity |

**Method of Preparation :**

17.5 gm. of purified Tālakam is to be taken in a shallow earthen plate. This is to be heated. During the heating process Civakarantaic Cāru and Karippān Cāru is to be poured drop by drop over the Tālakam. Fry the Veṭiyuppu separately (Care should be taken during frying Veṭiyuppu against fire accidents) and grind it well in Elumiccam Palac cāru. Apply this grinded Veṭiyuppu as a cover over Tālakam. Allow it to dry. Seal with seven layers of clay smeared clothribbon and after drying calcine it using fifteen. dung cakes. During calcination Tālakam will melt first and then forms a hard substance.

**Dose :**

One or two turns.

Twice daily

**Important therapeutic usage :**  
With suitable vehicles

1. Aṭiya curam
2. Canṇi

## 4 : 3 PŪRAK KAṬṬU

(Kunapāṭam Part II &amp; III, Page No 163)

- |                        |                     |
|------------------------|---------------------|
| 1. Pūram               | 35 gm               |
| 2. Tāyp pāl            | Sufficient quantity |
| 3. Vellaippūṇṭu Tailam | Sufficient quantity |
| 4. Veṭiyuppu           | 350 g               |
| 5. Kōḷi muttai         | 5 Nos               |

**Method of Preparation :**

Keep and soak 35 gms. of Pūram in Tāyp pāl for 10 days and dry it. Place this dried Pūram in a shallow earthen vessel and allow the Garlic Oil (Vellaip Pūṇṭu Tailam) to fall drop by drop over this Pūram by placing it in a suitable vessel above and necessary arrangements to be made to deliver the drops at the specified rate. Simultaneously make suitable heating arrangements from below, so that the Pūram mixes with the Oil and becomes almost semisolid. Continue this process for nine hours. Allow it to cool and scrap. Spread 175 gms. of Veṭiyuppu in another shallow earthen vessel. Place the scraped Pūram over this and cover it with the remaining 175 gms. of Veṭiyuppu. Pour over it the contents of the eggs. Keep this over an open furnace, preferably in an airy outer space and apply slow heat for about six minutes. Veṭiyuppu melts and at this stage it may get into flames. Stop heating when the contents melt and become viscus. Allow it to cool. Break the outer covering of the Pūram and collect.

**Dose :**

2 or 3 turns. Twice daily.

**Important therapeutic Usage :**

Suitable vehicle Nā Varāṭci Canni Curam  
Mala Vāta Canṇi Vāḷi nōy  
Ilinkak Kaṭṭu

## 4 : 4 VELLAIPPATĀNAK KAṬṬU

(Kunapāṭam Part II &amp; III P. No. 210.)

- |                      |           |
|----------------------|-----------|
| 1. Vellaip Paṭāṇam   | 35 gm.    |
| 2. Veppam Piṇcup Pāl | 700 ml.   |
| 3. Kompup Pākarkāy   | 1 No.     |
| 4. Panaṅkaḷ          | 1.4 lits. |

**Method of preparation :**

Take a single piece of Vellaippatāṇam weighing about 35 gms. in a shallow earthen plate and heat it continuously by pouring Veppam pincup drop by drop. After this keep the Vellaippatāṇam inside the kompup pākarkāy, and tied (by a thread). This is to be heated by keeping immersed in 1.4 lit. of Panaṅkaḷ. Take it out after all the Panaṅkaḷ has been dried.

**Dose :**

1 or 2 turns.

Twice daily.

**Important therapeutic usage :**  
With suitable vehicles—Many types of curam.

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**SECTION 5**  
**PARPAM**

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## PARPAM

**Definition:**

The powder form of substances obtained after the calcination process is known as Parpam.

**General method of preparation**

(i) The materials that go into the preparation of Parpam should first be cleaned and taken through the specified process of purifications, that are recommended for each component. The purified drugs are crushed and converted into fine powder so that they are ground in a mortar. These powders are put into the mortar specified juices are added and ground and the mass is made into small discs and dried in sun. They are thoroughly dried and spread in a shallow earthen pan and covered with an identical pan inverted over it, and the edges are sealed seven times with clay smeared cloth ribbon. This set up is dried and then placed and burnt in kilns of suitably pre-determined size. The product obtained by appropriated calcination should be very finely ground in mortar and taken.

(ii) There are rare exceptions in the general method of preparations, where there is no heating is required.

e.f. 1. Nantukkal parpam.

2. Kunkiliya Parpam.

(iii) **Colour** :—In general parpam are always white in colour but Tanka parpam (Calx of Gold) is light yellow in colour.

**(iv) Character and Tests for Parpam:**

1. The final product should not have any gliter or shine.
2. If a small quantity is pinched and rubbed between the thumb and index finger, the particles should be so fine as to enter and reside in the furrows and folds.
3. If a pinch of parpam is gently put on the surface of water kept in a container, the material should not sink, but it should float.
4. If the parpam is put into a crucible and heated, it should not be reverted into its metallic state.

(v) **Preservation and storage** : Parpam should be stored in a clean dry and air tight glass containers.

(vi) **Shelf life** : Parpam keep their potency for 100 years.

**(vii) Note :**

- (a) The colour effect and fineness of the Parpam will be enhanced according to the degree of grinding and so it should be ground very finely.
- (b) If the discs are not well dried, the parpam will not attain the specific colour specific for the particular parpam.
- (c) When the discs are arranged in the pans they should not be heaped up and should not be arranged in more than one layer. Only then the heat will react on the material properly. The pans should not be disproportionately big when compared to the quantity of the drugs and they should not be very deep also.
- (d) The kiln is constructed by making circular excavations of suitable dimentions in places with optimum aeration and the sides are lined with bricks. Kilns should not be constructed in places where strong winds blow.
- (e) Half of the number of cowdung cakes are spread at the bottom of the kiln and the calcination capsules are placed over this at the centre. The remaining cowdung cakes are arranged over this and are to be ignited all around.
- (f) Usually cowdung cakes are used as fuel in kilns. However in some specified instances some barks or goat dung and other materials are also recommended.
- (g) In cowdung cakes there will be an appreciable admixture of sand or mud. Depending upon the degree to which there is such admixture the number and weight of the cowdung cakes are increased. One can determine this correctly only by adequate practical experience.
- (h) Materials like sulphur and yellow orpiment which do not withstand strong heating are hidden in specified ashed when being calcined. In such cases the ash is spread in the pan, the discs placed over and then covered with more ash, after which the other pan is inverted over and sealed along the seam.

The calcination capsules and the contents therein should be taken only when the kiln has cooled down by itself.

## GROUP No. 5

## PARPAM

Sl. No.	Formulation	Reference			Page No. of the Formu- lary
		Book	Year of Publi- cation	Page No.	Stanza
1	2	3	4	5	6
1.	Āmai ōṭu Paṛpam	Citta Vaittiyat Tirattu	1968	101—104	
2.	Appiraka Paṛpam	Citta Vaittiyat Tirattu	1968	129, 130	
3.	Caṅku paṛpam	Citta Vaittiyat Tirattu	1968	124	
4.	Cempu Paṛpam (Tāmira Paṛpam)	Tēraiṇar Makā Karical	1974	101	
5.	Cilācattu Paṛpam	Akattiyar Pari Puraṇam-400	1964	..	204, 205
6.	Kalnār Paṛpam	Citta Vaittiyat Tirattu	1968	110	
7.	Kantaka Paṛpam	Citta Vaittiyat Tirattu	1968	132	
8.	Karuvaṅka Paṛpam	Carapēntira Vaittiya Ratnāvali	1965	200	
9.	Kuṅkiliya Paṛpam	Citta Vaittiyat Tirattu	1968	130	
10.	Maṅkompu Paṛpam (Ci- ruṅki Paṛpam)	Citta Vaittiyat Tirattu	1968	124	
11.	Muttup Paṛpam (Nittila Viputi)	Tēraiṇar Makā Karical	1974	132—134	
12.	Muttuc Cippi Paṛpam	Citta Vaittiyat Tirattu	1968	128	
13.	Nāka Paṛpam	Citta Vaittiyat Tirattu	1968	122	
14.	Naṇṭukkal Paṛpam	Citta Vaittiyat Tirattu	1968	129	
15.	Nattaip Paṛpam (Nattai- caippi Paṛpam)	Kuṇa Pāṭam Part 2 & 3	1970	390	
16.	Palakaṇai Paṛpam	Hospital Pharmacopoeia Sid- dha	1957	9	
17.	Pañcalavaṇa Paṛpam	Tēraiṇar Karical-300	1915		18
18.	Paṭikāra Paṛpam	Kuṇapāṭam Part 2 & 3	1970	269	
19.	Pavāḷa Paṛpam (Kotip pavaḷam)	Kuṇapāṭam Part 2 & 3	1970	269	
20.	Pavaḷa Paṛpam (Naṇ pavaḷam)	Akattiyar Vaittiya Pūṇam- 205	1956	..	62—66
21.	Pēraṇṭa Paṛpam No. 1	Pulippāṇi Vaittiyam-500	1969	..	122—124
22.	Pēraṇṭa Paṛpam No.	Pulippāṇi Vaittiyam-500	1969	..	346—347
23.	Tālaka Paṛpam	Akattiyar Paripūṇam-400	1964	..	195—201
24.	Taṅka Paṛpam	Kuṇa Pāṭam Part 2 & 3	1970	109, 110	
25.	Veḷḷi Paṛpam	Akattiyar Paripūṇam-400	1964	..	226—228
26.	Vel Vaṅkap Paṛpam	Hospital Pharmacopoeia- Siddha	1957	14, 15	
27.	Veṅkāra Paṛpam	Citta Vaittiyat Tirattu	1968	131, 132	

**5 : 1 AMAI OTU PARPAM**

(Citta Vaittiyat Tirattu Page No 129-130)

- |                      |                     |
|----------------------|---------------------|
| 1. Āmai Ōṭu          | 1. Part             |
| 2. Kaṟcuṇṇam         | 1 part              |
| 3. Pūnṭṭu            | 1 part              |
| 4. Nīr               | 16 parts            |
| 5. Pūnākam           | Sufficient quantity |
| 6. Kompuk kaḷḷip pāl | Sufficient quantity |

**Purification :**

Dissolve items 2 and 3 in item 4. Take the clear supernatant. Break item 1 into small bits and boil them in the above solution, till there is no more fatty exudation from the boiling bits of Āmai Ōṭu. Wash the bits in water and dry.

**Method of Preparation :**

Grind 5 and 6 into a thick paste and smear over the pieces of purified Āmai Ōṭu. Dry and calcine in a calcination capsule. Take the product and grind with Aṭatōṭai leaf juice. Calcine once again.

**Dose :**

80—160 mg.

**Vehicle :**

Tāyppāl, Poṭutalaic/camūlak/kuṭinīr, Pēymi-  
raṭṭikḷaikkutṭinīr Omak kuṭinīr.

**Important therapeutic usage :**

Māntam, Kaṇam and Māntak kaḷiccal of Children.

**5 : 2 APPIRAKA PARPAM**

(Citta Vaittiyat Tirattu, Page No. 101-104)

- |                           |                     |
|---------------------------|---------------------|
| 1. Karuppu appirakam      | 35 gms.             |
| (purified)                |                     |
| 2. Marutōṇṭi vērp paṭṭai  | 560 gms.            |
| 3. Taṇṇīr                 | 2.240 lit.          |
| 4. Kaṭappam picin (fresh) | sufficient quantity |
| 5. Kuppaimēṇic cāṟu       | sufficient quantity |
| 6. Veppenney              | sufficient quantity |
| 7. Attip pāl              | sufficient quantity |

**Method of Preparation :**

Boil item 2 and 3 till the decoction is concentrated to  $\frac{1}{4}$  (560 ml.). Add 35 ml. of this decoction every day to item 1 and dry in shade. When perfectly dried, weigh it and add twice its weight of item 4 and dry. When the mixture has lost  $\frac{1}{3}$  of its weight treat with item 5 as it was first treated with item 2. When dried add two times its weight of item 6 each day and grind for six days. Make cakes, weight and dry. Smear item 7 over the cakes every day till the weight is doubled in 3 days. When dried, calcine using 60 cow dung cakes. The calx will be white.

**Dose :**

30—60 mg. for 45 days.

**Vehicle :**

Carkkarai, Ney, Veṟṟilaic cāṟu.

**Important Therapeutic Usage :**

Alal mēkappiramiyam, Nirilivu, Curam, Uṇmā-  
tam, Cori, Peru/Vayiru Viraivātam, Māṟpu  
nōy, Vekumūttiram with piḷavai and fever,

**Diet restrictions :**

Avoid puli, pukaiyilai, kaṭuku, matupānam  
and akattikkīrai.

**5 : 3 CAṆKU PARPAM**

(Citta Vaittiyat Tirattu, Page No. 123.)

- |                      |                     |
|----------------------|---------------------|
| 1. Ākāyattāmarailaik | Sufficient quantity |
| kaṟkam               |                     |
| 2. Ūtu caṅku         | Sufficient quantity |

**Method of Preparation :**

Make a paste of item 1, apply on item 2 dry in  
sun for a day and calcine.

**Dose :**

100—300 mg.

**Vehicle****Important Therapeutic Usage**

- |                       |   |
|-----------------------|---|
| 1. Tuḷacci ilaic cāṟu | Canni, Aiyam  |
| 2. Ney                | Kaṇ pukaiccal<br>Payittiyam<br>Improve the complexion |

**5 : 4 CEMPU PARPAM (TĀMIRA PARPAM)**

(Tēraiyaṟ Makā karical, Page No. 101)

- |                          |         |
|--------------------------|---------|
| 1. Cempu                 | 35 gms. |
| 2. Ātti ilaic cāṟu       | 70 gms. |
| 3. Āṭu tiṇṇāppālaic cāṟu | 70 gms. |
| 4. Vēppilaic cāṟu        | 70 gms. |
| 5. Kaṭukkāyilaic cāṟu    | 70 gms. |
| 6. Karuṇic empaic cāṟu   | 70 gms. |

**Method of Preparation :**

Grind item 1 with each of the items 2 to 6 for  
2 days and calcine. Repeat this process of grinde-  
ing and calcination, twice or thrice till a white  
calx results. Calcination by using goat dung  
cakes.

**Dose :**

30—50 mg.

Vehicle	Important therapeutic usage
1. Cemparuttiilaic cāru	Talayaippaṭṭiya nōikaḷ, curam
2. Ceṇṇapakapū cāru	Cevvāppu
3. Nīr	Vāyu, Cevītu, Kācam, Irumal
4. Cenneṇṇ cāru	Veppattāl uṇṭākum mēkaṇkaḷ
5. Ceṇkalunīrpūc cāru	Vīkka vāyu
6. Veṭciippūc cāru	Toḷu nōy
7. Tuḷacīc cāru	Taḷarcci

**Purification :**

Immerse kalnār in pacunīr for 10 days, using fresh pacu nīr every day.

**Method of Preparation :**

Grind the purified Kalnār with item 3, make cakes and calcine using 1000 cow dung cakes.

**Dose:**

65—130 mg.

**Vehicle :**

Veṇṇey, Ney.

**Important therapeutic usage :**

Alal, Nīrcurukku, Vellai, Erivu.

**5 : 5 CILĀCATTU PARPAM**

(Akattiyar Vaittiya Paripūraṇam-400, Stanza No. 204 & 205.)

1. Karpūra cilācattu (purified)	Sufficient quantity
2. Cīru ceruppataic camūlac cāru	Sufficient quantity

**Method of Preparation :**

Grind item 1 with item 2, make cakes, dry and calcine. Repeat grinding and calcination, thrice more.

**Dose :**

125—325 mg.

**Important thereapeutic Usage :**

Mey erivu, Mūttira erivu, Vellai, nīrkaṭṭu, Nīrkaṭuppu, and Alal nōykaḷ

**Vehicle :**

Veṇṇey, Ney.

**Note :**

Instead of Cīru ceruppataic cāru, Kumariccāru (Karrālai) may be used in the preparation.

**5 : 6 KALNĀR PARPAM**

(Citta Vaittiyat Tirattu, Page No. 110.)

1. Kalnār	280 gms.
2. Pacu nīr	Sufficient quantity
3. Ātutṭāppālai camūlac cāru	Sufficient quantity

**5 : 7 KANTAKA PARPAM**

(Citta Vaittiyat Tirattu, Page No. 132.)

1. Purified Kantakam	175 gms.
2. Vellai Veṇkāyac cāru	15 × 175 gms.
3. Iṭṭic cāru	15 × 175 gms.
4. Marutampattāic cāmpal or Puliyampuraṇi cāmpal	Sufficient quantity

**Method of Preparation :**

Grind item 1 with the addition of 175 gms. item 2 each day, for 15 days. Similarly grind with item 3 for another 15 days. Make cakes and dry well in Sun, Spread item 4 in a calcination disc and place the dried cakes on the ash. Cover the cakes with more ash. Seal the calcination capsule and heat with mild fire for 12 hours. Recover the discs and powder.

**Dose :**

100 mg.

**Vehicle :**

Ney, Veṇṇai

**Important therapeutic usage :**

Mēkam, Cōṇi, Ciraṅku, Toḷu nōy, Tōl timir.

**5 : 8 KARUVANKAP PARPAM**

(Carapēntira Vaittiya Ratnāvali, Page No. 200)

1. Purified Karuvaṅkam	10 gms.
2. Paṭikāram	Sufficient quantity
3. Kaṇṇālai Vēr	Sufficient quantity

**Method of preparation :**

Melt item 1 in an earthen pan and add powders of item 2, little by little, continuing heating and stirring with item 3, till the molten metal is completely converted into powder.

Take the powder, mix with equal weight of the powder of item 2 and grind with the addition of juice of item 3. Make cakes, dry and calcine.

**Dose :**

30—60 mg.

**Vehicle :**

Ney, Pāl, Venney, Terrāṅkottai ilakam, Karunai ilakam Ilanir.

**Important Therapeutic Usage :**

Irumal, Kācam, Mēkam, Alal, Ilai, Valappāṭṭiral kaṭṭi, Peru vayiru, Eruvāi Muḷai Nōykal.

**5 : 9 KUNKILIYA PARPAM**

(Citta Vaittiyat Tirattu, Page No. 130.)

1. Maṭṭaipōkkāta Ilanir Sufficient numbers
2. Venkunkiliyam Sufficient quantity

**Method of Preparation :**

Chop off the top of Ilanir and make a hole. Stand it in a vessel with water so that the Ilanir is immersed three fourth. Put the powders of item 2 into the Ilanir. Heat the vessel so that the Venkunkiliyam powder melts. When it is molten, pour out into a vessel containing Ilanir water. Recover the satisfied dry. Repeat boiling and recover 9 more times. Finally powder.

**Dose :**

100—300 mg.

**Vehicle :**

Ney, Vennay, Ilanir.

**Important Therapeutic Usage :**

Nir ericcal, Nirrkattu, Piramēkam, Veṭṭai.

**Note :**

In practice, kunkiliyam is heated in water of Ilanir directly in a vessel. The recovery and remelting are repeated nine times. The product finally recovered is powdered.

**5 : 10 CIRUNKI PARPAM**

(Citta Vaittiyat Tirattu, Page No. 124.)

1. Māṅkompu Sufficient quantity
2. Akattikkīraic cāru Sufficient quantity
3. Ēlarici Sufficient quantity

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**Purification :**

Cut and split item 1 into small pieces. Soak in item 2 for 24 hours and wash. Repeat this six more times.

**Method of Preparation :**

Grind item 3 with a little water and make a paste. Apply it on the pieces of purified Māṅkompu, dry and calcine.

**Dose :**

100—300 mg.

**Vehicle :**

Ney, Venney.

**Important Therapeutic Usage :**

Alal Nōykal, Mārpu nōy, Ammai, Kaṇai and Enpurukki nōy.

**5 : 11 MUTTUP PARPAM (NITTILA VIPŪTI)**

(Citta Vaittiyat Tirattu, Page No. 128.)

- |                                 |         |
|---------------------------------|---------|
| 1. Purified Muttu               | 1 part  |
| 2. Nocci (leaf juice) ilak/cāru | 2 parts |
| 3. Nilappanāṅkiḷaṅkuccāru       | 2 parts |

**Method of Preparation :**

Soak item 1 in item 2 for 48 hours. Then grind with the juice for 48 hours, make cakes, dry and calcine in 40 dung cakes. Grind the product with item 3 for 48 hours and calcine using 10 dung cakes.

**Dose :**

30—60 mg.

**Vehicle:****Important Therapeutic Usage:**

- |                           |                      |
|---------------------------|----------------------|
| 1. Taṇṇir                 | Mālaikkāṇ            |
| 2. Pāl                    | Viṭāk kāiccal        |
| 3. Nilattulaci ilaic cāru | Muṇṇatal Valli       |
| 4. Nirviṭam               | Piramai during sleep |
| 5. Nilaviḷā ilaic cāru    | Alal                 |
| 6. Nocci ilaic cāru       | Painful vāyvu        |
| 7. Akattikkīraic cāru     | Vāyvu                |
| 8. Vilva ilaic cāru       | Peruṇ Kāiccal        |
| 9. Vellāṭṭuttayir         | Intense vāyvu        |
| 10. Karumpuc cāru         | Vāyvukal             |
| 11. Carckkarai            | Vānti                |
| 12. Pacu ney              | Aṇal                 |
| 13. Venney                | Eruvāi muḷai nōy     |

## 5 : 12 MUTTUC CIPPI PARPAM

(Citta Vaittiyat Tirattu, Page No. 128.)

- |                               |                     |
|-------------------------------|---------------------|
| 1. Kaṇ cunṇam                 | 1 part              |
| 2. Pū nīru                    | 1 part              |
| 3. Muttuc cippi               | Sufficient quantity |
| 4. Ātātōtai ilaic cāru        | Sufficient quantity |
| 5. Noccilaic cāru             | Sufficient quantity |
| 6. Nilappanaṅ kiḷaṅkieuc cāru | Sufficient quantity |

OR

Kuṭinīr

**Purification :**

Crush item 1 and 2 mix with water and take the clear supernatant liquid. Boil item 3 for 1½ hour. Repeat boiling 5 times using fresh liquid every time. Finally wash in water.

**Method of Preparation :**

Take purified Muttuccippi, grind with each of the items mentioned from 4 to 6 and calcine.

**Dose :**

200—400 mg.

**Vehicle :**

Same as in Muttu parpam (Ref. 5 : 11)

**Important therapeutic usage :**

Same as in Muttu parpam (Ref. 5 : 11)

## 5 : 13 NĀKA PARPAM

(Citta Vaittiyat Tirattu, Page No. 122.)

- |                            |                     |
|----------------------------|---------------------|
| 1. Nākam (Tutta nākam)     | Sufficient quantity |
| 2. Kariçālaic camūlac cāru | Sufficient quantity |

**Method of Preparation :**

Put item 1 in a heavy earthen pan and heat. When it is molten add item 2 little by little for 12 hours so that a calx results.

**Dose :**

100—200 mg.

**Vehicle :**

Veṇṇey, Ney, Tētiāṅkoṭṭai ilakam, Karunai ilakam.

**Important therapeutic usage :**

Ilaiippirumal, Ilai, Eruvāy Muḷai Nōykal, Pavu-  
ṭṭiraṇ Kaliccal, Ninakkaliccal, Kaṭuppuḷ  
Kaliccal, Irumal.

**Note :**

In practice, it has been found that it is beneficial if the above calx is ground with Kaṇṇālaic cāru and calcined till the greenish shade vanishes.

## 5 : 14 NAṆṬUKKAL PARPAM

(Citta Vaittiyat Tirattu, Page No. 129.)

- |                            |                     |
|----------------------------|---------------------|
| 1. Kal cunṇāmpu            | Sufficient quantity |
| 2. Pū nīr                  | Sufficient quantity |
| 3. Naṇṭukkal               | Sufficient quantity |
| 4. Muḷlaṅkik Kiḷaṅkuc cāru | Sufficient quantity |
| 5. Ciṇṇiḷaia camūlac cāru  | Sufficient quantity |

**Purification :**

Crush item 1 and 2 and dissolve in water. Take the clear supernatant fluid. Boil item 3 in it for 3 hours. Wash in water and take for use.

**Method of Preparation :**

Take the purified Naṇṭukkal, grind with item 4 for 3 days and dry. Then grind with item 5 for another 3 days and dry.

**Dose :**

200 to 400 mg.

**Vehicle :**

Taṇṇīr, Ilanīr, Nīrmuḷḷik kuṭinīr, Ciṇṇiḷoik cāru.

**Important therapeutic usage :**

Nīrātaippu, Kallātaippu, Catayātaippu, Nīrk kaṭṭu.

## 5 : 15 NATTAIP PARPAM

(NATTAIC CIPPI PARPAM)

(Kuṇapāṭam, Part 2 and 3, Page No. 390.)

- |                        |                     |
|------------------------|---------------------|
| 1. Nattai (with shell) | Sufficient quantity |
| 2. Tutti ilaic cāru    | Sufficient quantity |

**Purification :**

Clear the exterior of Nattai

**Method of Preparation :**

Fill an earthen pot upto half of its capacity with cleaned nattai. Cover it with earthen pan and seal with clay smeared cloth ribbon, dry and calcine. When cooled, take the ash from the pot and grind with Tutti ilaic cāru. Make cakes dry and calcine. Repeat two or more calcinations till a white calx results.

**Dose :**

200 to 400 mg.

**Vehicle :**

Ney, Veṇṇey

**Important therapeutic usage :**

Kuruti Eruvāy muḷai nōy, Kaṭuppuḷ Kaliccal  
Ācaṇak kaṭuppu.

## 5:16 PALAKARAI PARPAM

(Hospital Pharmacopoeia, Page No. 9.)

- |                       |                     |
|-----------------------|---------------------|
| 1. Purified Palakarai | 35 gms.             |
| 2. Elumiccampaḷam     | Sufficient quantity |
| 3. Kaḷippāl           | 2 × 140 gms.        |

## Purification :

Break item 1 into pieces, remove grit and other filth, soak in item 2 for a day and wash with water.

## Method of Preparation :

Take purified Palakarai pieces and soak in 140 gms. of Kaḷippāl for a day. Next day add 140 gms. Kaḷippāl and grind for 13 hours. Make cakes and dry for 5 days and calcine in 30 cowdung cakes.

## Dose :

65—130 mg.

## Vehicle :

Mōr, Pacumpāl, Ney, Veṇṇey.

## Important therapeutic usage :

Vetṭai, Mēkaccūtu, Nīrkkattū, Kuṭṭam, Naccu (viṭam).

## 5:17 PAÑCALAṬA PARPAM

(Thēraiyaṛ Karical-300, Stanza No. 18)

- |                          |                     |
|--------------------------|---------------------|
| 1. Cōṭṭuppu              | 100 gms.            |
| 2. Intuppu               | 100 gms.            |
| 3. Veṭṭiyuppu            | 100 gms.            |
| 4. Veṅkāram              | 100 gms.            |
| 5. Kalluppu              | 100 gms.            |
| 6. Kuppaimēni ilaic cāru | Sufficient quantity |
| 7. Kaḷippāl              | Sufficient quantity |
| 8. Ūmattai ilaic cāru    | Sufficient quantity |
| 9. Erukku ilaic cāru     | Sufficient quantity |

## Method of Preparation :

Powder items 1 to 5, grind and calcine using item 6 to 9 as in the following table.

Items	Days of grinding	No. of Cow dung cakes for calcination
1. Kuppaimēni ilaic cāru	2 days	35 Nos.
2. Kaḷippāl	2 days	35 Nos.
3. Ūmattai ilaic cāru	2 days	40 Nos.
4. Erukku ilaic cāru	2 days	45 Nos.

## Dose :

100—200 mg.

## Vehicle

Taṇṇir, Ney, Veṇṇey

## Important therapeutic usage :

Cūlai, Kuṇmam, Kaḷiccal, Cerivāmai.

## 5:18 PAṬIKĀRAP PARPAM

(Kuṇapāṭam, Part 2 and 3, Page No. 231.)

- |                        |                     |
|------------------------|---------------------|
| 1. Paṭikāram           | Sufficient quantity |
| 2. Kōḷi muṭṭai veṅkaru | Sufficient quantity |

## Method of Preparation :

Dissolve item 1 in water and prepare a saturated solution. Filter, cover with a cloth and keep in sun. The dissolved drug will crystallize. Take these, grind with item 2, make cakes, dry and calcine.

## Dose :

100—300 mg.

## Vehicle :

Pacuvī veṇṇey, Ney, Nīrmūllic camḷac cāru  
Cīrupḷac camḷac cāru.

## Important therapeutic usage :

Nīrkkattū, Tacaiyaṭaiṭṭu, Nīrerivu, Vāippuṇ.

## 5:19 PAVAḶA PARPAM

(KOṬI PAVAḶA PARPAM)

(Kuṇapāṭam, Part 2 and 3, Page No. 269.)

- |                        |                     |
|------------------------|---------------------|
| 1. Koṭippavaḷam        | 1 part              |
| 2. Ilantai ilai kalkam | Sufficient quantity |

## Method of Preparation :

Make a paste of item 2. Keep them 1 in a bolus made of this paste and cover with 2 or 3 layers of clay smeared cloth ribbon. Dry and calcine using 50 Cowdung cakes. Take the product, sprinkle some pacum pāl. Keep in the sun so that it crumbles into a powder.

## Dose :

65—200 mg.

## Vehicle

Ney, Veṇṇey, Taṇṇir and Pacum pāl.

## Important therapeutic usage :

Kaḷiccal, Kurutaiḷ, Irumal, Ilai, Katuppuḷ/  
kaḷiccal, Nīṇak kaḷiccal, Enpurukki Nōy.  
In case of katuppuḷ kaḷiccal give with cūṭṭa  
Elumiccam paḷac cāru.

## 5:20 PAVAĻA PARPAM

(NARPAVAĻA PARPAM)

(Akattiyar Vaittiya Pūraṇam-205,  
Stanza No. 62—65.)

- |                        |                     |
|------------------------|---------------------|
| 1. Narpavaḷam          | Sufficient quantity |
| 2. Kāṭṭu Muyal Irattam | Sufficient quantity |

**Method of preparation :**

Put item 1 in a flask or crucible, add item 2, seal and calcine. Take the product and keep exposed to the atmosphere for two days so that it readily crumble. Powder and store.

**Dose :**

100—200 mg.

**Vehicle :**

Ney, Venṇey, Taṇṇir and Pāl and Tūṭṭai Nīr

**Important Therapeutic Usage :**

Ilai Irumal and Eṇṇurukki nōy.

## 5:21 PĒRAṆṬA PARPAM (NO. 1)

(Pulippāṇi Vaittiyam, Stanza No. 122—124.)

- |                                   |                     |
|-----------------------------------|---------------------|
| 1. Purified Manitan<br>maṇṭai Oṭu | Sufficient quantity |
| 2. Paṭikārat tūl                  | Sufficient quantity |
| 3. Elumiccam paḷac cāru           | Sufficient quantity |

**Method of preparation :**

Powder item 1, mix with item 2 and grind with item 2 make cakes, dry and calcine.

**Dose :**

130—260 mg. twice daily for 12 days.

**Vehicle**

Administer the parpam with 10 ml. of iṇcic cāru, 20 m. of Kaḷṭaiṭ pal and 2 gms. of Carṅkarai.

Instil Tumpaippūccāru into the nostrils.

Apply to scalp, the juices of Pēyppīrkkilai, Pēymirāṭṭi ilai, Pēyatti ilai and Pēytumpai ilai Pēy puṭal, Pēy Kumāṭṭi and Elumiccam paḷac cāru every day for 12 days with a daily bath by pouring 100 pots of cold water on the head of the patient.

**Important therapeutic usage :**

Piramai, Aḷal.

**Days :**

12 days.

**Diet restrictions :**

Kaṇci made of Paccai arici and Pāccaip payiṇu shall be given without salt.

**Note :**

Though the original text mentions a higher dose based on the present day practice a lower dose level is recommended.

## 5:22 PĒRAṬA PARPAM (NO. 2)

(Pulippāṇi Vaittiyam, Stanza No. 346—347).

- |                                |                     |
|--------------------------------|---------------------|
| 1. Purified Nāy maṇṭai oṭu     | 1 part              |
| 2. Purified Māṭṭu maṇṭai Oṭu   | 1 part              |
| 3. Purified Maṇitaṇ maṇṭai oṭu | 1 part              |
| 4. Kaḷṭaiṭ pāl                 | Sufficient quantity |

**Method of preparation :**

Powder item 1 to 3, grind with item 4, make cakes, dry and calcine.

**Dose :**

130—260 mg. twice daily for 6 days.

**Vehicle :**

Kaḷṭaiṭ pāl 20 ml., iṇcic cāru 10 ml., and Carṅkarai 2 gms.

**Important Therapeutic Usage :**

Aḷal, Pattiyam, Piramai, Ēval, Pilli, Vaippu.

**Note :**

Though the original text mentions a higher dose, based on present day practice a lower dose is recommended.

## 5:23 TĀLAKA PARPAM

(Akattiyar Paripūraṇam-400,

Stanza No. 195—201)

- |                         |                     |
|-------------------------|---------------------|
| 1. Ēḷāṅkāiccal Vetiyupu | Sufficient quantity |
| 2. Puḷi                 | Sufficient quantity |
| 3. Tālakam              | Sufficient quantity |
| 4. Cippic cuṇṇam        | Sufficient quantity |

**Preparation of Vetiyuppuc ceyanir :**

Grind item 1 and 2 into a paste, make cakes and dry. Heat them in an earthen pan, so that they are burnt into ashes. Put this ash into a porcelain container, close and keep buried. Take the liquid that is generated after 3 days. This liquid may be obtained by keeping the ash exposed during nights in an open place.



**Method of Preparation:**

Heat item 3 in a pan. Add the ceyanir little by little. Then grind with more of ceyanir, make cakes and dry. Keep the cakes hidden in cippic cunnam in a calcination capsule, seal with 7 layers of clay smeared cloth ribbon and calcine. Repeat calcination two more times. Talakam will become a white parpam.

**Dose :**

15—30 mg., upto 10 days.

**Vehicle :**

Panai vellam

**Important Therapeutic Usage :**

Aḷal curam, Aḷal vetṭai, Aḷal kayam, Aḷal kacam, Ḥai, valippu, mantāra kacam, Mēka nōy

**Diet restrictions :**

Salt free diet.

**5:24 TANKA PARPAM**

(Kuṇāpāṭam, Part 2 and 3, No. 109 & 110)

Take 35 gms. of purified Tankam and follow the recommendations tabulated below. The calx will be of light yellow in colour.

Juice of grinding	Qty. of juice in gms.	Days of grinding	Days of drying cakes	Days of drying the capsule	No. of cow dung cakes for Cal-cina-tion
1. Tuvarai ilaic cāru	175	15	14	1	36
2. Ātti ilaic cāru	140	12	11	1	32
3. Āmanakkilaic cāru	105	9	8	1	25
4. Akattiikaic cāru	70	2	1	1	16
5. Vālaikkani iracam	35	1	1	1	9

**Dose :**

30—65 mg.

**Vehicle :****Important Therapeutic Usage.**

1. Kammāru verṭilaic cāru Kāraṇam inṇi uṭal naṭukkutal(Shivering)
2. Kuḷirnta nṛ Kaikāl naṭukkutal (Shivering of the limber)

- |                          |             |
|--------------------------|-------------|
| 3. Carckkarai            | Curakkāṅkai |
| 4. Tayir                 | Aiyappiṇi   |
| 5. Vennir                | Mēka nōykal |
| 6. Pāl                   | Vaḷi nōykal |
| 7. Veṇṇey                | Aḷal nōykal |
| 8. Kaṇṇālaic cōṇṇuc cāru | Pūṇkal      |
| 9. Ātti ilaic cāru       | Piṭippukal  |

**Restrictions :**

Abstain from sex.

**5:25 VELLĪ PARPAM**

(Akattiyar Paripūraṇam-400, Stanza No. 226—228)

1. Cokka vellī Sufficient quantity
2. Maḷampūc cāru Twice the weight of item
3. Mukkāvēlai vēr Sufficient quantity

**Method of Preparation :**

Weigh item 1 and keep ready twice its weight of Maḷampūc cāru. Melt item 1 in a crucible and add Maḷampūc cāru little by little. Transfer the product to a mortar, grind with the addition of more of Maḷampūc cāru, make cakes and dry. Grind item 3 with some quantity of item 2, into a paste, apply over the dried cakes, dry and calcine in a crucible.

**Dose :**

100—200 mg.

**Vehicle :**

1. Veṇṇey, 2. Tippilī cūraṇam

**Important Therapeutic Usage :**

Irūmal, Kuruti irūmal, Eṇṇurukki nōy. Mantāra kacam.

**Diet Restrictions :**

Avoid smoking and also tamarind in diet.

**5:26 VELVANKA PARPAM**

(Hospital Pharmacopoeia, Page 14-15)

1. Vellīyam 35 gms.
2. Iluppai eṇṇey Sufficient quantity
3. Maṇṇal tūl sufficient quantity
4. Kaṇṇālaic cāru 175 gms.

**Purification :**

Melt item 1 and pour into item 2. Repeat this nine more times. (Every time use fresh oil.)

**Method of Preparation :**

Take purified Velliyam and wrap in a piece of cākku (Gunny) on which mañcal tūl has been spread. Burn it and recover the drug. Grind it with item 4 and calcine using 20 dung cakes. Calcine ten more times increasing 5 dung cakes each time.

**Dose :**

65—130 mg.

**Vehicle :**

Veṇṇey, Ney, Tēn

**Important Therapeutic Usage :**

Veṭṭai, Pavuttiram, Nirmēkam Eruvāy muḷai nōykal

**5:27 VENKĀRA PARPAM.**

(Citta Vaittiyat Tirattu,

Page No. 132)

- |                        |                     |
|------------------------|---------------------|
| 1. Venkaram            | sufficient quantity |
| 2. Kōlimuṭṭai veṇ karu | sufficient quantity |

**Purification :**

Dissolve item 1 in water and make a saturated solution. Filter, cover with a cloth and keep in sun. Recover the crystallized drug.

**Method of Preparation :**

Take purified venkaram, grind with item 2 and make cake dry calcine until it attain white colour.

**Dose :**

100—300 mg.

**Vehicle :**

Ilanir, Ney, Veṇṇey.

**Important Therapeutic Usage :**

Veppap piṇikal, such as Tacaiyaṭaippu, Nirkkattu and Nīrerivu.

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SECTION 6  
CENTŪRAM

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## CENTURAM

### DEFINITION

Centuram are a category of medicines made from metals minerals or arsenicals or salts by grinding them with specified juices or distillates or extractives and subjecting to a process of calcination or sublimation or burning or frying or exposing to insolation, till the characteristic reddening of the product takes place.

### GENERAL METHOD OF PREPARATION

Usually two methods of preparation are adopted in their processing though there are some exceptions and variants. Sublimation by the sand bath process is one and the other is calcination. The former will be dealt with here and the latter is dealt with in detail under the chapter 'Parpam'.

### COLOUR

Generally they are red in colour.

### CHARACTERS AND TEST FOR CENTURAM

Same as given in 'Parpam'.

### PRESERVATION AND STORAGE

To be stored in a clean, dry and air tight glass containers.

### SHELF LIFE

Centuram retain their potency for 75 years.

### NOTE

1. In general centuram are red in colour. But Kauri cintamani centuram is dark violet in colour.

### OTHER SPECIFIC METHOD OF PREPARATION

#### (a) Sublimation by sand-baths process:

If the Centuram has sulphur and mercury as its components, sulphur is ground to a fine powder in the mortar and grinding should be continued with the addition of the given quantity of mercury, till a black impalpable mobile powder is obtained. Only after this, the other ingredients are to be added gradually.

If there is a metal also in the formulation along with sulphur and mercury, and if this metal would form an amalgam with mercury, in that case the amalgam is first prepared and then sulphur is added and ground to produce the black powder. For example, gold and silver could be cited as they are dealt with here.

In the conventional set up of sand bath sublimation contrivance, a heat resistant glass flask with a long neck is used as the container for the drug ingredients. Ceramic-ware had also been in use. Before being put to use, these containers are wound around with clay smeared cloth ribbons so as to give seven superimposed layers, leaving open mouth of the flask. The flask thus encased should be kept for perfect drying of the covering.

It has been found in recent times that the one could make use of the enamelled iron bowls instead of glass flasks.

When using enamelled iron bowls, two identical bowls of appropriate dimensions and capacity should be selected and checked for neat contact of rims when juxtaposed. Then small holes should be punched along the margins so that the two bowls could be fastened with a binding wire (metallic). Then a perforation is made in the centre of the bottom of one of the bowls. Having prepared the bowls thus, they should be secured and bound by passing the binding wire through the marginal holes. This would produce a capsule with a top orifice. Clay smeared cloth tape is wound around as would be done for the glass flask, leaving the central opening uncovered. This opening is the one through which the reaction going on inside is inspected by inserting a probe.

The sand bath is set up by taking a wide earthen trough spreading fine gravel or coarse sand at the bottom to a depth of two centimetres. The capsule into which the drug ingredients are put is placed on the gravel or sand and is properly centred. Then the sides are packed with sand, leaving the top two centimetres. The capsule into which the drug ingredients are put is placed on the gravel or sand and is properly centred. Then the sides are packed with sand, leaving the top two centimetres unpacked and exposing the capsule. When using glass flasks, the neck should be kept out of the sand. This set up is placed on the oven and heat is applied by burning fire-wood.

In the application of heat, three gradations are recognised. These three stages, mild, moderate and intense are best understood and mastered with some previous experience.

It is said that, if the flames are convergent and resemble a single tongue of flame as in a lamp, is mild fire (Tipakkini). If several such tongues of flame lick the vessel and diverge like the flower of lotus, it is moderate (Kamalakkini). If the multiple tongues of flame fill the oven and encircle the sand bath, it is the intense stage of fire (Katakkini).

These stages of fire should be manipulated and followed as prescribed in the method of preparation. In general, the heating is spread over three continuous days. In such cases, mild, moderate and intense stages are maintained for 24 hours each, in that order of succession.

According to the composition and amount of sulfur in the preparation, the mixture of drugs placed in the capsule will start melting sooner or later. Sulfur starts escaping first in the form of yellow vapour through the opening. Later it will start burning sending out a jet of blue flame. Just when the blue flame goes out if a long probe of steel wire is inserted into the orifice and drawn out, the portion that enters the container will show a whitish coating. If the sulfur is still present and not totally burnt out the probe will have a black sticky coat. When there is no blackening of the probe and when the whitish coat indicating that all free sulfur is burnt out, and sublimation is going on, the container should be closed and heating continued for one or two hours and then the heat is withdrawn and the set up is allowed to cool by itself.

When the set up has cooled down, the capsule containing the medicine is taken out and the clay tape winding cut out. The material that has sublimed in the upper bowl is gently tapped with a suitable beater or lifted with a spatula. The sublimate collected should be finely ground in a mortar.

If glass flasks had been used, the flask is carefully broken open to collect the medicine that has sublimed in and around the neck.

## GROUP No. 6

## CĒTURAM

Sl. No.	Formulation	Reference				Page No. of the formulary
		Book	Year of Publication	Page No.	Stanza	
1	2	3	4	5	6	7
1.	Annapēti Centūram	Kuṇapāṭam Part 2 & 3	1970	305		
2.	Appirakac Centūram	Citta Vaṭṭiyat Tirattu	1968	133		
3.	Aṇumukac Centūram	Citta Vaṭṭiyat Tirattu	1968	138		
4.	Ayac Centūram	Akattiyar Paripūraṇam-400	1964	..	261—264	
5.	Ayakāntac Centūram	Akattiyar Centūram-300			102—103	
6.	Ayavīrac Centūram	Kuṇapāṭam Part 2 & 3	1970	58		
7.	Caṇṭa Mārutāc Centūram	Citta Vaṭṭiyat Tirattu	1968	151		
8.	Cuyamākkiṇic Centūram	Citta Vaṭṭiyat Tirattu	1968	151, 152		
9.	Iliṇkac Centūram No. 1	Kuṇa-Pāṭam Part 2 & 3	1970	159		
10.	Iliṇkac Centūram No. 2	Akattiyar Paripūraṇam-400	1964	..	182—185	
11.	Iracac Centūram	Citta Vaṭṭiyat tirattu	1968	140		
12.	Kāḷa mēka Nārāyaṇac Centūram	Vaṭṭiya Cāra Caṇkirakam	1968	469—497		
13.	Kāntac Centūram	Kuṇapāṭam Part 2 & 3	1970	80		
14.	Kāṭikkārac Centūram	Citta Vaṭṭiyat Tirattu	1968	161		

1	2	3	4	5	6	7
15.	Kauri Cintāmaṇic Centūram	Akattiyar Vaittiya Kāvīyam-1500	1890	..	741—752	
16.	Kṣaya Kulāntakac Centūram	Akattiyar Pin-80			..	52—54
17.	Nākac Centūram	Kuṇapāṭam Part 2 & 3	1970	104		
18.	Paṭikalinkac Centūram	Kuṇapāṭam Part 2 & 3	1970	160		
19.	Pūrṇac Cantirōṭayam	Tēraiyyar Karical-300	1915	262		
20.	Tālakac Centūram	Citta Vaittiyat Tiraṭṭu	1968	154—156		
21.	Tāmpirac Centūram (Cepuc Centūram)	Kuṇapāṭam Part 2 & 3	1970	91—92		
22.	Taṅkac Centūram	Kuṇapāṭam Part 2 & 3	1970	111—112		
23.	Taṅka Uram	Kuṇapāṭam Part 2 & 3	1970	123		
24.	Ullōka Maṇṭūrao Centūram	Tēraiyyar Yamaka Venpā				
25.	Uppuc Centūram	Citta Vaittiyat Tiraṭṭu	1968	144		
26.	Vellic Centūram	Kuṇapāṭam Part 2 & 3	1970	129—130		
27.	Veṭi Anna pētic Centūram	Kuṇapāṭam Part 2 & 3	1970	305		

## 6:1 ANNAPĒTI CENTŪRAM

(Kuṇapāṭam, Part 2 and 3,

Page No. 305)

- |                        |                     |
|------------------------|---------------------|
| 1. Annapēti (purified) | sufficient quantity |
| 2. Aricik kāṭi nīr     | sufficient quantity |

## Method of Preparation :

Grind item 1 with item 2, make cakes, dry and calcine. Repeat grinding and calcination once or twice more.

## Dose :

50—100 mg.

## Vehicle :

- |         |                    |
|---------|--------------------|
| 1. Tēn, | Curam, Veḷuppu nōy |
| 2. Noy  | Kaṭuppu kaliceal   |

## Important Therapeutic Usage :

Curam, Veḷuppu nōy, Kaṭuppu kaliceal.

## 6 : 2 APPIRAKAC CENTŪRAM

(Citta Vaṭṭiyat Tirāṭṭu, Page 133)

- |                                 |                     |
|---------------------------------|---------------------|
| 1. Karuppu appirakam            | 1 part              |
| 2. Panai vellam                 | 1 part              |
| 3. Veṭiyuppu                    | 1 part              |
| 4. Erukkaṁ pāl                  | sufficient quantity |
| 5. Poṇṇilaik Kaiyāntakaraiccāru | sufficient quantity |

## Method of Preparation :

Powder item 1, mix with items 2 and 3, grind with a little water, make cakes, dry and calcine in kajaputām. Take the product, grind with item 4 for 3 hours and dry. Repeat grinding for a total of 40 days. Then make cakes dry, and calcine as before. Take the product and grind with item 5 to 12 hours and calcine once more in kajaputām. Repeat this grinding and calcination 51 times. The final product will be reddish. Powder it and store.

## Dose :

100—150 mg.

## Vehicle :

Administer the medicine along with 1 to 2 gms. of a powder of Āvaraip pañcāṅkam 4 parts, Amukkarā 4 parts and Cīrakam 1 part. These shall be mixed with Pacuveṇṇey and taken twice daily for 45 days.

## Important Therapeutic Usage :

Mēkam 21 types, Nirīḷivu, Inippu nīr. Matumēkam)

## 6 : 3 ĀRUMUKAC CENTURAM

(Citta Vaṭṭiyat Tirāṭṭu, Page No. 138)

- |                  |                     |
|------------------|---------------------|
| 1. Vālai iracam  | 5 parts             |
| 2. Kāntam        | 7 parts             |
| 3. Kantakam      | 9 parts             |
| 4. Veṅkāram      | 8 parts             |
| 5. Intuppu       | 4 parts             |
| 6. Ayappōṭi      | 12 parts            |
| 7. Kaṇṇālac cāru | sufficient quantity |

## Method of Preparation :

Powder each of the item listed from 2 to 6 separately and keep. Grind item 1 with the powder of item 3 and then add the other powders and grind with the addition of item 7 for 5 days. Finally make cakes and dry. Place them in a wide earthen trough, cover with another identical trough and seal seven times with clay smeared cloth ribbon. Heat on an oven for 24 hours, allow to cool and take the centūram which will be like māṭulampū in colour. Powder it and store.

## Dose :

65—130 mg.

## Vehicle :

Tirikaṭukuc cūraṇam, Tēn.

## Important Therapeutic Usage :

Arai vātam, Virai vātam, Eruvāy muḷai nōykal, Erikunmam, Vāraṭci, Aṇal, Veṭicūlai, Mārpuccali, Karpparōkam, Veḷuppu, ūtal, Kiranti, Kuṭal vātam, Kayam, Araiṇṇappu, Matam, Maṇṭai iṭi, Toṇṭai vali, Kaṇṭamālai, Cūlai, Vali, Aḷal, Peruṇ kaliceal.

## 6 : 4 AYAC CENTURAM

(Akattiyar Paripūraṇam-400,

Stanza No. 261—264)

- |                        |                     |
|------------------------|---------------------|
| 1. Purified Ayappōṭi   | sufficient quantity |
| 2. Paccai otiyampāṭṭai | sufficient quantity |
| 3. Kāṭi nīr            | sufficient quantity |

## Method of Preparation :

Extract juice from item 2 by pounding with item 3. Soak item 1 in this juice for 3 days by placing in the sun. Then grind with more of the juice, make cakes, dry and calcine in kajaputām. Repeat this seven more times. Then calcine three more times using only pure juice of item 2 without adding item 3. Take the final product grind and store.

## Dose :

60—130 mg.

## Vehicle :

Ālampiṇcu vittup poṭi, Aracampiṇcu vittup poṭi, Atimaturap poṭi, Tēn, Ney.

## Important Therapeutic Usage :

Nāṭpāṭṭa vāyukkal, Valippini, Alalppini and Iyappini. The medicine will increase viṇṭu (vitality and promote iratta virutti).



## 6 : 5 AYAKKĀNTA CENTŪRAM

(Akattiyar Centūram—300, Stanza No. 102-103)

1. Ayappoṭi	35 gms.
2. Kaṇṭakam	35 gms.
3. Kāntam	8.75 gms.
4. Iṇṇkam	5.1 gms.
5. Veṇkāram	5.1 gms.
6. Paṭikāram	5.1 gms.
7. Pūṇṇu	5.1 gms.
8. Cōṇṇuppu	5.1 gms.
9. Intuppu	5.1 gms.
10. Navāccāram	5.1 gms.
11. Kaṇṇūram	5.1 gms.
12. Elumiccam paḷac cāṇu	sufficient quantity

## Method of Preparation :

Grind items 1 to 11 with item 12 or 2 days, make cakes, dry and calcine in paṇṇipputam. If necessary calcine thrice.

## Dose :

65—130 mg.

## Vehicle :

Tēṇ, Ney, Paṇcatipākkini cūraṇam.

## Important Therapeutic Usage :

Ūtal nōy.

## 6 : 6 AYAVĪRAC CENTURAM

(Kunapāṭam, Part 2 and 3, Page No. 58)

1. Ayappoṭi	35 gms.
2. Iracam	35 gms.
3. Viram	17.5 gms.
4. Navāccāram	17.5 gms.

## Method of Preparation :

Grind items 1 and 2. Then add to it items 3 and 4 and grind for 3 days when a red product results. Put this into a new earthen pan and fry till the material attains to colour of murukkampū. Immediately remove from the oven and take the medicine.

## Dose :

130 mg.

## Vehicle :

Paṇaivellam

## Important Therapeutic Usage :

Cūlai, Toḷu nōy, Vaḷi nṛ, Viṭak kaṭikkaḷ.

## Note :

When frying use Tennai irkkukkaṇṇai for stirring. Do not stand facing the smoke and do not inhale the vapours.

## 6:7 CAṆTAMĀRUTAC CENTŪRAM

(Citta Vaittiyat Tirattu, Page No. 151)

1. Iṇṇkam	2 parts
2. Pūram	1 parts
3. Viram	$\frac{1}{2}$ parts
4. Kaṇṇi	$\frac{1}{2}$ parts
5. Iracae centūram	$\frac{1}{2}$ parts
6. Tāyp pāl	sufficient quantity

## Method of Preparation :

Powder first item 4 and then item 3, mix and grind with item 2 then incorporate item 5 and lastly item 1. Grind with the addition of item 6, dry and powder.

## Dose :

30—60 mg.

## Vehicle :

Tēṇ, Paṇaivellam

## Important Therapeutic Usage :

Oṭṭu rōkam, Minor and major ailments due to Mum-malakkuram.

## 6:8 CUYAMĀKKINIC CENTŪRAM

(Citta Vaittiyat Tirattu, Page No. 151 and 152)

1. Ayappoṭi	4 parts
2. Kāntam	8 parts
3. Iracam	16 parts
4. Kantakam	32 parts
5. Kaṇṇālaic cāṇu	sufficient quantity

## Method of Preparation :

Grind items 1 to 4 with item 5 for 6 hours, make cakes, place in a tāmpālam (bronze plate) and keep in sun. It will fume and subside. Powder it and bottle.

## Dose :

130 mg.

## Vehicle :

Iṇṇic cāṇu

## Important Therapeutic Usage :

Kuṇmam, Peru vayiru, Kavicaḷ, Eruvay mūlai nōy, Ninak kaḷiccat, Puḷittēppam, Virai vātam, and Caṇṇi.

## 6:9 ILINKAC CENTURAM (NO. 1)

(Kunapāṭam, Part 2 and 3, Page No. 159)

- |                                |             |
|--------------------------------|-------------|
| 1. Ilinkam (purified)          | 35 gms.     |
| 2. Aṇṇu tummaṭṭic camūlac cāru | 1-400 lits. |

## Method of Preparation :

Heat item 1 in an earthen pan. Add item 2 in small quantities and continue heating till item 2 is totally used up. Wash and finely powder.

## Dose :

50—100 mg.

## Vehicle :

Tēṇ.

## Important Therapeutic Usage :

Kuḷir curam and all other types of curam, Vaḷḷ Aiya nōykal and Mēka nōykal.

## 6:10 ILINKAC CENTURAM (NO. 2)

(Akattiyar Paripūraṇam-400,

Stanza No. 182—185)

- |              |                            |
|--------------|----------------------------|
| 1. Ilinkam   | 1 lump                     |
| 2. Tāyp pāl  | sufficient quantity        |
| 3. Cāmpirāṇi | Equal to item 1 in weight. |
| 4. Kaṇṇūram  | —Do.—                      |

## Purification :

Soak item 1 in item 2 for 10 days, using fresh quantities of item 2 every day. Finally wash and dry.

## Method of preparation :

Grind item 3 and 4 together into a waxy paste and divide into 10 equal parts. Smear 1 part of the paste on a cloth ribbon of suitable size and wind it on the lump of item 1. Ignite and allow to burn. Scrape off the burnt ribbon carefully. Repeat burning 6 more times using the remaining portions of the paste. Finally wash and powder the lump finely.

## Dose :

65—130 mg.

## Vehicle :

## Important therapeutic usage :

- |               |  |
|---------------|--|
| 1. Tēṇ        | Vāyu   |
| 2. Tirikaṭuku | Caṇṇi, tōṭam, Neñ-<br>cataippu, Vāyvu,<br>Mūrccai, Vayirru<br>pēti, Vayiru ūtal. |
| 3. Iṇcic cāru | Cūlai, Aḷal veluppu<br>Viṭapākam, Vayirru<br>vali.                               |

## 6:11 IRACAC CENTURAM

(Citta Vaitṭiyat Tīraṭṭu, Page No. 140)

- |             |          |
|-------------|----------|
| 1. Iracam   | 140 gms. |
| 2. Kantakam | 35 gms.  |
| 3. Tālakam  | 8 gms.   |

## Method of Preparation :

Grind first two ingredients and subject to the sand bath process of sublimation. Use Tipakkiṇi for 3 hours, Kamalākkiṇi for 3 hours and Kāṭā-  
kkiṇi for 3 hours. Then the smell of sulfur will come. Examine the contents with the probe. If it has molten, add a powder of item 3 through the office in the capsule and mix with the probe (If the contents are not molten, kāṭākkiṇi may be Continued for 24 minutes further to melt the contents and then the powder of item 3 may be added). Continue heating with Kāṭākkiṇi for 12 hours so that sublimation takes place. Judge the completion of sublimation as directed in the chapter introduction, cool the set up, take the sublimate and finely powder in a mortar. It will have the red colour of murukkampū.

## Dose :

65-130 mg., for 10 days.

## Vehicle :

Tēṇ

## Important therapeutic usage :

Eruvāy muḷai nōy, Mēkanōy, Pavuttiram, etc.

## Diet restrictions :

Avoid Tanarind and Tobacco.

6:12 KĀLAMĒKA NĀRĀYANAC  
CENTURAM

(Vaitṭiya Cāra Caṅkirakam, Page No. 496-497)

- |                      |           |
|----------------------|-----------|
| 1. Pāta iracam       | 1050 gms. |
| 2. Ilinkam           | 525 gms.  |
| 3. Kantakam          | 420 gms.  |
| 4. Tālakam           | 350 gms.  |
| 5. Manōcilai         | 140 gms.  |
| 6. Kalluppu          | 210 gms.  |
| 7. Veṅkāram          | 210 gms.  |
| 8. Veṭiyuppu         | 840 gms.  |
| 9. Paṭikāram         | 840 gms.  |
| 10. Nāṭṭu navāccāram | 210 gms.  |
| 11. Turucu (Fried)   | 210 gms.  |
| 12. Pūnīru           | 105 gms.  |

**Method of Preparation :**

Mix item 6 to 12 thoroughly and divide into 3 equal parts by weight. Take 1 part and extract Tirāvakam following the procedure given in the Chapter on Tirāvakam. Mix the second portion with this Tirāvakam, charge into the Tirāvakam apparatus and collect Tirāvakam. Mix the collected Tirāvakam with third portion, extract Tirāvakam and keep.

Grind item 1 and 3 first into a black powder, incorporate into it items 2, 4 and 5 also and grind 12 hours with the addition of the Tirāvakam. Make cakes, dry and powder. By the sand bath sublimation process prepare centūram by heating for 30 hours, applying each grade of heat for 10 hours. Powder the sublimate and store. If necessary the sand bath process may be repeated for a further period of six hours.

**Dose :**

30—130 mg.

**Vehicle and Important therapeutic usage :**

1. Given with 175 ml of the juice extract after steaming equal parts of Tūtuvalai, Kaṇṭai kattiri and Ātātōtai, along with some Tēṇ, in cases of Aiya nōy, Elikkaṭi, Vayirupporum, Mēlilaippu, Canni-13, Mūrccai and Aiya mūrccai.

2. Given with tipplīc cūranam and tēṇ, twice daily for 45 days in cases of Cūlai-15, Toḷu Nōy-18, Araiyāppu, Puṇṇu, Kapālacūlai, Kaṇṇōci, Kannappuṇṇu, Piṇacam and Neṇcaṭaippu.

3. Given with velluḷḷit tailam twice daily for 10 days in Arputa vātam, Cilanti, Karappān and Canni-13.

4. Given with a powder of Ōmam, Cukku Miḷaku and Neṇpori, and also Muruṅkaippaṭṭaica curacam for 45 days, in cases 80 types of Vātam including Pakka vātam, Erivātam, Naṭukkuvātam, Muṭakkal vātam, Pita vātam, and several types of Naṭukkam, Kuṇmam, Kallaṭaippu, Catayaṭaippu and Niraṭaippu.

5. Given with Nilavākaic cāru in Kaṇṇa vippuruti, Vilā vippuruti, Uḷai māntai, Aṇṭa vātam, Kutai vātam, Iti cūlai, Vāta cūlai, puṇ and peṇkuri cūlai.

**6:13 KĀNTAC CENTŪRAM**

(Kuṇapātam, Part 2 and 3, Page No. 80)

- |                            |                     |
|----------------------------|---------------------|
| 1. Kāntap poṭi—purified    | 35 gms              |
| 2. Vālaik kiḷaṅkuc cāru    | sufficient quantity |
| 3. Viḷāmpaṭṭaica cāru      | —Do—                |
| 4. Muruṅkaip paṭṭaica cāru | —Do—                |
| 5. Elumiccā palac cāru     | —Do—                |

**Method of Preparation :**

Grind item 1 with item 2 for 4 days. Then grind with each of the remaining items similarly. After the 16th day of grinding, make cakes and calcine. A crimson colored product will result.

**Dose :**

65—130 mg

**Vehicle :****Important therapeutic usage :**

- |                    |               |
|--------------------|---------------|
| 1. Venṇey          | Mēkappaṇikaḷ  |
| 2. Taṇṇir          | Curappaṇikaḷ  |
| 3. Elam            | Aiya nōy      |
| 4. Kaṭukiṇ iracam  | Kiḷ piṭippu   |
| 5. Atti ilaia cāru | Uppuca nōy    |
| 6. Ōma iracam      | Kāṭiraiccal   |
| 7. Carṅkarai       | Naṭukku vātam |
| 8. Vennīr          | Veppat tēmal  |
| 9. Vellāṭṭup pāl   | Pakka cūlai   |
| 10. Pacuvīn pāl    | Kaya nōy      |

**Note :**

The medicine should be prepared within 24 days from the date of purification of Kāntam.

**6:14 KĀṬIKKĀRAC CENTŪRAM**

(Citta Vaitṭiyat Tiraṭṭu, Page No. 161)

- |                     |        |
|---------------------|--------|
| 1. Iliṅkam          | 1 part |
| 2. Iraccac centūram | 1 part |
| 3. Kāṭikkāram       | 1 part |

**Method of Preparation :**

Powder the drugs individually. Take a bottle with a ground glass stopper and put into it half the amount of item 2 and then half the amount of item 1 and then the entire quantity of item 3. Then put in the remaining portion of item 1 and then the remaining portion of item 2. Put the stopper and secure it air tight. Wind a leather belt around the bottle so that it is fully covered and keep in a heap of boiled paddy. When the paddy heap is fully cooled down, take the contents of the bottle and grind well.

**Dose :**

30—60 mg.

**Vehicle :**

Tēṇ, Iṇci cāru, Tuḷaci ilaia cāru.

**Important Therapeutic Usage :**

Vali nōykaḷ like Pakka vātam and Kaḷiccal ike Ūi.

## 6:15 KAURI CINTĀMAṆIC CENTŪRAM

(Akattiyar Vaittiya Kāviam-1500, Stanza No. 741—752)

1. Iracam (purified) 35 gms.
2. Kaṇṭakam (purified) 35 gms.
3. Porikāram (purified) 35 gms.

## Method of Preparation :

Grind items 1 and 2 and then grind with item 3 to a fine powder. Pack them in pieces of thick cloth into spherical bundles of the size of an areca nut. Place them on the ground in a line, cover them with sand, arrange 10 dung cakes on them and ignite. When burnt and cooled, recover the contents of the packets and grind to a powder. The product will be of a black shade similar to that a pūlāmpalam.

## Dose :

65—130 mg. for 40 days.

## Vehicle and Important Therapeutic Usage :

1. Given with tirikaṭukutūl and tēn in Culai-18, Vāyvu-26, Kuṇmam, Kuṭal ilaiṇṇu nōy, Tīrac curāṇkal, Elikkaṭi Manbāra Kācam, Irumal, Enpuruki nōy, Kācacuvācam, Curamāntai, Eruvāy mūlai nōy, Araiyaṇṇu, Mañcal nōy, Peṇkuric cūlai, Āṇkuric cūlai, Virai Vātam Totai Vālai, Vippuruti of 10 types, Pacca cūlai Naccūlai Kaṇṭamālai, Karappān, Pun and Kaṭi.

2. Given with a powder of gently fried Cātikkay, Cātippattiri, Kīrāmpu and Ativiṭayam with tēn in Peruṇ Kaṭiccal 12, Niṇak kaṭiccal and kaṭṭpu.

3. Given with a powder of Karuṇaikkilāṇku, Cukku and Tippili with Tēn in cases of Pavuttīram and Eruvāy mūlai nōykal

4. Given with Āvāraikkulittailam in cataya-ṭaiṇṇu-18, Nirilivu-20, Uḷlurukki-12, Mūṭtira-ppirālai-21, Enpuccuram-8, Mūṭtira ṭaiṇṇu and Veppam.

5. Given with Aḷiñcil Vitait tailam in Vayirṇu nōy-60, and Vāyu-32.

6. Given with the juice of warmed erukkilai-ppaluppur it will cause purgation. Rice with butter milk is administered to arrest motions. It will cure viṭapākam, Ūtal nōy, Mañcal nōy, Aḷal, Veluppu nōy, Nīrkkōvai and Akuvai, curam.

## Diet restrictions :

Reduce salt to the minium. Vellāṭṭuppāl and māmicam may be given.

## 6:16 KṢAYA KULĀNTAKA CENTŪRAM

(Akattiyar Piṇ enpathu, Stanza No. 45—48)

1. Tālakam 35 gms.
2. Veṇpūcaṇi kāy 1 No.

3. Ceṇkiḷuvai ilaic cāru sufficient quantity
4. Iraca kaṇṭpūram 35 gms.
5. Maṇōcilai 35 gms.
6. Erukkam pāl sufficient quantity
7. Payalam (naṇ pavalam) sufficient quantity
8. Kalnār —Do—
9. Iliṇkam —Do—
10. Taṇkam —Do—
11. Kantakam —Do—
12. Kāntam —Do—
13. Kumaric cāru (Kaṇṭālaic cāru) —Do—
14. Murukkampūc cāru —Do—

## Method of Preparation :

Tie item 1 in a piece of cloth, hang in the juice of item 2 and boil. Treat similarly with item 3 also. Recover the drug, dry and weight. Take the same weight of item 4 and 5. Grind these three drugs with item 6, make cakes, put in a crucible and calcine in ilaku putam. An ash colored calx will result. Weigh the calx and take the same amount by weight of item 7 and 8. Grind the calx with these two items with the addition of item 6 and calcine. Weigh the calx. Take item 9 equal to 1/4 of the weight of calx. Take 10 equal to half the weight of the calx. Take item 11 equal to 1/4 of the weight of the calx. Grind these items alongwith the calx and 35 gms. of kantam in item 13 and then in item 14 and calcine. Repeat grinding and calcination once more to obtain the centuram.

## Dose :

30—130 mg., for 10 days.

## Vehicle:

Tirikaṭukut tūl, Tēn.

## Important therapeutic usage :

Enpurukki nōy, Cuvācam, Aiya nōykal Irumal.

## Diet restrictions

Vellāṭṭuppāl shall be included in diet.

## 6:17 NĀKAC CENTŪRAM

(Kuṇapāṭam, Part 2 and 3, Page No. 104)

1. Nākam (Tutta nākam)- 140 gms.  
purified
2. Veṭiyupput tūl 350 gms.
3. Ōmat tūl 350 gms.
4. Mañcal tūl 350 gms.
5. Cukku tūl 350 gms.
6. Cīvappu Nāyuruvic 1400 gms.  
camūlac cūraṇam
7. Elumicecam paḷac cāru sufficient quantity

**Method of preparation :**

Melt item 1 in a pan and add powders of item 2 to 5 little by little with mixing. A powder will result. Then add item 6 and continue heating and stirring. Take the product, grind with item 7 and calcine till the calx attains the color of māṭuḷampū.

**Dose :**

65—130 mg.

**Vehicle :**

Tirikaṭukuc cūraṇam, Ney, Tēṇ or Pāl.

**Important therapeutic usage :**

Kuṇmam, Peruvaiyū, Kavicaī, Eruvāy muḷaf nōy, 96 types of Mēkam, Kai-kāl erivu, Mēkat taṭippu, Vintu naṭṭam, Vellai, Toḷunōy.

**6:18 PAṬIKALIṆKAC CENTŪRAM**

(Kuṇapāṭam, Part 2 and 3, Page No. 160)

- |                      |          |
|----------------------|----------|
| 1. Piṇkam            | 35 gms.  |
| 2. Poritta paṭikāram | 260 gms. |
| 3. Kaṭukkāyṇ pū      | 35 gms.  |
| 4. Kāṭṭāṭṭip pū      | 105 gms. |

**Method of Preparation :**

Finely powder item 1 separately and item separately. Then mix them and grind well.

Boil item 3 and 4 with 700 ml. of water and reduce the decoction to 175 ml (1/8). Grind the above powder of items 1 and 2 with the decoction, dry, powder and store.

**Dose :**

300—600 mg.

**Vehicle :**

Ney, Veṇṇey.

**Important Therapeutic Usage :**

Perumpāṭu, Uḷi and Curam with kaḷiccal Kaṭuppuḷkaḷiccal, Kurutik kaḷiccal.

**6:19 PURṆAC CANTIRŌTAYAM**

(Tēraiyaṇ Karical-300, Page No. 62)

- |                         |                     |
|-------------------------|---------------------|
| 1. Taṇka Rēkku          | 1 part              |
| 2. Iracam               | 8 parts             |
| 3. Kantakam             | 16 parts            |
| 4. Cemparruttippūc cāru | sufficient quantity |
| 5. Vāḷaikkilāṇkuc cāru  | sufficient quantity |
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**Method of Preparation :**

Purify the drugs 1, 2 and 3 and grind together with each of the juices in item 4 and 5, for 2 days with each. Make cakes, dry and powder. Subject this powder to the sand bath sublimation process, heating for 24 hours with the three intensities of fire. Take the sublimates powder and store.

**Dose :**

30—65 mg.

**Vehicle :**

To be taken with Kaṭpūrāṭic cūraṇam and Veṇṇilai.

**Important therapeutic usage :**

Kayam, Ilai, Elikkaṭi, Malakkattu, Cūṇṇa kkaḷiccal, Kaṭuppu, Kuṇmam, Curam, Mēkam, Veṭṭai, Cūlai, Kuṭaḷiccal, Alal, Aiyam, Nīṇa kkaḷiccal, Maṇicaḷ nōy and Keṭṭa Taṭcivaḷartal.

Note :—This is a Kalpa medicine.

**6:20 TĀLAKAC CENTŪRAM**

(Citta Vaittiyaṭ Tirattu, Page No. 154—155)

- |  |                     |
|--|---------------------|
| 1. Tālakam                             | sufficient quantity |
| 2. Pucanikkāy cāru                     | —Do—                |
| 3. Mixture of Nalleṇṇey and Kaṭcunṇam. | —Do—                |
| 4. Nalleṇṇey                           | —Do—                |
| 5. Mūkkirāṭṭaic camūlam                | —Do—                |

**Purification :**

Tie item 1 in a cloth and hand the packet in item 2 in a vessel and boil till the fluid level comes up to 1/4th of the vessel. Treat it similarly with item 3 and 4 also.

**Method of Preparation :**

Take item 5, grind into a paste, make into two flat cakes, place the purified Tālakam in between, place in calcination capsule, seal and heat on an oven for 24 hours. Take the resultant centūram.

**Dose :**

15—30 mg.

**Vehicle :****Important therapeutic usage :**

- |                         |                          |
|-------------------------|--------------------------|
| 1. Tēṇ                  | Maṇṭaic Cūlai, Naṇcu-kaḷ |
| 2. Elumiccam paḷac cāru | Kaṇ nōykaḷ               |

## 6:21 TĀMPIRAC CENTŪRAM

## (CEMPUC CENTŪRAM)

(Kunapāṭam, Part 2 and 3, Page No. 91-92)

- |                           |                     |
|---------------------------|---------------------|
| 1. Cempup poti (purified) | 35 gms.             |
| 2. Tāmarai ilaic cāru     | sufficient quantity |
| 3. Karantai ilaic cāru    | —Do—                |
| 4. Caṇṇapak pūc cāru      | —Do—                |
| 5. Vēppam pūc cāru        | —Do—                |

## Method of Preparation :

Grind item 1 with each of the juices for 8 days successively and on the 33rd day, make cakes, dry and calcine. A greenish coloured centūram will result.

## Dose :

30—65 mg.

## Vehicle :

## Important therapeutic usage :

- |                        |                                |
|------------------------|--------------------------------|
| 1. Tāyppāl             | Māraṭaiṇṇu, Vāyu               |
| 2. Veṇkaṭuku kuṭinīr   | Muraik kāccal                  |
| 3. Panaṇ Kaṇkaṇṇu      | Veppam                         |
| 4. Vennīr              | Kācarokām                      |
| 5. Nirmulli ilaic cāru | Tāpaccuram                     |
| 6. Taṇṇirviṭṭān cāru   | Talai iṭṭipū                   |
| 7. Patākkaṇiṇ cāru     | Uyir Pōkakkūṭiya<br>Alavu Vali |
| 8. Taṇṇīr              | Carirakkaṭuppu<br>vātam        |
| 9. Velluḷḷic cāru      | Talarcci nōy                   |
| 10. Ney                | Vānti                          |
| 11. Tulaci ilaic cāru  | Ceṇkuṭṭa nōy                   |
| 12. Vellam             | Irumal                         |
| 13. Kaṭṭuk koṭic cāru  | Vellai mēkam                   |
| 14. Vilva ilaic cāru   | Uṇmattam                       |
| 15. Tēṇ                | Veluppu nōy                    |

## Note :

Cempuppoti should be used within 32 days after the purification for preparing this medicine.

## 6:22 TĀNKAC CENTŪRAM

(Kunapāṭam, Part 2 and 3, Page No. 111—112)

(Citta vaittiyat Tiraṭṭu Page No. 152)

- |                            |             |
|----------------------------|-------------|
| 1. Taṅkam-purified         | 35 gms.     |
| 2. Takarai ilaic cāru      | 15×175 gms. |
| 3. Kaṭukkāy ilaic cāru     | 10×140 gms. |
| 4. Ānaiṅkāṇṇōṇi ilaic cāru | 9×105 gms.  |
| 5. Pacarai ilaic cāru      | 6×70 gms.   |

## Method of Preparation :

Grind item 1 with the succeeding items in that order for 15, 10, 9 and 6 days respectively. Make cakes, dry and calcine after grinding with each item. A reddish product with a tinge of green will result. Use 36, 32, 25 and 16 dung cakes for the first, second, third and fourth calcinations.

## Dose :

30—65 mg.

## Vehicle :

## Important therapeutic usage :

- |                          |                            |
|--------------------------|----------------------------|
| 1. Pacu veṇṇey           | Erpu nōy.<br>(Tānur vātam) |
| 2. Carṅkarai             | Aiyam                      |
| 3. Vennīr                | Uppicam                    |
| 4. Neruṇṇic camūlac cāru | Vayirru nōy                |
| 5. Taṇṇīr                | Enpurukki nōy              |
| 6. Miḷaku iracam         | Irumal                     |
| 7. Mōr                   | Eruvāy muḷai nōy           |
| 8. Kaṇṇālaic cāru        | Peruvayirru                |
| 9. Pāl                   | Aiya vikkal                |
| 10. Kaḷippākku iracam    | Puṇṇāṇṇic curaṅkaḷ         |
| 11. Tēṇ                  | Aiyacura naṭukkam          |

## 6:23 TĀNKA URAM

(Kunapāṭam, Part 2 and 3, Page No. 123)

- |                         |                     |
|-------------------------|---------------------|
| 1. Navāccāram           | 1 part              |
| 2. Veḷvaṅkam            | 1 part              |
| 3. Kantakam             | 1 part              |
| 4. Iracam               | 1 part              |
| 5. Veṭiyupput tirāvakam | sufficient quantity |

## Method of Preparation :

Grind items 1 to 4 with item 5 to waxy consistency and subject to sand bath heating for 24 hours. A micaceous product with a golden glitter will result.

## Dose :

130—260 mg.

## Vehicle :

Tēṇ, Amukkarāc cūraṇam

## Important therapeutic usage :

Mēka cūlai, Nāṭpaṭṭa Vellai, Vintu alivu and diseases pertaining to the genitals in both sexes.

## 6:24 ULŌKA MAṆTŪRAM

(Tēraiyaṛ Yamaka Venṇā)

- |   |                     |
|---|---------------------|
| 1. Irumpuk kiṭṭap poṭi (ulōka Maṇṭūram) | 17.5 gms.           |
| 2. Kariyuppu (cōrruppu)                 | 2 gms.              |
| 3. Veṭiyuppu                            | 2 gms.              |
| 4. Aṭṭuppu                              | 2 gms.              |
| 5. Valayaḷuppu                          | 2 gms.              |
| 6. Intuppu                              | 2 gms.              |
| 7. Iracam                               | 2 gms.              |
| 8. Kantakam                             | 2 gms.              |
| 9. Cukku                                | 2 gms.              |
| 10. Miḷaku                              | 2 gms.              |
| 11. Tippili                             | 2 gms.              |
| 12. Kaiyāntakarai camūlac cāru          | sufficient quantity |

## Method of Preparation :

Powder and grind items 1 to 11 with item 12 and, calcine twice.

## Dose :

30—65 mg.

## Vehicle :

## Important therapeutic usage :

- |                       |  |
|-----------------------|--|
| 1. Nīr                | Vali nōyakal                                   |
| 2. Tēṇ                | Muppiṇi, Aciraṇam, Curam, due to manta viyati. |
| 3. Puṇṇaippūc cāru    | Peruvaiyū                                      |
| 4. Nārattampalac cāru | Uppucam  |
| 5. Kaḷ                | Calōtaya canni vātam                           |
| 6. Ilantaippalac cāru | Viṭapākam                                      |
| 7. Paṇṇīr             | Marati, Unmantta canni.                        |
| 8. Naṇṇāric cāru      | Alal nōy                                       |

## 6:25 UPPUC CENTURAM

(Citta Vaittiyaṭ Tirāṭṭu, Page No. 144)

- |                                |            |
|--------------------------------|------------|
| 1. Cōrruppu                    | 175 gms.   |
| 2. Ākāyat tāmarai camūlac cāru | 350 m lits |

## Method of Preparation :

Grind both the components, make small cakes, dry, seal in a calcination capsule and calcine using 10 dung cakes. Repeat this process nine more times. For each successive calcination increase 1 dung cake so that the final calcination is done with 20 dung cakes.

## Dose :

65—130 mg.

## Vehicle :

Taṇṇīr

## Important therapeutic usage :

All types of Ceriyāmai Vali kuṇmam and Naṇcukal.

## Note :

In place of item 2 above, puliyārai or Ātutintā-pālai Camūlac cāru may also be used. (The medicine prepared with puliyārai is useful in alal kuṇmam. (If prepared with Ātutintāpālai it is useful in Kaṇpa cūlai. (This is observed from practical experiences.)

## 6:26 VEḷḷIC CENTURAM

(Kuṇapāṭam, Part 2 and 3, Page No. 129—130)

- |                            |          |
|----------------------------|----------|
| 1. Veḷḷi rēkku             | 24 gms.  |
| 2. Maṇattakkāḷi ilaic cāru | 350 gms. |

## Method of Preparation :

Grind item 1 with the addition of item 2 for 12 hours continuously, make 1m.m. thick discs and dry. Calcine them in 5.25 kgs. of dung cake. Take the product grind with item 2 again for 12 hours and calcine using 10.5 kgs. of dung cakes.

## Dose :

30-60 mg.

## Vehicle :

## Important therapeutic usage :

- |                      |                      |
|----------------------|----------------------|
| 1. Pāl               | Aiya nōy             |
| 2. Kuḷirita nīr      | Maṇṇal Nōy (Kāmālai) |
| 3. Veṇṇīr            | Kuṇmam               |
| 4. Mōr               | Pakkacūlai           |
| 5. Pālai ilai iracam | Enṇurukki nōy        |
| 6. Kaḷ               | Mālaikkaṇ            |
| 7. Tēṇ               | Piṭippup piṇi        |
| 8. Cārayam           | Māru erikuṇmam       |
| 9. Ney               | Curappini            |
| 10. Kaṭappaṇi cāru   | Veḷuppu nōy          |
| 11. Kaṇṇālaic cāru   | Cēnkuṭṭa mēkat tēmai |
| 12. Vātumai ney      | Vekumūttiram         |

## 6:27 VEṬI AṆṆAPĒTIC CENTURAM

(Kuṇapāṭam, Parts 2 and 3, Page No. 305)

- |                         |                     |
|-------------------------|---------------------|
| 1. Purified Aṇṇapēti    | 1 part              |
| 2. Purified Veṭiyuppu   | 1/4 part            |
| 3. Eḷumiccam palac cāru | sufficient quantity |

## Method of Preparation :

Grind items 1 and 2 with item 3 and subject to calcination twice or thrice.

## Dose :

50—100 mg.

## Vehicle :

Tēṇ

## Important Therapeutic Usage :

Peruvaiyū, Veḷuppu nōy, (Kāmālai) Maṇṇal nōy, Ūtal nōy.





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## SECTION 7

### KARUPPU

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## KARUPPU

**DEFINITION :**

Karuppu are medicines that attain a black colour when they are prepared.

**GENERAL METHOD OF PREPARATION :**

According to their recipe they are prepared by calcination or burning or by simple grinding.

**CHARACTER :**

It must be in a finely powdered form.

**PRESERVATION AND STORAGE :**

Should be stored in a clean, dry and air tight glass containers.

**SHELF LIFE :**

Karuppu retain the potency for one year.

## GROUP NO. 7

## KARUPPU

Sl No.	Formulation	Book	Reference		Page No. Stanza	Page No. of the formu- lary
			Year of Publica- tion	Page No.		
1	2	3	4	5	6	7
1.	Civaṇār Amirtam	Citta Vaittiyat Tirattu	1968	165-166		
2.	Kastūrik Karuppu	Citta Vaittiyat Tirattu	1968	164		
3.	Kōrōcaṇait Tukaḷ	Citta Vaittiyat Tirattu	1968	164—165		
4.	Paṭṭuk Karuppu	Citta Vaittiyat Tirattu	1968	166—167		
5.	Tālakak Karuppu	Kuṇa pāṭam	1970	175		

## 7.1 CIVAÑĀR AMIRTAM

(Citta Vaittiyat Tirattu, Page No. 1651-66)

1. Iruvi	1 part
2. Iracam	1 part
3. Karunāpi	1 part
4. Kantakam	1 part
5. Cukku	1 part
6. Mañōcilai	1 part
7. Venkāram (fried)	1 part
8. Tippili	1 part
9. Mīlaku	8 parts

## Method of Preparation :

First grind Iracam and Kantakam to a fine black powder. Then add powders of the rest of the drugs individually and continue grinding by adding them in small quantities. Grind for 7 days till a black powder results.

## Dose :

100-200 mg.

## Vehicle:

Tēṇ, Iñicāru, Tāyp pāl.

## Important Therapeutic Usage :

80 types of Vali nōykal, 40 types of Alal nōykal, 20 types of Aiya nōykal, Toḷunōy, 5 types of Iraippirumal, Kuṇmam, Caṇṇi, Eruvāy mulai nōykal, Enpurukki nōykal, Peru vayiṇu.

This medicine is used for naciyaṁ in cases of Araṇaikkāṭi, Tēḷkāṭi and Kumarakāṇṭa vali.

## Diet restrictions :

Take salt free and tamarind free diet.

## 7.2 KASTŪRIK KARUPPU

(Citta Vaittiyat Tirattu, Page 164)

1. Paccaik kaṇṇūram	10 parts
2. Kuṇkumappū	10 parts
3. Kōrōcaṇai	10 parts
4. Kastūri	2 parts
5. Iṇṇakam	10 parts
6. Pūram	10 parts
7. Kantakam	10 parts
8. Iracac centūram	10 parts
9. Tālakam	10 parts
10. Mañōcilai	10 parts
11. Iracam	10 parts
12. Tippili	15 parts
13. Ōmam	15 parts

Gently fried

## Method of Preparation :

Grind items 7 and 11 till it attains a black powder. Powder items 5 to 13 and add to the black powder. Grind well and then add items 1 to 4. Continue grinding into an ultra-fine powder. Store in an air tight bottle.

## Dose :

60—130 mg.

## Vehicle :

Tēṇ, Tāyp pāl, Iñci nīr.

## Important Therapeutic Usage :

Caḷi, Curam. Erumal and Iraippu.

If the patient has sub-normal temperature this medicine will raise the body temperature.

## 7.3 KŌRŌCAÑATITUKAL

(Citta Vaittiyat Tirattu, Page No. 164-165)

1. Tippili	8 parts
2. Ventayam	8 parts
3. Cīrakam	8 parts
4. Ēlam	8 parts
5. Kōrōcaṇai	2 parts
6. Vellaic cattic cāraṇai vē	8 parts
7. Nēr vāḷam	3 parts

## Method of Preparation :

Make a fine powder of the above drugs individually and mix them together.

## Dose :

30 to 130 mg.

## Vehicle :

Given with Kottumalli vitai kuṭinīr, the medicine will produce vānti. It may be given with Tēṇ or Tāyp pāl also.

## Important Therapeutic Usage :

Veluppu nōy, Naccapākam, Peru vayiṇu, Nirāmpal, Nīrkkōvai and Curam, etc.

## Note :

In cases of Children who suffer from accumulation of phlegm in the chest and difficulty in breathing this medicine is efficacious. Given with Uttāmañicāru or the juice of warmed ilaikkālji, it will produce expectoration and emesis and give relief. If the dose is slightly increased it will produce loose motions.

**7:4 PAṬṬUK KARUPPU**

(Citta Vaittiyat Tirattu, Page 166, 167)

1. Iliṅkam	35 gms.
2. Iracam	35 gms.
3. Kanti	17.5 gms.
4. Pūram	17.5 gms.
5. Viram	17.5 gms.
6. Vellaip pāsānam	17.5 gms.
7. Kāntam	17.5 gms.
8. Karuṇapik kiḷaṅku	17.5 gms.
9. Kirāmpu	9 gms.
10. Aṁaṇakku eṇṇey	35 gms.
11. Cittiramūla vēp paṭṭai	280 gms.

**Method of Preparation :**

Grind item 1 to 9 with item 10 and roll into a bolus. Make a paste of item 11. Encase the bolus in this paste. Wrap in a silk cloth, wind around a clay smeared cloth ribbon and dry. Place it on the ground and heap enough sand over it to just cold it. Arrange 50 dung cakes above and ignite. When burnt and cooled, take the sphere, scrape off the clay ribbon layers and grind the bolus and the dry paste covering and Store the powder.

**Caution :**

In case the smell of sulfur is detected during burning, recover the medicine at the stage itself.

**Dose :**

65 mg.

**Vehicle :**

Tēṇ

**Important Therapeutic Usage :**

Cūṭaka cūlai, Cūṭaka caṇṇi, Cūṭaka veṭṭai.

**Note :**

It may not be possible to roll a bolus of the ingredients as it is ground with Aṁaṇakku eṇṇey. This is overcome by the addition of sufficient quantity of Mūkkirattai leaves during grinding.

**7:5 TĀḶAKAK KARUPPU**

(Kuṇapāṭam, Parts 2 &amp; 3, Page 195)

1. Purified Tāḷakam	1 part
2. Nattaitacai	4 parts

**Method of Preparation :**

Finely powder item 1. Grind with item 2 and make cakes. Calcine using minimum number of dung cakes. A black product will result. Powder and store.

**Dose :**

65—130 mg.

**Vehicle :**

Tēṇ, Ney, Tāḷca pattiric Cūraṇam.

**Important Therapeutic Usage :**

Kācam, Iraipirumal, Iḷai, Curam.



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SECTION 8  
PATANKAM

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## PATANKAM

## DEFINITION

Patankam are sublimates, prepared from organic or inorganic drugs.

## GENERAL METHOD OF PREPARATION

They are sometimes prepared by partially packing an earthen trough with a mixture of salt and brick powder and placing the mercury or drugs containing mercury in a crucible in the centre and then covering it with salt and brick powder and inverting over the trough another or lid of appropriate size and sealing the rims with a clay smeared ribbon and heating the set up on an oven for the specified time applying the recommended intensity of heat and then allowing it cool, so that the medicine that has sublimed on the inner surface of the upper trough or lid is collected for use.

In certain other cases, the drug materials are ground with the specified juices, placed in a crucible which is put in the centre of a salt bath prepared as above and sealed with clay smeared tape, one layer every day so that on the seventh day it gets seven layers total. Then the bath is heated on an oven with the recommended intensity of fire for the recommended duration of time. Then the set up is taken from the oven without shaking it, allowed to cool and the sublimate that has deposited on the interior of the covering vessel is collected by scraping and wiping.

## CHARACTER

Generally white in colour.

## PRESERVATION AND STORAGE

To be stored in a clean dry and air tight glass containers.

## SHELF LIFE

Patankam retain their potency for ten years.

## GROUP NO. 8

## PATANKAM

Sl. No.	Formulation	Reference			Page No. of the Formulary
		Book	Year of Publication	Page No. Stanza	
1.	Cāmpirāṇip pū Pataṅkam	Tēraiyaṛ Makākarical	1974	89—91	
2.	Iṇṅkap Pataṅkam (Cātiliṅka Paṇṇam)	Tēraiyaṛ Karical-300	1915	8 2	
3.	Paṇṅkip Paṇṇaipa Pataṅkam	Pulippāṇi Vaittiyaṁ-500	1969	40 221—224	

## 8:1 CĀMPIRĀNIPPŪ PATANĀKAM

(Tēraiyaṛ Makā Karical, Page No. 89—91.)

1. Cātip pattiri	1 part
2. Cāmpirāṇi	3 parts
3. Cukku	1 part
4. Miḷaku	1 part
5. Tippili	1 Part
6. Katukkāyt tōl	1 part
7. Nelli varṇal	1 part
8. Tāṇṇikkāyt tōl	1 Part
9. Cātikkāy	1 part
10. Vālmilaku	1 part
11. Ēlarici	1 part
12. Cāraip paruppu	1 part
13. Kirāmpu	1 part
14. Puṇuku	1 part
15. Impūral Vēr	1 part
16. Atimaturam	1 part
17. Maramaṇical	1 part
18. Puṇukuc caṭṭam	1 part
19. Cāmanti ilaīc cāṛu	Sufficient quantity
20. Koṭivēli ilaīc cāṛu	Sufficient quantity
21. Tumpai ilaīc cāṛu	Sufficient quantity

## Method of Preparation

Take two identical earthen troughs. Take a mixture of items 19, 20 and 21 in sufficient quantity so that it is 10 times the weight of item 1 taken. Paint this mixture on the inner surface of one of the troughs. When it has dried, paint more, consume all the liquid this way.

Finely powder items 1 to 18 except item 14. Mix the item No. 14 with the above powder.

Put the drug mixture in the untreated earthen trough and invert the treated trough over it and strongly seal with clay smeared cloth ribbon. Place the set up on an oven and burn with Āṭṭup-pulukkai or Kāṭṭeru or Umi or Vērppaṭṭaikaḷ and allow to cool for a day. Gently remove the sealing and collect the sublimate that has formed on the inner surface of the upper trough.

## Dose

According to the type of disease, upto 100 mg. may be administered.

Vehicle	Important therapeutic usage
1. Tuḷaci ilaīc cāṛu	Vēḷeluttu (Cālēcūram), Ceriyāmai
2. Cānippāl	Kuṇmam, Vali curam

## 3. Tēṇ

Vallai, Perumpiṇikaḷ (Chronic diseases)

## 4. Karumpuc cāṛu

Nīṇṇilivu

## 5. Kaḷḷi ilaīc cāṛu

Caṇṇi

## 8:2 ILIṆKAP PATANĀKAM (CĀTILIṆKAP PAṚPAM)

(Thēraiyaṛ Karical-300, Page No. 8, Stanza No. 2.)

1. Purified Iliṇkam	1 part
2. Caṇkat tirāvakam	Sufficient quantity

## Method of Preparation :

Grind item 1 with item 2 make cakes and dry.

Place the cakes in an earthen trough, cover with an identical trough by inverting it over. Seal the set up with clay smeared ribbon. Heat on an oven. Collect the sublimate. Repeat sublimation till the sublimate does not resublime in the upper vessel but remains as such in the basal vessel.

## Dose :

30—60 mg., twice a day.

## Vehicle :

Paṇai vellam

## Important therapeutic usage :

Vānti, Kaḷiccal, ūtal, Maṇical nōy, Vēluppu nōy, Peruvayiru 8 types of Kuṇmam, Vāyvu Nāpic cūlai, Nīrkkāṭṭu, Malakkāṭṭu, Nīṇakkaḷicca Eruvāy muḷai nōy, Nāṭpaṭṭa curam, Nāṭukkal Mēkavāyu, Vaḷi, Caṇṇi, Kiranti, Muṭakku, Virai Vāyu and Mūla vāyu.

## 8:3 PAṚANĀKIP PAṬṬAIP PATANĀKAM

(Pulippāṇi Vaitṭiyam-500, Page No. 40, Stanza No. 221—224.)

1. Paṛāṇkip paṭṭai	5 parts
2. Kantakam	1 part
3. Iracam	5 parts
4. Iliṇkam	5 parts
5. Kaḷutai lattic cāṛu	Sufficient quantity
6. Kuppaimēṇic camūlac cāṛu	Sufficient quantity
7. Poṭutalaic camūlac cāṛu	Sufficient quantity
8. Kaiyāntakaraic camūlac cāṛu	Sufficient quantity.
9. Caṇkaṇkuppi ilaīc cāṛu.	Sufficient quantity
10. Pacuviṇ pāl	Sufficient quantity

**Method of Preparation :**

Cut item 1 into very small pieces and soak in item 5 and dry. Treat the dry pieces similarly with item 6 to 10 separately with each ingredient and keep.

Make a powder of item 2, 3 and 4 and put in an earthen trough. Cover it with a perforated earthen lid of suitable size and place over this lid, the treated pieces of item 1. Cover with an identical trough by inverting it over and seal the juncture strongly with clay smeared cloth ribbon. Place the set up on the oven and heat for 3 hours. Allow to cool, collect the drug pieces and finely powder.

**Dose :**

100—200 mg. twice daily for 40 days.

**Vehicle :**

Papaivellam.

**Important therapeutic usage :**

Mēkam of 21 types, Cūlai, Karuṅkiranti, Kaikaruppu, Kai veḷḷai, Piṭippu, Ciraṅku, Toḷunōy, Kai centālai tatippu, Vāy nāṛṇam pal-cūlai and Puṅkal.

**Note :**

1. Though the original texts read that the dose is 5.1 gm. it is better to give only 100 to 200mg. per dose.
2. Though restrictions of diet are not given in the original text, it is better to follow usual restrictions.



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SECTION 9  
KULAMPU

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## KULAMPU

## DEFINITION

Kulampu is a semi liquid form of medicine.

## GENERAL METHOD OF PREPARATION

They are prepared by taking simple or mixture of juices together with sugar and certain drug powders and heating the material to the consistancy of thick syrup.

Apart from this, sometimes, the constituent drugs are simply ground with specified fatty materials to the consistancy of a semi liquid mass.

## PRESERVATION AND STORAGE

Should be preserved in a clean, dry and air tight glass containers.

## SHELF LIFE

Kulumpu retain their potency for five years.

## GROUP No. 9

## KULAMPU

Sl. No.	Formulation	Reference			Page No. of the Formulary
		Book	Year of Publication	Page No. Stanza	
1.	Akattiyar Kulampu	Akattiyar Amutakalaifāṇam-1200	1881	129—130	
2.	Cāti campirak Kulampu	Kuṇapāṭam Part 2 & 3	1970	160	
3.	Iṇṇirṇk Kulampu	Akattiyar Nayaṇa viti-500	1976	111	342—343
4.	Kaucikār Kulampu	Citta Vaittiyat Tiraṭṭu	1968	204—213	
5.	Kuṁmattik Kulampu	Akattiyar Vaittiya Kāviyam-1500	1890	..	387—389
6.	Viṣak Kulampu (Karun Kulampu)	Citta Vaittiyat Tiraṭṭu	1968	202—203	

## 9:1 AKASTIYAR KUḶAMPU

(1. Akastiyar Amirta Kalaiñānam P. No. 129-130).

(2. Citta vaṭṭiyat Titaṭṭu, page No. 171-176).

1. Peruṅkāyam	1 part
2. Kaṭukarōkiṇi	1 part
3. Intuppu	1 part
4. Iracam	1 part
5. Veṅkāram	1 part
6. Maṇōcilai	1 part
7. Nāpi	1 part
8. Ōmam	1 part
9. Aritāram	1 part
10. Karuñcīrakam	1 part
11. Vālam (purified)	10 parts

## Method of Preparation :

Powder individually, the drugs listed from 1 to 10. Fry 5 parts of item 11 with sufficient quantity of Āmanakku ney, mix with the remaining 5 parts and grind to fine consistency. Continue grinding with the addition of the drug powders already prepared till the ingredients are thoroughly mixed and a waxy consistency is attained.

## Dose :

65 mg.

## Vehicle

## Important therapeutic usage

1. Cukkuk kaṭkam	Curam
2. Kaṭukkāyk kuṭinīr	Irumal
3. Powder of Cukku & miḷaku	Kuḷir curam
4. Pacu ney, Erumaip pāl	Kuruti eruvāy muḷai nōy
5. Miḷaku powder and Veḷḷai veṅkāyāc cāru.	Veppuppāvai, Nīrām pāl, Ūtal, Veḷuppu.
6. Elat tūl	Caṇṇi vātam
7. Iñcic cāru, Tēṇ	Caṇṇi
8. Kummattip palac cāru	Kuṇmam
9. Cukkut tūl and Nocci ilaīc cāru	Vōyu, Nīrāmpal
10. Caṅkaṇ kuppīc cāru	talai vātam, Nīr cerippu, Kallaṭaippu, Kīranti, Paraṅkippu
11. Decoction of Koṭivēli vērp paṭṭai, Kalaṛcci vērp paṭṭai, Mucumucukkai, Nocci.	13 types of Caṇṇi
12. Cīrakap poṭi with the juice extracted from Nāvaṛp paṭṭai by pounding with Veḷlāṭṭup pāl and squeezing.	Cūtaka vāyu, Karppa vātam.
13. Powder of Miḷaku and Cukku	Cūcīkāvāyu, Tīraṭci-vali

14. Kaṇkaṇṭu

Piramai, Cōkam

15. Paste of Aracaṅkoluntu Malaṭu will be cured ground in pacumpāl if given for 3 days.

16. In pīlavai, Toṭai vālai, Araiyaṇṇu, Cilanti, Mulaikkuttu, Puṇ, apply the medicine.

17. In Kapālavalai, Picācu and Kātivīṭaṅkaḷ, apply on a piece of cloth, roll, ignite and inhale the smoke.

## Diet restrictions :

Āvin ney, Muruṅkaippincu, Vālaippincu Naritāṅkāy, and Tūtuvaḷai may be included in diet.

## Note :

As this medicine is a powerful purgative also, it is better to administer appropriate lower dose. If it causes intense purgation a decoction of Cīrakam, Puli, or Elumiccam cāru shall be administered. Rice with butter milk or Vacampu cuṭṭa kari may also be given. (When grinding the medicine take rice with buttermilk and grind and the person who is grinding the medicines has to apply coconut oil throughout his body.

## 9:2 CĀTI CAMPĪRAKKUḶAMPU (PERIYA CĀTIKKUḶAMPU)

(Kuṇapāṭam, Part 2 and 3, Page No. 160)

1. Kaṇpūram	10 gms.
2. Piṇkam	35 gms.
3. Elumiccampalac cāru	525 gms.
4. Tulacic cāru	sufficient quantity

## Method of Preparation :

Finely powder item 2 and mix with item 3 and keep.

Take a shallow earthen pan, apply item 4 to the Concave surface and dry. Repeat this 3 to 5 times when the pan has dried after each application. Place this pan on the oven and heat with mild fire. Put powder of item 1 on it and add the mixture of item 2 and 3 kept ready, in instalments with continuous stirring. When the mixture attains a thick syrupy consistency, take and store in a container.

## Dose :

50-100 m. g. According to the state of disease administer 3 or 4 times a day.

## Important Therapeutic Usage :

Vānti, Aḷal, Tākam, Veppu, Mūrcchai, Ūtal veḷuttuccillitūtal( ) and Māntak kaliccal affecting babies.



## 9:3 IḷANĪRK KUḶAMPU

(Akattiyar Nayanā Viti-500, Page No. 105 Stanza No. 342 &amp; 343)

1. Iḷanīr	1680 m. lits.
2. Kaṭukkāyt tōl	35 gms.
3. Nelli vaṭṭal	35 gms.
4. Tāṇṭrikkāyt tōl	35 gms.
5. Maramaṇical paṭṭai	35 gms.
6. Atimaturam	35 gms.
7. Intuppu	2.1 gms.
8. Paccaik kaṭṭūram	4.2 gms.
9. Tēṇ	2.1 gms.

## Method of Preparation :

Powder the items 2 to 6 finely and sieve through a cloth. Put the powders into a new earthen trough and add item 1. Allow it for 3 days, 4th day mix well and boil to concentrate to 1/4th of the volume (420 ml). Filter into a porcelain dish, through a cloth. Clean the trough, pour the filtrate from the porcelain dish into it and heat again to further concentrate to 100 ml. Filter again and grind with the addition of items 7, 8 and 9.

## Dose :

1 to 2 drops as eye drops.

## Important Therapeutic Usages :

Kaṇṇil pū, Catai vaḷarcci, Kaṇṇericcal, Kaṇ cūtu,

It cools the eyes.

## 9:4 KAUCIKAR KUḶAMPU

(Citta Vaittiyattiraṭṭu, Page Nos. 204—213)

1. Kaṭukkāy	1 part
2. Kaṭuku	1 part
3. Intuppu	1 part
4. Peruṅkāyam	1 part
5. Veṅkāram	1 part
6. Iracam	1 part
7. Maṇōcilai	1 part
8. Tippili	1 part
9. Aritāram	1 part
10. Cīrakam	1 part
11. Kaṭukarōkiṇi	1 part
12. Nāpi	1 part
13. Nērvālam	12 parts
14. Tēṇṇaṅkuṭukkaik kari	5 parts
15. Vellam (Paṇai vellam)	5 parts
16. Vēlipparuttic cāru	sufficient quantity
17. Tēṅkāyp pāl	sufficient quantity

## Method of Preparation :

Finely powder items 1 to 12, add item 13 and grind with the addition of item 16 for 24 hours. Then add items 14 and 15 and grind with item 17 till heavy syrupy or pasty consistency it reaches

## Dose :

125—500 mg.

## Vehicle :

1. Smear the medicine on tongue and take hot water.	
2. Vēṇṇīr (Warm water)	
3. Kaṭukkāik kuṭinīr	
4. Cukku Vēṇṇīr	
5. Decoction of Cīvēvic Ceṅkaḷunīr camūlam and Cīrakam.	Uṭcuram
6. Ēlam and Mīlakuppoti	Curam of 8 types
7. Koṇṇaīk koḷunttu	Ēṇpucuram
8. Kaṭukkāippoti and eṇṇey	Ēṅkal, Porumal
9. Mōr and Ucilpaṭṭai	Caṇṇi, Irumal, Catti, Uḷamāntai.
10. Tūtuvaḷaīc cāru	Kaṭaṅkaṇai irumal, Pillai vippuruti-13
11. Takaraīc cāru	Vānti kuṇmam
12. Ucilpaṭṭai pā	Cuvācam
13. Āmaṇakku ney	Kuṇmam
14. Vallāraīccāru	Vāyvu kaṇmam
15. Puḷiyāraīccāru	Aḷal kuṇmam
16. Iḷanīr and Cīrakam	Eri kuṇmam
17. Cīṇṇāmaṇakku eṇṇey Tāyppāl	Kuṭalvali, Cūlai nōy, Kuvaḷai vippuruti
18. Āṭātōṭai, Arattai and Vēṇṇey	Iḷai, irumal, Porumal Kōlai
19. Āvin mōr	Vippuruti
20. Paḷam pāci, mōr	Paṭṭiya kuṇmam
21. Vēḷāṭṭuppāl	Virai vāyu
22. Vēḷāṭṭu ney	Porumal and Pakka-cūlai
23. Pacuvīnpāl, Pacu ney, Carkkarai	Kulaivali, Eriḷal Kuṇṭikai nōi
24. Āvin pāl, ney, carkkarai	Toḷu nōy
25. Cukkunīr, Cīrakam	Cūṭaka vāya
26. Kaṇkaṇṭu, Carkkarai, Noy	Veppa vāyu
27. Paṇaṅkip paṭṭai tūl, Pāl, 18 types of Cūlai Noy	
28. Vēṇṇey, Tāyppāl	Eruvāi muḷai (Mūla muḷai)
29. Irullī, cukku, Mīlaku, Cīrakam	Nāṭpaṭṭa Cūṭikā vāyū
30. Pāl, Ney, Mōr	Mūlavāyu of 6 types
31. Ney, Pacumpāl	Irattā mūlam

- |   |   |   |  |
|---|---|---|--|
| 32. Pāl   | Eruvay muḷai noy  | 48. Iñcic cāru, (or) Cukku  | 13 types of Caṇṇi nṛ   |
| 33. Ney   | Ninakkalical  | 49. In Murikkilaic cāru   | 8 types of valippu for 3 days  |
| 34. Mōr   | Mūla mukkal   | 50. Erukkaḷaic Cāru   | Veṇinari, Veṇināy, Eli, Araṇai, Ceyyān, Pūrān, Vaṇṭukkaṭi, viṭam, Cilviṭam, Eri, Pori, Nīr vantu, ciru ventu, and Ponvaṇṭu kaṭi. |
| 35. Cemmarīāṭṭukkoluṇṇu, ney.   | Cīleruvāy muḷai nōy Kalical.  | 51. Apply externally at the site in   | Tēlkaṭi  |
| 36. Applied on a piece of cloth rolled into a wick, burnt and the to be fumigated.  | Ēruvāy muḷai kaṭuppu, Muḷaikaḷ  | 52. Apply on tongue and warm water.   | Nāṭṭuvākkālikkaṭi.   |
| 37. The smoke from the medicine shall be allowed to react upon the affected areas in cases, of :—   | Tāmaraicilanti in Aṇkuṇi, Pavuttiram Kaṇṭamālai, Kaḷuttukkalalai, Toṇṭaipilavai, Toppuḷcilanti, Mārpaṇi, Mārpuccilanti, Mulaip-puṇṇu, Mutukkup-pilavai, Caccam, Cīlantippuḷu, Elumpuccilanti, Mulaip-puṇṇu, Mutukkup-palavai, Caccam, Cīlantippuḷu, Elumpuccilanti, Kaṇṇavippuruti, Mūkkup-paruvu, Muḷai, Araiyāppu, Nākkup-pilavai, Narampuccilanti, Oṭu vip-puruti, Yōnippuṇṇu-ḷiṇkappuṇṇu, Nēttirappilavai, Kuḷippuṇkal, Kuvaḷaippuruti, Total vālai, Kiranti, puṇkal. | 53. Erukkaṇ paluppuc cāru   | Viṭaṇkal-64 types  |
| 38. Take a small piece of cloth, soak in erukka-mpāl and dry. Smear the medicine on it and roll into a wick. Light a lamp with this wick in veṇṇenney. The smoke shall be inhaled in cases of:— | Mūkku nīrppāical, Mukavāta caṇṇi, 4 types of Accaram, Pallaraṇai, Pal caṇṇi, Paḷkuttu, Maṇṭaicc-rappu, 8 types of Pīnacam, Kapālacū-lai, and 8 types of Kaṇṇakkiranti.  | 54. Apply the medicine in small quantity (mustard size) in the eyes and also take internally with Erukkaḷaic cāru | Karutta valalaikkaṭi, Mayakkam, Kompw-kompērīmūkkam, Viriyaṇ Nakam, Maṇṭali, Maṇṭali, Pittayaṇkaṭi and viṭaṇkal                  |
| 39. Vēlipparuttic cāru  | Virai vāyu, Vali, Mala calakkkaṭṭu.   | 55. Use as specified in item 54, but with vēlipparu-tti ilaic cāru in   | Viritalainākakkaṭi.  |
| 40. Given internally and also applied externally with Karunocceic cāru in:—   | Kuṭṭam, Kuṇai nōy.  |   |  |
| 41. Tillaippū and Vellam  | 18 types of Kuṭṭam.   |   |  |
| 42. Talai mayir cuṭṭa cām cāmpal and veṇkārap pēti.   | Malanīrkkkaṭṭu  |   |  |
| 43. Aṇaṇkenney and Vellaṭṭuk Kōmayam  | Māñcal nāy, Ūtal, Peruvayirū.   |   |  |
| 44. Tiripulaṭṭū   | Veluppu   |   |  |
| 45. Talutālaic cāru   | Valippu caṇṇi, Mar-aṇavāḷt.   |   |  |
| 46. Cīrukalutāic cīruṇṇr  | Muṭṭuṭal Vali, Can-tucūlaikkkaṭṭu   |   |  |
| 47. Kalutaip pāl  | 80 types of Vali, Vāyukkaḷ.   |   |  |

### 9:5 KUMMAṬṬIK KUḷAMPU

(Akattiyar Vaittiyakāviyar 1500, Stanza No. 387—389)

- |                      |             |
|----------------------|-------------|
| 1. Kummaṭṭikkāy Cāru | 1.400 lits. |
| 2. Paḷac cāru        | 1.400 lits. |
| 3. Veṇmullic cāru    | 1.400 lits. |
| 4. Nocchi ilaic cāru | 1.400 lits. |
| 5. Iñcic cāru        | 1.400 lits. |
| 6. Iracam            | 5 gms.      |
| 7. Iḷiṇkam           | 5 gms.      |
| 8. Peruṇkāyam        | 5 gms.      |
| 9. Intuppu           | 5 gms.      |
| 10. Veṇkāram         | 5 gms.      |
| 11. Kaṭuku           | 5 gms.      |
| 12. Mañcal           | 5 gms.      |
| 13. Ventayam         | 5 gms.      |
| 14. Miḷaku           | 5 gms.      |
| 15. Kāntam           | 5 gms.      |
| 16. Nērvāḷam         | 5 gms.      |

### Method of Preparation :

Take the first five ingredients and pour into a vessel. Boil on mild fire and concentrate to 1/5 th of the volume (1.4 lits.). In items 6 to 10 grind those items that require grinding, and powder these items that require powdering, and add to the concentrate mixture kept boiling. When the mixture comes to the consistency of wax remove from the oven, transfer to suitable container and store.

**Dose :**

300 mg. only once in the morning.

**Vehicle :**

Paṇai vellam or Karumpu vellam.

**Important Therapeutic Usage :**

Kuṇṇam, Peruvayiru, Nīrāmai, Makōtaram, Veppuppāvai, Kavicaī, Veluppu, Vitapākam and Vāyu.

**9:6 VIṢAK KUḶAMPU (KARUṆKUḶAMPU)**

(Citta Vaittiyattirattu, Page No. 202—203.)

1. Karunāpi	1 part
2. Veṇkāram	1 part
3. Intuppu	1 part
4. Nirviṣam	1 part
5. Karuṇōirakam	1 part
6. Kantakam	1 part
7. Iracam	1 part
8. Maṇōcilai	1 part

9. Vālam (Nēr Vālam) 1 part

10. Navāccāram 1 part

11. Karuppukkatti (Paṇai vellam) Sufficient quantity

12. Ciraṭṭaik kari Sufficient quantity

13. Tēnkāyp pāl Sufficient quantity

14. Vēlip paruttic cāru Sufficient quantity

**Method of Preparation :**

Grind items 6 and 7 into powder, add item 1 to 5 and also 8,9 and 10, and grind well with the addition of item 14 for 9 hours. Then grind with the addition of item 13 for another 9 hours. Then add item 11 and 12 into it and grind with the addition of more of item 13, till a heavy syrupy consistency is attained. Store in a box made of horn.

**Dose :**

50—100 mg.

**Important Therapeutic usage :**

Nacukaṭ

The medicine will cause purgation and emesis and the toxins will be eliminated.



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SECTION 10  
MĒĻUKU

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## MELUKU

## DEFINITION

It is a kind of medicinal preparation, prepared by way of grinding well the drugs or by heating drugs as the case may be till a waxy substance attains.

## GENERAL METHOD OF PREPARATION

Meluku are of two types. One is made by simple grinding to the consistency of soft wax. The other is made by heating the ingredients with certain juices or extracts and converting to a waxy paste by further grinding in a mortar.

## (a) Simple ground Meluku :

It is prepared by grinding certain specified compounds of mercury or other salts alone or in combination with other drugs given in the receipts, with the addition of specified juices or soney as the case may till a soft waxy consistency is attained.

## (b) Heat treated Meluku :

This is prepared by heating mercuric compounds or other minerals with the addition of specified juices or oils or fats in instalments till they turn waxy. They are further ground to fine consistency in a mortar.

## PRESERVATION AND STORAGE

Should be stored in a clean dry and air tight glass containers.

## SHELF LIFE

Meluku retain their potency for five years.

## GROUP NO. 10

## MELUKU

Sl. No.	Formulation	Reference				Page No. of the Formula
		Book	Year of Publication	Page No.	Stanza	
1	2	3	4	5	6	7
1.	Iraca Meluku	Akattiyar Paripūranam-400	1964		126—129	
2.	Iraca kanti Meluka	Pulippāni Vattiyam-500	1969	..	246—254	
3.	Iṭi Vallāti	Pulippāni Vattiyam-500	1969	..	227—231	
4.	Kanti Meluku	Citta Vattiyat Tirattu	1968	204		
5.	Kunmak Kuṭōri	Citta Vattiyat Tirattu	1968	204		
6.	Malak Kuṭāra Meluku	Citta Vattiyat Tirattu	1968	203		
7.	Mākā Vira Meluku	Citta Vattiyat Tirattu	1968	203—204		
8.	Nanti Meluku	Citta Vattiyat Tirattu	1968	193		
9.	Nava Uppu Meluku	Citta Vattiyat Tirattu	1968	193—196		
10.	Pañca cūta Meluku	Yūki Karical-151	1928	..	16—24	
11.	Vān Meluku (Intu varṇa meluku)	Yūki Karical-151	1928	..	126—127	

## 10:1 IRACA MEḶUKU

(Akattiyar Paripūraṇam 400, Stanza No. 126—129)

1. Vālai Iracam	2 parts
2. Paṇāṅkippaṭṭai cūraṇam	2 parts
3. Tippilic cūraṇam	2 parts
4. Ilavaṇṅac cūraṇam	2 parts
5. Kārumpu vellam	4 parts

**Method of Preparation :**

Grind all the ingredients till they get perfectly mixed and Mercury disappears. Store for a month and take for use.

**Dose :**

100—200 mgs., twice a day in morning and evening for 7 days.

**Vehicle :**

Paṇai vellam.

**Important therapeutic usage :**

Mēkavellai, Taṭippu, Puṇṅai, Aḷukiranti, Kuḷik-kirant, Arayāppu, Mēka cūlai, Kai-kāl muṭakku.

**Diet restrictions :**

Take salt-free diet and rice with milk. Take bath on the fifteenth day. On that day take chicken soup.

**Note :**

After preparation, this medicine should be stored for a month and then only used.

16. Cōmpu	4 gms.
17. Ēlam	4 gms.
18. Cīrakam	4 gms.
19. Miḷaku	4 gms.
20. Cātikkāy	4 gms.
21. Kārpōkarici	4 gms.
22. Mācikkāy	4 gms.
23. Tippilik kaṭṭai	4 gms.
24. Vāiviṭaṅkam	4 gms.
25. Vacampu	4 gms.
26. Ilavaṇṅam	4 gms.
27. Paṇāṅkip paṭṭai	4 gms.
28. Cēṅkoṭṭai	4 gms.
29. Kaṭukkāyt tōl	4 gms.
30. Karuṇicīrakam	4 gms.
31. Kāṭṭuc cīrakam	4 gms.
32. Cīrutēkku	4 gms.
33. Tāḷcappattiri	4 gms.
34. Tirāṭcai	4 gms.
35. Pirappaṇ kilaṅku	4 gms.
36. Eṭṭi vitai	4 gms.
37. Tēṇṇ vittu	4 gms.
38. Nīrmuḷḷai vittu	4 gms.
39. Eḷḷu	4 gms.
40. Koḷḷu	4 gms.
41. Kopparait tēṅkāy	4 gms.
42. Cīṇṇi vēr	4 gms.
43. Caṅkaṇ ver	4 gms.
44. Amukkarā vēr	4 gms.
45. Ākāyak karuṭaṇ kilaṅku	4 gms.
46. Citramūla vērp paṭṭai	4 gms.
47. Kōḷimuṭṭai	2 Nos.
48. Paṇaivellam	184 gms.

**Method of Preparation :**

Pound items 1 to 46 into a fine powder. Break Kōḷimuṭṭai, put the contents alongwith item 48 into the powder and mix well for 12 hours with pounding continuously to the consistency of soft wax.

**Dose :**

300 mg. per dose, twice a day after taking rice with butter milk, for 40 days.

**Important therapeutic usages :**

Veṭi cūlai, Mēka cūlai, Iṭi cūlai, Puṭai cūlai, Tuṭi cūlai, Vāta cūlai, Kāl kuṭaiccal, Karaṇai, Vippuruti, Kaṇṭa mālai, Kuṭṭam, Viṣaṇṭr, Kuṇai, nōy, Ciraṅku, Puḷi veṭṭu, Taṭippu, Mēkam, Cēṅkiranti, Karuṅkiranti, Arikiranti, Porikiranti, Paṭu Kiranti, Iṭi kiranti, Puraioṭṭum puṇ, Araik-kati, Toṭai vālai, Muṭṭu vālai, Muṭakku Vālai, Pula Vālai, Vilāvil vālai, Tamerkāyāccilanti,

## 10:2 IRACAKANTI MELUKU

(Pulippāṇi Vaittiyam-500, Stanza No. 249—255)

1. Iracam	4 gms.
2. Kantakam	4 gms.
3. Iracac karpūram	4 gms.
4. Aritāram	4 gms.
5. Ūcīk kāntam	4 gms.
6. Turucu	4 gms.
7. Tuttam	4 gms.
8. Miruṭār ciruṅki	4 gms.
9. Cukku	4 gms.
10. Ōmam	4 gms.
11. Maṇṇai	4 gms.
12. Tippili	4 gms.
13. Artṭai	4 gms.
14. Kōṣṭam	4 gms.
15. Vāluḷuvai arici	4 gms.



Mārpuccilanti, Yōnippuṟṟu, Ilīṅkappuṟṟu, Itip-  
puṟṟu, Kaṇṇappuṟṟu, Cilanti, Nēttirappilavai,  
Taṭicilanti, Puṭai cilanti, Kaṇṇōci, Kaṇṇat-  
tōci, Pauttiram, Muḷai mūlam, Pātaṭ cakkaram,  
Nācippilavai, Mēkam, Peṅkuṟic cilanti, Aṅkuric  
cilanti, Aṅkurit taṇṭiṟṟu pun and Iraja pilavai.

### 10:3 ITI VALLĀTI

(Pulippāṇi vaittaiyam—500, Stanza No. 227—  
231)

1. Cērāṅkoṭṭai	350 gms.
2. El	350 gms.
3. Kopparait tēṅkāy	2 nos.
4. Paraṅkip paṭṭai	35 gms.
5. Amukkarā vēr	35 gms.
6. Cittiramūlavērp paṭṭai	35 gms.
7. Kastūri mañcaḷ	35 gms.
8. Karuñcīrakam	35 gms.
9. Vāluḷuvai	35 gms.
10. Kurōcaṇi ōmam	35 gms.
11. Ōmam	35 gms.
12. Veṇṇilaik kāmpu	35 gms.
13. Katukkāyt tōl	35 gms.
14. Tippili	35 gms.
15. Kōṭṭam	35 gms.
16. Iracak kaṟpūram	21 gms.
17. Paṇai vellam	175 gms.
18. Cāṇippāl	sufficient quantity

#### Method of Preparation :

Take item 1, cut the nuts transversely into two, soak in item 18 for 3 days, wash in water and dry. Pound this alongwith the other ingredients in a stone mortar with an wooden pestle that has metal tips to waxy consistency.

#### Dose :

300 mg. twice daily for 40 days.

#### Vehicle :

Paṇai vellam.

#### Important Therapeutic Usage :

Tōlu nōy, Kiranti, Culavi, Araiyaṟṟu, Mēkam, Cukkila vāyvu, Puṇmērkam and 8 types of kuṇman.

#### Diet restrictions :

Fried salt, tayir, mōr, niy, avarai, pācippayaṟṟu, araikkirai and poṇṇaṅkaṇṇikkirai shall be included in diet and fish excluded. Sexual abstinence shall be observed. Take oil bath with Viḷakkeṇṇey.

### 10:4 KANTI MELUKU

(Citta Vaittya Tiraiṭṭu, Page No. 204)

- |                         |                     |
|-------------------------|---------------------|
| 1. Purified Kantakam    | 1 part              |
| 2. Veḷḷai veṅkāyac cāru | sufficient quantity |
| 3. Iñcic cāru           | sufficient quantity |

#### Method of Preparation :

Grind item 1 with item 2 for 5 days and then with item 3 for another 5 days and being to waxy consistency.

#### Dose :

100 mg. to 200 mg.

#### Vehicle :

Pāl

#### Important Therapeutic Usage :

Mēkaṇṇ Nōykoḷ like Vekumūttiram, Coṟi, Ciraṅku, Toḷunōy and Eruvāy muḷai nōykaḷ.

### 10:5 KUṆMA KUṬŌRI

(Citta Vaittiyattiraiṭṭu, Page No. 204)

1. Intuppu	1 part
2. Kalluppu	1 part
3. Cōṟuppu	1 part
4. Uḷamaṇ	1 part
5. Veṅkāram	1 part
6. Navāccāram	1 part
7. Valayal uppu	1 part
8. Veṭṭiyuppu	1 part
9. Cukku	1 part
10. Tippili	1 part
11. Miḷaku	1 part
12. Ōmam	1 part
13. Kirāmpu	1 part
14. Mōṭi (Tippili vēr)	1 part
15. Kōṭṭam	1 part
16. Peruṅkāyāṁ	1 part
17. Uritta pūṇṭu	5 parts
18. Paṇai vellam	5 parts
19. Tēn	5 parts

#### Method of Preparation :

Grind all the drugs till a soft waxy product results and store it.

#### Dose :

500 gm. to 1000 mg., twice a day.

#### Important Therapeutic Usage :

Pūppukkālattiḷ uṇṭākum Cūṭaka Vāyuvai, dysmenorrhea Kuṇman, Alaiṭvāy, Mantam, Ceriyāmai.

## 10 : 6 MALAKKUṬĀRA MEḶUKU

(Citta Vaittiyattirattu, Page No. 203)

- |                                |          |
|--------------------------------|----------|
| 1. Cūraittu nilāvārai          | 12 parts |
| 2. Paṇṇirpū tēṇūṛal (Kulkantu) | 16 parts |
| 3. Kōṭṭai tirāṭṭai-(dried)     | 10 parts |
| 4. Pātām paruppu               | 5 parts  |
| 5. Atimaturam                  | 2 parts  |
| 6. Kaṭukkāij piṇcu             | 5 parts  |

**Method of Preparation :**

Clean and separately powder the items 1, 5, and 6. Grind item 2 very finely. Also make a paste of 3 and 4 by grinding well. Mix the latter two pastes and grind well, sprinkling the powder into the paste, so that a soft waxy mass results.

**Dose :**

5 gms., before bed time.

**Vehicle :**

Pāl.

**Important Therapeutic Usage :**

Malakkattu.

## 10:7 MAKĀVĪRA MEḶUKU

(Citta Vaittiya Tirattu, Page Nos. 203—204)

- |                            |             |
|----------------------------|-------------|
| 1. Vīram                   | 35 gms.     |
| 2. Pūram                   | 35 gms.     |
| 3. Iliṅkam                 | 35 gms.     |
| 4. Cukku                   | 35 gms.     |
| 5. Miḷaku                  | 35 gms.     |
| 6. Tippili                 | 35 gms.     |
| 7. Cittiramūla vērp paṭṭai | 10 gms.     |
| 8. Kuṅkumappū              | 4.2 gms.    |
| 9. Kōrōcāṇai               | 4.2 gms.    |
| 10. Paccaik kaṇṇūram       | 4.2 gms.    |
| 11. Muruṅkaip paṭṭai cāru  | 1.400 lits. |

**Method of Preparation :**

Heat item 1 with the addition of item 11 in instalments so that the latter is fully consumed. Add items 2 to 7 also with this and grind with sufficient quantity of tēn and Tāyppāl. Finally add 8, 9 and 10 and bring to the consistency of soft wax.

**Dose :**

50—100 mg., twice a day.

**Vehicle :**

Paṇai vellam

**Important Therapeutic Usage :**

Vaiṇōykal, Mēkanoykal.

**Diet restrictions :**

Pālum cōṛum. (Milk and Rice)

## 10 : 8 NANTI MEḶUKU (NANTI MAI)

(Citta Vaittiyat Tirattu, Page Nos. 187-193)

- |                              |              |
|------------------------------|--------------|
| 1. Cēṅkeṭṭai                 | 40 Nos.      |
| 2. Pacu ney                  | 350 m. lits. |
| 3. Eṭṭi vittu                | 2½ gms.      |
| 4. Peṇṇimiḷai                | 7 gms.       |
| 5. Kariyuppu                 | 7 gms.       |
| 6. Veṭiyuppu                 | 7 gms.       |
| 7. Kalnārp paṇṇam            | 7 gms.       |
| 8. Kalmatam                  | 7 gms.       |
| 9. Naṇṭukkaḷ                 | 7 gms.       |
| 10. Paccaik kaṇṇūram         | 7 gms.       |
| 11. Kuṅkumappū               | 7 gms.       |
| 12. Kōrōcāṇai                | 7 gms.       |
| 13. Cīṇam                    | 140 gms.     |
| 14. Prepared Iracac centūram | 17.5 gms.    |
| 15. Cukku                    | 4.5 gms.     |
| 16. Miḷaku                   | 4.5 gms.     |
| 17. Tippili                  | 4.5 gms.     |
| 18. Ēlam                     | 4.5 gms.     |
| 19. Cīrutēkku                | 4.5 gms.     |
| 20. Tāḷica pattivi           | 4.5 gms.     |
| 21. Kūrēcāṇi ōmam            | 4.5 gms.     |
| 22. Vāiviṭaṅkam              | 4 gms.       |
| 23. Ativiṭayam               | 4 gms.       |
| 24. Cātikkāij                | 4 gms.       |
| 25. Karuṇcīrakam             | 4 gms.       |
| 26. Cīrakam                  | 4 gms.       |
| 27. Covyam                   | 4 gms.       |
| 28. Kāṭṭu miḷaku             | 4 gms.       |
| 29. Cātip pattiri            | 4 gms.       |
| 30. Kirāmpu                  | 4 gms.       |
| 31. Cittiramūlavērp paṭṭai   | 4 gms.       |
| 32. Tipplik kaṭṭai           | 4 gms.       |
| 33. Kacakacā                 | 4 gms.       |
| 34. Cōmpu                    | 4 gms.       |
| 35. Nōrvālam                 | 4 gms.       |
| 36. Catamāñcil               | 4 gms.       |
| 37. Akkirakāram              | 4 gms.       |
| 38. Amukkarā                 | 3.5 gms.     |
| 39. Turucu                   | 3.5 gms.     |
| 40. Pāḷuttam                 | 3.5 gms.     |
| 41. Irāoam                   | 3.5 gms.     |
| 42. Pūram                    | 3.5 gms.     |
| 43. Iliṅkam                  | 3.5 gms.     |
| 44. Tāḷakam                  | 3.5 gms.     |
| 45. Maṇēōcilai               | 3.5 gms.     |
| 46. Kantakam                 | 3.5 gms.     |
| 47. Kutiraippal pāṭānam      | 3.5 gms.     |
| 48. Vellaip pāṭānam          | 3.5 gms.     |
| 49. Kauri pāṭānam            | 3.5 gms.     |

50. Iracac centūram	3.5 gms.
51. Pūñṭru	3.5 gms.
52. vellam (old)	140 gms.
53. Nāvarppaṭṭaika kuṭinīr	sufficient quantity.
54. Erukkampāl	-do-
55. Muruñkaip paṭṭai	-do-
56. Pacumpāl	-do-
57. Kuppaimēñi	-do-
58. Tēñkāippāl	-do-
59. Tāyppāl	-do-
60. Nīlic cāru	-do-
61. Nīlik kaṭkam	
62. Tēn	175 gms.

**Method of Preparation :**

I. Take item 1, cut the tips, bundle in a cloth, hang in cāñippāl, boil and wash. Repeat this two more times. Then split them into two and heat item 2 till the drug is dehydrated and the pieces begin to float. Strain and retain the treated ney. Take the fried pieces of the drug and powder. Boil item 3 in item 54 for 24 minutes, scrape off the skin, cut into pieces and fry in the ney treated with cēñkeṭṭai, till the pieces float. Strain and keep the ney. Powder the fried pieces of Eṭṭi vittu.

II. Take items 5 and 6, grind with item 55, apply over item 4 and burn. Repeat this six more times and recover the Poñ Nimiṭai, apply over it a paste made of Muruñkaip paṭṭai and Erukkampāl and subject to avaiṭṭam. The jump of poñ Nimiṭai will become a powder.

III. Soak Kalnār in Pacumpāl for 3 days. Take the drug and heat on burning charcoal and plunge into Pacumpāl. Take out the Kalnār, apply over it a paste of Kuppaimōni and calcine. Keep 7 gms. of this paṭṭam.

IV. Grind Kalmatam with Tēñkāippāl, dry and powder. Treat Naṇṭukkal similarly.

V. Take item 10, 11, and 12, grind with some Tāyppāl, dry and make a powder.

VI. Take items 15 to 39, dry, pound, sieve and keep.

VII. Grind items 40 to 52 with Nīliccāru for 6 hours, make cakes, dry and over with a paste of Nīli. Apply over it a layer of Cāṇam and burn after drying. When the dung layer is burnt, take the contents and powder. Pour the ney that has been treated with cēñkeṭṭai and eṭṭi vittu in an old earthen pan, add item 53 and heat gently. Sprinkle the powder II to VII kept ready, and mix well with the heated ney and vellam. (old). Add item 63 and mix thoroughly. Store in a porcelain container.

**Dose :**

100—500 mg. for 10, 20, 30 or 40 days as required depending upon the disease.

**Vehicle :**

Paṇai vellam

**Important Therapeutic Usage :**

Vaṇṭuk kaṭi, Ceyyān kaṭi, Kāṭṭut tavaḷaik kaṭi, Paṇṇōntik kaṭi, Nāṭpaṭṭa cūlai-18, Kunmam-8, Karappaṇ-18, Araiyaṭṭu, Vippuruti, Kanta-mālai, Kapālakuttam, Kiranti-18, Yānaitṭēr kuṭṭam, Veṇkuṭṭam, Mēkam-20, Kāl piṭippu, Cukkila nōy, Curōṇita nōy, Vātappi-tippu, Maṇku cōṇi, Cecñicōṇi, Tēkapperu viṭkam, Kliṭkaṭi, Iṭai, Iṭaippu, Kāiccal, Talaivali, Caṇṇi, Kēvukinṇa iṭaippu, Viṭapākam, Nirmūlam, Āmaikkāṭṭi, Uṭmāntai-8, Kaikāl veṭippu, Kuṇai nōi, Curam, Pavuttirām-8, Pallaraṇai, Paḷcūlai, Cilviṭam, Cilantipilavai, Toṭai vāḷai, Kāl karappān, Purai oṭum puṇkal, Kālpun, Kāl-Kai erivu, Āncilanti, Peñcilanti, Unalukal, Pīlikai, Kannappuṇṇu, Tirāṭci, Narampuccilanti, Elumputiṇṇum caṇṭippuṇ, Cōṇi, Kalalai, Tolilalai, Kaikāl vātam, Paṭar tamarai, Karuppa alivu nōy, Muṭṭal, Murukkal, Irukkutal, Kaṭṭal, Valittal, Kāl pilavai, Marattal, Maṭakkutal, Muṭakkal, Taṭippu, Poṇicitaṇal, Viliciṇṭtal, Araṇaikkāṭṭi, Ericcālōṭu irattam Corikinṇa koppulam, Tolu noy, Viraippurru, Nīrccurukku, Uṭal, Irumal, Veḷuppu, peruvayiru, Vāḷi, Aṭiyam, Paṭu ṇayiru, Eḷu ṇayiru, Peṇkuṇṭippuṇṇu, Ānku-rippuṇṇu, Viṇai vātam.

Note : No diet restrictions.

Patient has to take both in the following oils on every fourth day during the treatment.

(a) Cantanāṭit Tailam (b) Kumarit Tailam (c) Nelli-kkai Tailam, (d) Caṇṇakat Tailam.

**10 : 9 NAVA UPPU KEḶUKU**

(Citta vaittiyat Tirāṭṭu, Page No. 193-194)

1. Cōṇṇuppu	10 gms.
2. Intuppu	10 gms.
3. Veṭiyuppu (Peṭṭiluppu)	10 gms.
4. Kalluppu	10 gms.
5. Navāccāram (Amuri uppu)	10 gms.
6. Mūñkiluppu	10 gms.
7. Pūñṭru	10 gms.
8. Vāḷaiyaluppu	10 gms.
9. Pāṇaiyuppu	10 gms.
10. Vīram	40 gms.
11. Karpūam	20 gms.
12. Miḷaku	12 gms.
13. Cukku	12 gms.
14. Tippili	12 gms.
15. Nērvālam	10 gms.
16. Tutti vēr	sufficient quantity
17. Āṇṇuttummaṭṭic cāru	—do—
18. Pacuvinpāl	—do—
19. Tiripalaik Kiyālam	—do—
20. Tāy-p-pāl	—do—

**Method of Preparation :**

Finely powder items 1 to 9, with mix items 17 and 18 and boil. When boiling with item 16. Filter the decoction and heat again till concentrated to a waxy state. Add powders of the remaining items, mix and grind with item 19 for 3 hours. Then grind with item 20 for another 3 hours. Continue grinding, bring to a waxy consistency and store in suitable container.

**Note :** Take for use only after 3 months of storage.

**Vehicle :**

In general it is administered with Paṇaivellam.

**Important Therapeutic Usage :**

Vali kuṇmam, Kiranti, Mēkam, Nīrkkōvai, Utarvāyu, Viraiṇvātam, Viṭa vātam, Cantivātam, Valivātam, Muṭakku vātam, Cūṭaka vātam, Pakka vātam, Tamar vāyu, Peruvayiru Tanti vātam, Cūlai and 8 types of Kuṇmam and Vātam

In case of Cūlai it shall be given with Tēṇ.

In Caṇṇi it shall be given with Iñcinīr.

Pañcamūlak kuṭinīr-Curam.

**Diet Restrictions :**

Pacuvīn pāl, Nīr mōr, Cīrukīrai, Muruṇkaip piṇṇu, Kattari, Avarai, Tuvarai, Pācippayaṇu and Kōḷi shall be included in diet.

Avoid salt in diet.

**10 : 10 PAÑCACŪTA MEḶUKU**

(Yūki karical-151, Stanza No. 16-24)

- |                         |                     |
|-------------------------|---------------------|
| 1. Iliṅkam              | 1 part              |
| 2. Pūram                | 1 part              |
| 3. Vīram                | 1 part              |
| 4. Iracacentūram        | 1 part              |
| 5. Iracam               | 1 part              |
| 6. Neruñcilcamūlac cāru | sufficient quantity |
| 7. Muruṇkaippūc cāru    | —do—                |
| 8. Tāyp pāl             | —do—                |

**Method of Preparation :**

Finely powder the first five ingredients and put into an iron laddlē (huge spoon). Heat the powder and add a mixture of items 6, 7, and 8 in small quantities (drop by drop) Continuously, for 3 hours till a waxy product results. Transfer the material to the mortar, grind for 3 hours and then take and store.

**Dose :**

50—100 mg.

**Vehicle****Important Therapeutic Usage**

- |                                  |  |
|----------------------------------|--|
| 1. Tāyppāl                       | Caṇṇi-13, Toṭam-7, Kai-kāl, icivu and curam. |
| 2. Piraṇṭaik kuṭinīr             | 8 types of Kuṇmam                            |
| 3. Koṭivēli vērp-paṭṭaik kuṭinīr | Cūlai Muṭakku vāyu, kiranti and Araiyaṇṇu    |

**4. Miḷakup poṭi**

Pakkavāyu, Caccuvāyu, Māru nōy, Kuṇṭala vāyu and Pakka cūlai.

**5. Velluḷittailam**

5 types of Vali, Nācika-pīṭam, Vāyu, Caṇṇi Toṭam, puṇavalippu and Caṇṇi-96.

**6. Tutuṇṇaikk kuṭinīr**

Irumal, mēl cūṇa Porumal kacam, Ilai, Vikkal, Vānti Mayakkam, Alal irumal with blood, Mantāra Kā-kacam.

**7. Tippili + Tēṇ**

Vaṇṭu kaṭi, Toḷu nōy Pun-cūlai, Kiranti.

**10 : 11 VĀN MEḶUKU (INTUVARṆA MEḶUKU)**

(Yūki Karical—151, Stanza No. 126-127.)

- |                     |                     |
|---------------------|---------------------|
| 1. Mīrutāru Ciṅki   | 1 part              |
| 2. Kāntam           | 1 part              |
| 3. Vellaip pāṭāṇam  | 1 part              |
| 4. Kaurip pāṭāṇam   | 1 part              |
| 5. Tālakam          | 1 part              |
| 6. Vīram            | 1 part              |
| 7. Pūram            | 1 part              |
| 8. Kantakam         | 1 part              |
| 9. Iliṅkam          | 1 part              |
| 10. Iracac Centūram | 1 part              |
| 11. Cāmpirāṇi       | 1 part              |
| 12. Kaṇṇūram        | 1 part              |
| 13. Apīṇi           | 1 part              |
| 14. Iracam          | 1 part              |
| 15. Aṇṭat tailam    | sufficient quantity |

**Method of Preparation :**

Grind items 8 and 14 into a fine black powder and keep. Grind all the remaining items except item 15 to a fine powder. Combine both the powders and grind with item 15 for 12 hours to attain waxy consistency.

**Dose :**

50—100 mg., twice a day for 3 or 5 days.

**Vehicle :**

Paṇai vellam

**Important Therapeutic Usage :**

Aiya vaḷic caṇṇi, 8 types of Curam, 8 types of Irumal, Tōl nōy, Kuṇṭalaṇṭa Vātam, Cūlai, puṇ (Iranam) Ilai, 8 types of Kuṇmam, Vayirru vali, Kaṭuppu, Nāṭpaṭṭa Cūṭakakkattu, Vayirru-ppōkku, Kallaṭaippu, Valippu, Kiranti, Purai, Kaṇṭamālai, Nūḷivu and Nūḷkuṭṭu, Peruvayiru Uṭal Mantāra kacam and Mañcal nōy.

**Note :**

Abstain from sex.

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SECTION 11

TINIR

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## TINIR

## DEFINITION :

It is a distilled volatile essence of the drugs used in the preparation.

## GENERAL METHOD OF PREPARATION :

Tinir are distillates obtained by mixing the drugs with water, charging into a still and distilling the volatile matter with some portion of water. Organic drugs are the ones which used here.

## PRESERVATION AND STORAGE :

To be stored in a clean and air tight glass containers.

## SHELF LIFE :

Tinir retain their potency for one year.

## NOTE :

1. After some time under storage, the volatile oil content of the Tinir may float in the surface. So it is to be shaken well before use.

2. Tinir is to be taken internally along with equal volume of water.

## GROUP NO. 11

## TINIR

Sl. No.	Formulation	Reference			Page No. of the Formulary	
		Book	Year of Publi- cation	Page No. Stanza		
1	2	3	4	5	6	7
1.	Cōmput Tinir	Citta Vaittiyat Tirattu	1968	294		
2.	Ōmat Tinir	Citta Vaittiyat Tirattu	1968	294		

## 11 : 1 CÖMPUT TĪNĪR

(Citta vaittiyat tiraṭṭu, Page No. 294.)

- |                   |               |
|-------------------|---------------|
| 1. Cōmpu          | 100 gms.      |
| 2. Taṇṇīr (Water) | 2000 m. lits. |

**Method of Preparation :**

Coarsely pound item 1 and soak in item 2 for 2 days. Charge in a still and collect 1000 m. lits. of distillate.

**Dose :**

15—30 ml.

**Important therapeutic usage :**

Vayirru vali, Ceriyāmai, Vayirruppicam, Cuvācam, Irumal, Ati tummal, Pīnicam and Curam. The medicine will cause diuresis.

## 11 : 2 ŌMAT TĪNĪR

(Citta vaittiyat tiraṭṭu, Page No. 294.)

- |                   |               |
|-------------------|---------------|
| 1. Ōmam           | 100 gms.      |
| 2. Taṇṇīr (Water) | 2000 m. lits. |

**Method of Preparation :**

Coarsely pound item 1, soak in item 2 for 2 days. Charge in a still and take the first 1000 ml. of distillate.

**Dose :**

15—30 ml.

**Important therapeutic usage :**

Peruṅkaliccal, Ceriyāmai, Kaliccal, Valinīnak kaliccal, Aiya niṇakkaliccal, Māntam and paciṇmai.



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SECTION 12  
TIRĀVAKAM

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## TIRAVAKAM

**DEFINITION :**

Tiravakam are the distilled corrosive liquids from salts and other minerals.

**GENERAL METHOD OF PREPARATION :**

Tiravakam are the products of distillation but unlike the medicine under the category 'Tenir' these are distilled from salts and minerals.

**CHARACTER :**

Acidic

**PRESERVATION AND STORAGE :**

Should be kept in clean and air tight glass containers.

**SHELF LIFE :**

Tiravakam retain the potency for many years.

**NOTE :**

Because of their corrosive nature precautions should be taken during their preparation and administration.

## GROUP NO. 12

## TIRĀVAKAM

Sl. No	Formulation	Reference			Page No. Stanza		Page No. of the formulary
		Book	Year of Publication				
1	2	3	4	5	6	7	
1	Caṅkat Tirāvakam	Tēraiyaṛ Karical-300	1915	89			

### Method of Preparation :

Combine the component, convert into powder charge in the still and collect the distillate.

- Dose :**

### Important Therapeutic Usage :

Mārpū vali, Vāyru, Kuṇṇṁa vali.

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SECTION 13  
MATTIRAI

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## MĀTTIRAI

## DEFINITION

Māttirai is a kind of medicinal preparation in the form of a pill or tablet. They are also called as Kulikai, uruntai or vattam.

## GENERAL METHOD OF PREPARATION

They are made by powdering the ingredients if they are solid and grinding them with water or beast milk or decoctions or juices as specified in the recipe, for the recommended duration and rolling into pills when the pill rolling consistency is attained confirming to the size or weight of pill specified. If the pill mass sticks to the fingers. Pills should be well dried in shade.

## PRESERVATION AND STORAGE

Properly prepared mattirai should be stored in a clean and dry glass container with suitable capping.

## SHELF LIFE

Mattirai retain the potency for one year.

## NOTE

They should not be used if there is a change in colour, taste, smell or shape.

GROUP NO. 13  
MĀTTIRAI/KULIKAI

Sl. No.	Formulation	Reference				Page No. of the Formulary
		Book	Year of Publication	Page No.	Stanza	
1	2	3	4	5	6	7
1.	Amirtātik Kulikai	Pāla Vākaṭam	1933	146		
2.	Āṇanta Pairavam	Citta Vaittiyat Tirattu	1968	3, 4		
3.	Aṣṭa Pairavam	Citta Vaittiyat Tirattu	1968	243		
4.	Cāmpirānippū Kulikai	Akattiyar Pari Pūraṇam-400	1964	77	170—171	
5.	Cañcivi Māttirai	Pāla Vākaṭam	1933	166—167		
6.	Cānta Cantirōtayam	Tēraiyyar Pāṭal Tirattu	1975	38		
7.	Cilōtāri Maṇi (Calamañicari)	Tēraiyyar Karical-300	1915	39		
8.	Cūlaik Kuṭāram	Citta Vaittiyat Tirattu	1968	26		
9.	Cuvācak Kuṭōri	Citta Vaittiyat Tirattu	1968	64		
10.	Emataṇṭak Kulikai	Citta Vaittiyat Tirattu	1968	7, 8		
11.	Ilavaṅkāti māttirai	Citta Vaittiyat Tirattu	1968	51		
12.	Irāja Rājēsvaram	Citta Vaittiyat Tirattu	1968	6		
13.	Kākkāṇa Māthirai	Citta Vaittiyat Tirattu	1968	63		
14.	Kalluṭaṅk Kuṭōri	Citta Vaittiyat Tirattu	1968	50		
15.	Kaṅkāca Māttirai	Akattiyar Nayāṇa Viti-500	1923	..	263	

1	2	3	4	5	6	7
16.	Kapāṭa Māttirai	Tēraiyaṛ Karica1-300	1915	32		
17.	Kaṣṭūri Māttirai	Tēraiyaṛ Pāṭal Tiraiṭṭu	1975	38		
18.	Kōrōcanai Māttirai	Akattiyaṛ Vaittiya ratna Curukkam-360	1970	24	55—57	
19.	Kuṇkumappū Māttirai	Citta Vaittiyaṭ Tiraiṭṭu	1968	51		
20.	Kuṣṭa kaja Kēcari	Citta Vaittiyaṭ Tiraiṭṭu	1968	13		
21.	Makā Elātik Kuḷikai	Citta Vaittiyaṭ Tiraiṭṭu	1968	37—38		
22.	Makā Vacanta Kucumā- karam	Citta Vaittiyaṭ Tiraiṭṭu	1968	67—71		
23.	Mēka Natāk Kuḷikai	Citta Vaittiyaṭ Tiraiṭṭu	1968	41		
24.	Murukkaṇ Vitai Māttirai	Citta Vaittiyaṭ Tiraiṭṭu	1968	40		
25.	Paccaik Kaṇṇpūra Māttirai	Citta Vaittiyaṭ Tiraiṭṭu	1968	31—32		
26.	Pāla Cañcivi Māttirai	Pāla Vākaṭam	1933	110		
27.	Pirammāṇanta Pairavam	Citta Vaittiyaṭ Tiraiṭṭu	1968	35		
28.	Pūra Māttirai	Citta Vaittiyaṭ Tiraiṭṭu	1968	36—37		
29.	Tāḷaka Māttirai	Tēraiyaṛ Cēkarappā	1979	162		
30.	Tāḷampū Māttirai	Citta Vaittiyaṭ Tiraiṭṭu	1968	27		
31.	Vacanta Kucumākaram	Citta Vaittiyaṭ Tiraiṭṭu	1968	42		
32.	Vāta Rākṣaṇ	Akattiyaṛ Vaittiya ratna Curukkam-360	1970	..	36—38	
33.	Virēcaṇa Pūpati (Pēti Pūpati)	Pāla Vākaṭam	1933	79—80		
34.	Viṣṇu Cakkaram	Vaittiya Cillaraik Kōvai	..	249		
35.	Ūḷi Kāḷaṇ	Citta Vaittiyaṭ Tiraiṭṭu	1968	49		
36.	Ūḷi Māttirai	Citta Vaittiyaṭ Tiraiṭṭu	1968	50—51		



## 13 : 1 AMIRTĀTIK KULIKAI

(Pālavākāṣam, Page No. 146)

1. Atimaturam	1 part
2. Caṭik koṭṭom	1 part
3. Elam	1 part
4. Kōrōcanai	1 part
5. Cattira pāṭi	1 part
6. Canpakappū	1 part
7. Mācikkāy	1 part
8. Elavaṅkam	1 part
9. Veṭṭivēr cāru	sufficient quantity
10. Mācippattiri vēre cāru	Do.
11. Karuntulaci ilaic cāru	Do.
12. Vilāmiccai vēre cāru	Do.

## Method of Preparation :

Clean drugs 1 to 8, powder finely and grind with the addition of item 9 for 6 hours. Then grind similarly with item 10, 11 and 12 for 6 hours with each. When pill rolling consistency is attained make 130 mg. pills and dry in shade.

## Dose :

One pill, twice a day.

## Vehicle Important therapeutic usage

1. Mācippattirikūṭinīr	Māntam
2. Ilavaṅkappūkuṭinīr	Mānta curam, Vānti.
3. Tāyppāl	Kuṭarpaṭvaṇ, Nūppāṭu, Karappāṇ, Nāvaratci, Vayirerivu, Viṭāc, curam, Irumal, Uppu-cam.

## 13 : 2 ĀNANTA PAIRAVAM

(Citta Vaittiyat Tiratṭu, Page No. 3 &amp; 4)

1. Veḷvaṅka paṇṇam	1 part
2. Karuvaṅka paṇṇam	1 part
3. Veṅkāraṁ	1 part
4. Iṇṇkam	1 part
5. Kantakam	1 part
6. Iracam	1 part
7. Tāmira paṇṇam	1 part
8. Tāḷakam	1 part
9. Ayac centūram	1 part
10. Tiripalai	Sufficient quantity
11. Nallapāmpu piccu	Sufficient quantity

## Method of Preparation :

Finely grind items 1 to 9 with a decoction of item 10. Dry in sun for 15 days. Tie in a cloth, suspend in a vessel with decoction of item 10 (so

that the packet is immersed) and boil. Recover the contents of the packet and grind with item 11 and roll into pills of 130 mg. weight. Dry in shade.

## Dose :

One pill, twice a day.

## Vehicle :

Tēṇ, Tāyp pāl.

## Important therapeutic usage :

Citāṅka caṇṇi.

## 13 : 3 AṢṬA PAIRAVAM (AṢṬAPAIRAVAK KULIKAI)

(Citta Vaittiyat Tṭṭattu, Page Nos. 2 &amp; 3)

1. Nērvāḷam	17.5 gms.
2. Iracac kaṇṇūram	4.2 gms.
3. Iṇṇkam	4.2 gms.
4. Kantakam	4.2 gms.
5. Vīram	4.2 gms.
6. Nāpi	4.2 gms.
7. Cukku	4.2 gms.
8. Iracam	4.2 gms.
9. Mīḷaku	4.2 gms.
10. Tippili	4.2 gms.
11. Cāṭikkāy	4.2 gms.
12. Cāṭtip pattiri	4.2 gms.
13. Ilavaṅkam	4.2 gms.
14. Elumiccam pallac cāru	Sufficient quantity for grinding 6 hours
15. Tāyp pāl	Do.
16. Poṭutalaic cāru	Sufficient quantity for grinding 3 hours.
17. Poṭṭalaikkaiyān cāru	Do.
18. Nāvalppaṭṭaic cāru	Do.

## Method of Preparation :

Purify and clean drugs 1 to 13, make powders and grind with the addition of item 14-18 for the time specified for each.

When pill rolling consistency is attached, make 100 mg. pills and dry in shade.

## Dose :

One pill in the morning.

## Vehicle Important therapeutic usage

Tāyppāl	64 types of curam (fever)
Tēṇ	Tirāta tōṭam
lavaṅkak kuṭinīr	Viṭa tōṭam.

## 13 : 4 CĀMPIRĀNIPPŪ KUḶIKAI

(Akattiyar Paripūraṇam 400, Page No. 77'  
Stanza No. 170-174)

- |                   |                     |
|-------------------|---------------------|
| 1. Cāmpirānippū   | 2 parts             |
| 2. Kirāmpu        | 3 parts             |
| 3. Kōrōcaṇai      | 1 part              |
| 4. Veṇṇilaic cāṇu | Sufficient quantity |

**Method of Preparation :**

Grind items 1 to 3 with the addition of item 4 for 24 minutes. Make 130 mg. pills and dry in shade.

**Dose :**

One pill, twice a day for 3 days.

**Vehicle :**

Tēṇ, Carkkarai, Veṇṇilaic cāṇu.

**Important therapeutic usage :**

Cūtaka curam, Cūtaka Iḷaippu nōy, Cūtaka vāyu, Uṭirakkattu, Cāppi.

**Note :**

In Cūtakkakuraivu the medicine is given with Miḷaku poṭi and ney.

In Cūtaka vāyu, and Cūtakkakattu, it is given for 7 days with Carkkarai.

In Cūtaka Cāppi it is taken with Veṇṇilai.

**METHOD OF MAKING CĀMPIRĀNIPPŪ—  
AS GIVEN IN THE TEST OF THIS RECIPE**

Take 140 gms of Paḷiṅku Cāmpirāṇi and powder, put it in a small earthen pot. Take another identical pot and paste a white paper on the inner surface. Juxtapose the pots and seal the seam. Place the setup on a stand and heat the bottom with a ney viḷakku. After 12 hours, allow to cool and collect the sublimate on the white paper pasted in the upper pot.

**Note :**

Cāmpirānippū or Cāmpirāṇi pataṅkam is made more easily by the following method :

Take a deep earthen trough. Stretch and tie a silk cloth over the mouth. Place Cāmpirāṇi pieces on the cloth. Cover a shallow trough with identical mouth diameter over the first trough and seal with clay smeared ribbon. Make a pit and bury the set-up, upto the rim. Adjust it with a packing of wet clay at the bottom of the pit. Spread sand so that the rims of troughs are buried. Place cow dung cakes over the upper trough and gnite. After cooling, collect the sublimed material in the lower trough.

## 13 : 5 CAṆCĪVI MĀTTIRAI

(Pālavākaṭam, Page No. 166 and 167)

- |                         |                     |
|-------------------------|---------------------|
| 1. Iruvi                | 1 part              |
| 2. Nāpi                 | 1 part              |
| 3. Aritāram             | 1 part              |
| 4. Iracam               | 1 part              |
| 5. Kantakam             | 1 part              |
| 6. Veṅkāram             | 1 part              |
| 7. Tāṇṇik kāy           | 1 part              |
| 8. Cukku                | 1 part              |
| 9. Miḷaku               | 1 part              |
| 10. Tippili             | 1 part              |
| 11. Nērvāḷam            | 5 parts             |
| 12. Kaiyāntakaraic cāṇu | Sufficient quantity |

**Method of Preparation :**

Purify drugs 1 to 11, powder and grind with item 12 for 3 hours per day for 7 days. Make 130 mg. pills and dry in shade.

**Dose :**

One pill in the morning only.

**Vehicle and Important therapeutic usage**

- |                             |                                |
|-----------------------------|--------------------------------|
| 1. Cātikkāyḱ kuṭinr         | Mūla vāyu                      |
| 2. Cūrunr                   | Palavāyu                       |
| 3. Elumiccam palac cāṇu     | Naccup pāmpukaḷ kaṭi           |
| 4. Nocciccāṇu               | Eruvai,   muḷai<br>Vali kuṇmam |
| 5. Muruṅkaip paṭṭaiaic cāṇu | Cūlai vali                     |
| 6. Veḷḷāṭṭup pāl            | 10 types of Enpu-<br>rukki nōy |

## 13 : 6 CĀNTA CANTIRŌTAYAM

(Tēraiyar Pāṭal Tirmaṭṭu, Page No. 38)

- |                       |                     |
|-----------------------|---------------------|
| 1. Iracac kaṇṇūram    | 1 part              |
| 2. Veṅkāram           | ½ part              |
| 3. Kappu maṇṇaḷ       | 3 parts             |
| 4. Elumicampalac cāṇu | Sufficient quantity |

**Method of Preparation :**

Purify the drugs 1 to 3 and grind with item 4. Make 100 mg. pills when suitable consistency is reached. Dry in shade.

**Dose :**

One pill, twice daily.

**Vehicle :**

Tēṇ

**Important therapeutic usage :**

Alal curam.

## 13 : 7 CILŌTĀRI MANI (CALAMAŅCARI)

(Tēraiyaṛ Karical-300, Page No. 39)

1. Veṅkāram (Fried)	1 part
2. Cukku	1 part
3. Miḷaku	1 part
4. Tippili	1 part
5. Paṭikāram	1 part
6. Kaṭal nurai (not Kaṇa- vāi ōṭu)	1 part
7. Cūrai vittu	1 part
8. Intuppu	1 part
9. Peruṅkāyam	1 part
10. Nērvālam	2 parts
11. Iṇanṭr	Sufficiently quantity

## Method of Preparation :

Finely powder the drugs 1 to 8 and grind with items 9 and 10, with the addition of item 11 for 9 hours. Make 200 mg. pills and dry in shade.

## Dose :

One pill.

## Vehicle :

Tēṇ, Pāl.

## Important therapeutic usage :

Mēlvāyu, Cura vāyu, Nīraṭaiṇṇu, Irumal, Cataiyāṭaiṇṇu, Malakkāṭṭu.

## Dose :

One pill in the morning.

## Vehicle :

Iṇic cāṇu.

## Important therapeutic usage :

Cūlai, kunmam.

## 13 : 9 CUVĀCA KUṬŌRI

(Citta Vattiyat Tiraṭṭu, Page No. 64)

1. Veḷlai erukkam pū	1 part
2. Miḷaku	1 part

## Method of Preparation :

Grind the two ingredients to a fine consistency and make 130 mg. pills. Dry in shade.

## Dose :

1 to 2 pills, twice daily or thrice daily, according to the severity of the disease.

## Vehicle :

Tāḷicapattirik kuṭinṭr.

## Important therapeutic usage :

Iraippirūmal, Irumal, Kācam.

## 13 : 8 CŪLAIK KUṬĀRAM

(Citta Vaittya Tiraṭṭu, Page No. 26)

1. Iracam	1 part
2. Veṅkāram	1 part
3. Kantakam	1 part
4. Cukku	1 part
5. Miḷaku	1 part
6. Tippili	1 part
7. Kaṭukkāy	1 part
8. Nellikkāy	1 part
9. Tāṇṇikkāy	1 part
10. Tālakam	1 part
11. Tāmirap paṇṇam	1 part
12. Nērvālam	1 part
13. Nāpi	1 part
14. Karicālaic cāṇu	Sufficient quantity

## Method of Preparation :

Grind drugs 1 to 13 with the addition of item 14 for 3 days. Make 130 mg. pills and dry in shade.

## 13 : 10 EMATANṬAK KUḶIKAI

(Citta Vaittiyat Tiraṭṭu, Page 7 &amp; 8)

1. Nāpi	1 part
2. Iracam	1 part
3. Maṇōcilai	1 part
4. Kantakam	1 part
5. Kōrōcaṇai	1 part
6. Vīram	1 part
7. Pūram	1 part
8. Kāvikkal	1 part
9. Iṇṇkam	1 part
10. Veḷḷaip pāṭānam	1 part
11. Aritāram	1 part
12. Ēlam	1 part
13. Kirāmpu	1 part
14. Tippili	1 part
15. Cukku	1 part
16. Akkirakāram	1 part
17. Kaṇṇūram	1 part
18. Iracac cantūram	1 part
19. Kōṭṭam	1 part
20. Kaṭakarōkiṇi	1 part

21. Pāl tuttam	1 part
22. Cōmpu	1 part
23. Kavuri paṇam	1 part
24. Veḷḷip paṇam	1 part
25. Veṅkāram	1 part
26. Kaiyāntakaraic cāru.	

**Method of Preparation :**

Purify and clean the drugs 1 to 25 and grind with the addition of item 26 for 12 hours. Make 100 mg. pills and dry in shade.

**Dose :**

One pill, twice a day.

**Vehicle :**

Tēṇ.

**Important therapeutic usage :**

Vāyu of 80 types, Curaṅkaḷ, Tōṭam, Vikkaḷ, Pakkavātam, Kuṇmam, Irūmāl and 13 types of eaṇṇi.

**13 : 11 ILAVANĀKĀTĪ MĀTTIRAI**

(Citta Vaittiyaṭ Tiraṭṭu, Page 51)

1. Ilavaṅkam	6 parts
2. Veṅkāram (Fried)	3 parts
3. Iracak kaṇpūram	2 parts
4. Ilinkam	1 part
5. Nērvālam	12 parts
6. Elumiccam palac cāru	Sufficient quantity
7. Taṇṇir	Sufficient quantity

**Method of Preparation :**

Grind items 1 to 5 with item 6 for 6 hours and with item 7 for 6 hours. Make 130 mg. pills and dry in shade.

**Dose :**

One Or two pills only according to the state of patient.

Only one dose in the morning shall be given. Should not be continued.

**Important therapeutic usage :**

It normalises the health by its purgative action.

**13 : 12 IRĀJA RĀJĒSWARAM**

(Citta Vaittiyaṭ Tiraṭṭu, Page 6)

1. Iracam	1 part
2. Pāl Tuttam	1 part
3. Ilinkam	1 part
4. Kantakam	1 part
5. Manōcilai	1 part
6. Nāpi	1 part
7. Vēppircku	Sufficient quantity
8. Vēḷḷāṭṭup picci	Sufficient quantity
9. Erumaikkaṭāp picci	Sufficient quantity

**Method of Preparation :**

Grind items 1 to 5 with the addition of a decoction of item 7 and make small spheres. Dry them in shade and pack in a glass flask. Seal the flask and calcine in a Kukkuta putam. Recover the contents and grind with item 6, with the addition of item 8 for 2 days and with item 9 for 2 more days. Make 130 mg. pills and dry in shade.

**Dose :**

One pill twice a day.

**Vehicle :**

Tirikaṭukuk kuṭinir.

**Important therapeutic usage :**

13 types of Caṇṇi.

**13 : 13 KĀKKANA MĀTTIRAI**

(Citta Vaittiyaṭ Tiraṭṭu, Page 63)

1. Kākkana vēr	4 parts
2. Tippili	1 part
3. Cukku	1 part
4. Kaṇṭaṅkattiri vēr	1 part
5. Nērvālam	2 parts
6. Pūram	2 parts
7. Ilinkam	2 parts

**Method of Preparation :**

Grind all the items finely and continue grinding with the addition of Elumiccam palacacam for 4½ hours. Make 100 mg. pills and dry in shade.

**Dose :**

One pill, only in the morning.

**Vehicle :**

Ōmak kuṭinir, Cukkuk kuṭinir.

**Important therapeutic usage :**

Māntam, Malakkaṭṭu, Kuṭal pūccikaḷ.

## 13:14 KALLUṬAIK KUṬŌRI

(Citta Vaittiya Tiraṭṭu, Page No. 50)

- |                                 |                     |
|---------------------------------|---------------------|
| 1. Iracam                       | 1 part              |
| 2. Kantakam                     | 2 parts             |
| 3. Vellaic cattananaic camulam. | Sufficient quantity |
| 4. Ciṟupṭilac camūlac cūraṇam   | Sufficient quantity |

**Method of Preparation :**

Purify items 1 and 2 and grind with the juice of item 3. Make small pills, dry in shade, put in a crucible, seal, dry and calcine by lightly covering it with sand and burning with dung cakes. Take the contents of the crucible add equal weight of item 4, grind with more of the juice of item 3. Bring to pill rolling consistency and make 100 mg. pills. Dry in shade.

**Dose :**

One pill twice daily.

**Vehicle :**

Vellarik Kuṭinṛ in the morning and Neruñcio cāṟu in the evening.

**Important therapeutic usage :**

Kallataippu.

## 13:15 KAṆKĀCA MĀTTIRAI (PUṆKĀTI MĀTTIRAI)

(Akattiyar Navaṇa Viti-500 Stanza, No. 263)

- |   |                     |
|---|---------------------|
| 1. Utu Caṅku                            | 1 part              |
| 2. Cukku                                | 1 part              |
| 3. Miḷaku                               | 1 part              |
| 4. Tippili                              | 1 part              |
| 5. Aritāram                             | 1 part              |
| 6. Atimaturam                           | 1 part              |
| 7. Puṇkam vittu (Puṇkam 1 part paruppu) | 1 part              |
| 8. Pitarōkiṇi                           | 1 part              |
| 9. Pāl tuttam                           | 1 part              |
| 10. Maṇōcilai                           | 1 part              |
| 11. Nantiyāvattam pūc cāṟu              | Sufficient quantity |

**Method of Preparation :**

Purify the drugs 1 to 10 and powder individually. Then mix and grind with the addition of item 11 and make short pencils when suitable consistency is reached.

**Dose :**

Rub the pencil in some Teṇ and apply the paste into the eye.

**Important Therapeutic usage :**

Kaṇ kācam, Kaṇ paṭalam.

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## 13:16 KAPĀṬA MĀTTIRAI

(Tēraiyaṛ Karical-300, Page No. 32)

- |                       |                     |
|-----------------------|---------------------|
| 1. Cātikkāy           | 1 part              |
| 2. Cātip pattiri      | 1 part              |
| 3. Apiṇi              | 1 part              |
| 4. Peruṇkāyam         | 1 part              |
| 5. Naṟcefrakam        | 1 part              |
| 6. Ativiṭayam         | 1 part              |
| 7. Kirāmpu            | 1 part              |
| 8. Ventayam           | 1 part              |
| 9. Illiṇkam           | 1 part              |
| 10. Kalaṟccip paruppu | 1 part              |
| 11. Kurōcāni ōmam     | 1 part              |
| 12. Kañcāk kuṭinṛ     | Sufficient quantity |

**Method of preparation :**

Powder the drugs 1 to 11 and grind with item 12. Make 300 mg. pills when pill rolling consistency is reached and dry in shade.

**Dose :**

One pill, twice daily for 3 days.

**Vehicle and Important therapeutic usage :**

- |                   |  |
|-------------------|--|
| 1. Tēṇ            | —Kaliccal.   |
| 2. Vālaippōc cāṟu | —Irattak kaṭuppu, Eruvāy muḷaikkaṭuppu, Kuruti-niṇakkalliccal, Cil niṇakkalliccal, Nīrniṇakkalliccal, Eri-ccal niṇakkalliccal, Nīr mala niṇakkalliccal, Vāyu niṇakkalliccal, Ceriyā Niṇakkalliccal, Peruṇkalliccal, Kaṭuppu. |

## 13:17 KASTŪRI MĀTTIRAI

(Tēraiyaṛ Pāṭal Tiraṭṭu, Page No. 38)

- |               |                     |
|---------------|---------------------|
| 1. Kastūri    | 1 part              |
| 2. Kuṇkumappū | 2 parts             |
| 3. Kōrōcānai  | 3 parts             |
| 4. Tāyppāl    | Sufficient quantity |

**Method of Preparation :**

Grind items 1 to 3 with item 4 and make 130mg. pills. Dry in shade.

**Dose :**

One pill, twice a day.

**Vehicle :**

Tēṇ Tāyppāl, Veṟṟilaic cāṟu, Tuḷacic cāṟu.

**Important therapeutic usage :**

Caṇṇipāta ṭōṭam, Alal, Aiya cuam, Vāyu.

## 13:18 KÖRÖCAṆA MĀTTIRAI

(Akattiyar vaiṭṭiya irattinac curukkam, Page No.18,  
Stanza No. 55-57)

1. Kōrōcaṇai	1 part
2. Kunkumappū	1 part
3. Paccaik kaṇṇūra	1 part
4. Cātikkāy	1 part
5. Ilavaṇkam	1 part
6. Ēlam	1 part
7. Kōṭṭam	1 part
8. Akkirākāram	1 part
9. Pūram	1 part
10. Iracac centūram	1 part
11. Appiraka paṇṇam	1 part
12. Cantanāḥ kuṭinīr	Sufficient quantity
13. Caṇṇakappūḥ kuṭinīr	Sufficient quantity
14. Kuṇkumappūḥ kuṭinīr	Sufficient quantity

## Method of Preparation :

Finely powder the drugs 1 to 11 and grind with item 12 for 12 hours with item 13 for 6 hours and with item 14 for 6 hours. Make 130 mg. pills and dry in shade.

## Dose :

One pill, twice a day for 3 or 6 days.

## Vehicle Important therapeutic usage :

1. Tāyppāl	Mayakkam, Vāyu, Aiya nōy, Taṭuman, Caṇṇi, Maṇṭaicūlai
2. Aṇṭat taḷam	Icivu, Vātam.
3. Māntak kuṭinīr	Aḷḷu māntam, Mukkumāntam

## 13 : 19 KUṆKUMAPPŪ MĀTTIRAI

(Citta Vaiṭṭiyat Tirattu, Page No. 51)

1. Cukku	1 part
2. Veṇṇiḷaku	1 part
3. Vāḷmiḷaku	1 part
4. Tippiḷi	1 part
5. Ilavaṇkam	1 part
6. Ōmam	1 part
7. Ēlam	1 part
8. Kōṭṭam	1 part
9. Veṇṇākāram	1 part
10. Iḷiṇkam	1 part
11. Kōrōcaṇai	1 part
12. Kuṇkumappū	1 part
13. Cāmpirāṇip pū	1 part
14. Kuṇkumappū (for Kuṭi nīr)	1 part

## Method of Preparation :

Grind drugs 1 to 13 with the addition of item 14 for 3 hours, bring to pill rolling consistency and make 100 mg. pills and dry in shade.

## Dose :

One pill, twice a day.

## Vehicle :

Tēṇ or Tāyppāl

## Important therapeutic usage :

Aiya kuṇmam, Nāḷpaṭṭa Malaḷkaṭṭu, Viyarvai

## 13 : 20 KUṢṬAKAJA KĒCARI

(Citta Vaiṭṭiyat Tirattu, Page 13)

1. Appiraka paṇṇam	1 part
2. Kāntac centūram	1 part
3. Ayac centūram	1 part
4. Iraca Paṇṇam	1 part
5. Cavurippalac cāru	Sufficient quantity

## Method of Preparation :

Grind items 1 to 4 with the addition of item 5 till a pill rolling consistency is reached, Make 100 mg. pills and dry in shade.

## Dose :

One pill, twice a day.

## Vehicle :

Carkkarai, Tēṇ.

## Important therapeutic usage :

Toḷu nōy, Mēkam.

## 13:21 MAKĀ ĒLĀTIK KUḷIKAI

(Citta Vaiṭṭiyat Tirattu, Page Nos. 37—39)

1. Ēfam	10 gms.
2. Ilavankam	10 gms.
3. Vāḷmilaku	10 gms.
4. Cantanāḥ	10 gms.
5. Vrttīvēr	10 gms.
6. Viḷamiccam vēr	10 gms.
7. Akil kaṭṭai	10 gms.
8. Tāmarai makarantam	10 gms.
9. Tāmarai vaḷayam	10 gms.
10. Atimaturam	10 gms.
11. Akkirākāram	10 gms.
12. Amukkaṇā	10 gms.
13. Kuṇkumappū	10 gms.
14. Paccaik kaṇṇūram	10 gms.

15. Kastūri	10 gms.
16. Māṅkompu	10 gms.
17. Catamāñcil	10 gms.
18. Urrirāccam	10 gms.
19. Kōrōcaṇai	10 gms.
20. Ampar	10 gms.
21. Cāmpirāṇippū	5 gms.
22. Appirakap paṇṇam	5 gms.
23. Veḷḷip paṇṇam	5 gms.
24. Mutṭup paṇṇam	5 gms.
25. Pavalap paṇṇam	5 gms.
26. Mātuḷam cāru	Sufficient quantity
27. Iḷaṇṇi	Sufficient quantity
28. Tāyppāl	Sufficient quantity

**Method of Preparation :**

Purify those drugs that require purifications. Powder those items that require powdering. Mix and grind well with items 26, 27 and 28. Make 130 mg. pills and dry in shade.

**Dose :**

One pill, twice daily for 45 days.

**Vehicle :**

Iḷaṇṇi, Pāl, Carakkarai, Tēn, Palaracaṇkaḷ.

**Important therapeutic usage :**

Kaṇṇōy, Kaṇkācam, Mañccal nōy, Kalla-  
taippu, Katuṇkaiccal Ūtal, Tākaccuram, Nirilivu,  
Ulalai, Erivu and Kaippuṇaṇ Kūṭiya Vānti  
(vomiting with bitter taste).

The medicine will produce muka alaku, nalla  
toṇi, Avatāna ninaivu, Matanai otta alaku and  
nīṇṇa āyul.

**13 : 22 MAKĀ VACANTA KUCUMĀKARAM**  
(Cittā Veṭṭiya Tiraiṭṭu, Page Nos. 67-71)

1. Pon paṇṇam	1 part
2. Ayap paṇṇam	1 part
3. Mutṭup paṇṇam	1 part
4. Pavalap paṇṇam	1 part
5. Appirakap paṇṇam	1 part
6. Kāntap paṇṇam	1 part
7. Vaṇkap paṇṇam	1 part
8. Nimiḷaip paṇṇam	1 part
9. Kantip paṇṇam	1 part
10. Cempup paṇṇam	1 part
11. Nāpi	1 part
12. Kumaric cāru	Sufficient quantity
13. Mattuccippi	Do.
14. Veṇkāram	Do.

15. Kuṇṇimaṇi	Sufficient quantity
16. Elumiccam palac cāru	Do.
17. Ceṇkaḷuṇṇi malarc cāru	Do.
18. Kōṇkin malarc cāru	Do.
19. Tāmarai malarc cāru	Do.
20. Mātuḷampūc cāru	Do.
21. Veṭṭi vē	Do.
22. Viḷamiccam vē	Do.
23. Kastūri	Do.
24. Kuṇkumappū	Do.
25. Paccaik kaṇṇūram	Do.

**Method of Preparation :**

Grind items 1 to 11 with item 12 for 3 days. Pack in a pair of muttuccippi. Encase it in a paste produced by grinding item 14, 15, 16. Dry, place it on ground, cover with sand and burn with cow dung cakes placed over the sand, when cooled, take the capsule, scrape off the encasing paste and powder the Muttuccippi along with its contents. Grind successively with items 17, 18, 19 and 20. Then grind with decoction of item 21 for 3 days and with the decoction of item 22 for 3 days. Weigh the product and take 1/8, 1/8 and 1/16th by that weight, the items 23, 24, and 25. Mix these drugs with the ground mass and continue grinding for 3 more days with the addition of more of the decoction of item 21. Make 130 mg. pills and dry in shade.

**Dose :**

One pill, twice a day.

**Vehicle****Important therapeutic usage**

1. Carakkarai	Paittiyam
2. Nīrkalanta tēṇ	Aiya nōykal
3. Arattai cuṅṅuk kuṇṇiṇṇi	Vāyukkal, Cariy- āmai
4. Amukkarāc cūraṇam with Iṇṇic cāru	Irumal
5. Mañccal, Tippiḷi cūraṇam	Iraippirumal
6. Kaṇṇukāy, Uppu, Iavaṇkac cūraṇam	Eṇṇurukki nōykal
7. Miḷaku, Carakkarai	Curam, Manakka- lakkam
8. Pacu ney	Ceriyāmai Alal
9. Tēṇṇā vittuc cūraṇam, Nelli vaṇṇal cūraṇam	Elumpurukkinōy
10. Viḷāmpalam	Vikkam
11. Koṭivēlik kuṇṇiṇṇi	Eruvāy muḷai nōy
12. Cīntil carakkarai	Vellai
13. Carakkarai, Vellari vittu, Karpūracilācattup paṇ- ṇam	Nīrkkaiṭṭu
14. Kāṭṭāṭṭippū	Peruṇ kaliccal
15. Kacakacā	Uli
16. Cukku	Nīṇakkaliccal
17. Cīvatai, Nelli vitai	Vayirruvali

- |                                   |             |
|-----------------------------------|-------------|
| 18. Tippili, Intuppu              | Paci mantam |
| 19. Kōmūttiram (pacu mūttiram)    | Ūtal        |
| 20. Muppalai                      | Veḷuppu     |
| 21. Karippān                      | Mañcaḷ nōy  |
| 22. Kārpūki Arici                 | Tolu nōy    |
| 23. Paṭikāram                     | Mārupu nōy  |
| 24. Yavāṭcāram                    | Kuṇmam      |
| 25. Nocchi, Iñcic cāru            | Caṇṇi       |
| 26. Kuṭacappālai vitai, Ilavaṅkam | Cūtaka vāyu |
| 27. Erumaippāl                    | Mayakkam    |
| 28. Vellaik kākkanapūc cāru       | Paṭṭiyam    |

## 13 : 23 MĒKANĀTAK KULIKAI

(1. Vaittiya Cillaraikkovai)

(2. Citta vaittiyat Tirattu, Page No. 41)

- |                            |                     |
|----------------------------|---------------------|
| 1. Venkāram                | 1 part              |
| 2. Cātilākam               | 1 part              |
| 3. Cīvatai vē              | 1 part              |
| 4. Vacampu                 | 1 part              |
| 5. Cukku                   | 1 part              |
| 6. Intuppu                 | 1 part              |
| 7. Vāivitaṅkam             | 1 part              |
| 8. Ōmam                    | 1 part              |
| 9. Peruṅkāyam (Fried)      | 1 part              |
| 10. Kāṭṭāmaṇakku vērpṇaṭai | 1 part              |
| 11. Purified Nērvālam      | 10 parts            |
| 12. Elumiccam palac cāru   | Sufficient quantity |

**Method of Preparation :**

Clean and purify drugs 1 to 10 and grind finely.

Grind item 11 separately and add the drug powders. Grind the mixture with addition of item 12. When waxy consistency is attained, roll 130 mg. pills and dry in shade.

**Dose :**

1 to 2 pills.

**Vehicle :**

Cukkuk kuṭiṇr.

**Important therapeutic usage :**

Kuṇmam, Kulir curaṅkal, Vayiruttirai, Vātam, Pitta nṛ, Ūtal, Veḷuppu, Eṇpurukki nōy, Vayirūvali, Ceriyāmai, and Malakkaṭṭu.

## 13 : 24 MURUKKAN VITAI MĀTTIRAI

(Citta Vaittiya Tirattu, Page No. 40)

- |                                  |         |
|----------------------------------|---------|
| 1. Cukku                         | 1 part  |
| 2. Miḷanku                       | 1 part  |
| 3. Tippili                       | 1 part  |
| 4. Cīrakam                       | 1 part  |
| 5. Kaṭukarōkiṇi                  | 1 part  |
| 6. Murukkan vittu (Palācu vittu) | 1 part  |
| 7. Nērvālam (purified)           | 6 parts |

**Method of Preparation :**

Grind all the drugs with water and make 500 mg. pills, and dry in shade.

**Dose :**

One pill in the morning only.

**Vehicle :**

Panaivellam, Iṇaṇr, Ney, Pāl, Vālaip palam, Cīni. (Carkkaran).

**Important therapeutic usage :**

Kuṭa pūcci, Māntam Aiyakkaṭṭu, Keṇṭai, Vayirrup porumal, Kavicaḷ.

## 13 : 25 PACCAIK KARPURA MĀTTIRAI

(Citta Vaittiya Tirattu, Page No. 30-31)

- |                     |                     |
|---------------------|---------------------|
| 1. Paccaik karpūram | 1 part              |
| 2. Ilavaṅkam        | 1 part              |
| 3. Cātikāy          | 1 part              |
| 4. Iracap paṇṇam    | 1 part              |
| 5. Kantakam         | 1 part              |
| 6. Nērvālam         | 1 part              |
| 7. Kaṇṇālaic cāru   | Sufficient quantity |

**Method of Preparation :**

Purify and grind the drugs 1 to 6 with addition of item 7 to attain pill rolling consistency and make 100 mg. pills. Dry in shade.

**Dose :**

One pill in the morning only.

**Vehicle :**

Tēn Iñcic cāru

**Important therapeutic usage :**

Veppuc curam, Kaṭuṅkāyccal. Vali-80, Alal-40 and Aiyam-96.



## 13 : 26 PĀLACAṆCIVI MĀTTIRAI

(Pālavākaṭam, Page No. 110)

- |                         |                     |
|-------------------------|---------------------|
| 1. Cukku                | 1 part              |
| 2. Miḷaku               | 1 part              |
| 3. Tippili              | 1 part              |
| 4. Veṅkāram (Fried)     | 1 part              |
| 5. Cāti liṅkam          | 1 part              |
| 6. Elumiccam palac cāru | Sufficient quantity |

**Method of Preparation :**

Purify the drugs 1 to 5 and powder finely. Grind with item 6 for 3 hours and make 100 mg. pills. Dry in shade.

**Dose :**

One pill, twice a day.

**Vehicle                      Important therapeutic usage**

- |   |   |
|---|---|
| 1. Tirikaṭuku kaṭkam and Mācippattiri piṭṭaviyal cūranam.   | Curam, Irumal, Vānti, Māntam, Kaṇam, Alal and Vayirōṭṭam in children and infants. |
| 2. Kōrōcaṇai equal part   | Curam, Irumal, Kaṇam, Nāmul.  |
| 3. Cātikkāy, Puḷiyamvituttōl, Cukku, Vilvap palaecatai.   | Iratta kaṇam, Eruvāymuḷai nōy.  |
| 4. Equal parts of cāru of Maṇit tuḷaci, Cemmullī, Aṭātōṭai, Tūtuvaḷai, Viṣṇukirānti, Kaṇṭaṅkattiri, Vetupatakki. Pēyp puṭaḷ, Caṅkaṇ ilaḷ, Nocchi. | Cuvāca curam, Kaṇa nōy.   |

## 13 : 27 PIRAMMĀNANTA PAIRAVAM

(Citta Vaittiyat Tiraiṭṭu, Page No. 35)

- |              |                     |
|--------------|---------------------|
| 1. Veṅkāram  | 1 part              |
| 2. Kantakam  | 1 part              |
| 3. Maṇḍoilai | 1 part              |
| 4. Aritāram  | 1 part              |
| 5. Nāpi      | 1 part              |
| 6. Cukku     | 1 part              |
| 7. Iliṅkam   | 6 parts             |
| 8. Iñci cāru | Sufficient quantity |

**Method of Preparation :**

Purify drugs 1 to 7 and grind finely with item 8 for 24 hours and make 100 mg. pills and dry in shade.

**Dose :**

One pill, twice a day.

**Vehicle :**

Tēṇ and Iñci cāru mixture.

**Important therapeutic usage :**

Caṇṇi, Curāṅkaḷ.

## 13 : 28 PŪRA MĀTTIRAI

(Citta Vaittiya Tiraiṭṭu, Page Nos. 36 and 37)

- |                      |                     |
|----------------------|---------------------|
| 1. Iracac kaṭpūram   | 2 parts             |
| 2. Cīrakam           | 1 part              |
| 3. Ēlam              | 1 part              |
| 4. Ilavaṅkam         | 1 part              |
| 5. Vacampuk kari     | 1 part              |
| 6. Ativiṭayam        | 1 part              |
| 7. Mācikkāy          | 1 part              |
| 8. Viṣṇukkarantai vē | Sufficient quantity |
| 9. Māsippattiri vē   | Sufficient quantity |

**Method of Preparation :**

Purify and grind items 1 to 7 with the juice of item 8 for 3 hours and with item 9 for 3 hours. Make 100 mg. pills and dry in shade.

**Dose :**

One pill, twice daily.

**Vehicle :**

According to the type of Māntam select Kuṭinir or juice as Vehicle.

**Important therapeutic usage :**

Māntam.

## 13 : 29 TĀḶAKA MĀTTIRAI

(Tēraiṇar Cēkarappā, Page No. 162)

- |                 |                     |
|-----------------|---------------------|
| 1. Tippili      | 1 part              |
| 2. Irumup poṭi  | 1 part              |
| 3. Ēlam         | 1 part              |
| 4. Tāḷakam      | 1 part              |
| 5. Ōmak kuṭinir | Sufficient quantity |

**Method of Preparation :**

Grind drugs 1 to 4 with the addition of item 5 for 14 days, and make 100 mg. pills. Dry for 2 days.

**Dose :**

1 to 2 pills.

**Important therapeutic usage :**

This medicine is specific for Cūram, when given in Tāyp pāl it cures Kuḷir curam.

## 13 : 30 TĀḶAMPŪ MĀTTIRI

(Citta Vaittiya Tiraiṭṭu, Page No. 27)

- |                    |                     |
|--------------------|---------------------|
| 1. Vīram           | 1 part              |
| 2. Ilinkam         | 1 part              |
| 3. Iracac centūram | 1 part              |
| 4. Kantakam        | 3 parts             |
| 5. Nērvālam        | 2 parts             |
| 6. Tāḷampūc cāru   | Sufficient quantity |

**Method of Preparation :**

Purify drugs 1 to 5 and grind with item 6 for 12 hours. Make 100 mg. pills and dry in shade.

**Dose :**

One pill.

**Vehicle :**

Vennir (hot water).

**Important therapeutic usage :**

Kuṭal vāyu, vāyukkal.

**Note :**

This medicine is particularly useful in Nerikkattu curam and the related state of tacai Virai vikkam.

**13 : 31 VACANTA KUCUMĀKARAM**

(Citta Vaittiya Tirattu, Page No. 42)

1. Iliṅkam	8.75 gms.
2. Veṅkāram	8.75 gms.
3. Ilavaṅkam	8.75 gms.
4. Tippili	8.75 gms.
5. Kōṭṭam	8.75 gms.
6. Akkirakāram	8.75 gms.
7. Atimaturam	8.75 gms.
8. Kōrōcanai	4.2 gms.
9. Paccaik karpūram	4.2 gms.
10. Kuṅkumappū	4.2 gms.
11. Iṅci cāru	Sufficient quantity
12. Tāyp pāl	Sufficient quantity

**Method of Preparation :**

Grind drugs 1 to 10 with the addition of item 11 for 2 days and item 12 for another 2 days. Make 100 mg. pills and dry in shade.

**Dose :**

One pill, twice a day.

**Important therapeutic usage :**

Nātpaṭṭa (Chronic) curan̄kal, Aiya irumal, Tākam, Ciṟun̄r nōy, Tummāl and Ēppam.

**13 : 32 VĀTA RĀKṢACAN**

(Akattiyar Vaittiya Irattinac curukkam, Stanza Nos. 36—38)

1. Iracam	1 part
2. Kantam	1 part
3. Kāntam	1 part
4. Appirakā paṇṇam	1 part

5. Tāmira paṇṇam 1 part

6. Veḷḷaic cāraṇaic cāru Sufficient quantity

7. Cintiṟk kuṭin̄r Do.

8. Koṭivēlik kuṭin̄r Do.

9. Tuḷacic cāru Do.

10. Tiripalaik kuṭin̄r Do.

11. Cāraṇai ilaik kaṇṇam Do.

**Method of Preparation :**

Purify item 1 to 3, add items 4 and 5 also and finely grind with the addition of item 6 for 12 hours and with item 7 for another 12 hours. Similarly grind with item 8, 9 and 10 also for 6 hours with each. Roll the product into a sphere and encase it in item 11. Subject it to 'Ilaku puṭam' so that the encasement is carbonized. Then grind with the addition of item 8 once again for 12 hours. Make 100 mg. pills and dry in shade.

**Dose :**

One pill, twice a day.

**Vehicle :**

Rub'in tēṇ and administer.

**Important therapeutic usage :**

Caṇṇi, Vaḷi Nōy.

**13 : 33 VIRĒCANĀ PŪPATI (PĒTI PŪPATI)**

(Pāla vākaṭam, Page Nos. 79 and 80)

1. Iracam	1 part
2. Cukku	1 part
3. Veṅkāram	1 part
4. Kantakam	1 part
5. Nērvāḷam	4 parts

**Method of Preparation :**

Purify the drugs and powder in a mortar. Grind with the addition of water to reach pill rolling fineness. Make 75 mg. pills and dry in shade.

**Dose :**

1 to 2 pills, once only.

**Vehicle :**

Given to infants and children alongwith water.

**Important therapeutic usage :**

Malakkattu, Ūtumāntam, Porumal, Vaḷi nōykal.

## 13 : 34 VIṢṆU CAKKARAM

(Vaittiya cillaraikkōvai, Page No. 249)

- |                      |                     |
|----------------------|---------------------|
| 1. Iracam            | 1 part              |
| 2. Iliṅkam           | 1 part              |
| 3. Kantakam          | 1 part              |
| 4. Nāpi              | 1 part              |
| 5. Palakaraip paṇṇam | 1 part              |
| 6. Pāl Tuttam        | 1 part              |
| 7. Tālakam           | 1 part              |
| 8. Kāntam            | 1 part              |
| 9. Maṇḍoilai         | 1 part              |
| 10. Vēppampalac cāru | Sufficient quantity |

**Method of Preparation :**

Grind drugs 1 to 9 with the addition on item 10 till a fine pill rolling consistency is reached. Make 130 mg. pills and dry in shade.

**Dose :**

One pill, twice a day.

**Vehicle :**

Tirikaṭukut tūl. Iṇciocāru, Tēn...

**Important therapeutic usage :**

Pakkavātam, Vikkal, Ūtal Caṇṇi-13, Ēppam, Mūrccai, Vāyu.

**Method of Preparation :**

Purify the drugs. Powder the items 1 to 11 separately. Grind 12 and 13 and continue grinding with the addition of the drug powders in small quantities. When it reaches the consistency of wax, make them into pills of 130 mg. in weight and dry in shade.

**Dose :**

One pill.

**Vehicle :**

Vennīr

**Important therapeutic usage :**

Vānti pēti (cholera)

## 13 : 36 ŪLI MĀTTIRAI

(Citta Vaittiyat Tiraṭṭu, Page Nos. 50 and 51)

- |                     |                     |
|---------------------|---------------------|
| 1. Iraca karpūram   | 1 part              |
| 2. Cūṭam            | 1 part              |
| 3. Peruṅkāyam       | 1 part              |
| 4. Nellivaṇṇal      | 1 part              |
| 5. Cātikkāy         | 1 part              |
| 6. Miḷaku           | 1 part              |
| 7. Kirāmpu          | 1 part              |
| 8. Karuvēlam picin  | 1 part              |
| 9. Ventayam         | 1 part              |
| 10. Apiṇ            | 1 part              |
| 11. Kaṇicāk kuṭinīr | Sufficient quantity |

**Method of Preparation :**

Purify items 1 to 10. Powder them and grind with the addition of item 11 for 3 hours. Make 130 mg. pills and dry in shade.

**Dose :**

One pill per dose.

**Vehicle :**

Boiled and cooled water.

**Important therapeutic usage :**

Ūli (Cholera) Peruṅkaliccal and kaḷiccal like Niṇak kaḷiccal.

## 13:35 ŪLI KĀLAN

(Citta Vaittiyat Tiraṭṭu, Page No. 49)

- |                    |                       |
|--------------------|-----------------------|
| 1. Iracam          | $\frac{1}{4}$ part    |
| 2. Tālakam         | $\frac{1}{4}$ part    |
| 3. Vīram           | $\frac{1}{4}$ part    |
| 4. Pūram           | $\frac{1}{4}$ part    |
| 5. Kanti           | $\frac{1}{4}$ part    |
| 6. Iracac centūram | $\frac{1}{4}$ part    |
| 7. Vellaip pātāṇam | $\frac{1}{4}$ part    |
| 8. Kauri pātāṇam   | $\frac{1}{4}$ part    |
| 9. Kāntam          | $\frac{1}{4}$ part    |
| 10. Apiṇi          | $\frac{1}{4}$ part    |
| 11. Iliṅkam        | $6\frac{1}{4}$ parts  |
| 12. Karpūram       | $12\frac{1}{2}$ parts |
| 13. Cāmpirāṇi      | $12\frac{1}{2}$ parts |



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SECTION 14

TAILAM

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## TAILAM

### DEFINITION

Tailam is a kind of medicated oil preparation. They are prepared by boiling the decoction, juice milk and pastes of drugs with oils as prescribed for a stipulated period and filtered.

### GENERAL METHOD OF PREPARATION

Tailam are prepared by boiling to dehydration, the specified oils with milk, decoctions, juices, and some powders or pastes according to the recipes. After the boiling, mixture has attained the requisite state of dehydration, the oil is taken for use after straining and filtering. As an indication of proper dehydration, the oil will foam up, at which stage a small quantity of drug material in the boiling mixture should be examined by rolling between the fingers. If the correct stage is reached, it will not stick to the fingers. If that material is ignited, it will burn without spurting and without noise.

Though this is the stage in general which tailam are taken, three different stages of dehydration are recognized, which are specifically recommended in the recipes appropriately, at which the particular tailam is to be taken.

These three stages are, soft stage waxy stage, and gritty stage, and indicate progressive stages of dehydration, determined by the texture of the drug paste taken for determining the extent of water loss.

In general, those tailam taken at the soft stage are meant for internal use in diseases caused by vitiated Vali ( Vatan). Those taken at the waxy or intermediate stage are used for diseases caused by the vitiation of Alal (Pittam). Those taken at the gritty stage are utilized for use in diseases caused by vitiation of Aiyam (Kabam).

Some of the tailam are prepared by a process termed 'Kuli tailam' in Siddha terminology. The constituent drugs are crushed coarsely, and charged into an earthen pot, the bottom of which is perforated with about a dozen holes through which iron wires are passed and drawn out and tied to converge. The mouth of the vessel is covered with a lid and sealed. A pit is dug into which the pot will just fit in. At the bottom of the pit a collecting vessel is placed and centred. The pot is placed in it so that the convergent wires are pointing to the mouth of the collection vessel. Cowdung cakes are arranged around the pot and they are set fire to. The set up is dismantled after it has completely cooled down and the oil collected in the vessel at the bottom is taken for use.

There is yet another method of procuring Tailam, called "Meluku tailam" method. This is a process of destructive distillation. Bee's wax is the ingredient that yields the bulk of oil in this process. The ingredients mixed with bee's wax is charged into an earthen pot having a long neck. On the mouth, another small pot with the same mouth diameter is inverted and the junctions sealed around with clay smeared ribbon after securing with a thread. At the side of the smaller pot a small perforation is made. On the upper side of the pot, a larger perforation of 5 cm. diameter is made and then covered with a piece of broken earthenware and sealed with cow dung, to prevent the fumes from escaping. When the larger pot is heated, the drugs inside will melt and give out vapors into the smaller pot. At this stage the set-up should be tilted so that the perforation in the smaller pot looks down into a collection vessel. The upper sides of the smaller pot should be covered and cooled with wet cloth so that the vapors condense and drip-out from the hole beneath, into the collecting vessel, for grinding the distillate into the collection vessel, an appropriate contrivance like a channel or thin spoke may be made use of.

### NOTE

The large pot must be four times bigger than the small one.

### PRECAUTION

There must be sufficient space to be provided in between the oven and the small pot and the collecting pot.

### PRESERVATION AND STORAGE

To be stored in a clean and air tight glass containers.

### SHELF LIFE

Taiaam retain their potency for one year.

## GROUP No. 14

## TAILAM

Sl. No.	Formulation	Reference				Page No. of the Formulary
		Book	Year of Publication	Page No.	Stanza	
1.	Anṭat Tailam	Kuṇa Pāṭam Part 2 & 3	1970	369		
2.	Arakkut Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	..	59-60	
3.	Cirakat Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	46	8	
4.	Ciraṭṭait Tailam	Kuṇa Pāṭam Part I (Mōlikai Varkkam)	1969	433		
5.	Cirṇā Muṭṭit Tailam (Palā Tailam)	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	..	27	
6.	Cirṇā Muṭṭi Maṭakkut Tailam (Palā Maṭakkut Tailam)	Tēraiyaṛ Taila Varkkaṭ Curukkama	1970	..	25-26	
7.	Cirōpāra Nivāraṇi Tailam	Hospital Pharmacopoeia Siddha	1957	134		
8.	Cittira mūlat Tailam	Citta Vaittiyaṭ Tiraṭṭu	1968	272		
9.	Cittāti Enṇey	Citta Vaittiyaṭ Tiraṭṭu	1968	269		
10.	Civanār Vēmpuk Kulit Tailam	Pōkar Vaittiyam-700	1964	..	95-96	
11.	Cukkut Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	..	1	
12.	Ilaku Cantanāṭit Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	..	98	
13.	Iaku Viṭamuṭṭit Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	101	79	
14.	Iraṇat Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	81	70-71	
15.	Kaiyāṇ Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	62	31	
16.	Kalaṇcit Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	78	54-55	
17.	Kaliṇkāṭit Tailam (Malai Vēmpāṭit Tailam)	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	..	108	
18.	Kaṇat Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	..	104	
19.	Kantakac Cuṭar Tailam	Akattiyaṛ Paṇi Pūranam-400	1964	63	351-352	
20.	Karappāṇ Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	87	69	
21.	Karuṭaṇ Kilāṅku Enṇey	Citta Vaittiyaṭ Tiraṭṭu	1968	265-267		
22.	Kiṭā Nellit Tailam	Akattiyaṛ Vaittiya Ratnac Curukkam-360	1970	..	185-186	
23.	Kuntarikat Tailam	Hospital Pharmacopoeia-Siddha	1957	133		



1	2	3	4	5	6	7
24.	Mānta Enney (No. 1)	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	115	111	
25.	Mānta Enney (No. 2)	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	115	112	
26.	Mayanaṭ Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	..	130	
27.	Mattaṇ Tailam (Paccaṭ Enney)	Kuṇa Pāṭam Part 2 & 3	1970	321		
28.	Mēkanāṭaṭ Tailam	Citta Vaittiyaṭ Tirattu	1968	285		
29.	Mēṇit Tailam	Kuṇapāṭam Part I (Moolikai)	1969	292		
30.	Merukullit Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	75	50	
31.	Milakāit Tailam	Pulippāṇi Vaittiyam-500	1969	..	189-190	
32.	Mūlak Kuṭārat Tailam	Hospital Pharmacopoeia-Siddha	1957	142		
33.	Nācirōka Nācat Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	77	53	
34.	Noccat Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	56	20	
35.	Pīnaoat Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	87	83	
36.	Ponṇāṅkāṇit Tailam	Akattiyaṛ Vaittiya ratṇak Curukkam-360	1970			183-184
37.	Puṇkat Tailam	Hospital Pharmacopoeia Siddha	1957	140		
38.	Uḷuntut Tailam (Māṣat Tailam)	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	87	67-68	
39.	Vāta Kēcarit Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	48	9	
40.	Vellai Enney (Pūra Enney)	Kuṇa Pāṭam—Part 2 & 3	1970	164		
41.	Virāṇa Cañcivit Tailam	Tēraiyaṛ Taila Varkkaṭ Curukkam	1970	102	80-81	

## 14:1 ANṬAT TAILAM

(Kuṇapāṭam, Part 2 &amp; 3, Page No. 369).

1. Kōḷi muṭṭai Sufficient quantity

## Method of preparation

Take good kōḷimuṭṭai, boil in water, break open, take the yolk (yellow portion) crush and heat in an iron frying bowl. Press the yolk when heating so that an oil exudes from the yolk. Gently tilt the vessel and separate all the oil.

## Dose :

1-4 drops, twice a day.

## Vehicle

Pacum pāl

## Important therapeutic usage :

Mantam, Canṇi, Pakkavāṭam and valippu in children and infants. For Nākkuvāṭam rub on the tongue once or twice a day.

## Note :

With this Tailam, Kuṇkumiappū, pūṇṭcuāru and Kōrōcaṇai may also be given.

## Method of preparation

I. Tie item 1 in cloth and hand in a vessel so that it dips in item 2 contained in it. Boil, till the decoction is concentrated to 1/8 of the volume. Filter and keep.

II. Finely powder items 7-24, grind with some quantity of item 4 into a fine paste and keep.

III. Mix the remaining quantity of item 4 with item 3,5 and 6 and keep.

Mix I, II and III and slowly boil for 4 days and bring to dehydration. Filter and seal in a container. Keep it in a heap of paddy for 30 days and then take for use.

## Important therapeutic use:

Apply on scalp and rub on the body in case of Uṭal kaṭuppu, Paṭu ṇāyiru, Ēlu ṇāyiru, Maṇṭai (Kapāla) cūlai, Iraippu irumal, Kaṇṇālai nāṇṇam, Pal vēr viṅkam, Kural kammal, Uḷalai, Kurutik keṭuti, Nalir curam, Nāṭpaṭṭa curam, 5 types of veḷuppu and Cūraṅkaḷ affecting the Ēlu utal Kaṭṭukal.

## 14 : 2 ARAKKUT TALLAM

(Tēraiyaṇ Taila Varkkac curukkuam, Stanza No. 59-60).

- |                             |              |
|-----------------------------|--------------|
| 1. Komparakku               | 1.120 k.gms. |
| 2. Taṇṇir                   | 171.840 lit. |
| 3. Nallenṇey                | 10.740 lit.  |
| 4. Pacumpāl                 | 10.740 lit.  |
| 5. Kāṭinir                  | 1.200 k.gms. |
| 6. Tayir telivu nīr (Mastu) | 1.120 k.gms. |
| 7. Cantanṇam                | 35 gms.      |
| 8. Kastūri maṇṇai           | 35 gms.      |
| 9. Kōṭṭam                   | 35 gms.      |
| 10. Ilavaṅkaḷ paṭṭai        | 35 gms.      |
| 11. Ilavaṅkaḷ paṭṭiri       | 35 gms.      |
| 12. Paccilai                | 35 gms.      |
| 13. Atimaturam              | 35 gms.      |
| 14. Caṭāmāñcil              | 35 gms.      |
| 15. Pulāṅkiḷaṅku            | 35 gms.      |
| 16. Kaṭakarōkiṇi            | 35 gms.      |
| 17. Ēlam                    | 35 gms.      |
| 18. Catakuppai              | 35 gms.      |
| 19. Kiḷiyūral paṭṭai        | 35 gms.      |
| 20. Pūccāntirap paṭṭai      | 35 gms.      |
| 21. Cīrakam                 | 35 gms.      |
| 22. Karuñcīrakam            | 35 gms.      |
| 23. Merukaṇ Kiḷaṅku         | 35 gms.      |
| 24. Cevvaḷḷik koṭi          | 35 gms.      |

## 14:3 CĪRAKAT TAILAM

(Tēraiyaṇ Taila varkkac curukkuam,

Page No. 46, Stanza No. 8)

- |              |             |
|--------------|-------------|
| 1. Cīrakam   | 35 gms.     |
| 2. Nallenṇey | 1.400 lits. |

## Method of Preparation :

Mix the ingredients and heat till Cīrakam is fried and becomes brittle.

## Important therapeutic usage :

This medicine is to be used as bath oil in cases of Aḷal mayakkam, Kaṇ nēy, Vānti, Talai vali, Māntam and Aḷḷu nōy.

## 14 : 4 CIRATTAIT TAILAM

(Kuṇapāṭam, Mūlikai vakuppu, Page No. 433).

1. Muṇṇiya (Ripened) Sufficient quantity  
tēṅkāy oṭṭukal

## Method of Preparation

Take an earthen pot and make small perforations at the bottom. Insert a few wires through these, draw out and tie in a convergent manner. Break the drug into small bits and fill to 3/4 of the capacity of the pot and prepare tailam as directed in the chapter introduction for the preparation of Kuḷit tailam.

**Important therapeutic usage :**

For external use only. Cori, Paṭai, Nātpaṭṭa-Tōl nōy and Tōl taṭippu. The medicine should be first diluted with equal parts of Tēnkāyēṇṇey or Amirta vēṇṇai and then used.

**14:5 CIRRAMUṬṬI TAILAM (PALĀ TAILAM)**

(Teraiyar Taila varkkaccurukkam, Stanza No.27)

- |                               |             |
|-------------------------------|-------------|
| 1. Ciṛramuṭṭi vē              | 3500 gms    |
| 2. Taṇṇīr                     | 22.400 lits |
| 3. Pacuvin pāl                | 11.200 lits |
| 4. Nalleṇṇey                  | 5.600 lits  |
| 5. Ciṛramuṭṭi vē (For Kaṛkam) | 350 gms.    |

**Method of Preparation :**

Pound item 1 into a cottony mass, boil it with item 2 till the decoction is reduced to 5.600 ml. Add to the decoction items 3 and 4. Grind item 5 with some Pacuvin pāl into a fine paste and add to the mixture.

Heat on mild fire till dehydrated and filter. Take the filtrate for use.

**Dose :**

5 to 10 ml., twice daily. Also to be used for massage, and as bath oil.

**Important therapeutic usage :**

Karuppaiyaip paṇṇiya vāyu, Mātāntira pūppuk-kāla kuṇṇam.

**14:6 CIRRĀMUṬṬI MATAKKUT TAILAM (PALĀ MATAKKUT TAILAM)**

(Tēraiyyar Taila varkkaccurukkam,

Stanza No. 25-26)

- |                       |                       |
|-----------------------|-----------------------|
| 1. Ciṛrāmuṭṭi vē      | 1400 gms × 7 parts    |
| 2. Taṇṇīr             | 44.800 lits × 7 parts |
| 3. Pacuvin pāl        | 1.400 lits × 7 parts  |
| 4. Ciṛrāmuṭṭi vē      | 35 gms × 7 parts      |
| 5. Eḷṇṇey (Nalleṇṇey) | 1.400 lits.           |

**Method of Preparation :**

Take 1400 gms. of item 1 and pound into a cottony mass. Boil it with 44.8 lits. of water and reduce the decoction to 1400 ml., and filter. Mix this decoction with 1400 ml. of item 3 and (1400 ml. of) item 5. Grind 35 gms. of item 4 with some pacuvin pāl into a paste and put into the mixture of decoction, pāl and eṇṇey. Boil on mild fire upto dehydration, filter and take the oil portion.

With this oil, add another volume of decoction, pāl and drug paste as done before and boil the dehydration and recover the oil.

Repeat this process till all the 7 portions of item 1 to 4 are utilised resulting in the fortification of item 5 which gets finally recycled to a total of 7 times.

**Dose :**

5ml. per dose, twice a day. Also to be used for massage and as bath oil.

**Important therapeutic usage :**

Cūtikā vātam, Eṇṇurukki nōy, Uḷalai Nōy, Karuppācaya vātam, Uṭcuram, Kai-kāl erivu, Eppucuram, Ayarvu Vanmaikuṇṇal Taṭuṇṇa, Muṇṇirkkōvai and Piṇṇirkkōvai.

**14:7 CIRŌPĀRA NIVĀRAṆI TAILAM**

(Hospital Pharmacopoeia, Page No. 134)

- |                     |           |
|---------------------|-----------|
| 1. Nalleṇṇey        | 1400 gms. |
| 2. Kastūri maṭṭical | 35 gms.   |
| 3. Cāmpirāṇi        | 35 gms.   |
| 4. Caṭṭemāñcil      | 35 gms.   |
| 5. Tikkāmali        | 175 gms.  |
| 6. Apini            | 35 gms.   |

**Method of Preparation :**

Powder drugs 2 to 5, and with item 1 and prepare tailam by boiling. Filter and Add item 6 and mix.

**Important therapeutic usage :**

This preparation is used for taking oil bath in Nātpaṭṭa talaivali, Oṇṇait talaivali, Eluñṇāyiru and Paṭṭuñṇāyiru.

**14:8 CITTIRAMŪLAT TAILAM**

(Citta Vaittiyat tirattu, Page No. 272)

- |                         |             |
|-------------------------|-------------|
| 1. Koṭivēli vērp paṭṭai | 35 gms..    |
| 2. Eḷney (Nalleṇṇey)    | 1.400 lits. |

**Method of Preparation :**

Grind item 1 with a little Pacumpāl into a paste, mix with item 2 and boil to make tailam.

**Important therapeutic usage :**

In Maṇṭai iti, and Maṇṭaik kuttu, this tailam used for taking oil bath.

## 14:9 CITTĀTĪ ENNEY

(Citta Vaittiya Tirattu, Page No. 269)

1. Peruṅkāyam	5 gms.
2. Venkāram	5 gms.
3. Caturakkallip pāl	5 gms.
4. Intuppu	5 gms.
5. Karuñcitrakam	5 gms.
6. Tippili	5 gms.
7. Nērvālam	35 gms.
8. Vellaippūṇṭu	280 gms.
9. Kaṭukkāy	280 gms.
10. Ciṇṇāmaṇakku ney	2240 gms.
11. Tēnkāy pāl	2240 gms.
12. Vēlippiaruttic cāru	2240 gms.

## Method of Preparation :

Grind items 1 to 9 with some amount of item 12 and then mix into the remaining quantity of the same item. Add items 10 and 11 also with this and mix. Boil the mixture, prepare tailam and filter.

## Dose:

3—5 drops.

## Vehicle:

Taṇṇīr, Cōmpuk kuṭinīr.

## Important therapeutic usage :

Kavical, Talai nōoikol, Cūlai Nīrāmpal, Kaṭṭi, Malakkaṭṭu, Coṇi, Puṇ, Perumpātu, Nāvṇaippu, Kiranti, Mēkam, Tali itikaṭ, Vāippuṇ, Kaṇ erivū, Ūtu vāyu, Tākam, Vikkal, Vāntikunṇam, Arōi-yāppu, Porumal, Payittiyāṇ, Paraṅkippuṇ, Cūtaṇa vāyu, Valippu, Vāyu, Kātataṭṭu, Vayirru nōy, Pūcci veṭṭu, 8 types of Kuṇṇam, Cūtaṇa veṭṭai, Neṇik kaṭṭu, Pavuttiram, Ciraṅku and Keṇpa cūlai.

## Diet restrictions :

The patient should be advised to avoid incompatible food and habits including sexual abstinence.

## Note :

If the medicine produces 3 or 4 purgations administer Cīrakak kuṭinīr, Palaracam or Mōr. If these do not stop purging, give the ash of Vacampu mixed with Cīrakak kuṭinīr.

## 14 : 10 CIVĀNAR VĒMPUC KULIT TAILAM

(Pōkar Vaittiyam-700, Stanza No. 95 &amp; 96)

1. Civanār vāmpu camūlac cūraṇam (dried in shade)	350 gms.
2. Vāluḷuvai arici	350 gms.
3. Karuṇṇaṅkaṅkuc cāru	sufficient quantity
4. Kaṇpūram	9 gms.

## Method of preparation :

Grind the first two ingredients finely with some quantity of item 3, make cakes and dry in shade. Using these cakes, prepare kulittailam as described in the chapter introduction for Tailam. To the tailam so prepared add item 4 and mix well.

## Dose :

5-10 drops Administer for 40 days. Also use for external application.

## Vehicle :

Civanār vēmpuc cūraṇam

## Important therapeutic usage :

Uḷaical, Vāyu, Karappāṇ, Tolu nēy, Kuṇai nōy, Cūlaippuṇ, Mēkam, Kaṭṭi and Vaṇṭukkaṭṭi.

## 14 : 11 CUKKUT TAILAM

(Tēraiyaṇ Taila Varkkac curukkam, Stanza No.1)

1. (Tōl cīvāṇa) Cukku	2·800 k.gms.
2. Taṇṇīr	48·000 lits.
3. Pacumpāl	2·800 lits.
4. Nalleṇṇey	2·800 lits.
5. Ciṇṇarattai	9 gms.
6. Cukku	9 gms.
7. Miḷaku	9 gms.
8. Tippili	9 gms.
9. Kaṭukkāy tōl	9 gms.
10. Nelli vaṇṇal	9 gms.
11. Tāṇṇikkāyāt tōl	9 gms.
12. Kōraik kiḷaṅku	9 gms.
13. Mañciṭṭi vēr	9 gms.
14. Taṇṇīr vittāṇ kiḷaṅku	9 gms.
15. Akiṇkaṭṭai	9 gms.
16. Erukkaṇ vērp paṭṭai	9 gms.
17. Kaṭakarōkiṇi	9 gms.
18. Kōṭṭam	9 gms.
19. Koṭivēli vēr	9 gms.
20. Tovatāruk kaṭṭai	9 gms.
21. Cantapak kaṭṭai	9 gms.
22. Vellaṭi kuṇṇiliyam	9 gms.
23. Cevviyam	9 gms.
24. Āmaṇakku vēr	9 gms.
25. Vellaṭaṭṭip paṭṭai	9 gms.
26. (Koṭṭai Nīkkiya) pēri-ccam kāy.	9 gms.
27. Tirāṭṭai (ulaṇṇaṭṭu)	9 gms.
28. Intuppu	9 gms.
29. Kaṭṭūri	2 gms.
30. Kuṇṇumappū	2 gms.

**Method of Preparation :**

Pound item 1 coarsely and boil with item 2 till the decoction is reduced to 6 lits. Add items 3 and 4 with the decoction. Finely powder items 5 to 28 and mix with the liquid mixture prepared and kept ready. Boil till dehydrated and filter into a vessel containing the powders of item 29 and 30. Seal the container, kept hidden in a heap of paddy for 30 days and take for use.

**Important therapeutic usage :**

1. For massage in Evartha vātam.
2. For use as nasal drops in Talai nōy and pinacam.
3. For gargling/month wash in Pal vayu and Pallarraṇai.
4. For use as Ear drops in Cevik kuttal.
5. For use as bath oil in Kōlai accumulated in chest and kural kammal.
6. In Cīrō rōkam, the tailam is poured in a thin leather bag with a small perforation and kept on the head.

**14 : 12 ILAKU CANTAṆĀTIT TAILAM**

(Tēraiyaṛ Taila Varkkac curukkam, Stanza No.98).

1. Cantanāk kaṭṭai	350 gms.
2. Veṭṭivēr	350 gms.
3. Vilāmiccam vē	350 gms.
4. Cīru naṇṇāṇi vērp paṭṭai.	350 gms.
5. Cīṇṇamutti vē	350 gms.
6. Kōraik kiḷaṅku	350 gms.
7. Atimaturam	350 gms.
8. Nellivērp paṭṭai	350 gms.
9. Cīntil kiḷaṅku	350 gms.
10. Cīṇṇarattai	350 gms.
11. Taṇṇīr viṭṭāṇ kiḷaṅkuc cāru.	1·400 lits.
12. Cevvīlanīr	1·400 lits.
13. Cantanāk kaṭṭai	4 gms.
14. Tēvatāraḱ kaṭṭai	4 gms.
15. Carala tēvatāraḱ kaṭṭai	4 gms.
16. Akil kaṭṭai	4 gms.
17. Mañciṭṭi vē	4 gms.
18. Takkōlap poṭṭu	4 gms.
19. Veṭṭivēr	4 gms.
20. Vilāmiccam vē	4 gms.
21. Naṇṇāṇi vē	4 gms.
22. Ēlam	4 gms.
23. Ilavaṅkap paṭṭai	4 gms.
24. Ilavaṅkap paṭṭiri	4 gms.

25. Cīruṇākappū	4 gms.
26. Cātikkāy	4 gms.
27. Cīṇṇarattai	4 gms.
28. Kuṇkumappū	4 gms.
29. Kaṭukkāyat tōl	4 gms.
30. Tāṇṇikkāyat tōl	4 gms.
31. Nelli vaṇṇal	4 gms.
32. Caṭā māñcil	4 gms.
33. Kōraik kiḷaṅku	4 gms.
34. Ceṇkaḷunīrk kiḷaṅku	4 gms.
35. Caṇpaka mokku	4 gms.
36. Kōṣṭam	4 gms.
37. Kaṣṭūri māñcal	4 gms.
38. Tāmarai vaḷayam	4 gms.
39. Kiccilik kiḷaṅku	4 gms.
40. Atimaturam	4 gms.
41. Kottamalli vitai	4 gms.
42. Kāṭṭāṭṭip pū	4 gms.
43. Paccilai	4 gms.
44. Cīrakam	4 gms.
45. Taṇṇīr	65 lits.
46. Pacum pāl	5·600 lits.
47. Nalleṇṇey	5·600 lits.

**Method of Preparation :**

I. Boil coarse powders of drugs 1 to 10 in item 45, concentrate decoction to 5.4 lits. and filter and keep.

II. Grind item 13 to 44 with some quantity of item 46 into a paste and keep.

III. Mix the remaining portions of items 46 with 47, 11 and 12 and keep.

**Important therapeutic usage :**

1. For application to scalp before bathing in cases of Alal nōykaḷ.
2. For use as bath oil in cases of Tāka nōykaḷ, kaṇṇerivu, Kai-kāl uṭal erivu and Paṭṭiyam.

**14 : 13 ILAKU VIṬAMUṬṬIT TAILAM**

(Tēraiyaṛ Taila varkkac curukkam, Page No. 101, Stanza No. 79).

1. Nalleṇṇey	2·800 lits.
2. Eṭṭik koṭṭai	88 gms.
3. Vellaṭṭup pāl	sufficient quantity.
4. vellaippūṇṭu	88 gms.
5. Āyilpaṭṭait tūl	53 gms.

**Method of Preparation :**

Soak item 2 in item 3 for 12 hours and make shavings. Mix with the other materials and boil till the solid constituents show a reddening. Filter and take for use.

**Important therapeutic usage :**

In Vali nōykal, this medicine is used for massage. The medicine should be warmed by keeping in Sun and then used for massage.

**14 : 14 IRACAT TAILAM**

(Tēraiyaar Taila varkkac curukkam, Page No. 81 Stanza No. 70 & 71)

- |                      |             |
|----------------------|-------------|
| 1. Verṇilai          | 175 gms.    |
| 2. Pāvattai ilai     | 175 gms.    |
| 3. Kōvai ilai        | 175 gms.    |
| 4. Iracam (purified) | 9 gms.      |
| 5. Ciṇṇāmaṇakku ney  | 1·400 lits. |

**Method of Preparation :**

Make individual pastes of the first three item by grinding them separately. Put mercury (iracam) in a heavy earthen vessel, add the pastes little by little and rub with an wooden pestle till no free particles of mercury (iracam) are evident. Then add item 5, mix and cover the vessel with a cloth. Place this in the Sun for 3 days and take for use.

**Dosē :**

8 to 10 gms. per dose; only once in the mornings. Administer for as many days as is necessary.

**Important therapeutic usage :**

Nūṇākkāy kiranti, puṇkal, paṭartāmarai, Ciraṇku, Veṭippuṇ, Karumpuḷḷikal that appear on the body and limbs, catumaṇi nōy, Yāṇaikkāl nōy, mekak kacivṇu and Kaṇṭamālai.

**Diet restrictions :**

Do not permit salt and tamarind (even if the patient fights for them).

**14 : 15 KAIYĀN TAILAM**

(Tēraiyaar Taila varkkac curukkam, Page No. 62, Stanza No. 31)

- |                   |        |
|-------------------|--------|
| 1. Karicālic cāru | 1 part |
| 2. Nallenṇey      | 1 part |

**Method of Preparation :**

Mix the ingredients, boil and prepare tailam.

**Dose :**

1/2 to 1 teaspoon.

**Indications**

Caḷiyuṭan kūṭiya irumal (Cough with expectoration).

**Note :**

Used for taking oil bath also.

**14 : 16 KALAṆCIT TAILAM  
(VACCIRAPIJAT TAILAM)**

(Tēraiyaar Taila varkkac curukkam, Page No. 78, Stanza Nos. 54 and 55)

- |                            |             |
|----------------------------|-------------|
| 1. Kalaṇcivērp paṭṭai      | 700 gms.    |
| 2. Taṇṇir                  | 8·400 lits. |
| 3. Kalaṇcik koluntu        | 175 gms.    |
| 4. Kalaṇcip paruppu        | 70 gms.     |
| 5. Ciṇṇāmaṇakku eṇṇey      | 1·400 lits. |
| 6. Ēlam                    | 17·5 gms.   |
| 7. Paṇāṅkip paṭṭai         | 17·5 gms.   |
| 8. Vālmīḷaku               | 17·5 gms.   |
| 9. Caṇṇa Ilavaṇkap paṭṭai. | 17·5 gms.   |
| 10. Nērvālam               | 17·5 gms.   |
| 11. Iracac kaṇṇūram        | 17·5 gms.   |

**Method of Preparation :**

Boil items 1 and 2, concentrate decoction to 1·4- lits. and filter. Grind items 3 and 4 into a paste and mix into the decoction. Add item 5 to it and boil. When boiling, add powders of item 6 to 9 and prepare tailam. Filter when dehydration stage is attained. Grind items 10 and 11 into a paste with some quantity of the filtrate. Add this paste to the remaining filtrate and mix well.

**Dose :**

8-15 ml. shall be administered after warming the medicine. Only one dose per day, in the mornings only. According to the disease continue for 3 to 5 days.

**Important therapeutic usage :**

Virai vikkam, Aṭikkūṭalaipparṇiya vāyu, Virai vāyu, Vikkaṇkal in the limbs and 7 uṭal-kaṭṭukal.

**Diet restrictions :**

Muruṇkaippiṇcu, Avaraippiṇcu and Palaiya-puḷi may be included in diet. Sexual connection is to be avoided.

**14 : 17 KALINĀTITTAILAM  
(MALAIVĒMPĀTIT TAILAM)**

(Tēraiyaar Taila varkkac curukkam, Stanza No. 108)

- |                           |        |
|---------------------------|--------|
| 1. Malai vēppilaic cāru   | 1 part |
| 2. Varikkummaṭṭikkāy cāru | 1 part |
| 3. Veṇkāyac cāru          | 1 part |
| 4. Elumiccampaḷe cāru     | 1 part |
| 5. Viḷakkeṇṇey            | 1 part |

**Method of Preparation :**

Mix the constituents and prepare tailam by boiling.

**Dose :**

10-20 ml., only in the morning.

**Vehicle :**

Nīrākāram :

**Important therapeutic usage :**

Mātāntire pūpukkāla rattattai velippattattā iratta Kuṇmam (Dysmenorrhoea) and 3 types of Malaṭu, for 3 days only in the morning during menstruation.

**Diet restrictions :**

Avoid salt in diet.

**Note**

This medicine should not be administered before puberty is attained and after menopause.

**14 : 18 KĀNATTAILAM**

(Tēraiya Taila Varkkaccurukkam, Stanza No.109)

- |                                  |             |
|----------------------------------|-------------|
| 1. Ciṇṇāmaṇakku eṇṇey            | 1.400 lits. |
| 2. Pacuviṇ pāl                   | 1.400 lits. |
| 3. Kaṇṇālaic cāru                | 0.700 lits. |
| 4. Poṇṇālaikkaiyāṇ camūlac cāru. | 0.700 lits. |
| 5. Kōvai ilaic cāru              | 0.700 lits. |
| 6. Poṇṇāṇkāṇic cāru              | 0.700 lits. |
| 7. Puliyāraic cāru               | 0.700 lits. |
| 8. Venkāyac cāru                 | 0.700 lits. |
| 9. Karpūravallī ilaic cāru       | 0.700 lits. |
| 10. Akkirakāram                  | 10 gms.     |
| 11. Ilavaṇkap paṭṭai             | 10 gms.     |
| 12. Ilavaṇkap pattiri            | 10 gms.     |
| 13. Kōṣtam                       | 10 gms.     |
| 14. Ventiyam                     | 10 gms.     |
| 15. Karkaṭaka ciṅki              | 10 gms.     |
| 16. Cōmpu                        | 10 gms.     |
| 17. Cīrakam                      | 10 gms.     |
| 18. Pūṇṇu                        | 10 gms.     |
| 19. Mācikkāy                     | 10 gms.     |
| 20. Cātip pattiri                | 10 gms.     |
| 21. Cātikkāy                     | 5 gms.      |
| 22. Kōrōcaṇ-i                    | 5 gms.      |
| 23. Kuṇkumappū                   | 5 gms.      |

**Method of Preparation :**

Finely powder items 10 to 21 and mix with item 1 to 9 poured into a vessel. Boil the mixture till dehydrated and filter into a vessel containing the powders of items 22 and 23. Mix well, seal the vessel and keep buried in a heap of paddy for 5 days. Then take for use.

**Dose :**

4 to 8 ml. only in the morning for sufficient number of days.

**Vehicle :**

Tāippāl

**Important therapeutic usage :**

Veluppu that occurs on the annam of babies Kaṇaveṭṭai, curam due to veṭṭai, uḷai ulartai, Pāl vānti, Mantam and Kiranti.

**14 : 19 KANTAKAC CUṬAR TAILAM**

(Akattiya Paripuram-400, Page No. 63, Stanza Nos. 351-352)

- |               |           |
|---------------|-----------|
| 1. Kantakam   | 35 gms.   |
| 2. Veṭiyuppu  | 35 gms.   |
| 3. Maṇōcilai  | 35 gms.   |
| 4. Navāccāram | 2.5 gms.  |
| 5. Vīram      | 2.5 gms.  |
| 6. Pacuveṇṇy  | 14.0 gms. |

**Method of Preparation :**

Take items 1, 2, 4 and 5 and powder each on separately. Add the powders to item 6 and grind well. Finally add powder of item 3 and grind. Smear the paste thus obtained, on a ribbon of cloth. Roll the ribbon into a wick (several such wicks could be prepared). Keep a wick lamp burning, in which ney is used as fuel. Hold the prepared wick in a suitable holder. by one end and light the hanging end. Hold a procelain dish below the burning wick. As the wick burns, drops of tailam will drip into the procelain container below. Collect tailam this way, using all the wicks prepared. Mix the entire volume of tailam collected and take for use.

**Dose :**

3 drops; twice daily for 10 days.

**Vehicle**

Carkkarai

**Important therapeutic usage :**

Tolunōy, Coṇi, Puṇ, Veḷlai, Karumēkam, Vaḷi, Eṇpurukkinōy, Vāyu and Kuṇmam.

**Diet restrictions :**

Avoid Salt and tamarind.

**14 : 20 KARAPPĀN TAILAM**

(Tēraiya Taila Varkkac curukkam, Page No. 87, Stanza No. 69)

- |                    |        |
|--------------------|--------|
| 1. Iracac karpūram | 2 gms. |
| 2. Ēlarici         | 2 gms. |
| 3. Mayil tuttam    | 2 gms. |
| 4. Pāl tuttam      | 2 gms. |
| 5. Karpūram        | 2 gms. |

6. Iracam	2 gms.
7. Kārpōkarici	2 gms.
8. Mīrutār ciñki	2 gms.
9. Kattūri mañcal	2 gms.
10. Nīraṭi muttup paruppu	2 gms.
11. Kāṭṭuc cīrakam	2 gms.
12. Kantakam	2 gms.
13. Tēnkāyp pāl	1·400 gms.

**Method of Preparation :**

Finely powder items 1 to 12 and mix within item 13. Boil on mild fire to dehydration, filter and take for use. (The oil is generated from Tēnkāippāl.).

**Important therapeutic usage :**

For external use only in cases of Karappān. Apply with a swab or feather on the area affected and allow to soak for 3 days. On the fourth day bathe in tapid water using Ucil araippu.

**14 : 21 KARUṬAṆ KILAṆKENNEY**

(Citta Vaittiyat Tirattu, Page No. 265-267)

1. Karuṭaṅkiṭaṅku (Dried in shade after removing the rind)	420 gms.
2. Vāyuvilaṅkam	35 gms.
3. Vāluḷuvai	35 gms.
4. Cukku	35 gms.
5. Mīḷaku	35 gms.
6. Tippili	35 gms.
7. Karuñcīrakam	35 gms.
8. Veñkāyam	420 gms.
9. Ciṇṇāmaṇakkenney	700 m. lits.

**Method of Preparation :**

Finely powder items 1 to 7. Extract juice from item 8. Mix the powder, the juice and item 9. Boil the mixture, dehydrate and filter.

**Dose :**

Upto 15 ml. only in the mornings.

**Important therapeutic usage :**

Kiranti, Tolunōy, Karumēkam, Tīrāvellai, Arayāppu, Mēkappuṇ, Viṭapākam, Mēka ūral, Veppu Pūḷu veṭṭu, Malaccikkal, Vayīṇṇiraiccal and Uḷpuṅkal.

**14 : 22 KILĀNELLIT TAILAM**

(Akattiyar Vaittiya irattinac curunkkam, Stanza No. 185-186)

1. Kīḷkkāy nellic camūlam	1750 gms.
2. Pacuviṇ pāl	2800 m. lits.
3. Eṇney	2800 m.lits.
4. Cīrakam	70 gms.
5. Taṇṇīr	21·5 lit.

**Method of Preparation :**

Crush nicely the first item and boil with item 5 till the decoction is concentrated to 2·77 lits. Make a paste of item 4 by grinding it with some quantity of item 2. Mix the paste with the decoction and the remaining portion of item 2 and also item 3. Boil to dehydration on mild fire. Filter and use.

**Important therapeutic usage :**

The medicine is to be used as a bath oil in the following ailments :—

Mañcal nōy, Mayakkam, Vāyūral, Curam, Allaveṭṭai, Mañcal kāmālai, Naṭukkal, Talai-cuṇṇal, Pacimantam, Kaikāl-kaṇ ericcal, Uḷalai, Vānti and Arttirāmēkam caused by pōkam.

**14 : 23 KUNTĀRIKA TAILAM**

(Hospital Pharmacopoeia, page 133)

1. Pūṇaikkaṇ kuṇkiliyam	1 part
2. Nalleṇney	10 parts

**Method of Preparation :**

Powder item 1 finely, mix with item 2 and boil till the powder has completely dissolved. Filter and take for use.

**Important therapeutic usage**

For external use only in cases of, Viḷkam, Vāta vali and Tāpitam

**14 : 24 MĀNTA EṆNEY (No.1)**

(Tēriyar Taila varkkac curukkam, Page No. 115, Stanza No. 111)

1. Ciṇṇāmaṇakku ney	1·400 lits.
2. Īyakoḷuntuc cāṇu	2·800 lits.
3. Karuñcīrakam	35 gms.
4. Kōrōcaṇai	4 gms.

**Method of Preparation**

Pour items 1 and 2 into a vessel, boil upto the stage of dehydration and add powders of item 3 and continue to heat till dehydration is completed. Filter the tailam into a container into which powders of item 4 has been previously put in.



**Dose :**

Only one dose of 10 ml. in the morning.

**Vehicle :**

Pāl

**Important therapeutical usage :**

Māntaṅkaḷ and Aiyā nōy of children and infants

**Diet restrictions :**

The mother should observe diet restrictions, if the child is breast-fed.

**14 : 25 MĀNTA ENṆEY (NO. 2)**

(Tēriyar Taila varkkac curukkam, Page No. 115, Stanza No. 112)

- |                         |             |
|-------------------------|-------------|
| 1. Āmaṇaku eṇṇey        | 2·800 lits. |
| 2. Uttāmaṇic cāru       | 2·800 lits. |
| 3. Veppālai arici       | 8·75 gms.   |
| 4. Karuṇictrakam        | 8·75 gms.   |
| 5. Kaṭukūōkiṇi          | 8·75 gms.   |
| 6. Nṛaṭimuttup paruppu  | 8·75 gms.   |
| 7. Kōṭṭam               | 8·75 gms.   |
| 8. Kāipōkarici          | 8·75 gms.   |
| 9. Caṇpakappū           | 8·75 gms.   |
| 10. Akkarakāram         | 8·75 gms.   |
| 11. Nērvāḷam (purified) | 70 gms.     |

**Method of Preparation :**

Powder the items 3 to 11 and grind with some quantity of item 2. Mix the paste with the remaining portion of item 2. Add item 1 and boil to make tailam. Filter when the correct stage of dehydration is reached.

**Vehicle and dose :**

5 to 10 ml. mixed with Tāyppāl and gently warmed and shaken, to be given once only in the mornings. In the evenings administer Mānta Kutinir. For children and infants, reduce the dose accordingly.

**Important therapeutic usage :**

Māntam, Curam, Naveluppu due to Aiyam and for 8 types of Māntam like Porumum māntam, Naḷircura māntam.

**Diet restriction :**

The patient should be advised to avoid sexual connexion.

**14 : 26 MAYANAT TAILAM**

(Tēriyar Taila varkkac curukkam, Stanza No.130)

- |                  |           |
|------------------|-----------|
| 1. Mañcaḷ meḷuku | 1400 gms. |
| 2. Cakkikkal     | 1400 gms. |
| 3. Cōṭṭuppu      | 1400 gms. |
| 4. Āṭṭumaṇal     | 700 gms.  |
| 5. Omam          | 175 gms.  |
| 6. Kappu mañcaḷ  | 175 gms.  |
| 7. Caṭāmāñcil    | 87·5 gms. |

**Method of Preparation :**

Cut item 1 into small bits. Coarsely powder items 2, 5, 6 and 7. Mix all of the items 1 to 7 and prepare tailam as described for Meḷukut tailam in the chapter introduction of tailam.

**Important therapeutic usage :**

For external application and massage only.

Naiittalai vātam, Virai vātam, Pakka vātam, Vali, Caṇṇi vātam, Kīl vāyu Vāyu that affects bones, nerves, and muscles, icivu of children, Vikkam, bleeding wounds, Virai vikkam, Peṇkuṭ and Āṇkuṭi tālarcci and Kai-kāl, Cōrvu.

**14 : 27 MATTAN TAILAM (PACCAI ENṆEY)**

(Kuṇapāṭam, Part 2 and 3, Page No. 321)

- |                       |             |
|-----------------------|-------------|
| 1. Ūmattai ilaic cāru | 3·500 lits  |
| 2. Tānkāyēṇṇey        | 1·400 lits. |
| 3. Mayil tuttam       | 350 gms.    |

**Method of Preparation :**

Dissolve item 3 in item 1, mix with item 2 and boil to prepare tailam.

**Important therapeutic usage :**

For external application only in Puṇ, Pilavai and Kāṭil Puṇ, Cil vaṭital.

While dressing Punkal (ulcer), use a gauze soaked in this preparation.

**14 : 28 MĒKANĀTAT TAILAM**

(Citta vaittiyat Tirāṭṭu, Page No. 285)

- |                          |             |
|--------------------------|-------------|
| 1. Pūvaracampāṭṭaic cāru | 1·400 lits. |
| 2. Cōṭṭu kaṭṭālaic cāru  | 1·400 lits. |
| 3. Veḷḷarukuc cāru       | 1·400 lits. |
| 4. Pirammatāṇṭic cāru    | 1·400 lits. |
| 5. Veḷḷai veṅkāyac cāru  | 1·400 lits. |
| 6. Ciṭṭāmaṇakku ney      | 1·400 lits. |
| 7. Iraca kaṭ pūram       | 35 gms.     |
| 8. Cilācattu paṇṇam      | 35 gms.     |
| 9. Kalnāi paṇṇam         | 35 gms.     |

**Method of Preparation :**

Mix and boil items 1 to 6 to dehydration. Filter and take the oil. Mix into it fine powders of the last three items.

**Dose :**

8-30 ml. in the morning only.

**Important therapeutical usage :**

Vellai, Vettaḷai, Mēkam, Kaṭṭi, Vayirrunōy Nīr Arukal.

**Diet restrictions :**

The patient should avoid sexual connexion during treatment.

**14 : 29 MĒNIT TAILAM**

(Kuṇapāṭam, Part-1, Page No. 292)

- |                    |         |
|--------------------|---------|
| 1. Kuppaimeṇi ilai | 1 part  |
| 2. Āmaṇakku eṇṇey  | 4 parts |

**Method of Preparation :**

Put item 1 into item 2 and boil till the leaves are fried to dehydration and begin to float. Take the fried leaves and grind into a fine paste and mix with the oil.

**Dose :**

5-10 ml.

**Important therapeutic Usage :**

Kuṭal pūccikaḷ an. Pavuttiram.

**14 : 30 MERUKUḸḸIT TAILAM**

(Tēraiyaṛ Taila varkkac curukkam, Page No. 75)

- |                    |         |
|--------------------|---------|
| 1. Merukaṇ kiḷaṅku | 1 part  |
| 2. Vellaippuṇṭu    | 1 part  |
| 3. Āmaṇaku Eṇṇey   | 2 parts |

**Method of Preparation :**

Remove the skin from item 1 and cut into small pieces. Peel item 2 also. Put these two drugs into item 3 and heat till the drugs are fried to a reddish shade and start to float. Filter and store the tailam.

**Dose :**

According to the constitution of the patient, 10 to 50 ml. in morning only.

**Important therapeutic usage :**

Kilvāyu that renders the joints immobile, Pun, Mēkam and Vaḷi vikkam.

**Diet restrictions :**

Avoid tamarind and salt in diet.

**14 : 31 MĪLAKĀIT TAILAM**

(Pulippāṇi Vaittiyam-500, Stanza No. 189-190)

- |              |              |
|--------------|--------------|
| 1. Mīlakāy   | 3500 gms.    |
| 2. Taṇṇīr    | 21.5 lits.   |
| 3. Nalleṇṇey | 1400 m.lits. |
| 4. Mīlaku    | 35 gms.      |

**Method of Preparation :**

Pound item 1 coarsely and boil with item 2 and reduce the decoction to 1/8, and filter. Add to this decoction item 3 and powders of item 4 and heat to prepare tailam. Filter and take for use.

**Important therapeutic usage :**

For use as bath oil in cases of Nīrceerippu, Timirvāṭam, Ūtal, Maṇṭaikkuttu, Ūṭal vaḷi, Cūlai, Puṭai Cūlai, Coṛi, Ciraṅku, Kāṭaṭaiṇṇu and Kātuk kuttu.

**14 : 32 MALAKKUTARAT TAILAM**

(Hospital Pharmacopoeia, Page No. 142)

- |                   |           |
|-------------------|-----------|
| 1. Kaṭukkāy piṇṇu | 350 gms.  |
| 2. Āmaṇaku Eṇṇey  | 1400 gms. |

**Method of Preparation :**

Fry item 1 with some quantity of item 2 till item 1 becomes brown and swollen. Take these and finely powder. Mix with the remaining portion of item 2.

**Dose :**

5-10 ml., before bed time.

**Important therapeutic usage :**

Malakkaṭṭu, Eruvāy muḷai nōy and Kuruṭi Eruvay muḷai nōy.

**14 : 33 NĀCIRŌKA NĀCAT TAILAM**

(Tēraiyaṛ Taila varkkac curukkam, Page No. 77 Stanza No. 53)

- |                    |            |
|--------------------|------------|
| 1. Nalleṇṇey       | 1400 lits. |
| 2. Pacum pāl       | 1400 lits. |
| 3. Ilanīr          | 1400 lits. |
| 4. Tāmarai vaḷayam | 4 gms.     |
| 5. Veṭṭivēr        | 4 gms.     |
| 6. Cantanar        | 4 gms.     |
| 7. Vilāmiccam vē   | 4 gms.     |
| 8. Kastūri māñcaḷ  | 4 gms.     |
| 9. Teṇṇān koṭṭai   | 4 gms.     |
| 10. Kōraik kiḷaṅku | 4 gms.     |
| 11. Cīrakam        | 4 gms.     |
| 12. Ēlam           | 4 gms.     |
| 13. Pūḷān kiḷaṅku  | 4 gms.     |

14. Paccilai	4 gms.
15. Caṅkaḷunīrk kiḷaṅku	4 gms.
16. Tannīrvīṭṭāṇ kiḷaṅku	4 gms.
17. Atimaturam	4 gms.
18. Mañciṭṭi vēr	4 gms.
19. Cāppaka mokku	4 gms.
20. Puṅgukuc caṭṭam	4 gms.
21. Kuṅkumappū	4 gms.

**Method of Preparation :**

Make fine powders of drugs 4-19 and mix with items 1 to 3. Boil and prepare tailam. To the filtered tailam, add a fine paste of last two drugs and mix well.

**Important therapeutic usage :**

Used as bath oil in cases of 18 types of Pīnacam and Kaṇ timaram.

**14 : 34 NOCCIT TAILAM****(CIRIYA NIRKUNṬITTAILAM)**

(Tēraiyaṛ Taila Varkkac curukkam, Page No. 56, Stanza No. 20)

1. Nocci ilaic cāru	1·400 lits.
2. Nallenney	1·400 lits.
3. Caṭā māñcil	9 gms.
4. Kalluppu	9 gms.
5. Vaḷaiyaluppu	9 gms.
6. Pūnīru	9 gms.
7. Veṭiyuppu	9 gms.
8. Aṭṭuppu	9 gms.
9. Cukku	9 gms.
10. Mīḷaku	9 gms.
11. Tippili	9 gms.
12. Kaṇṭāṭaka ciṅki	9 gms.
13. Kōṭṭam	9 gms.
14. Ciṇṭēkku	9 gms.
15. Kaṭukkāy	9 gms.
16. Nellikkāy	9 gms.
17. Tāṇrikkāy	9 gms.
18. Kaṇṭāṅkattiri vēr	9 gms.

**Method of Preparation :**

Make a paste of items 3 to 18 by grinding with some quantity of item 1. Mix the paste into the remaining portion of item 1 and add item 2 also. Boil the mixture and prepare tailam. Filter and take for use.

**Dose :**

10 ml. twice daily. Also to be used as bath oil.

**Important therapeutic usage :**

Irūmal, Ilaippirūmal, Eṇṇurukki nēy, Uṭal kaṭuppu.

**14 : 35 PĪNACAT TAILAM**

(Tēraiyaṛ Tailavarkkac curukkam, Page No. 87, Stanza No. 83)

1. Nallenney	2·800 lits.
2. Karicālaic camūlac cāru	2·800 lits.
3. Nocci ilaic cāru	2·800 lits.
4. Intuppu	17·5 gms.
5. Ciṇṇarattai	17·5 gms.
6. Tippili	17·5 gms.
7. Āmaṇakku vēr	17·5 gms.
8. Kuṭacappālai vēr	17·5 gms.
9. Kiranti takaram	17·5 gms.
10. Cukku	17·5 gms.
11. Kōṭṭam	17·5 gms.
12. Tēṇṇāṇ koṭṭai	17·5 gms.
13. Cata kuppai	17·5 gms.
14. Vāy viṭaṅkam	17·5 gms.
15. Atimaturam	17·5 gms.
16. Vellāṭṭup pāl	Sufficient quantity.

**Method of Preparation :**

Grind drugs 4 to 15 with some Vellāṭṭuppāl into a paste. Mix this paste into the remaining Vellāṭṭuppāl. Add items 1, 2 and 3 also to this and boil to prepare tailam. Filter and take for use.

**Important therapeutic usage :**

Use this medicine as bath oil, once in 8 days and as nasal drops once in 4 days in all types of Pīnica Nōykal.

**14 : 36 PONṆĀNKANIT TAILAM**

(Akattiar Vaittiya Irattinac curukkam, Stanza Nos. 183-184)

1. Ponṇāṅkāṇic camūlac cāru	2·800 lits.
2. Karicālaic camūlac cāru	1·400 lits.
3. Nellikkāy cāru	1·400 lits.
4. Nallenney	2·800 lits.
5. Pacuviṇ pāl	2·800 lits.
6. Atimaturam	70 gms.

**Method of Preparation :**

Make a paste of item 6 by grinding with a little quantity of item 5. Then mix this paste with the remaining portion of item 5. Mix with it all the other items. Heat and prepare tailam.

**Important therapeutic usage :**

For use as bath oil in cases of Irūmal, Alal Veppa nōykal and Kaṇ nōykal of 96 types. It will improve visual power.

14 : 39 VĀTA KĒCARIT TAILAM

(Tēraiyaṛ Taila Varkkaṭ curukkam, Page No. 48,  
Stanza No. 9)

- |                          |             |
|--------------------------|-------------|
| 1. Caturakkaḷic cāru     | 1.400 lits. |
| 2. Nocchi ilaic caṟu     | 1.400 lits. |
| 3. Taḷutālai ilaic cāṟu  | 1.400 lits. |
| 4. Vellāṭṭup pāl         | 1.400 lits. |
| 5. Erukkaṇpāl            | 1.400 lits. |
| 6. Nalleṇṇey             | 1.400 lits. |
| 7. Āmaṇaku eṇṇey         | 1.400 lits. |
| 8. Kaṭukkāyt tōl         | 2.5 gms.    |
| 9. Kāṭṭu miḷaku          | 2.5 gms.    |
| 10. Vellaippūṇṭu         | 2.5 gms.    |
| 11. Peruṅkāyam           | 2.5 gms.    |
| 12. Nelliḱkāyak kantakam | 2.5 gms.    |
| 13. Kōṭṭam               | 2.5 gms.    |
| 14. Cukku                | 2.5 gms.    |
| 15. Miḷaku               | 2.5 gms.    |
| 16. Tippili              | 2.5 gms.    |
| 17. Katuku               | 2.5 gms.    |

**Method of Preparation :**

Make a fine paste of item 8 to 17 by grinding with some amount of item 4. Mix it with the remaining amount of item 4 and also items 1 to 3 and 5 to 7. Boil and make tailam.

**Important therapeutic usage :**

For external use only as massage oil, in cases of Chronic vāta nōykal timir vātam that has permeated into the Ēlu uṭalakaṭṭukal, pakka vāyu, mutakku vāyu and mūṭṭu vātam.

14 : 40 VELLAI-ENNEY (PURA ENNEY)

(Kunapātam, Parts 2 & 3, Page No. 164)

- |                    |           |
|--------------------|-----------|
| 1. Āmaṇakku eṇṇey  | 1400 gms. |
| 2. Iracak kaṇṇūrum | 35 gms.   |
| 3. Ēlarici         | 35 gms.   |
| 4. Cukku           | 35 gms.   |

**Method of Preparation :**

Powder separately items 2, 3 and 4. Grind the powder of item 2 with the addition of item 1 little by little. Then add the remaining two items and mix well into the enney.

**Dose :**

15 to 30 ml.

**Important therapeutic usage :**

Mala pantam, Vellaim Kunnam, Kīlvāyu, Vīkkam, Mēkanōiy and Mānta nōy of babies and Kuṭal Kirumikal. (Kuṭal pūccikal).

**Note :**

In cases of helminthiasis this enney is given with the powder of Vāyviṭaṅkam.

## 14 : 41 VIRANA CAŇCIVIT TAILAM

(Tēraiyaṛ Taila Varkkac curukkam, Page No.102  
Stanza No. 80 & 81).

- |                        |                               |
|------------------------|-------------------------------|
| 1. Enney (Nallenney)   | 350 gms.                      |
| 2. Tālakam (poowdered) | 800 m.gms.                    |
| 3. Cēṅkoṭṭai           | 10 Nos. (split in-<br>to two) |

**Method of Preparation :**

Mix all the ingredients and heat it in a long handled laddle. When Cēṅkoṭṭai pieces get fried and begins to float pour into a vessel containing equal parts of Kaḷunir and water. Keep for a day and recover the enney alone. Heat it till the traces of water is lost.

**Important therapeutic usage :**

For external use in Puṅkaḷ A few drops smeared on betel leaf and taken internally will cure caṇṇi pātam.

**Note :**

The medicine should be taken with a cotton swab or a feather and applied to Puṅkaḷ.

Before the treatment, tocai, kolukkaṭṭai itly ōr palaya cātam should be taken with erumai-ttayir, full stomach. (After taking full diet) After 3 hours of application of this medicine the patient should take bath in tepid water using ucil araippu. This should be done for 7 days.



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SECTION 15

ПЛАКАМ

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## ILAKAM

## DEFINITION

Ilakam is a sweetened semisolid medicinal preparations by way of heating process.

## GENERAL METHOD OF PREPARATION

Ilakams are confections that are prepared by heating certain decoctions, juices and milk with the addition of sugar till a thick syrupy consistancy is reached, at which state, the specified drug powders are added and mixed to homogeneity after which ghee is mixed in and then honey is stirred into it when it has cooled down.

There are some Ilakams that do not require juices or decoctions as shown in their formulae. In such cases the syrup is prepared by boiling the required quantity of water or milk as the case may be and adding sugar or jaggery. When the syrup stage is reached honey is added and when it froths up, the specified drug powders are a sprinkled little by little and stirred into a homogenous mixture. Then the recommended quantity of ghee and honey is added.

## PRESERVATION AND STORAGE

Should be stored in a clean, dry and air tight glass containers.

## SHELF LIFE

Ilakam retain their potency for six months.

## GROUP NO. 15

## ILAKAM/ILĒKIYAM

Sl. No.	Formulation	Reference			Page No. of the Formulary
		Book	Year of Publication	Page No., Stanza	
1	2	3	4	5	6
1.	Carapuṅka Vilvāti Ilakam	Akattiyar Vaittiya rattinac Curukkam-360	1923	..	97—102
2.	Impūral Ilakam	Hospital Pharmacopoeia Siddha	1957	81	
3.	Kakkūvān Ilakam	Jēvaraksāmirtam	1923	294	
4.	Karicālai Ilakam	Akattiyar Vaittiya rattinac Curukkam-360	1970	..	66—72
5.	Karuṇai Ilakam	Patārtta Kuṇa Viḷakkam (Mūla Varkkam)	1967	232—233	
6.	Kēcari Ilakam	Yūki Karical-151	1928	..	135
7.	Makā Vallāti Ilakam	Pōkar Vaittiyam-700	1964	..	175—187
8.	Nārattai Ilakam	Akattiyar Vaittiya Kāvīyam-1500	1890		858—861
9.	Nellikkāi Ilakam	Vaittiya Cillarik Kōvai			
10.	Veṇ Pūcaṇi Ilakam	Akattiyar Vaittiya rattinac Curukkam-360	1923	..	94—96
11.	Vilvāti Ilakam	Akattiyar Vaittiya Vallāti-600	1924	..	205—208
12.	Tēṇṇai Kottai Ilakam	Akattiyar Paripōraṇam-400	1964	..	281—282

15:1 CARAPUNKA VILVATI ILAKAM  
(Akattiyar vaittiya irattinac curkukam  
Stanza 97-102)

1. Vilva vērk kaṭṭai	1750 gms.
2. Mukkāvēlai vē	1750 gms.
3. Caṅkam vē	1750 gms.
4. Ciṇṇamalli	175 gms.
5. Ciṇṇamuṭṭi	175 gms.
6. Pēṛamalli	175 gms.
7. Auvaiyār kūntal	175 gms.
8. Muḷḷik kīrai vē	175 gms.
9. Cāraṇai vē	175 gms.
10. Kaṇṭaṅkattiri vē	175 gms.
11. Vilamiccai vē	175 gms.
12. Cīntil vē	175 gms.
13. Koṭivēli vēppaṭṭai	175 gms.
14. Poṇṇamucuttai vē	175 gms.
15. Nannāṇi vē	175 gms.
16. Cīru tēkku	175 gms.
17. Taṇṇir	21.5 lits.
18. Cukku	35 gms.
19. Miḷaku	35 gms.
20. Tīppili	35 gms.
21. Kaṭukāy	35 gms.
22. Nellikkāy	35 gms.
23. Tāṇṇikkāy	35 gms.
24. Kīrāmpu	35 gms.
25. Ēlam	35 gms.
26. Cīrakam	35 gms.
27. Karuṇṇīrakam	35 gms.
28. Kōṭṭam	35 gms.
29. Tāḷcapattiri	35 gms.
30. Ōmam	35 gms.
31. Kurōcāṇi ōmam	35 gms.
32. Ciṇṇarattai	35 gms.
33. Pērarattai	35 gms.
34. Kottamalli vitai	35 gms.
35. Ilavaṅkap paṭṭai	35 gms.
36. Akkarakāram	35 gms.
37. Yēṇait tippilli	35 gms.
38. Vāl miḷaku	35 gms.
39. Cātikkāy	35 gms.
40. Karumpu vellam	1680 gms.
41. Kārāmpacum pāl	2800 m. lits.
42. Ney	700 m. lits.
43. Tēn	1400 m. lits.

Method of Preparation :

Finely powder drugs 18 to 39, sieve and keep.

Boil drugs 1 to 16 with item 17 and concentrate decoction to 1/8. Filter the decoction and mix in items 40 and 41. When item 40 is completely

dissolved, filter and boil to syrup stage. Then add the drug powders little by little and stir in. Add item 42 and mix. Remove from the oven. and add honey to attain semi solid consistency

Dose :

5 gms. twice daily for 45 days.

Important therapeutic usage :

Aḷal veṭṭai, 6 types of Aḷal veḷuppu, 8 types of Enpurukki nōy, 8 types of Kunnam, 6 types of Niṇakkalical, Veḷḷōkkaḷam, Vākkacappu, Vāi nīrūral, Pacī mantam, Kaikāl kāntal and 40 types of Aḷal.

Diet restrictions :

Avoid puḷi and pukai.

Note :

In 40 types of Aḷal (Pittam) and 96 types of Aiyam (Cēttumam,) this medicine is given as vehicle for Tirilōka Centūram, Vālai Iraca centūram and Lōkac centūram (60-130 mg.)

15 : 2 IMPŪRAL ILAKAM

(Hospital Pharmacopoeia, Page No. 81)

1. Impūral Vēr paṭṭai	350 gms.
2. Pacum Pāl	Sufficient quantity
3. Paṇaṅkaṇṇaṭu	700 gms.
4. Cātipattiri	35 gms.
5. Vāl miḷaku	35 gms.
6. Cātikkāy	35 gms.
7. Pacu ney	700 gms.

Method of preparation :

Grind item 1 with some quantity of item 2 into a very fine paste and filter. Add item 3 to it and dissolve. Filter again. Heat the filtrate to attain syrupy consistency and mix in the fine powders of 4,5 and 6 by stirring. Finally add item 7 and mix it well.

Dose :

10-20 gms.

Important therapeutic usage :

Kuruti irumal, Kuruti vānti, Kurutik kaḷical

15 : 3 KAKKUVĀN ILAKAM

(Jivarakṣāmirtam. Page No. 294)

1. Kaṇṭaṅkathiric cāru	44 gms.
2. Karuntulacic cāru	88 gms.
3. Ātaṭoṭaic cāru	132 gms.
4. Tēn	264 gms.
5. Cukku	2 gms.
6. Miḷaku	2 gms.
7. Tippili	2 gms.

8. Kaṭukkāy	2 gms.
9. Nellikkāy	2 gms.
10. Tāṇṇikkāy	2 gms.
11. Ilavaṅkam	2 gms.
12. Ilavaṅkap paṭṭai	2 gms.
13. Ēlam	2 gms.
14. Ciṇṇarattai	2 gms.
15. Pērarattai	2 gms.
16. Atimaturam	2 gms.
17. Cātikkāy	2 gms.
18. Tālīca pattiri	2 gms.
19. Cāti pattiri	2 gms.

**Method of Preparation :**

Powder items 5 to 19 finely.

Pour items 1 to 4 in a small earthen vessel add the drug powders and mix well. Heat it on an oven with slow and constant stirring till heavy syrup consistency is reached. Remove from oven and store.

**Dose :**

Take 150 to 300 mg. on the index finger and apply on the tongue six times daily.

**Important therapeutic usage :**

Kakkuvāṇ (whooping cough)

**15 : 4 KARICĀLAI ILAKAM**

(Akattiyar Vaittiya irattinac curukkam, Stanza 66-72).

**I.**

1. Poṇṇālaikaiyaṇ cāṇ	2·800 lits.
2. Neruñcil cāṇ	2·800 lits.
3. Ciṇṇukraic cāṇ	1·400 lits.
4. Poṇṇatalaic cāṇ	1·400 lits.
5. Kīlkkāy nellic cāṇ	1·400 lits.
6. Ceruppataic cāṇ	1·400 lits.

**II.**

1. Nāval paṭṭai	36 gms.
2. Karuṅkālip paṭṭai	35 gms.
3. Attip paṭṭai	35 gms.
4. Tennampū	35 gms.

Boil the above 4 drugs in 22·4 lits. of water and reduce the decoction to 2·8 lits.

**III.**

1. Mīlaku	105 gms.
2. Mīlakanānai vē	105 gms.
3. Avuri vē	105 gms.

4. Ciṇṇāmuṭṭi vē	105 gms.
5. Pēlāmuṭṭi vē	105 gms.
6. Vilāmiccam vē	105 gms.

Boil the above 6 drugs in 22·4 lits of water and reduce the decoction to 2·8 lits.

**IV.**

1. Paṇai vellam	280 gms.
2. Karumpu vellam	280 gms.
3. Pacum pāl	5·6 lits.

**V.**

1. Cīrakam	35 gms.
2. Ēlam	35 gms.
3. Kirāmpu	35 gms.
4. Cātikkāy	35 gms.
5. Cātip pattiri	35 gms.
6. Ōmam	35 gms.
7. Kurōcāṇi, ōm-m	35 gms.
8. Ciṇṇākappū	35 gms.
9. Kaṇṇakāka ciṅki	35 gms.
10. Koṭṭam	35 gms.
11. Akkarakāram	35 gms.
12. Atimaturam	35 gms.
13. Tālīca pattiri	35 gms.
14. Cukku, Mīlaku, Tippili- each.	35 gms.
15. Kaṭukkāy	35 gms.
16. Nellikkāy	35 gms.
17. Tāṇṇikkāy	35 gms.

VI. Āviṇ ney (Pacu ney)	700 ml.
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VII. Tēṇ	1·400 ml.
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**VIII.**

1. Tirilōkac centūram	35 gms.
2. Maṇṭurac centūram	35 gms.

**Method of Preparation :**

Mix I, II, III and IV dissolve. Filter and boil to syrup consistency. Then add V little by little and mix to homogeneity. Remove from oven and add and mix item VI and VII one after another. Finally add VIII and mix to a homogeneous waxy consistency.

**Dose :**

2-4 gms. for 45 days.

**Important therapeutic usage :**

Chronic veluppu nōy, Alal Veṭṭai, Kaikāl ōiccal, Kāntal, Ērivu, Vānti, Mayakkam, Vīkkam, Nīr curappu, Nīṇak Kaṇṇiccal, Uṇ Veṇuppu.

**Note :**

When taking this medicine, it is beneficial that Acuvakanti tailam is used for taking oil bath.

## 15 : 5 KARUNAI ILAKAM

(Pasārtta Kuṇa viḷakkam (Mūla varkkam) Page Nos. 232-233)

1. Kāṭṭuk karunai (dry).	1 part
2. Kārūk karunai	1 part
3. Pulinaralai	1 part
4. Piranṭai	1 part
5. Maruḷ kiḷaṅku	1 part
6. Kumari vēr (cōṭṭukka - ṛṛalai vēr)	1 part
7. Piṭik karunai	1 part
8. Mām paruppu	1 part
9. Kaṭukkāyt tōl	1 part
10. Cukku	1 part
11. Cittiramūla vērp paṭṭai	1 part
12. Kōraik kiḷaṅku	1 part
13. Carakkonraip puli	1 part
14. Paṇai vellam	20 parts
15. Ney	13 parts
16. Taṇṇir	20 parts

## Method of Preparation :

Finely powder the drugs 1 to 12. Boil item 14 with water. When dissolved, filter and heat again to get a syrup. Then sprinkle the drug powders and item 13 and stir in. Then add item 15 and mix well.

## Dose :

2-4 gms, twice a day.

## Important therapeutic usage :

All types of Eruvai muḷai nōyakaḷ

## Note :

This medicine could be used as vehicle for Nākaparpam and Nattai pappam

## 15 : 6 KĒCARI ILAKAM

(Yūki Karical-151, Stanza No. 135).

1. Elumiccam paḷam	100 Nos.
2. Carukkarai	175 gms.
3. Miḷaku	35 gms.
4. Cīrakam	35 gms.
5. Kōṭṭam	4.2 gms.
6. Cukku	4.2 gms.
7. Tāḷicap paṭṭiri	4.2 gms.
8. Tippili	4.2 gms.
9. Cātikkāy	4.2 gms.
10. Cātip paṭṭiri	4.2 gms.
11. Ney	175 gms.

## Method of preparation :

Powder item 3 to 10 into a fine powder, sieve and keep. Extract juice from item 1, add item 2 and boil till concentrated to half the volume. immediately sprinkle the drug powder and stir well till perfectly mixed. Then remove from the oven, add item 11 and mix.

## Dose :

3 gms. twice a day.

## Important therapeutic usage:

40 types of Aḷaḷ, Niṇak kaḷiccal and Ūtal

## 15 : 7 MAKĀ VALLĀTI ILAKAM

(Pōkar Vaittiyam-700, Stanza No. 175-187)

1. Paraṅkippaṭṭai-purified	350 gms.
2. Nelli vaṇṇal	350 gms.
3. Tāṇṇikkāy	350 gms.
4. Cukku	260 gms.
5. Cittarattai	260 gms.
6. Caṭāmāñcil	260 gms.
7. Ilavaṅkappaṭṭa	260 gms.
8. Kaṭukurōkiṇi	70 gms.
9. Veṭpālairici	70 gms.
10. Civaṇār vēmpu	70 gms.
11. Nilappaṇai	70 gms.
12. Cātikkāy	70 gms.
13. Ilavaṅkam	35 gms.
14. Miḷaku	35 gms.
15. Ilavaṅkap paṭṭiri	35 gms.
16. Ēlam	35 gms.
17. Ōmam	35 gms.
18. Tippili	35 gms.
19. Cevviyam	35 gms.
20. Tippili mūlam	35 gms.
21. Kārpōkarici	35 gms.
22. Kottumalli vitai	35 gms.
23. Vāivitaṅkam	35 gms.
24. Karuñcīrakam	35 gms.
25. Cittiramūla vērp paṭṭai	35 gms.
26. Vāluḷuvai ariici	35 gms.
27. Amukkarā vēr	35 gms.
28. Kuṅkumappū	8 gms.
29. Kōrōcaṇai	8 gms.
30. Cērāṅkoṭṭai-purified	735 gms.
31. Ney (ghee)	2.800 Lits.
32. Tēṇ (honey)	2.800 Lits.
33. Nāṭṭuccarkkarai	1.050 kgs.
34. Pacuviṇ pāl	2.800 lits.

**Method of Preparation :**

Make fine powders of drugs 1-27, sieve and keep. Boil item 30 in ghee until the nuts float. Remove the nuts and keep the ghee.

Mix 33 and 34 and make syrup. Add the powdered drugs and then the ghee. Stir in honey. Allow to cool and then mix in the powders of items 28 and 29.

**Dose :**

3 gms., twice a day, for 45 days.

**Important therapeutic usage :**

21 types of Mēkam, Kiranti, Arayāppu, Cūlai, Veṭi karappān, Piḷavai, Puṟṟu, Coṟi, Ciraṅku, Enpu curam, Curam, Ativeṭṭai, Mūlavāyu, Uṣṇa vāyu, Pouttiram, Vellai, Kaikāl muṭakku, all types of viṭam and 18 types of Tolu nōy.

**15 : 8 NĀRATTAI IḶAKAM**

(Akattiyar , Vaittiya kāviyam -1500, Stanza No. 858-861)

1. Narattam paḷac cāru	5·000 lits.
2. Iṇic cāru	5·600 lits.
3. Amukkarā vēro cāru	5·600 lits.
4. Cāraṇai vēro cāru	5·600 lits.
5. Karumpu vellam	1·750 kgs.
6. Mīlaku, Cukku, Tippili- each.	35 gms.
7. Ēlam	35 gms.
8. Atimaturam	35 gms.
9. Tippili mūlam	35 gms.
10. Kōṭṭam	35 gms.
11. Ciṟṟarattai	35 gms.
12. Kottamalli vitai	35 gms.
13. Tāḷicapattiri	35 gms.
14. Tirāṭcai	35 gms.
15. Ativiṭayam	35 gms.
16. Akkirakāram	18 gms.
17. Vāḷamiḷaku	18 gms.
18. Ciṟuṇākappū	18 gms.
19. Cātikkāy	18 gms.
20. Cātippattiri	18 gms.
21. Kirāmpu	18 gms.
22. Kaṭukkāy	18 gms.
23. Nelliḱkāy	18 gms.
24. Tāṇṇikkāy	18 gms.
25. Kūrōcaṇi ōmam	18 gms.
26. Tēvatāram	18 gms.
27. Karuṇicirakam	18 gms.
28. Ciṇi	525 gms.
29. Tēṇ	2·800 lits.
30. Ney	1·400 lits.

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**Method of Preparation :**

Dry the items 6 to 27 in sunlight, powder finely and sieve. With item 1 to 4 add item 5, dissolve, filter and boil to syrupy consistency. Then sprinkle the drug powders and mix in. Then add and mix Ciṇi, Tēṇ and Ney respectively.

**Dose :**

5 gms., thrice a day, for 45 days.

**Important therapeutic usage :**

Alal, Kuṇmam, Neṇcerivu, Uṇveruppu, Katuṇ kāyccal, Vānti, Uṭcūtu, Kiṟukiruppu, Vāyvu, Talai Nōy, Paci mantam, Malakkaṭṭu, Nīrkkatṭu, Kāntal.

**Note :**

Store the medicine after preparation for 4 days and then only use.

**15 : 9 NELLIKKĀI IḶAKAM**

(Vaittiya cillaraikkōvai)

1. Nelli vaṟṟal	3500 gms.
2. Tāṇṇir	21·500 lits.
3. Carḱkarai	350 gms.
4. Cukku	35 gms.
5. Ōmam	35 gms.
6. Tippili mūlam	35 gms.
7. Kirāmpu	35 gms.
8. Takkōlam	35 gms.
9. Ēlam	35 gms.
10. Veṇkuṇkiliyam	35 gms.
11. Pūṇaikkaṇ kuṇkliyam	35 gms.
12. Vāiṇṇaṅkam	35 gms.
13. Cīrakam	35 gms.
14. Kottamalli	35 gms.
15. Kūkai nīṟu	35 gms.
16. Atimaturam	35 gms.
17. Ney	1·400 lits.

**Method of Preparation**

Finely powder drugs 4-16 and keep.

Boil drugs 1 and 2 and concentrate decoction to 1/8 of the volume (2·7 lits.) and filter. Add item 3 and boil to attain syrupy consistency. Add into it fine powders of the drugs that has been kept ready, and mix well. Then add item 17 and mix. When the mixture has attained a waxy consistency take and store.

**Dose :**

2-4 gms.

**Important therapeutic usage :**

Mēkam, Elumpaipparṇiya curam, Uḷalai, Kāntal, Nīṇakkaḷiccal Vāyu. Porumal, Irumal, Iḷai, Enpurukki nōy.

## 15 : 10 VENPŪCAṆI ILAKAM

(Akattiyar Vaittiya irattinac curukkam, Stanza No. 94-96)

1. Venpūcaṇikkāyē cāru	5600 m.lits.
2. Tālai viḷutūc cāru	1400 m.lits.
3. Teṇṇampuc cāru	1400 m.lits.
4. Paḷac cāru	1400 m.lits.
5. Carkkarai	350 gms.
6. Pacumpāl	2800 m. lits.
7. Cīrakam	35 gms.
8. Kottumalli	35 gms.
9. Kōṭṭam	35 gms.
10. Miḷaku	35 gms.
11. Mācikkāy	35 gms.
12. Ēlam	35 gms.
13. Cāṭikkāy	35 gms.
14. Cāṭippattiri	35 gms.
15. Atimaturam	35 gms.
16. Tāḷṭca pattiri	35 gms.
17. Ney	700 m.lits.
18. Tēṇ	700 m.lits.

## Method of Preparation :

Dissolve item 6 in a mixture of item 1 to 5. Heat and make syrup. Then add powders of items 7 to 16 and mix well. Lastly add items 17 and 18.

## Dose :

5-10 gms.

## Important therapeutic usage :

Mañcal nōy, Ūtal, Enpu curam, Enpu veṭṭai, Piramiyam, Vellai, Nīrc curukku, Veppu nōy. The medicine is an anabolic and aphrodisiac.

## Diet restrictions :

Avoid puḷi and pukai.

## 15. 11 VILVĀTI ILAKAM

(Akattiyar Vaittiya Vallāti-600, Stanza No. 205-208)

1. Vilva vēṛ	11.2 k. gms.
2. Taṇṇīṛ	89.600 lits.
3. Pāl	22.400 lits.
4. Paṇai vellam	13.440 k. gms.
5. Kirāmpu	600 gms.
6. Illavaṇṭkap paṭṭai	600 gms.
7. Cāṭikkāy	600 gms.
8. Cīrunākkappaṇ	600 gms.
9. Cukku	600 gms.
10. Tāḷṭcap paṭṭiri	600 gms.
11. Tippili	600 gms.

12. Miḷaku	600 gms.
13. Ēlakkāy	600 gms.
14. Tēṇ	2.800 gms.

## Method of Preparation :

Gently fry items 5-12 and make fine powder.

Cut item 1 into small pieces, boil with item 2 and concentrate decoction to  $\frac{1}{4}$  of the volume. Filter the decoction, add items 3 and 4 dissolve and filter through a cloth. Boil this solution to make syrup. When the syrup stage is reached add the powdered drugs and mix. Then remove from the oven at the appropriate stage and add item 14. Mix thoroughly and store.

## Dose :

5 to 10 gms. twice aday.

## Important therapeutic usage :

Aḷal Kuṇmam, Aḷal erivu, aḷal vānti, Paciymai.

This is an anabolic.

## 15-12 TĒRĀṆ KŌṬṬAI ILAKAM

(Akattiyar Paripūraṇam-400, Stanza No. 281-282)

1. Tēṛṇāṇkōṭṭai	175 gms.
2. Tippili	17.5 gms.
3. Miḷaku	17.5 gms.
4. Cukku	17.5 gms.
5. Kaṭukkāy	17.5 gms.
6. Tāṇṇikkāy	17.5 gms.
7. Cīṇṇarattai	17.5 gms.
8. Nellikkāy	17.5 gms.
9. Cīrakam	17.5 gms.
10. Carkkarai	140 gms.
11. Āviṇ pāl	1400 m. lits.
12. Pacu ney	1400 m. lits.
13. Tēṇ	700 m. lits.

## Method of Preparation :

Make fine powder of drugs 1 to 9. Boil items 10 and 11 and prepare syrup. Then sprinkle the drug powders and mix. Add item 2 also and mix. Remove from oven and add item 13 mix to homogeneity.

## Dose

5 gms.

## Important therapeutic usage :

Enpurukki nōy, Enpu curam, Vaḷi, Pacimantam.

In Eruvāy mūlai nōy give this medicine with 30 mg. Nākaparṇam, twice daily for 20 days.

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SECTION 16  
IRACĀYAÑAM

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## IRACAYANAM

## DEFINITION

The powdered drugs, when mixed thoroughly with ghee and suger as per their specifications attains asemisolid from which is known as Iracayanam.

## GENERAL METHOD OF PREPARATION

Iracayanam is prepared by finely powdering the drugs, mixing sugar and ghee with the powder and kneading it to homogeneity.

Sometimes the product is brought to the consistency of semiliquid mass also.

## PRESERVATION AND STORAGE

To be stored in a clean air tight glass containers.

## SHELF LIFE

Iracayanam retain their potency for six months.

## GROUP NO. 16

## IRACĀYANAM

Sl. No.	Formulation	Book	Year of Publication	Reference Page No.	Stanza	Page No. of the Formulary
1	2	3	4	5	6	7
1.	Iñci Iracāyaṇam	Citta Vaittiyat tīṭṭu	1968	215		
2.	Kantaka Iracāyaṇam	Pulippāṇi Vaittiyam-500	1969	..	324—330	
3.	Paṇāṅkip Paṭṭai Iracāyaṇam	Akattiyar Vaittiya ratṇac Curukkam-360	1970	..	114—118	
4.	Tippili Iracāyaṇam	Akattiyar Paripūraṇam-400	1964	..	295—297	

## 16:1 INCI IRACĀYANAM

(Citta Vaittiyatarattu, Page No. 215).

- |   |                     |
|---|---------------------|
| 1. Inji (After removed the outer layer) | 2 parts             |
| 2. Cīrakam                              | 1 parrt             |
| 3. Carīkarai                            | 3 parts             |
| 4. Ney                                  | Sufficient quantity |

## Method of preparation :

Scrape off the skin from item 1, cut into small pieces, dry, fry in item 4 and pound into powder. Fry item 2 also after cleaning, and convert into fine powder. Mix these with item 3 and store.

## Dose :

1-2 gms.

## Vehicle

Boiled and cooled water.

## Important therapeutic usage :

Vānti, Uṭalerivu, Aṇal, Mantam and Aḷalppinikaḷ.

## 16:2 KANTAKA INACĀYANAM

(Pulippāni-500, Stanza Nos. 324-30)

- |                            |           |
|----------------------------|-----------|
| 1. Cukku                   | 16.8 gms. |
| 2. Miḷaku                  | 16.8 gms. |
| 3. Tippili                 | 16.8 gms. |
| 4. Kirāmpu                 | 16.8 gms. |
| 5. Ēlam                    | 16.8 gms. |
| 6. Illavaṅkap paṭṭai       | 16.8 gms. |
| 7. Illavaṅkap pattiri      | 16.8 gms. |
| 8. Jātikāy                 | 16.8 gms. |
| 9. Tāicup pattiri          | 16.8 gms. |
| 10. Cīṇāṅkappū             | 16.8 gms. |
| 11. Vilāṇiccam vēr         | 16.8 gms. |
| 12. Cōmpu (Perun, cīrakam) | 16.8 gms. |
| 13. Kurōcāṇi ōmam          | 16.8 gms. |
| 14. Cīṇarattai             | 16.8 gms. |
| 15. Cittira mūlam          | 16.8 gms. |
| 16. Tippili mūlam          | 16.8 gms. |
| 17. Pūlāṅkiḷaṅku           | 16.8 gms. |
| 18. Aṇait tippili          | 16.8 gms. |
| 19. Karuṇicīrakam          | 16.8 gms. |
| 20. Kūkai nīr              | 16.8 gms. |
| 21. Tirāṭcai               | 16.8 gms. |
| 22. Cantāṇam               | 16.8 gms. |
| 23. Takkōlam               | 16.8 gms. |
| 24. Atimaturam             | 16.8 gms. |
| 25. Kōraik Kiḷaṅku         | 16.8 gms. |

- |                                   |             |
|-----------------------------------|-------------|
| 26. Caṭamāñcil                    | 16.8 gms.   |
| 27. Kottamalli                    | 16.8 gms.   |
| 28. Pēriccam paḷam                | 16.8 gms.   |
| 29. Nellikkāy                     | 16.8 gms.   |
| 30. Tāṇṇikkāy                     | 16.8 gms.   |
| 31. Kaṭukkāy                      | 16.8 gms.   |
| 32. Cātippatiri                   | 16.8 gms.   |
| 33. Veṭṭivēr                      | 16.8 gms.   |
| 34. Kuṅkumappū                    | 16.8 gms.   |
| 35. Nilappaṇaḷ kiḷaṅku            | 16.8 gms.   |
| 36. Amukkarā                      | 16.8 gms.   |
| 37. Neruñci muḷ                   | 16.8 gms.   |
| 38. Nīrmuḷli vitai                | 16.8 gms.   |
| 39. Pūṇaikkāli vitai              | 16.8 gms.   |
| 40. Ōmam                          | 16.8 gms.   |
| 41. Paraṅkicckkait tūḷ (purified) | 700 gms.    |
| 42. Nāṭṭu carukkarai.             | 700 gms.    |
| 43. cīṇi                          | 350 gms.    |
| 44. Kantakam (purified)           | 140 gms.    |
| 45. Tāṇṇirviṭṭān kiḷaṅkuc cāru    | 8.400 lits. |
| 46. Ney                           | 1.400 lits. |
| 47. Tēṇ                           | 1.400 lits. |

## Method of preparation :

Add items 42 and 43 with 45 and boil to prepare a syrup. Add into it fine powders of items 1 to 41 and powder of item 44 by sprinkling and briskly stirring in. Then mix into it item 45. Remove from the oven and add item 47 and mix well. Pack in a container and keep in a paddy heap for 10 days and take for use.

## Dose :

3 gms.

## Important therapeutic usage

Vali of 30 types, Aḷḷal of 40 types, Nīrccurukku of 6 types, Cūlai of 18 types, Kiranti, Kuṇṇam, Veluppu, Ūtal, Irūmal Mēkas and Pacimantam.

## Diet restrictions

Cīru payaru, Tuvurai, Tūtuvaḷai, Maṇṇṭa-kkṇli, Kattari Piñcu, Muruṅkaippiñcu, Kottamalli kraī, Puḷi, Uppu, Ney, Mōr, and Tayir shall be taken.

## 16:3 PARAṆKIP PAṬṬAI IRACĀYANAM

(Akattiyar Vaittiya Irattinac curukkam, Stanza No. 114-118.)

- |                         |          |
|-------------------------|----------|
| 1. Paraṅkie cakkai      | 10 parts |
| 2. Amukkarāk kiḷaṅku    | 10 parts |
| 3. Nilappaṇaik kiḷaṅku  | 5 parts  |
| 4. Tāṇṇirviṭṭān kiḷaṅku | 2 parts  |
| 5. Nāṇṇāri vērp paṭṭai  | 1 part   |
| 6. Caṅkam vērp paṭṭai   | 1 part   |

7. Kaṭukkāy	1 part
8. Nellikkāy	1 part
9. Tāṇṇikkāy	1 part
10. Illavaṅkep pattipi	1 part
11. Cīrunākkppū	1 part
12. Kantṭaṅkattiri vēi	1 part
13. Koṭivēli vērp paṭṭai	1 part
14. Vilāmiccam vēr	1 part
15. Takkōlam	1 part
16. Vālmilaku	1 part
17. Vāyvitāṅkam vitai	1 part
18. Kottumalli vitai	1 part
19. Cīrakam	1 part
20. Karuṇcīrakam	1 part
21. Kurōcāṇi ōmam	1 part
22. Ōmam	1 part
23. Cittarattai	1 part
24. Cantanat tūi	1 part
25. Cīru tēkku	1 part
26. Tirāṭcai	1 part
27. Pēriecam	1 part
28. Veṭpelai arici	1 part
29. Tāmaraik kilaṅku	1 part
30. Cātikkāy	1 part
31. Ilavaṅkam	1 part
32. Cātip pattiri	1 part
33. Karivēppilai	1 part
34. Cukku	1 part
35. Mīlaku	1 part
36. Tippili	1 part
37. Illavaṅkap paṭṭai	1 part
38. Pāl	160 parts
39. Carukkarai	32 parts
40. Tēn	40 parts
41. Ney	20 parts
42. Kuṅkumappū	1/8 parts
43. Kōrōcāṇai	1/8 parts
44. Paccaik kaṇpuram	1/8 parts

**Method of preparation :**

Gently fry items 1 to 37 and make a fine powder. Boil items 38 and 39 and make syrup. Sprinkle the powder of drugs on the syrup and mix it briskly. Remove the container from the oven, add items 40 and 41 into it and mix well. Finally add powders of items 42, 43 and 44 and mix to homogeneity.

**Dose :**

5 gms, twice daily.

**Important therapeutic usage :**

Māṇṇu nōy, Mēkam, Paṇaṅkippur Kaṭṭa mālai, Āṇkuṇṇi purru, Peṇkuṇṇi purru, Mēkapuṇ Kiranti, Cūlai, Vāyvu, Vāli, Vellai and Aiyā nōy of 96 types.

**16:4 TIPPILI IRĀCĀYAṆAM**

(Akattiyar Pāripuraṇam-400, Stanza No.295-297)

1. Tippili	10 parts
2. Mīlaku	5 parts
3. Cukku	5 parts
4. Cīrakam	1 part
5. Karuṇcīrakam	1 part
6. Ōmam	1 part
7. Kurōcāṇi Ōmam	1 part
8. Cīṇarattai	1 part
9. Pērarattai	1 part
10. Kaṭukkāyt tōl	1 part
11. Nelli vaṇṇal	1 part
12. Tāṇṇikkāyt tōl	1 part
13. Illevaṅkam	1 part
14. Ilavaṅkap pattiri	1 part
15. Tāṭicap pattiri	1 part
16. Koṭivēlivērp paṭṭai	1 part
17. Ēlam	1 part
18. Ilavaṅkap paṭṭai	1 part
19. Carukkarai	35 parts
20. Tēṇ	Sufficient quantity.

**Method of preparation :**

Gently fry items 1 to 18 and powder finely. Mix the powder with item 19. Add item 20 and knead or pound to a semisolid mass and store.

**Dose**

$\frac{1}{2}$  to 1gm. Administer for 40 days, with 45 mg of Tāmpirac centūram.

**Important therapeutic usage :**

Irūmal, Manitarakācam Eṇṇpurukki nōy, Ilaippu, Kakkal, Nāṭ, paṭṭa Irūmal and Aiyam of 96 varieties.



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SECTION 17

NEY

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## NEY

## DEFINITION

49

It is a category of medicine that are prepared by boiling the drugs with ghee.

## GENERAL METHOD OF PREPARATION

Boil the mixture of ghee with specified drug pastes, juices, decoctions and milk, according to the composition of the recipes. The ingredients are mixed and heated till dehydrated and the product is strainer and filtered.

## PRESERVATION AND STORAGE

To be stored in a clean, dry airtight glass containers.

## SHELF LIFE

Ney preparations retain their potency for six months.

## NOTE

1. When boiling the mixture, care should be taken to ensure that the ingredients are not charred or carbonised.

2. If brass or copper vessels are used the inner side should be tinned.

3. During the process of boiling the mixture will produce froth. The drug paste in the mixture should be drawn in small quantities and rolled between the fingers, and when it does not stick to the fingers the ghee should be recovered by stirring and filtering.

## GROUP NO. 17

## NEY

Sl. No.	Formulation	Reference				Page No. of the Formulary
		Book	Year of Publication	Page No.	Stanza	
1	2	3	4	5	6	7
1.	Ātātōṭai Ney	Akattiyar Vaittiya Kāvīyam-1500	1890	..	344—346	
2.	Cēṅkottai Ney	Citta Vaittiyat Tirattu	1968	255		
3.	Cintil Ney	Akattiyar Vaittiya Kāvīyam-1500	1890	..	307—310	
4.	Pirami Ney	Citta Vaittiyat Tirattu	1968	255		
5.	Puṭiyārai Ney	Citta Vaittiyat Tirattu	1968	251		
6.	Taṇṇir Viṭṭān Ney	Hospital Pharmacopoeia-Siddha	1957	118—119		
7.	Tūtuvalai Ney	Akattiyar Vaittiya ratna Curukkam-360	1970		215—219	
8.	Vallārai Ney	Pāla Vākaṭam	1933	147		
9.	Venpūcaṇi Ney	Akattiyar Vaittiya ratnac Curukkam-360	1890		344—346	

## 17:1 ĀTĀTŌṬAI NEY

(Akattiyar Vaittiya kāviyam—1500, Stanza No. 344-346)

1. Ātātōṭaic cāru	2·800 lits.
2. Pacumpāl	2·800 lits.
3. Pacum ney	2·800 lits.
4. Yāṇait tippili	5 gms.
5. Tippili	5 gms.
6. Koṭivēli vēr	5 gms.
7. Intuppu	5 gms.
8. Cukku	5 gms.
9. Yavālcāram	5 gms.
10. Catticcāram	5 gms.

## Method of Preparation :

Finely powder the drugs 4 to 10. Grind with some quantity of item 2 and then mix with the rest of item 2 and also item 1. Add item 3 and boil to get ney, filter and take.

## Dose :

Administer thrice daily, first two doses of 5 gms. each and the third dose of 2½ gms.

## Vehicle :

Chukkuk kiyālam

## Important therapeutic Usage :

Neñcuvali, Kiṟukiruppu, Īlai, Vali, Irumal, Kācam, Cuvācam, Toṇṭaikattu, Veppu, Nātpatta-curam, Kaṇṇericcal, Māntam, Alal veluppu, Eru-vāy muḷai nōy & ceriyāmai.

## 17:2 CĒNKOTṬAI NEY

(Citta Vaittiyat Tirattu, Page No. 255)

1. Cērāṅkoṭṭai (Purified)	175 gms.
2. Pacuviṇ pāl	1·400 lits.
3. Pacuviṇ ney	sufficient quantity

## Method of Preparation :

Cut item 1 into small pieces and discard the kernel. Boil them in one-third of the quantity of milk and boil. Recover the milk. Similarly treat the remaining milk also and recover it. Mix all the 3 portions of treated milk and add an equal volume of item 3 and boil to make ney.

## Dose :

5-10 ml. twice a day.

## Important therapeutic Usage

Tōl nōykal, Irumal, Iraippirumal, Enpurukki-nōy. It will strengthen the body.

## Diet Restrictions

Avoid tamarind

## 17: 3 CĪNTIL NEY

(Akattiyar Vaittiya Kāviyam-1500, Stanza No. 307-310).

1. Cīntil koṭi	70 gms.
2. Vēppam paṭṭai	70 gms.
3. Pēyp puṭal	70 gms.
4. Taṇṇi	12 lits.
5. Ney	1·400 k.gms.
6. Pēyp puṭal	10 gms.
7. Vilāmiccam vēr	10 gms.
8. Maramaṇṇal paṭṭai	10 gms.
9. Maṇṇal	10 gms.
10. Akil kaṭṭai	10 gms.
11. Cantanāk kaṭṭai	10 gms.
12. Pūlāṅkiḷaṅku	10 gms.
13. Tēvatāruk kaṭṭai	10 gms.
14. Kōṭṭam	10 gms.
15. Ceñcantanāk kaṭṭai	10 gms.
16. Ēlakkāy	10 gms.

## Method of preparation :

Boil the first three drugs in item 4 and concentrate the decoction to 1/4 of the volume. Make a paste of drugs 6 to 16. Mix the decoction with the dry paste and also item 5 and prepare ney by boiling to the correct stage.

## Dose :

5-10 ml., twice a day.

## Vehicle :

Vennir

## Important therapeutic usage

Coṭi Ciraṅku, Kaṭṭi, Karuṅkuṭṭam, and puṇ

## 17: 4 PIRAMI NEY

(Citta Vaittiyat Tirattu, Page No. 255)

1. Pirami vaḷukkaic cāru	5·600 lits.
2. Paccai vacampuc cāru	1·400 lits.
3. Ciṇṇarattaic cāru	1·400 lits.
4. Pacumpāl	5·600 lits.
5. Pacu ney	2·800 lits.
6. Civatai vēr	16·8 gms.
7. Tippili	16·8 gms.
8. Vilāṅkāy vitai	16·8 gms.
9. Cīṇāk kaṇṇkaṇṭu	16·8 gms.
10. Cukku	16·8 gms.
11. Nelli vaṇṇal	16·8 gms.
12. Intuppu	16·8 gms.
13. Kaṣṭūri maṇṇal.	16·8 gms.



**Method of Preparation :**

Take items 6 to 13 and grind into a soft paste with the addition of some quantity of item 4. Mix with all the rest of the ingredients and prepare ney.

**Dose :**

10-15 ml., once a day.

**Important therapeutic Usage :**

Valippu, Alaḷāṭikkam, Cūtakac Caṇṇi, Maṇṇati.

**Method of Preparation :**

Grind items 4 to 7 with some quantity of item 1 into a paste. Mix with the remaining ingredients except item 8 and boil to make ney. To the prepared ney add fine powders of item 8 and mix well.

**Dose :**

10-15 ml., twice a day.

**Important therapeutic Usage :**

Enṇuc curam, Nīrcurukku, Perumpāṭu, Iru-mal and Ilaippu.

**17 : 5 PUḷIYĀRAI NEY**

(Citta Vaittiyat Tirattu, Page No. 251).

1. Puḷiyārai camūlac cāru	1·400 lits.
2. Vaṇṇi ilaic cāru	1·400 lits.
3. Poṇṇāṅkāṇic cāru	2·800 lits.
4. Cevvīlanīr	2·800 lits.
5. Āviṇ ney	1·400 lits.
6. Pacumpāl	1·400 lits.
7. Cīrakam	20 gms.
8. Mācikkāy	20 gms.
9. Atimaturam	20 gms.
10. Kaṇkaṇṭu	35 gms.
11. Cāti pattiri	10 gms.
12. Ēlam	10 gms.

**Method of preparation :**

Grind items 7,8 and 9 into a fine paste with some quantity of item 6. Mix it into the remaining portion of item 6 and add with items 1 to 5. Heat on mild fire and filter when dehydrated. Add to the filtrate, the fine powders of item 10, 11 and 12 and mix to homogeneity.

**Dose :**

5 to 10 ml; twice a day for 45 days.

**Important therapeutic usage :**

Alal veṇṇai, Allal vāyvu, Ericcal, Nīrcurukku, Mayakkam, Vāy nīr ūṇal, Ūṇ veṇṇuppu, Alal nōykal and vānti. The medicine will strengthen the body.

**17-6 TAṆṆĪRVITṬĀN NEY**

(Hospital Pharmacopoeia, Page No. 118-119)

1. Taṇṇīr viṭṭan kiḷāṅkuc cāru	7·264 gms.
2. Nilap paṇaik kiḷāṅkuc cāru	1·816 gms.
3. Pacu ney	3·632 gms.
4. Cāṭikkāy	24 gms.
5. Ilavaṅkap paṭṭai	24 gms.
6. Ilavaṅkam	24 gms.
7. Cāṭippattiri	24 gms.
8. Kuṅkumappū	12 gms.

**17:7 TŪTUVAḶAI NEY**

(Akattiyar Vaittiya irattiṇac curukkam, Stanza No. 215-219)

1. Tūtuvaḷai vēr	140 gms.
2. Muḷli vēr	140 gms.
3. Kaṇṇāṅkattiri vēr	140 gms.
4. Peruṅkāṇicoṇi vēr	140 gms.
5. Āṭātōṭai vēr	140 gms.
6. Miḷaku	140 gms.
7. Tippili	140 gms.
8. Kaṇṇukāyṭ tōl	140 gms.
9. Cīṇukāṇicoṇi vēr	140 gms.
10. Taṇṇīr	42 lits.
11. Paṇu ney	2·800 lits.
12. Pacumpāl	2·800 lits.
13. Cukku	15 gms.
14. Miḷaku	15 gms.
15. Tippili	15 gms.
16. Tāḷicap pattiri	15 gms.
17. Kōṭṭam	15 gms.
18. Akkarakāram	15 gms.
19. Vāyviṇṇāṅkam	15 gms.
20. Cīrakam	15 gms.
21. Ōmam	15 gms.
22. Cittarattai	15 gms.
23. Vālmilaku	15 gms.
24. Pērarattai	15 gms.
25. Ēlam	15 gms.
26. Kirāmpu	15 gms.
27. Cāṭikkāy	15 gms.
28. Cāṭippattiri	15 gms.
29. Kaṇṇukāy	15 gms.
30. Nellikkāy	15 gms.
31. Tāṇṇikkāy	15 gms.

**Method of Preparation :**

Coarsely pound items 1 to 9 and boil with item 10 till the decoction is reduced to 1/16 of the volume of water taken. Filter the decoction into another vessel. Grind items 13 to 31 into a fine paste by grinding with some quantity of item 12 and mix with the decoction. Add the remaining quantity of item 12 and also item 11 with the decoction. Place the vessel on the oven and boil till dehydration and collect ney by filtering.

**Dose :**

10 to 15 ml. only once in the morning, for 40 days.

**Important therapeutic Usage :**

8 types of Enpurukki Nōy Ilai, Irumal, 96 types of Aiyā nōy, Mēkam, Veppu nōy, Iraippu, Vāyvu and Kuṇṭala vāyu.

**17:8 VALLĀRAINEY**

(Pālavākaṭam, Page No. 147, Stanza No. 316)

1. Vallārai ilai	3·500 K. gms.
2. Taṇṇīr	11·200 lits.
3. Pacumpāl	1·400 lits.
4. Pacuney	1·400 lits.
5. Cukku	4 gms.
6. Ēlam	4 gms.
7. Māṇkompup paṇṇam	4 gms.
8. Cātikkāy	4 gms.
9. Tāḷcap pattiri	4 gms.
10. Cātip pattiri	4 gms.
11. Kōṭṭam	4 gms.
12. Vilāmiccam vēr	4 gms.
13. Veṭṭi vēr	4 gms.
14. Cīrakam	4 gms.
15. Tāṇṇikkāy	4 gms.
16. Takkōlap poṭṭu	4 gms.
17. Cantanāk kaṭṭai	4 gms.
18. Veṇkāram	4 gms.
19. Vilva oṭu	4 gms.
20. Akkarakāram	4 gms.
21. Kottumalli vitai	4 gms.
22. Kaṭaka rōkiṇi	4 gms.
23. Mañcal	4 gms.
24. Caṇṇakappū	4 gms.
25. Kuṇkumappū	4 gms.
26. Kastūri mañcal	4 gms.
27. Impūral vēr	4 gms.
28. Kiccilik kilāṅku	4 gms.

**Method of Preparation :**

Boil items 1 to 2 till the decoction is concentrated to 1/8 of the volume of item 2 taken, filter and keep. Take item 5, 6 and 8 to 28 and grind with some

amount of item 3 into a paste. Mix the paste with the remaining quantity of item 3. Add to it also the decoction prepared earlier and also item 4. Boil to the stage of dehydration and filter. To the filtrate add item 7 and mix well.

**Dose :**

5-10 m. lits., twice daily.

**Important therapeutic Usage :**

Tonta māntam, pōr māntam, Mēkam, Irumal, Ilai, Iraippu, Mūla kaṇaṅkal, Uṭcuram, Vānti, Irumal, and cuvāca curam.

**17:9 VENPŪCANI NEY (KŪLPPAṆṬA KIRUTAM)**

(Akattiyar Vaittiya Irattinac curukkam, Stanza No. 211 to 214.)

1. Venpūcani cāṇu	2·800 lits.
2. Tālaivilutuc cāṇu	1·400 lits.
3. Teṇṇampūc cāṇu	1·400 lits.
4. Cōṇṇuk kaṇṇālaic cāṇu	1·400 lits.
5. Cevvilanīr	1·400 lits.
6. Pacuvin Ney	2·800 lits.
7. Mācikkāy	15 gms.
8. Cātikkāy	15 gms.
9. Cātipattiri	15 gms.
10. Kaṭukkāyt tōl	15 gms.
11. Nelli vaṇṇal	15 gms.
12. Tāṇṇikkāyt tōl	15 gms.
13. Cīrakam	15 gms.
14. Ēlam	15 gms.
15. Vālmilaku	15 gms.
16. Kāṭṭāttippū	15 gms.
17. Kaṇṇaṭaka ciṅki	15 gms.
18. Kottumalli vitai	15 gms.
19. Kurōcāni ōmam	15 gms.
20. Pacumpāl	2·800 lits.
21. Cīṇāk kaṇṇaṭu	70 gms.

**Method of preparation**

Mix items 1 to 6 and boil. Add into the boiling mixture a paste of 7 to 19 made by grinding them with some quantity of item 20, and also the remaining quantity of item 20. Boil till dehydrated and filter. Add powders of item 21 and store.

**Dose:**

5 to 10 ml twice daily for 40 days.

**Important therapeutic usage :**

Vellai Cūlai, Nāvaippariya piṇṇikal, Tolunōy, Peṇkurip purru, Cūṭu, Ericcal, Kāntal, Nīr-kkaṭṭu, Aṇ peṇ kuṇi erivu, Elumpurukki, Kāntamālai, Niṇak kaḷiccal, Elumpu virāṇam, Veṭṭai and Alal. If given with Apiraka paṇṇam, Mēka nīr will be cured.

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SECTION 18  
MAṆAPPAKU

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## MAṆAPPAKU

## DEFINITION

It is a syrupy form of medicine.

## GENERAL METHOD OF PREPARATION

Manapaku are syrups made with juices or decoctions and sugar or sugar candy, by heating them till sufficiently dehydrated to attain a syrupy consistency. In some of the preparations, honey is also added. In yet other instances, after the syrup is prepared some powdered drugs are also added.

In syrups, the sacchariferous materials like honey and sugar apart from rendering the preparations sweet and palatable, play the role of a preservative also.

## PRESERVATION AND STORAGE

To be stored in a clean, dry and airtight glass containers.

## SELF LIFE

Manappaku retain their potency for a period of six months only.

## NOTE

1. The syrup is to be prepared properly by heating to the appropriate stage of dehydration and protected from dampness and exposure to further moisture.

2. The syrup should not be filled in the glass container when it is hot.

## GROUP NO. 18

## MAṆAPPAKU

Sl. No.	Formulation	Reference			Page No. of the Formulary	
		Book	Year of Publication	Page No. Stanza		
1	2	3	4	5	6	7
1.	Ātātōtai Maṇappāku	Citta Vaṭṭiyat Tirattu	1968	257		
2.	Mātuḷai Maṇappāku	Citta Vaṭṭiyat Tirattu	1968	258		
3.	Turuñci Maṇappāku	Citta Vaṭṭiyat Tirattu	1968	257		

**18:1 ĀTĀTŌṬAI MAṆAPPĀKU**

(Citta vaittiyat Tirattu, Page No. 257).

- |                     |             |
|---------------------|-------------|
| 1. Ātātōṭai ilai    | 700 gms.    |
| 2. Tannir (Water)   | 5-600 lits. |
| 3. Cini (Carkkarai) | 700 gms.    |

**Method of Preparation :**

Cut item 1 into fine bits and boil with item 2 till the decoction is reduced to 1/4. Filter, add item 3 and heat to prepare syrup.

**Dose**

vehicle 10-20 Ml. boiled and cooled water  
twice the volume of the dose.

**Important Therapeutic Usage :**

Erumal, various types of Curam, Vayirru  
nōy, Aiya nōy, and vaḷi nōy.

**18:2 MĀTUḶAI MAṆAPPĀKU**

(Citta vaittiyat Tirattu, Page No. 258.)

- |                       |        |
|-----------------------|--------|
| 1. Kaṛkaṇṭu           | 1 part |
| 2. Tannir             | 1 part |
| 3. Matuḷampala iracam | 1 part |
| 4. Tēṇ                | 1 part |

**Method of Preparation**

Mix items 2, 3 and 4 dissolve item 1 into it. Filter and heat and prepare syrup and store in a glass stoppered bottle.

**Dose**

10-15 ml.

**Important Therapeutic Usage :**

Veluppu nōykal, Kaikāt erivu, Vānti.

**18:3 TURUŪCI MAṆAPPĀKU**

(Citta vaittiyat Tirattu, Page No. 257).

- |                                |         |
|--------------------------------|---------|
| 1. Turuŭci Nārattam palac cāru | 1 part  |
| 2. Carkkarai                   | 2 parts |

**Method of Preparation :**

Mix both the items, heat and prepare syrup

**Dose :**

10-20 ml. with twice the volume of water.

**Important Therapeutic Usage :**

Aḷal, Aḷal nōykal and vānti

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SECTION 19

VENNEY

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## VENNEY

## DEFINITION

Medicinal preparations of creamy inconsistency and appearance.

## GENERAL METHOD OF PREPARATION

They are prepared by taking the specified quantity of the drugs, powdering them and melting them with sesaure oil till they go into a solution and pouring the solution into water in a vessel and then churning out to recover the fat content into which the drug has got incorporated in the form of a buttery mass.

## PRESERVATION AND STORAGE

Generally they should be stored in water and the water is to be changed daily.

## SELF LIFE

Venney retain their potency for three months.

## GROUP NO. 19

## VENNEY

Sl. No.	Formulation	Reference				Page No. of the Formulary
		Book	Year of Publication	Page No.	Stanza	
1	2	3	4	5	6	7
1.	Amirta Venney	Akattiyar Vaittiya Kāviyam-1500	1890	..	738--740	
2.	Kuñkiliya Venney	Citta Vaittiyat Tirattu	1968	256		
3.	Paḷak Kirāmpup Pakkuva Venney	Citta Vaittiyat Tirattu	1968	296		
4.	Vaṅka Venney	Citta Vaittiyat Tirattu	1968	302		

## 19:1 AMIRTA VENNEY

(CAVVĪRAK KUḶAMPU)

(Akattiyar Vaittiya Kāvīyam-1500, Stanza No. 738-740)

- |                |          |
|----------------|----------|
| 1. Vīram       | 5 gms.   |
| 2. Pacu venney | 350 gms. |

**Method of Preparation :**

Grind item 1 into a fine powder. Then grind with item 2 for 6 hours by adding it little by little. Take the product and wash with water 7 times, with same grinding after each wash.

**Important Therapeutic Usage :**

For external application in cases of pilavai, Mārpāni, Puṇ, Puraiyōṭum puṇkal, Viṭkaṇkal Kaṇṭamālai, Araiyaṇṇu and Neṇikkatti due to puṇ.

## 19:2 KUNKILIYA VENNEY

(Citta Vaittiyat Tirattu, Page No. 256)

- |                       |          |
|-----------------------|----------|
| 1. Vellaik kunṭiliyam | 175 gms. |
| 2. Nallenney          | 350 gms. |

**Method of Preparation:**

Boil items 1 and 2 together till the former is dissolved into the latter. Pour this into another container with water and churn. A buttery product will separate out. Collect it and knead with some quantity of ilanir and then store in a jar with water. The water in the jar should be carefully changed every day.

**Dose:**

3-6 gms.

**Vehicle :**

Ēlaricip poṭi

**Important Therapeutic Usage:**

Given internally in cases of Mēka vellai, Nirk-kāṭuppu, Uṭkāṇkai, Vayirru Ericcal, Muka erivu and Kai-kāl kantal.

Applied externally in cases of Ticcuṭṭa puṇ, puṇ, and Koppulam.

## 19:3 PALAKKIRĀMPU PAKKUVA VENNEY

(Citta Vaittiyat Tirattu, Page No. 296)

- |                   |          |
|-------------------|----------|
| 1. Elumiccampalam | 1 No.    |
| 2. Kirāmpu        | 108 Nos. |
| 3. Venney         | 120 gms. |

**Method of Preparation**

Take a big specimen of item 1. Pierce with a thick needle 108 holes. Insert through each hole, a decapitated Kirāmpu, by its stalk. Then encase this in item 3 making a sphere (10 cms. dimetre) and float it in water kept in a vessel. Change the water every day, for 40 days. After the 40th day, recover only the Venney and store in a copper vessel.

**Important Therapeutic Usage:**

This medicine is used as an eye ointment in the following :

Kaṇṭilai cāṭutal, Kaṇnerivu, Kaṇṇoykal. When used for 40 days, all chronic eye diseases will be cured.

NOTE.— It will cause irritation in the eyes and produce profuse lachrymation which will cease on wiping away the ointment from the eyes.

## 19:4 VAṆKA VENNEY

(Citta vaittiyat Tirattu, Page No. 301).

- |                    |           |
|--------------------|-----------|
| 1. Vaṅkac centūram | 175 gms.  |
| 2. Mirutār ciṇki   | 175 gms.  |
| 3. Turucu          | 85 gms.   |
| 4. Venney          | 1400 gms. |

**Method of Preparation**

Make fine powders of item 1, 2 and 3. Mix these powders with item 4 and grind well.

**Important Therapeutic Usage**

For external application in Puṇkal.

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SECTION 20  
VATAKAM

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## VAṬAKAM

## DEFINITION

The powdered drugs are being made into a bigger size of pill after the cooking process.

## GENERAL METHOD OF PREPARATION

It is prepared by taking the individual drug, powdering them separately sieving them through a fine cloth, mixing them with brown or white sugar and keeping the mixture in a cloth loosely tied to the mouth of a vessel into which cow's milk and water has been previously poured so that the drugs do not come into contact with the liquid. Cover the vessel with another vessel inverted over it and heat the entire set up on a fire till the liquid is reduced to one-fourth. Take the drugs from the cloth that have been cooked in the vapours and pounding them in a mortar and rolled into balls of required weight and size and dried in shade.

## PRESERVATION AND STORAGE

Should be kept in clean, dry and air tight glass containers.

## SHELF LIFE

Vaṭakam retain their potency for three months.

## GROUP NO. 20

## VAṬAKAM

Sl. No.	Formulation	Reference			Page No. of the Formulary	
		Book	Year of Publication	Page No.	Stanza	
1	2	3	4	5	6	7
1.	Impūral Vaṭakam	Citta Vaittiyat Tiraṭṭu	1968	231	..	..
2.	Iṭci Vaṭakam	Tēraiyyar Taru	1975	44—45		
3.	Piraṇṭai Vaṭakam	Tēraiyyar Kāppiyam	1975	20—21		
4.	Tālicāti Vaṭakam	Tēraiyyar Pāṭal tiraṭṭu	1975	28		
5.	Vāḷaippū Vaṭakam	Citta Vaittiyat Tiraṭṭu	1968	231		

## 20:1 IMPŪRAL VAṬAKAM

(Citta Vaittiya Tirattu, Page No. 231.)

- |                    |         |
|--------------------|---------|
| 1. Impūral camūlam | 1 part  |
| 2. Miḷaku          | 1 part  |
| 3. Paṇaṇ kaṇkaṇṭu  | 2 parts |

## Method of Preparation :

Pound all the ingredients finely and make 1 gm. pills.

## Dose :

One pill for two or three days.

## Important therapeutic usage :

Kuruti alal nōy, Irumal.

## 20:2 IŪCI VATAKAM

(Teraiyar Taru, Page No. 44, 45)

- |                     |                     |
|---------------------|---------------------|
| 1. Iūci             | 8 parts             |
| 2. Cukku            | 1 part              |
| 3. Miḷaku           | 1 part              |
| 4. Tippili          | 1 part              |
| 5. Uppu             | 1 part              |
| 6. Kottamalli vitai | 1 part              |
| 7. Ilavaṇkam        | 1 part              |
| 8. Ōmam             | 1 part              |
| 9. Kaṭukkāyt tōl    | 1 part              |
| 10. Tayir           | Sufficient quantity |
| 11. Ney             | Sufficient quantity |

## Method of preparation :

Gently fry items to 9 with item 11 and grind with item 10. Make 1 gm. pills and dry.

## Dose :

One pill twice or thrice daily.

## Vehicle

Taṇṇir (Water)

## Important therapeutic usage :

Vallai nōi, Muppiṇi, Acraṇam, Mantam, Uṭal nalivu.

## 20:3 PIRANṬAI VAṬAKAM

(Tēraiyaṇ Kāppiyam, Page No. 20-21.)

- |                  |          |
|------------------|----------|
| 1. Piraṇṭai      | 350 gms. |
| 2. Kaṭukkāyt tōl | 35 gms.  |
| 3. Cukku         | 35 gms.  |
| 4. Kollu         | 35 gms.  |

5. Uḷuntu	35 gms.
-----------	---------

6. Maṇṇaḷ	35 gms.
-----------	---------

7. Miḷaku	35 gms.
-----------	---------

8. Vēḷaippūṇṭu	35 gms.
----------------	---------

9. Cīrakam	35 gms.
------------	---------

10. Vāiviṭaṇkam	35 gms.
-----------------	---------

11. Intuppu	35 gms.
-------------	---------

12. Puḷittu Kāṭi	Sufficient quantity.
------------------	----------------------

13. Mōr	Sufficient quantity.
---------	----------------------

## Method of preparation :

Remove the skin from item 1 by scraping, split the pieces and put in a container. Pour enough of item 13 to submerge the pieces. Keep in sun for two days and dry so that the slime disappears. Pound it finely, Grind drugs 2 to 11 with item 12 add with more of item 13 and dry in sun. Mix into the pounded Piraṇṭai and make small lumps, (10 gms). This preparation may be consumed as such or after frying in ney.

## Important therapeutic usage :

If regularly taken, it cures the following ailments :— Mantattutaṇ, Kūtiya vāyu, Peruva-yiru, Vayirru vali, Naṇcu vali, Uḷaivu, Kaṭuttal and Aiya ppiṇkaḷ. It will strengthen the body.

## 20:4 TĀḶICATI VĀṬAKAM

(Teraiyar Patal Tirattu, Page No. 28.)

- |                      |                      |
|----------------------|----------------------|
| 1. Tāḷica pattiri    | 4 parts              |
| 2. Miḷaku            | 4 parts              |
| 3. Cevviyam          | 4 parts              |
| 4. Tippili           | 8 parts              |
| 5. Tippili mulam     | 8 parts              |
| 6. Cukku             | 12 parts             |
| 7. Ilavaṇkap paṭṭai  | 1 part               |
| 8. Ilavaṇkap pattiri | 1 part               |
| 9. Cīṇāṇkappū        | 1 part               |
| 10. Ēlam             | 1 part               |
| 11. Kuruvēr          | 1 part               |
| 12. Cīṇarattai       | 1 part               |
| 13. Karumpu vellam   | 64 parts             |
| 14. Pacum Pāl        | Sufficient quantity. |

## Method of preparation :

Pour item 14 in a vessel and stretch a cloth loosely over the mouth of the vessel and secure firmly by binding. Powder the drugs 1 to 12 and mix with item 13. Keep this mixture in the cloth. Cover with a suitable lid. Heat the vessel till the drug mixture cooked in steam. Take the cooked drug mixture, pound in a mortar, roll into 1 gm. pills and dry.

**Dose :**

One pill, twice a day.

**Important therapeutic usage :**

Aiyam, vali, Ninakkalical, Vayirivaical,  
Vānti, Peruṅkalical, and Pakkaculai nōy.

**20:5 VĀLAIPPŪ VAṬAKAM**

(Citta Vaitṭiyat Tirattu, Page No. 231.)

1. Montaṇ vālaippū	Sufficient quantity.
2. Ilavaṅkam	10 gms.
3. Cātikkāy	10 gms.
4. Cātip pattiri	10 gms.
5. Karivēppilai	10 gms.
6. Kañcā	10 gms.
7. Kaṇṭaka cinki	4 gms.
8. Erumai mōr	Sufficient quantity.

**Method of preparation :**

Take the inner most compact tender portion of item 1 by removing the loose spathes out-side. Split into two and scoopout a depression. Pack into it the mixed powders of item 2 to 7 and bind with a thread. Pour item 8 in a vessel, hang the packet into Erumai mōr and boil till fully cooked. Take the packet, remove the thread and grind well. Make 1 gm. pills and dry.

**Dose :**

One pill, twice a day.

**Vehicle****Tanṇir :****Important therapeutic usage**

Perumpāṭu





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SECTION 21  
CŪRAṆAM

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## CŪRANAM

## DEFINITION

The finely powdered form of a drug or drugs are known as Cūranam.

## GENERAL METHOD OF PREPARATION

The drugs should be dried and free from foreign matters. Then the individual drugs should be separately powdered and sieved through a fine mesh or cloth. Then the required quantities by weight are taken and thoroughly mixed to uniformity.

## PRESERVATION AND STORAGE

To be kept in a clean, dry, air tight glass containers.

## SHELF LIFE

Cūranam retain their potency for three months.

## GROUP No. 21

## CŪRANAM

Sl. No.	Formulation	Reference			Page No. of the Formula
		Book	Year of Publication	Page No. Stanza	
1	2	3	4	5	6
1.	Amukkarāc Cūranam	Akattiyar Vaittiya ratnac Curukkam-360	1970	—	129-130
2.	Aṭṭātic Cūranam	Tañcai Vaittiya rāja Cintāmaṇi-Part I.	1953	21-22	
3.	Cintil Cūranam	Agattiyar Pari Pūrnām-400	1964	..	324-325
4.	Cirakac Cūranam	Pulippāṇi Vaidyam-500	1969	..	339-341
5.	Civataic Cūranam	Citta Vaittiyat Tiraṭṭu	1968	218	
6.	Cuṇṭai Vaṇṇal Cūranam	Tēraiyyar Karical-300	1915	88	
7.	Ēlātic Cūranam	Akattiyar Vaittiya ratnac Curukkam-360	1970	..	149-150
8.	Iñciṇ Cūranam	Citta Vaittiyat Tiraṭṭu	1968	216	
9.	Kalaṇci Cūranam	Hospital Pharmacopoeia-siddha.	1957	38	
10.	Mayilīrakātic Cūranam	Tēraiyyar Pāṭal Tiraṭṭu	1975	26	
11.	Nilavākaic Cūranam	Akattiyar Vaittiya ratnac Curukkam-360	1970	—	139-141
12.	Pañcatipākkinic Cūranam	Akattiyar Vaittiyaratnac Curukkam-360	1970	—	137-138
13.	Paṇāṅkipattāic Cūranam	Tēraiyyar Taru	1978	48	
14.	Tāḷicātic Cūranam	Citta Vaittiyat Tiraṭṭu	1968	228-229	
15.	Tayirc cuṇṭic Cūranam	Citta Vaittiyat Tiraṭṭu	1968	222	
16.	Tirāṇci Cūranam	Tēraiyyar Karical-300	1915	85,86	
17.	Tiri kaṭukuc Cūranam	Akattiyar Paripūranam-400	1964	—	300
18.	Tiri palaic Cūranam	Hospital Pharmacopoeia-Siddha.	1957	47	

## 21 : 1. AMUKKARĀC CURANAM

(Akattiyai Vaittiya irattinac curukkam, Stanza No. 129-130.)

1. Kirāmpu	1 part
2. Cirunākappū	2 parts
3. Ēlam	4 parts
4. Mīlaku	8 parts
5. Tippili	16 parts
6. Cukku	32 parts
7. Āmukkarā	64 parts
8. Carkkarai	128 parts

## Method of Preparation :

Clean items 1 to 7 and powder each of them and mix. Add sugar (item 8) and mix well.

## Dose :

500-1000 mg.

## Vehicle :

Tēṇ Vennir, Kāintāriya nīr.

## Important therapeutic usage :

8 types of Kuṇṁam, Ilappāṭṭīral nōy, Kuttu Vāyvu, Mēkavṭṭai, Vellai Vikkal, Veluppu nōy, Iraippu, Ilaiippuc-cayam, Vāṇṭai, Kai-kāl erivu and Aiyam.

This medicine is an anabolic.

## 21 : 2. AṬṬĀTIC CURANAM

(Taṇṇai Vaittiya rāja cintāmaṇi, Part I, Page No. 21-22)

1. Cukku	35 gms.
2. Tippili	35 gms.
3. Mīlaku	35 gms.
4. Cīrakam	35 gms.
5. Karuññīrakam	35 gms.
6. Intuppu	35 gms.
7. Ōmam	35 gms.
8. Peruññāyam	8.75 gms.

## Method of Preparation :

Fry and powder each item separately. Weight, mix and pound again.

## Dose :

500—1000 mg., twice a day

## Vehicle :

Carkkarai

## Important Therapeutic Usage :

Ceriyāmai, Paciyiṇmai, Muṇṇṭal Vāḷi Nōy. (carvāṇka vāṭum)

## 21 : 3. CINTIL CŪRANAM

(Akattiyar Paripūranam-400, Stanza No. 324-325)

1. Cintil taṇṭu (that has been washed in water 21 times, soaked in milk and dried.)	1 part
2. Karicālaic cūranam	1 part
3. Pūnākam (that has been put in milk to empty its intestine and then dried and powdered).	1 part

## Method of Preparation :

Mix the above three ingredients.

## Dose :

1-2 gms.

## Vehicle : Important therapeutic usage

1. Ney	Mēkam, Kavicaī, Irumal, Ilaiippū viraivāyu, Aiyam, Nīrccurukku, Vāḷi, Vāṇṭai, alai, ilai and En-purukki nōy,
2. Ten	Kuṇṁa nōy, Nācippuṇkal, Cīrā-ippinīcam
3. Carkkarai	Mayir vēṭṭu, Puluvēṭṭu, [It will improve (eye sight) the acuity of vision.]

## 21 : 4. CĪRAKAC CURANAM

(Pulippāṇi Vaittiyam-500, Stanza No. 339—341)

1. Cīrakam	1 Part
2. Carkkarai	$\frac{1}{4}$ part

## Method of Preparation :

Remove foreign matter from item 1 put in a porcelain container and soak in the following juices one after another, each time drying it.

1. Elumiccampalac cāru	Sufficient quantity
2. Karuppañ cāru	-do-
3. Mucumucukkai ilaic cāru	-do-
4. Nellikkāy cāru	-do-
5. Tūtuvaḷai ilaic cāru	-do-
6. Vēppampattāic cāru	-do-
7. Tumpai ilaic caru	-do-

Finally pound well to make a fine powder, sieve and mix with item 2 (carkkarai).

## Dose :

1-2 gms. twice a day for 40 days.

## Important Therapeutic Usage :

All type of Alai, Kīrūkiṇṇu, Vāṇṭi, Pacī man-tam, Kaṇkai and Veppam.

## 21:5 CIVATAIC CŪRANAM

(Citta Vaittiyat Tirattu, Page No. 218)

1. Ilavaṅkam	1 part
2. Kaṭukkāy, Taṇṇikkāy, Nellikkāy- Each	1 part
3. Cukku, Miḷaku, Tippili-each	1 part
4. Ēlam	1 part
5. Ciṇunākappū	1 part
6. Kōraikkilāṅku	1 part
7. Civatai vē	4 parts
8. Pāl	Sufficient quantity

## Method of Preparation :

Boil item 7 in item 8 and remove the central core of the root. Dry in sun and powder. Mix it with fine powders of items 1 to 6.

## Dose :

1-2 gms.

## Vehicle :

Tēṇ and Carckkarai.

## Important Therapeutic Usage :

Malakkattu, Veppu, Vāyu.

## 21:6. CUNTAL VARRAL CŪRANAM

(Tēraiyyar Karical-300, Page No. 88)

1. Cuṇṭai varṇal	1 part
2. Kaṇivēppilai	1 part
3. Māmparuppu	1 part
4. Ōmam	1 part
5. Nelli varṇal	1 part
6. Mātulaṃpaḷat tōl	1 part
7. Ventayam	1 part

## Method of Preparation :

Dry and fry all the ingredients gently and pound into a fine powder. Sieve and store.

## Dose :

1-2 gms.

## Vehicle :

Erumait tayir

## Important therapeutic usage :

Porumal, Māntam, Iraiccal, Kaḷiccal, Eruvāy mulai nōy, Peruṇ kaḷiccal, Niṇakkaliccal.

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## 21:7 ĒLĀTIC CŪRANAM

(Akattiyar Vaittiya irattiṇac curukkam, Stanza No. 149-150)

1. Kirāmpu	1 part
2. Miḷaku	2 parts
3. Ciṇunākappū	4 parts
4. Tāḷicap pattiri	8 parts
5. Kūkai nī	16 parts
6. Cukku	32 parts
7. Ēlakkāy	64 parts
8. Carckkarai	127 parts

## Method of Preparation :

Powder items 1 to 7. Mix with item 8 and store in a new earthen vessel.

## Dose :

1-2 gms., twice a day

## Vehicle :

Nīr, Tēṇ, Pāl.

## Important Therapeutic Usage :

Alai nōy, Vali nōy, vāyu, Kiranti, Puṇ, Ūral Arikiranti, Kuṇaiṇōy, Toḷu nōy, Perumpāṭu, Elumpurukki, Cori Ciraṅku, Ciriya naccuk kaṭi.

## 21:8 IN̄CIC CŪRANAM (KAN̄TĀTTIRI CŪRANAM)

(Citta Vaittiyat Tirattu, Page No. 216)

1. Iñci	3 parts
2. Tippili	3 parts
3. Miḷaku	3 parts
4. Tippili mūlam	1 part
5. Ēlam	1 part
6. Cukku	1 part
7. Cātikkāy	1 part
8. Caṭāmāñcil	1 part
9. Cīakam	1 part
10. Cōmpu	1 part
11. Kōṭṭam	1 part
12. Ciṇunākappū	1 part
13. Ilavaṅkap pattiri	1 part
14. Veṭṭivēr	1 part
15. Kirāmpu	1 part
16. Cātip pattiri	1 part
17. Tāḷicap pattiri	1 part
18. Nāṭṭuc carckkarai	10 parts
19. Ney	Sufficient quantity

**Method of Preparation :**

Scrap off the skin from iñci, chop into pieces, fry in ney and powder. Powder item 2 to 17 individually. Mix these powders, iñci powder and item 18 and store.

**Dose :**

1-2 gms.

**Important Therapeutic Usage :**

Cuvai inmai, Ūṇ veruppu, Pakka vāyu, Kulai erivu, Vāyvu, Vānti, Kōlai and Cūṭaka vāyu.

**21:9 KALARCIC CŪRAṆAM**

(Hospital Pharmacopoeia, Page No. 38)

- |                          |         |
|--------------------------|---------|
| 1. Kalarcip parupput tūl | 1 part  |
| 2. Miḷakut tūl           | 1½ part |

**Method of preparation :**

Mix both the ingredients and store.

**Dose :**

300—1000 mg.

**Vehicle :**

Vennir

**Important Therapeutic Usage :**

Viraivātam, Yāṇaik kāl nōy.

**Note :—**Tūl (Ref. No. 1) is nothing but a fine powder of the particular drug.

**21:10 MAYILIRAKĀTIC CŪRAṆAM**

(Tēraiyaṇ Pāṭal Tirattu, Page No. 26)

- |   |          |
|---|----------|
| 1. Tippili  | 8 Parts  |
| 2. Cīrakam  | 10 parts |
| 3. Mayiliraku cuṭṭa cāmpal<br>(Ash of peacock Feathers) | 4½ parts |

**Method of Preparations :**

Powder items 1 and 2 finely and mix well with item 3.

**Dose :**

500—1000 mg.

**Vehicle :**

Tēn

**Important Therapeutic Usage :**

Vikkal

**21:11 NILAVĀKAIC CŪRAṆAM**

(Akattiyar Vaṭṭiya irattiṇac curukkam, Stanza No. 139—141)

- |                   |         |
|-------------------|---------|
| 1. Nilavākai ilai | 1 part  |
| 2. Cukku          | 1 part  |
| 3. Miḷaku         | 1 part  |
| 4. Ōmam           | 1 part  |
| 5. Vāyviṭṭāṇkam   | 1 part  |
| 6. Carṅkarai      | 5 parts |

**Method of Preparation :**

Dry items 1 to 5 in sun, pound into fine powder and mix with item 6.

**Dose :**

1-2 gms., twice a day

**Vehicle :**

Vennir

**Important Therapeutic Usage :**

Malakkattu, Vāyvu, alal, Veppa nōy, Porumal, Viṇṇmal, Aiya nōy, Vikkal, Vānti, Uṭamperivu, Iraippirumal.

**21:12 PAṆCATĪPĀKKINIC CŪRAṆAM**

(Akattiyar Vaṭṭiya irattiṇac curukkam, Stanza No. 137—138)

- |                    |         |
|--------------------|---------|
| 1. Tirikatuku-each | 1 part  |
| 2. Ēlam            | 1 part  |
| 3. Cīrakam         | 1 part  |
| 4. Carṅkarai       | 5 parts |

**Method of Preparation :**

Gently fry items 1 to 3, powder and mix with item 4.

**Dose :**

1-2 gms.

**Vehicle :**

Tēn or Ney

**Important Therapeutic Usage :**

Porumal, Veppanōy, Cūlai, Vāyu, Alal vāyu, Aiya nōy Ceriyāmai, Mayakkam, Kīrūkiruppu, Eṇṇucuram Eṇṇuveṭṭai, Mūlavāyu.

**Diet restrictions :**

Avoid Puḷi Pukai and foods with Kacappuccu-vai.

(Tamarind, Tobacco and foods with bitter taste)

**Note :**

This medicine may be administered as Vehicle with Kāntaṇ cēntūram.

## 21:13 PARĀṆKIPPATTAIC CŪRANAM

(Tēraiyaṛ Taru, Page No. 48)

- |                             |        |
|-----------------------------|--------|
| 1. Paraṅkie cakkai-purified | 1 part |
| 2. Karaṇṭuḷaci ilaic cāru   | 1 part |

## Method of Preparation :

Mix both the ingredients, dry in sun and powder finely.

## Dose :

1-2 gms.

## Vehicle :

Carkkarai

## Important Therapeutic Usage :

Mēkam, Karuṅkuṭṭam, Venkuṭṭam,

The medicine will increase appetite and improve complexion.

## Method of Preparation :

Clean, dry in sun gently fry and finely powder items 1 to 27 sieve the powder and mix with item 28.

## Dose :

500—1000 mg. twice a day.

## Vehicle :

Ten

## Important Therapeutic Usage :

Vali nōy of 80 types, Alal nōy of 40 types, Aiyam of 96 types, Coṛi, Ciraṅku, Vayirṇerivu, Kuṇṇam, Alal kuṇṇam, Vāyu, Vayirru vali, Nirṇurukku, Curam, Vāyil nīr curattal, Vellai, Uḷvaratci, Tākam, Porumal, Kātiraiccal, Irumal, Kai-kāl Kuṭaiccal, Tonṭaikkattū, Nirṇkattū, Vayirri kenṭai, Mayakkam, Uḷḷurukki, Maruṇṭiṭṭu, Irāl varatci, Nirṇkattuppu, Neṇṇerippu, Kai-kāl kaṭuppu, Ciravāyu, Enṇu curam, Nirṇerical and Kūpāla vāyu, Mañical nōy, Veppam, Enṇurukki nōy.

## 21:14 TĀLICĀTIC CŪRANAM

(Citta Vaittiyaṭ Tiratṭu, Page No. 228—229)

- |                       |          |
|-----------------------|----------|
| 1. Tālicap pattiri    | 1 part   |
| 2. Ilavaṅkap pattai   | 1 part   |
| 3. Ēlam               | 1 part   |
| 4. Cukku              | 1 part   |
| 5. Atimaturam         | 1 part   |
| 6. Peruṅkāyam         | 1 part   |
| 7. Nellimulli         | 1 part   |
| 8. Kōṭṭam             | 1 part   |
| 9. Tippili            | 1 part   |
| 10. Karuṇṇirakam      | 1 part   |
| 11. Catakuppai        | 1 part   |
| 12. Ōmam              | 1 part   |
| 13. Naṇṇirakam        | 1 part   |
| 14. Tippilik kattai   | 1 part   |
| 15. Kirāmpu           | 1 part   |
| 16. Cātipattiri       | 1 part   |
| 17. Kaṇṇaṭakaciṅki    | 1 part   |
| 18. Cātikkāy          | 1 part   |
| 19. Tāṇṇikkāyt tōl    | 1 part   |
| 20. Kaṇṇukkāyt tōl    | 1 part   |
| 21. Caṭāmāñcil        | 1 part   |
| 22. Milaku            | 1 part   |
| 23. Ciṇṇāṅkappū       | 1 part   |
| 24. Caṇṇapa mokku     | 1 part   |
| 25. Vāyviṭaṅkam vittu | 1 part   |
| 26. Ilavaṅka pattiri  | 1 part   |
| 27. Kottumalli vittu  | 6 parts  |
| 28. Carkkarai         | 12 parts |

## 21:15 TAYIRC CUNṬIC CŪRANAM

(Citta vaittiyaṭ tirattu, Page No. 222)

- |                         |          |
|-------------------------|----------|
| 1. Intuppu-purified     | 1 part   |
| 2. Valayaluppu-purified | 1 part   |
| 3. Pūṇiṇu-purified      | 1 part   |
| 4. Cōṇṇuppu-purified    | 1 part   |
| 5. Kalluppu-purified    | 1 part   |
| 6. Cukku (scraped)      | 5 parts  |
| 7. Puḷitta tayir        | 40 parts |

## Method of Preparation :

Soak items 1 to 6 in item 7 by keeping in sun till dry. Then powder finely sieve and store.

## Dose :

1-2 gms.

## Vehicle :

Vennir

## Important Therapeutic Usage :

Kaḷiccal, Ceriyāmai.

## 21:16 TIRĀTCĀTIC CŪRANAM

(Tēraiyaṛ Karical-300, Page No. 85-86)

- |                   |        |
|-------------------|--------|
| 1. Tirātcai (dry) | 1 part |
| 2. Pēriccaṇ kāy   | 1 part |
| 3. Kōraik kalaṅku | 1 part |
| 4. Kāṭṭumilaku    | 1 part |
| 5. Cantanattūl    | 1 part |
| 6. Neṇṇori        | 1 part |

7. Kūkai nīr	1 part
8. Ēlam	1 part
9. Naṇṇakam	1 part
10. Veṭṭivēr	1 part
11. Tīrikaṭuku (each one part of Cukku, 1 part Mīḷaku and tippili)	1 part
12. Pērāmuṭṭi vēr	1 part
13. Tīripalai (each one part of Katuk- kāyt tōl, Tāṇṇikkāyt tōl and Nelli Varṇal)	1 part
14. Kōṭṭam	1 part
15. Atimaturam	1 part
16. Ciṇṇāmuṭṭi vēr	1 part
17. Cīntil carṅkarai	1 part
18. Nīlakkumīḷ vēr	1 part
19. Ciṇṇāmali vēr	1 part
20. Neruñcil Vēr	1 part
21. Viḷāmiccam vēr	1 part
22. Maramaṇṇaḷ paṭṭai	1 part
23. Kirāmpu	1 part
24. Neytal Kīḷaṅku	1 part
25. Kattūri maṇṇaḷ	1 part
26. Kuṅkumappū	1 part
27. Kaccōḷam (Pūḷāṅkīḷaṅku)	1 part
28. Tāmarai vaḷayam	1 part
29. Carṅkarai	32 parts

**Method of Preparation :**

Pound items 1 to 28 finely and sieve. Mix with item 29 and keep.

**Dose :**

1-2 gms.

**Vehicle :**

Tēṇ

**Important Therapeutic Usage :**

Iḷaiṇṇu, Uḷalai, Erumal, Porumal, Kuṇṇam, Kācācuvācam, Kōṭiya vayiṇṇu nōy, Vānti, Kayam with curam, Caṇṇi, Tiyakkam, Mayakkam, 40 varieties of Alal, Nālir, Erivu, alal veḷuppu nōy, Eṇṇurukki nōy, Ūṇ veṇṇuppu and vellai.

**21:17 TIRIKATUKUC CURANAM**

(Akattiyar Paripūraṇam-400, Stanza No. 300)

1. Cukku	1 part
2. Mīḷaku	1 part
3. Tippili	1 part

**Method of Preparation :**

Powder each item separately, sieve and then mix them.

**Dose :**

1-2 gms.

**Important therapeutic usage :**

As Vehicle with other medicines in cases of Paciyiṇṇai, Vayiṇṇu porumal, Vayiṇṇu vali, vali, Irumal, Curam, etc.

**21:18 TIRIPALAIC CŪRANAM**

(Hospital Pharmacopoeia, Page No. 47)

1. Kaṭukkāyṭtōl	1 part
2. Nellikkāy (without seed)	1 part
3. Tāṇṇikkāyṭ tōl	1 part

**Method of Preparation :**

Powder each item separately, sieve and mix them

**Dose :**

1-2 gms.

**Vehicle :**

Tēṇ

**Important Therapeutic Usage :**

Malakkāṭṭu, May also be used as mouth wash in cases of vāiṇṇu and also for washing wounds and ulcers.



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SECTION 22

KUTINIR

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## KUTINIR

## DEFINITION

Kutinir is the decoction of the drugs.

## GENERAL METHOD OF PREPARATION

Decoctions are prepared by boiling the fresh green drugs or dried drugs with the addition of the specified volume of water till the water is reduced to one eighth or as per specified. Then it is to be filtered.

## PRESERVATION AND STORAGE

Should be kept in a clean closed glass container.

## SHELF LIFE

Kutinir retain their potency for three hours. But if they are prepared and protected properly they may remain good for 24 hours.

## GROUP NO. 22

## KUTINIR

Sl. No.	Formulation	Reference			Page No. of the Formulary
		Book	Year of Publication	Page No. Stanza	
1	2	3	4	5	6
					7
1.	Ātātōṭaik Kuṭinir	Citta Vaittiyat Tirattu	1968	291	
2.	Kapa Curak Kuṭinir	Citta Vaittiyat Tirattu	1968	291	
3.	Maṇṭūrāti Āṭaik Kuṭinir	Kuṇa Pāṇam-Part 203	1970	117	
4.	Nākkuppūccik (Kolli) Kuṭinir.	Citta Vaittiyat Tirattu	1968	293	
5.	Neruñcil Kuṭinir (Nirm-ullik Kuṭinir)	Citta Vaittiyat Tirattu	1968	292	
6.	Nila Vēmpu Kuṭinir	Citta Vaittiyat Tirattu	1968	291	
7.	Nocck Kuṭinir	Citta Vaittiyat Tirattu	1968	291	
8.	Piṭaṅka nāṇik Kuṭinir	Citta Vaittiyat Tirattu	1968	292	
9.	Pita curak Kuṭinir	Citta Vaittiyat Tirattu	1968	291	
10.	Tamarakak Kuṭinir	Citta Vaittiyat Tirattu	1968	293	
11.	Tirākṣaik Kuṭinir	Hospital Pharmacopoeia-siddha.	1957	54	
12.	Vāta Curak Kuṭinir	Citta Vaittiyat Tirattu	1968	290	

## 22:1 ĀTĀTŌṬAIK KUTINĪR

(Citta Vaittiyat tiraṭṭu, Page No. 291)

- |                   |                     |
|-------------------|---------------------|
| 1. Ātātōtai leaf  | 2 or 3 No.          |
| 2. Atimaturam     | 2 gms.              |
| 3. Tālca pattiri  | 2 gms.              |
| 4. Aricit tippili | 2 gms.              |
| 5. Tēn            | Sufficient quantity |

**Method of Preparation :**

Cut item 1 into fine bits and fried gently in tēn. Then add other drugs and prepare decoction.

**Dose :**

30-60 ml., twice a day.

**Important Therapeutic Usage :**

Irumal, Paci iṇmai, Nātpaṭṭa Irumal, and Iraippirumal.

**Note :**

This decoction is used as vehicle for Kattūri karuppu and Tālakak karuppu.

For one part by weight of total drugs, 16 parts of water is added and boiled to reduce the decoction to 1/8 in volume to prepare this Kutinīr.

## 22:2 KAPACURAK KUTINĪR

(Citta Vaittiyat Tiraṭṭu, Page No. 291)

- |                       |         |
|-----------------------|---------|
| 1. Cukku              | 35 gms. |
| 2. Tippili            | 35 gms. |
| 3. Paṇaṅkam           | 35 gms. |
| 4. Cirukaṇṇai vēr     | 35 gms. |
| 5. Akkirakāram vēr    | 35 gms. |
| 6. Muḷli vēr          | 35 gms. |
| 7. Kaṭukkāy tōl       | 35 gms. |
| 8. Ātātōtai ilai      | 35 gms. |
| 9. Kaṇṇāra vaḷḷi ilai | 35 gms. |
| 10. Kōṭṭam            | 35 gms. |
| 11. Cīntil taṇṭu      | 35 gms. |
| 12. Cīru tēkku        | 35 gms. |
| 13. Nilavēmpu camūlam | 35 gms. |
| 14. Vaṭṭattiruppi vēr | 35 gms. |
| 15. Kōraik kiḷaṅku    | 35 gms. |

**Method of Preparation :**

Coarsely powder the drugs individually and mix [Boil 35 gms. of the powder in 3 litres of water and reduce to one twelfth of the volume (250ml.)]

**Dose :**

30—60ml., twice or thrice daily.

**Vehicle :**

Cantrirōtaya māttirai and Kōrōṇai māttirai.

**Important Therapeutic Usage :**

Aiya curam.

## 22:3 MANTŪRĀTI AṬAIK KUTINĪR

(Kunapāṭam, Parts II &amp; III, Page 117)

- |                           |            |
|---------------------------|------------|
| 1. Maṇṭūram               | 35 gms.    |
| 2. Arappoṭi               | 35 gms.    |
| 3. Caṅkaṇ vēr (Muṭcaṅkaṇ) | 35 gms.    |
| 4. Cīrun eruṇṇi camūlam   | 35 gms.    |
| 5. Cāraṇai vēr            | 35 gms.    |
| 6. Kōvait taṇṭu           | 35 gms.    |
| 7. Nīr muḷli camūlam      | 35 gms.    |
| 8. Tāṇṇik kāy tōl         | 35 gms.    |
| 9. Kaṭukkāy tōl           | 35 gms.    |
| 10. Nelli vaṇṇal          | 35 gms.    |
| 11. Puḷi ilai             | 35 gms.    |
| 12. Vēppam paṭṭai         | 35 gms.    |
| 13. Viḷutik kīrai         | 35 gms.    |
| 14. Kaṇi māṇṇal           | 35 gms.    |
| 15. Maṇalik, kīrai        | 35 gms.    |
| 16. Naṇṇāri vērp paṭṭai   | 35 gms.    |
| 17. Vāḷutunai vēr         | 35 gms.    |
| 18. Konrai paṭṭai         | 35 gms.    |
| 19. Kaṇṇālai vēr          | 35 gms.    |
| 20. Ātutṭāp pālai camūlam | 35 gms.    |
| 21. Ceṅkattārip paṭṭai    | 35 gms.    |
| 22. Cīru kuṇṇiṇṇai vēr    | 35 gms.    |
| 23. Curiak koṭi           | 35 gms.    |
| 24. Pātiri vēr            | 35 gms.    |
| 25. Aricik kāṭi           | 10-4 lits. |
| 26. Pacu nīr              | 10-4 lits. |

**Method of Preparation :**

Coarsely pound drugs 1 to 24, mix with 25 and 26 and boil well. Then leave it on the oven, so that it is always hot though not boiling. Take decoction as and when required.

**Dosē :**

30—60 ml., twice or thrice daily.

**Important Therapeutic Usage :**

Vēlluppu, Ūtal, Maṇṇal nōy, Peruvayirū Vayirṇil katti, (mars in the abdomen), Vikkam, Vayirṇu, Pōrumal

**Diet restrictions :**

Give Kaṇṇi type of food without salt.

Though the text says aricik kaṭi is to be used in the formula in practice, goat's urine is being used.

**Note :**

Though the text does not include Piṭaṅkaṇṇi and Ceṅkal Kīṭṭam in the formula; in practice they are also included.

**22:4 NĀKKUPPŪCCIK (KOLLI) KUTINĪR**

(Citta Vaittiyaṭ Tirattu, Page No. 293)

1. Palācu vittu	4 parts
2. Karuṇ cīrakam	4 parts
3. Vayu viṭaṅkam	4 parts
4. Ōmam	4 parts
5. Civatai vē	4 parts
6. Nilāvārai ilai	4 parts
7. Cōmpu	4 parts
8. Kaṭakarōkiṇi	2 parts

**Method of Preparation :**

Coarsely powder all the ingredients and make decoction when required [by boiling 25 gms. of powder with 500 ml. of water, till the decoction is reduced to 125 ml.]

**Dose :**

30---60 ml. along with a purgative.

**Important Therapeutic Usage :**

Nākkuppūcci, Timirppūcci, Kokkippulu, and other intestinal worms. The formulation itself is in the nature of a laxative.

**22:5 NERUŪŪCCIK KUTINĪR (NĪRMULLIK KUTINĪR)**

(Citta Vaittiyaṭ Tirattu, Page No. 292)

1. Neruncil camūlam	3.5 gms.
2. Nelli vaṇṇal	3.5 gms.
3. Nirmulli camūlam	3.5 gms.
4. Paraṅkic cakkai	3.5 gms.
5. Maṇattakkāli vaṇṇal	3.5 gms.
6. Carak koṇṇaip puli	3.5 gms.
7. Cōmpu	3.5 gms.
8. Veḷḷari vitai	3.5 gms.
9. Curaik koṭi	3.5 gms.
10. Kaṭuk kāyat tōl	3.5 gms.
11. Tāṇṇik kāyt tōl	3.5 gms.

**Method of Preparation :**

Clean the drugs, coarsely powder and prepare decoction (by boiling 25 gms. of powder in 500ml. of water till the decoction is reduced to 125 ml.).

**Dose :**

30—60 ml. twice daily.

**Important Therapeutic Usage :**

Ūtalnōy, Vīkkam, Peru vayiru, Nirkkattu, This medicine is a diuretic.

**22:6 NILAVĒMPUK KUTINĪR**

(Citta Vaittiyaṭ Tirattu, Page No. 291)

1. Nilavēmpuc camūlam	1 part
2. Veṭṭivēr	1 part
3. Viḷāmiccam vē	1 part
4. Cantāṇat tūl	1 part
5. Pēyppuṭal camōlam	1 part
6. Kōraik kiḷaṅku	1 part
7. Cukku	1 part
8. Miḷaku	1 part
9. Parapāṭakam	1 part

**Method of Preparation :**

Gently pound the drugs and mix. [Boil 25gms. of powder with 500ml. of water till the decoction is concentrated to 125 ml.]

**Dose :**

30—60 ml. twice daily.

**Important Therapeutic Usage :**

Kulir curam, alal curam.

**22:7 NOCCIK KUTINĪR**

(Citta Vaittiyaṭ Tirattu, Page No. 291)

1. (Tender leaves Noccik of) Koluntu	1 handful
2. Miḷaku	8 gms.
3. Pūṇṭu	4 gms.
4. Kammāṇu veṇṇilai	10 nos.

**Method of Preparation :**

Gently pound the drugs and make decoction.

The decoction should be prepared by boiling 25gms. of the drug mixture with 500ml. of water till reduced to 125 ml.

**Dose :**

30—60 ml. twice daily.

**Important Therapeutic Usage :**

Kulir curam, Aiyam.

**22:8 PITANĀKANĀRIK KUTINĪR**

(Citta vaittiyaṭ Tirattu, Page No. 292)

1. Piṭāṅkanāri ilai	3 or 4 nos.
2. Kaṭukkāy tōl	6 gms.
3. Kaṇi maṇical	3 gms.

**Method of Preparation :**

Gently pound the drugs and mix. To make decoction, boil 25 gms. of this powder with 500ml. water, till reduced to 125 ml.

**Dose :**

30—60 ml., twice a day.

**Important Therapeutic Usage :**

Curakkatti (Piliika vaḷarcci)

### 22:9 PITTA CURAK KUTINIR (PITTA VEPPUK KUTINIR)

(Citta Vaittiyat tirattu, Page No. 291)

1. Vilāmiccam vē	35 gms.
2. Cirukāñcori vē	35 gms.
3. Vilva vē	35 gms.
4. Pātiri vē	35 gms.
5. Atimaturam	35 gms.
6. Kōṭṭam	35 gms.
7. Nannāri	35 gms.
8. Nilāvārai	35 gms.
9. Cīrakam	35 gms.
10. Kottu malli vitai (Taniya)	35 gms.
11. Tumpai vē.	35 gms.
12. Pēriccāñkāy	35 gms.
13. Yānait tippili	35 gms.
14. Nelli vaṇṇal	35 gms.
15. Cukku	35 gms.

#### Method of Preparation :

Clean the drugs and coarsely powder. For making the decoction, boil 35 gms. of the powder with 3 lits. of water till reduced to one twelfth (1/12) after keeping the coarsely powdered drugs soaked in water for about 12 hours.

#### Dose :

30—60 ml. twice a day. Used as Vehicle for Kōrōcāñai māttirai.

#### Important Therapeutic Usage :

21 types of Alai curam.

### 22:10 TĀMARAKAK KUTINIR

(Citta vaittiyat Tirattu, Page No. 293)

1. Tamarakam of Veḷḷāṭu	1 No.
2. Uppu	Sufficient quantity
3. Milaku	10 Nos.
4. Ilavañkap paṭṭai	1/2 gms.
5. Cīrakam	1 pinch
6. Cōmpu	1 pinch
7. Cātikkayt tūl	1 pinch

#### Method of Preparation :

Cut item 1 into small pieces. Coarsely powder the rest of the drugs. Place in a porcelain container, cover with porcelain lid and seal with a cloth strip smeared with a paste of black gram or wheat. Place the container in a vessel containing water so that, the porcelain container is immersed upto the neck. Cover with a lid. Heat it on an oven for 3 hours. Allow to cool and take the liquid of the porcelain container for use.

#### Dose :

30—60 ml., once a day.

#### Important Therapeutic Usage :

Tamaraka nōikañil untākum Paṭapaṭappu (palpitations) Vamañi iṇmai, Kaṭinamāka mūcci viṭal vāñkal (dyspnoea)

### 22:11 TIRAKṢATIK KUTINIR

(Hospital Pharmacopoeia, Page No. 54)

1. tirākṣai (dry)	1 part
2. Cīmai cāmantiṭṭu	1 part
3. Peruñcīrakam (Cōmpu)	1 part
4. Nilāvārai Ilai	1 part
5. Veñ cīvatai vē	1 part
6. Rōjā moṭṭu	1 part

#### Method of Preparation :

Clean the drugs, coarsely pound and keep.

Boil 25 gms. of the above Cūraṇam with 500 ml. of water and reduce to 125 ml. decoction.

#### Dose :

30—60 ml. of decoction; twice a day, morning and evening.

#### Important Therapeutic Usage :

Alalāttikkam, Malakkattū.

### 22:12 VĀTA CURAK KUTINIR

(Citta vaittiya Tirattu, Page No. 290)

1. Peruñkāñcori vē	35 gms.
2. Tippili mūlam	35 gms.
3. Cittira mūlam	35 gms.
4. Cañkam vē	35 gms.
5. Vellerukkuc camūlam	35 gms.
6. Nilavempuc camūlam	35 gms.
7. Murukkan vittu	35 gms.
8. Kalaṇcci vē	35 gms.
9. Kaṇṭāñkattiric camūlam	35 gms.
10. Pērāmuṭṭi vē	35 gms.
11. Cittarattai	35 gms.
12. Māviliñkam vērpṭaṭṭai	35 gms.
13. Pērarattai	35 gms.
14. Ciṇukāñcori vē	35 gms.
15. Catakuppai	35 gms.
16. Viṣṇukarantaic camūlam	35 gms.
17. Cīrutēkku	35 gms.
18. Cukku	35 gms.
19. Tippili	35 gms.
20. Cevviyam	35 gms.
21. Kōṭṭam	35 gms.

#### Method of Preparation :

Clean the drugs, powder coarsely and mix. Divide the mixture into 21 equal parts. For making decoction, add 340ml. of water with one part (35gms.) of the powder and boil down to one fourth.

#### Dose :

30—60 ml. twice daily.

#### Vehicle :

Vātarāṭcacak kuḷikai, Tēp.

#### Important Therapeutic Usage :

Vaḷi curam, Naṭukku curam.

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SECTION 23  
PURA MARUNTUKAL

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## PURA MARUNTUKAL

## DEFINITION

The medicinal preparations which are being used externally are known as pura maruntukal.

These medicines are for external application in ailments such as skin diseases, inflammations, swellings and fissures, ulcers and scabies. They are of many types. They may be in the form of pastes, ointments, powders, pills and pencils. These are to be prepared as per their specifications. They have to be mixed or rubbed with specific materials that are recommended in the recipe before being used.

## PRESERVATION AND STORAGE

Should be kept in clean dry air tight glass containers.

## SHELF LIFE

Given under each category, as there is no general rule.

## GROUP NO. 23

## PURA MARUNTUKAL

Sl. No.	Formulation	Reference			Page No of the Formulary
		Book	Year of Publication	Page No. Stanza	
1	2	3	4	5	6
					7
1.	Kilijicil Meluku	Citta Vaittiyat Tirattu	1968	302	
2.	Meka Viranaka Kalimpu	Citta Vaittiyat Tirattu	1968	302	
3.	Mucamparap Parpu (Kuprip parpu)	Citta Vaittiyat Tirattu	1968	305	
4.	Ottu Eruvai	Citta Vaittiyat Tirattu	1968	301	
5.	Paccal Eruvai	Citta Vaittiyat Tirattu	1968	302	
6.	Patala Cankaran No.1	Citta Vaittiyat Tirattu	1968	305	
7.	Patala Cankaran No.2	Citta Vaittiyat Tirattu	1968	305	
8.	Patikara Nir	Kupa Patam Part 2 & 3	1970	230	
9.	Pun Poti	Citta Vaittiya Tirattu	1968	301	
10.	Vellai Meluku	Citta Vaittiya Tirattu	1968	303	
11.	Venkara Poti	Citta Vaittiya Tirattu	1968	301	

## 23:1 KILINČIL MELUKU

(Citta Vaidtiyat Tirattu, Page No. 302).

- |                     |                     |
|---------------------|---------------------|
| 1. Kilinčil         | Sufficient quantity |
| 2. Nellikkāy cāru   | Sufficient quantity |
| 3. Ciṛṛāmaṇakkenney | Sufficient quantity |

## Method of Preparation :

Heat item 1 by placing on burning charcoal and plunge into item 2. Do this 3 to 5 times and grind the treated kilinčil with item 3 to the consistency of soft wax.

## Important Therapeutic Usage :

For external application in Pitta vetippu (of soles).

## 23:2 MĒKAVIRANAK KALIMPU

(Citta Vaittiyat tirattu, Page No. 303)

- |                   |                     |
|-------------------|---------------------|
| 1. Iiṇkam         | 1 part              |
| 2. Iracam         | 1 part              |
| 3. Vīram          | 1 part              |
| 4. Pūram          | 1 part              |
| 5. Paḷuttam       | 1 part              |
| 6. Mayiluttam     | 1 part              |
| 7. Mirutār ciṇki  | 1 part              |
| 8. Nīraṭimuttu    | 1 part              |
| 9. Kārpōkarici    | 1 part              |
| 10. Kacakacā      | 1 part              |
| 11. Maṭṭaḷ meluku | 1 part              |
| 12. Tēnkāyenney   | Sufficient quantity |

## Method of Preparation :

Powder the first 10 items finely. Heat 11 and 12 and filter. To the filtrate add the drug powders by sprinkling and mix well till cooled.

## Important therapeutic usage :

For external application in Mēkappuṇkaḷ and Taṭippuḷḷa puṇkaḷ.

## 23:3 MŪCĀMPARAP PARRU (KUNRIP PARRU)

(Citta Vaittiyat Tirattu, Page No. 305)

- |                         |                     |
|-------------------------|---------------------|
| 1. Iracam               | 10 gms.             |
| 2. Karu vaṇkam          | 10 gms.             |
| 3. Mūcāmparam           | 10 gms.             |
| 4. Kaṇṭupāraṇki         | 10 gms.             |
| 5. Kuṇṇi vittup paruppu | 10 gms.             |
| 6. Āli vittu            | 10 gms.             |
| 7. Eṭṭi vittu           | 10 gms.             |
| 8. Peruṇkāyam           | 5 gms.              |
| 9. Kōlimuṭṭai veṇkaru   | Sufficient quantity |
| 10. Nallenney           | sufficient quantity |

## Method of Preparation :

Melt the drug No. 2 and made into an amalgaṃ by adding the first drug then powder it. Add powders of 3 to 8 and grind it adding the 9th drug for 3 hours. Finally grind with No. 10 to the consistency of an ointment.

## Important therapeutic usage

For external application in :—

Piṭṭippu, Vppu Vīkkaṃ (Swelling of legs) during pregnancy, Kuṭaiccāḷ, Ituppu ulaiju, Mūṭṭukaḷi nīr taṇkiṇa Mēka vāyvu, Araiyāppu and Toṭa vālai:

## 23:4 OTTU ERUVAI

(Citta vaittiyat Tirattu, Page No. 301)

- |                  |          |
|------------------|----------|
| 1. Tēnkāyenney   | 350 gms. |
| 2. Veṇmeluku     | 140 gms. |
| 3. Pūram         | 35 gms.  |
| 4. Mirutār ciṇki | 18 gms.  |
| 5. Turucu        | 18 gms.  |
| 6. Veṇkuṇkiliyam | 140 gms. |

## Method of Preparation :

Heat items 1 and 2 till item 2 melts and combines into item 1. Add fine powders of items 3, 4 and 5 and mix. When the mixture stops frothing, strain through a cloth. The powders of items 3, 4 and 5 will be retained in the cloth. Take the filtrate and grind with item 6 for 3 hours. Then grind with the addition of fresh water for another 6 hours. Remove the water and add fresh water again to continue grinding. This shall be repeated for a total of 7 times. Finally store the product after removing the water completely.

## Important Therapeutic Usage :

For external use, as plaster in cases of Puṇ.

## 23:5 PACCAI ERUVAI

(Citta vaittiyat Tirattu, Page No. 302)

- |                       |                     |
|-----------------------|---------------------|
| 1. Vellaip pātāṇam    | 140 gms.            |
| 2. Aritāram (Tālakam) | 140 gms.            |
| 3. Kaṇṭupāmpu         | 280 gms.            |
| 4. Veṇkuṇkiliyam      | 560 gms.            |
| 5. Nallenney          | Sufficient quantity |

## Method of Preparation :

Grind items 1 to 4 with item 5. Then add water and grind for some more time. Discard the water layer and add fresh water. Repeat this for a total of 10 times and take the product.

## Important Therapeutic Usage :

For external application in Ūṇvaḷarum Kaṭṭi and Puṇ.

**23:6 PATAIC CAṆKĀRAṆ (No. 1)**

(Citta Vaittiyat Tirattu, Page No. 305)

- |                           |                     |
|---------------------------|---------------------|
| 1. Aliñcōi vērp paṭṭai    | 1 part              |
| 2. Marukkārai vērp paṭṭai | 1 part              |
| 3. Marukkārai vittu       | 1 part              |
| 4. Paḷac cāru             | Sufficient quantity |

**Method of preparation :**

Powder finely the first three drugs. Grind them with paḷaccāru till a waxy consistency obtains.

**Dose :**

500—1000 mg. to be taken internally.  
(Shall also be used as external application.)

**Important therapeutic usage :**

Paṭartāmarai and Paṭaikaḷ

**23:7 PATAIC CAṆKĀRAṆ (No. 2)**

(Citta vaittiyat Tirattu, Page No. 305.)

- |                            |                     |
|----------------------------|---------------------|
| 1. Erukkam vērp paṭṭai     | 1 part              |
| 2. Kamputtāl (Kampi purai) | 1 part              |
| 3. Takarai vitai           | 1 part              |
| 4. Pāl (Milk)              | Sufficient quantity |

**Method of Preparation :**

Boil the items 1 to 3 with 4, till cooked. Then grind to a waxy consistency.

**Dose :**

500—1000 mg. internally (Shall also be used as external application.)

**Important therapeutic usage :**

For all types of Paṭai.

**23:8 PAṬIKĀRA NĪR**

(Kuṇapāṭam, Part 2 and 3, Page No. 230)

- |                   |            |
|-------------------|------------|
| 1. Paṭikāram      | 35 gms.    |
| 2. Taṇṇīr (Water) | 11.2 lits. |

**Method of preparation :**

Dissolve paṭikāram in the water.

**Important therapeutic usage :**

For gargling. Also used as eye drops and nasal drops in case of bleeding through nostrills.

For cleaning the Puṇ (ulcers)

**23:9 PUṆ POṬI**

(Citta Vaittiyat Tirattu, Page No. 301)

- |                     |                     |
|---------------------|---------------------|
| 1. Kenti (purified) | Sufficient quantity |
| 2. Ūmattānkāy       | -do-                |
| 3. Cānam (Cow dung) | -do-                |
| 4. Tuḷaci ilai      | -do-                |

**Method of preparation :**

Pack the first drug inside the second drug. Then cover it completely with cānam. Burn it with two cow dung cakes. Take out, and remove the cow dung layer and also the thorns of the second drug, and weighed. Take four parts of the drug no. 4 to the weight of the end product, grind it, and, dry in sun.

**Important therapeutic usage :**

For external application.

First apply Tēnkāy eṇṇay over the puṇ, cori and ciraṅku. Then dust the puṇ poṭi over the oil layer.

**23:10 VELLAI MELUKU**

(Citta Vaittiyat Tirattu, Page No. 303)

- |                    |           |
|--------------------|-----------|
| 1. Mañcaḷ meluku   | 1 part    |
| 2. Tēnkāy eṇṇey    | ½ part    |
| 3. Vellaip pāṭānam | 1/10 part |

**Method of Preparation :**

Heat the Tēnkāy eṇṇey and add item No. 1 little by little till a homogenous solution obtains. Add fine powder of item 3 to this and grind to the consistency of fine ointment.

**Uses :**

The medicine is smeared on a piece of gauze or cloth and applied to Kaṭṭi, Piḷavai and Ārāta puṅkaḷ for healing them. This ointment may be pressed into a small disc, warmed and applied on Araiyaṅṇu to abort it.

**23:11 VENKĀRAP POṬI**

(Citta Vaittiyat Tirattu, Page No. 301)

- |                    |                     |
|--------------------|---------------------|
| 1. Paccai veṅkāram | quantity sufficient |
|--------------------|---------------------|

**Method of Preparation :**

Soak lumps of Veṅkāram in cānippāl. Then wipe and dry. Finely powder the dried lumps.

**Important Therapeutic Usage :**

For external application in Puṇ, Purai and Paṭaikaḷ.



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**FORMULARY—SINGLE DRUGS**

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**LIST OF SINGLE DRUGS  
PLANT ORIGIN**

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## ĀKĀCA KARUṬAN KILĀṆKU

1. Iraca Kanti meḷuku

## AKATTIK KĪRAI

1. Cempu Paṟpam (Tāmira Paṟpam)
2. Tanka Paṟpam
3. Māṇ Kompup Paṟpam  
(Ciruṅki Paṟpam)

## ĀKĀYAT TĀMARAI ILAI

1. Uppuc Centūram
2. Caṅku Paṟpam

## AKIL KATTAI

1. Cintil Ney
2. Cukkut Tailam
3. Ilaku Cantanāṭit Tailam
4. Makā Ēlātik Kuḷikai

## AKKARAKĀRAM

1. Carapuṅka Vilvāti Ilakam
2. Emataṇṭak Kuḷikai
3. Kaṇat Tailam
4. Kapa Curak Kuṭinr
5. Karicālai Ilakam
6. Kōrōcanai Māttirai
7. Makā Ēlātik Kuḷikai
8. Mānta Eṇney No. 2
9. Nanti Meḷuku
10. Tūtuvaḷai Ney
11. Vacanta Kucumākaram
12. Vallārai Ney

## AḷIṆCIL VĒRPPATTAI

1. Paṭaic Caṅkāran No. 1
2. Ayapiruṅka Rāja Kaṟpam

## ĀLI VITTU

1. Mūcāmparap Paṟṟu (Kuṇṇip paṟṟu)

## ĀMAṆAKKU ILAI

Tanka Paṟpam

## ĀMANKKU ENNEY

1. Mānta Eṇney No. 2
2. Mēṇiṭh Tailam
3. Merukūḷit Tailam
4. Mūlakkuṭārat Tailam
5. Vāta kēcarit Tailam
6. Vellai Eṇney (Pūra Eṇney)

## ĀMANKKU VĒR

1. Cukkut Tailam
2. Pīnacat Tailam

## AMUKKARĀ

1. Amukkarāc Cūraṇam
2. Iraca Kanti Mēḷuku
3. Ijī Vallāti

4. Kantaka Rācāyaṇam

5. Makā Ēlātik Kuḷikai

6. Makā Vallāti Ilakam

7. Nanti Meḷuku

8. Nārattai Ilakam

9. Paṟaṅkip Paṭṭai Iracāyaṇam

## ĀṆAIKKĀṆCORI ILAI

1. Taṅkac Centūram

## ĀNAIT TIPPILI

1. Āṭātōtai Ney
2. Carapuṅka Vilvāti Ilakam
3. Kantaka Iracāyaṇam
4. Pitta Curak Kuṭinr  
(Pitta Veppuk Kuṭinr)

## APINI

1. Cirōpāra Nivāraṇi Tailam
2. Kapāṭa Māttirai
3. Uḷikāḷaṇ
4. Uḷi Māttirai
5. Vāṇ Meḷuku (Intuvārṇa Meḷuku)

## ARATTAI

1. Iraca Kanti Meḷuku

## ARICIK KĀṬI

1. Maṇṭurāti Aṭaik Kuṭinr

## ĀRRUTTUMATTIC CĀRU

1. Nava Uppu Mēḷuku

## ĀRRUTTUMATTI CAMŪLAM

1. Iḷiṅkac Centūram (No. 1)

## ĀṬĀTŌTAI ILAI

1. Āṭātōṭaik Kuṭik Nīr
2. Āṭātōṭai Maṇappāku
3. Āṭātōṭai Ney
4. Kakkuvān Ilakam
5. Kapa Curak Kuṭinr

## ĀṬĀTŌTAI VĒR

1. Tūtuvaḷai Ney

## ATIMATURAM

1. Amirtātik Kuḷikai
2. Arakkut Tailam
3. Āṭātōṭaik Kuṭi Nīr
4. Cāmpirāṇippū Pataṅkam
5. Ilaku Cantanāṭit Tailam
6. Iṇāṇrku Kuḷampu
7. Kakkuvān Ilakam
8. Kaṅkāca Māttirai  
(Puṅkāti Māttirai)
9. Kantaka Racāyaṇam
10. Karicālai Ilakam
11. Makā Ēlātik Kuḷikai

12. Malakkuṭāra Meluku
13. Nācirōka Nācat Tailam
14. Nārattai Ilakam
15. Nellikkāi Ilakam
16. Pīnacat Tailam
17. Pitta Curak Kuṭinīr  
(Pitta Veppuk Kuṭinīr)
18. Poṇṇāṅkāṇit Tailam
19. Puḷiyārai Ney
20. Tālicātic Cūraṇam
21. Tirātcātic Cūraṇam
22. Vacanta Kucumākaram
23. Veṇṇpūcaṇi Ilakam
24. Uḷuntut Tailam (Māṣat Tailam)

**ATIVITAYAM**

1. Kapāṭa Māttirai
2. Nanti Meluku
3. Nārattai Ilakam
4. Pūra Māttirai

**ĀTTI ILAI**

1. Taṅka Paṇṇam

**ATTIP PĀL**

1. Appirakap Paṇṇam

**ATTIP PAṬṬAI**

1. Karicālai Ilakam

**ĀTUTINṬĀPPĀLAIC CAMŪLAM**

1. Cempu Paṇṇam (Tāmira Paṇṇam)
2. Kalnār Paṇṇam
3. Maṇṭūrāti Aṭaik Kuṭinīr
4. Uppuc Centūram

**AUVAIYĀR KŪNTAL**

1. Carapuṅka Vilvāti Ilakam

**AVURI VER**

1. Karicālai Ilakam

**ĀYIL PAṬṬAI**

1. Ilaku Viṭamuṭṭit Tailam

**CĀMANTI ILAI**

1. Cāmpirāṇippū Pataṅkam

**CĀMPIRĀṆI**

1. Cāmpirāṇippū Pataṅkam
2. Cīrōpāra Nivāraṇi Tailam
3. Iliṅkac Centūram (No. 2)
4. Uḷikālan

**CĀMPIRĀNIP PŪ**

1. Cāmpirāṇippū Kuḷikai
2. Kuṅkumappū Māttirai
3. Makā Ēlati Kuḷikai

**CANKAN KUPPI ILAI**

1. Paṇṭkip Paṭṭai Pataṅkam

**CANKAN VĒR**

1. Carapuṅka Vilvāti Ilakam
2. Iracakanti Meluku
3. Maṇṭūrāti Aṭaik Kuṭinīr
4. Paṇṭkip Paṭṭai Iracāyaṇam
5. Vāta Curak Kuṭinīr

**CANNA ILAVANKAP PAṬṬAI**

1. Kaḷarccit Tailam

**CANPAKA MOṬṬU/CANPAKA MOKKU**

1. Ilaku Cantanātit Tailam
2. Nācirōka Nācat Tailam
3. Tālicātic Cūraṇam

**CANPAKAP PŪ**

1. Amirtātik Kuḷikai
2. Mānta Enney No. 2
3. Tāmpirac Centūram  
(Cempuc Centūram)
4. Vallārai Ney

**CANTANAK KAṬṬAI**

1. Arakkut Tailam
2. Cīntil Ney
3. Cukkut Tailam
4. Ilaku Cantanātit Tailam
5. Nācirōka Nācat Tailam
6. Vallārai Ney

**CANTANAK KUṬINĪR**

1. Kōrōcanai Māttirai

**CANTANAT TŪL**

1. Kantaka Racāyaṇam
2. Makā Ēlātik Kuḷikai
3. Nīla Vēmpuk Kuṭinīr
4. Paṇṭkip Paṭṭai Iracāyaṇam
5. Tirātcātic Cūraṇam

**CĀRAIP PARUPPU**

1. Cāmpirāṇippū Pataṅkam

**CARKKARAI**

1. Amukkarāc Cūraṇam
2. Cīrakac Cūraṇam
3. Ēlātic Cūraṇam
4. Iṇci Iracāyaṇam
5. Kēcari Ilakam
6. Makā Vallāti Ilakam
7. Nellikkāi Ilakam
8. Nīlavākaic Cūraṇam
9. Paṇca Tīpākinic Cūraṇam
10. Paṇṭkip Paṭṭai Iracāyaṇam
11. Tālicātic Cūraṇam
12. Tēṇṇ Kōṭṭai Ilakam
13. Tippili Iracāyaṇam
14. Tirātcātic Cūraṇam

15. Tur unci Maṇappāku

16. Veṇṇūcaṇi Iḷakam

### CARAKKONRAIP PUḷI

1. Karuṇai Iḷakam

2. Neruncik Kuṭinīr

(Nērmuḷḷik Kuṭinīr)

### CARALA TĒVATĀRAK KAṬṬAI

1. Iḷaku Cantanāṭit Tailam

### CĀRAṆAI ILAI

1. Vātarākṣacaṇ

### CĀRAṆAI VĒR

1. Carapuṇka Vilvāti Iḷakam

2. Maṇṭūrāti Aṇaik Kuṭinīr

3. Nārattai Iḷakam

### CATAKUPPAI

1. Arakkut Tailam

2. Pīnacat Tailam

3. Tālicātic Cūraṇam

4. Uḷuntut Tailam (Māṣat Tailam)

5. Vāta Curak Kuṭinīr

### CATĀ MĀNCIL

1. Arakkut Tailam

2. Cīrōpāra Nivāraṇi Tailam

3. Iḷaku Cantanāṭit Tailam

4. Incic Cūraṇam

(Kaṇṭāttiri Cūraṇam)

5. Kantaka Racāyanam

6. Makā Ēlātik Kuḷikai

7. Makā Vallāti Iḷakam

8. Mayanaṭ Tailam

9. Nanti Meluku

10. Noccit Tailam

(Cīriya Nīṇkuṇṭit Tailam)

11. Tālicātic Cūraṇam

### CĀTIKKĀI

1. Aṣṭapairavam

(Aṣṭapairavak Kuḷikai)

2. Cāmpirāṇippū Pataṇkam

3. Carapuṇka Vilvāti Iḷakam

4. Iḷaku Cantanāṭit Tailam

5. Impūral Iḷakam

6. Iñcic Cūraṇam

(Kaṇṭāttiri Cūraṇam)

7. Iraca Kanti Meluku

8. Kakkuvān Iḷakam

9. Kaṇat Tailam

10. Kantaka Iracāyanam

11. Kapāṭa Māttirai

12. Karicālai Iḷakam

13. Kēcari Iḷakam

14. Kōrōcanai Māttirai

15. Makā Vallāti Iḷakam

16. Nārattai Iḷakam

17. Nanti Meluku

18. Paccaik Kaṇṭūra Māttirai

19. Paṇākip Paṭṭai Iracāyanam

20. Tālicātic Cūraṇam

21. Tamarakak Kuṭinīr

22. Taṇṇir Viṭṭān Ney

23. Tūruvalai Ney

24. Uli Māttirai

25. Vālaippū Vaṭakam

26. Vallārai Ney

27. Veṇṇūcaṇi Iḷakam

28. Veṇṇūcaṇi Ney

(Kūlppāṇṭa Kirutam)

29. Vilvāti Iḷakam

### CĀTIPPATTIRI

1. Aṣṭapairavam

(Aṣṭapairavak Kuḷikai)

2. Cāmpirāṇippū Pataṇkam

3. Impūral Iḷakam

4. Iñcic Cūraṇam

5. Kakkuvān Iḷakam

6. Kaṇat Tailam

7. Kantaka Racāyanam

8. Kapāṭa Māttirai

9. Karicālai Iḷakam

10. Kēcari Iḷakam

11. Nanti Meluku

12. Nārattai Iḷakam

13. Paṇākip Paṭṭai Iracāyanam

14. Puḷiyārai Ney

15. Tālicātic Cūraṇam

16. Taṇṇir Viṭṭān Ney

17. Tūtuvalai Ney

18. Vālaippū Vaṭakam

19. Vallārai Ney

20. Veṇṇūcaṇi Iḷakam

21. Veṇṇūcaṇi Ney

### CATURAK KAḷIPPĀL

1. Cittāti Enney

2. Vāta Kēcari Tailam

### CAVURIP PAḶAM

1. Kuṣṭa Kaja Kēcari

### CEMPARUTTIPPŪ

1. Pūraṇac Cantirōṭayam

### CEṆCANTANAK KAṬṬAI

1. Cīntil Ney

**CENKALUNIRK KILANKU**

1. Ilaku Cantanātit Tailam
2. Nācirōka Nācat Tailam

**CENKALUNĪR MALAR**

1. Makā Vacanata Kucumākaram

**CENKATTĀRIP PAṬṬAI**

1. Maṇṭūrāti Aṭaik Kuṭinr

**CENKIḶUVAI ILAI**

1. Kṣaya Kulāntakac Cēntūram

**CERĀN KOTṬAI**

1. Cēnkoṭṭai Ney
2. Iracakanti Meḷuku
3. Iṭi Vallāti
4. Makāvallāti Ilakam
5. Nanti Meluku
6. Niraṇa cañcivṭ Tailam

**CERUPPATAI**

1. Kariçālai Ilakam

**CEVVIḶANĪR**

1. Ilaku Cantanātit Tailam
2. Puḷiyārai Ney
3. Veṇṇūcaṇi Ney (Kūlppāṇṭa Kirutam)

**CEVVALLIK KOṬI**

1. Arakkut Tailam

**CEVVIYAM (MIḶAKU VĒR)**

1. Cukkut Tailam
2. Makāvallāti Ilakam
3. Nanti Meḷuku
4. Pāvaṇak Kaṭukkāy
5. Tāḷicāti Vaṭakam
6. Vāta curak Kuṭinr

**CĪMAI CĀMANTIPPŪ**

1. Tirākṣaik Kuṭinr

**CĪŪI**

1. Āṭātōṭai Maṇappāku
2. Kantaka Racāyaṇam
3. Nārattai Ilakam

**CĪŪŪI VĒR**

1. Iraca Kanti Meḷuku

**CĪNTIL CARKKARAI**

1. Tirātcātic Cūraṇam

**CĪNTIL KILANKU/CĪNTIL VĒR**

1. Carapuṇka Vilvāti Ilakam
2. Ilaku Cantanātit Tailam

**CĪNTIL TANTU/CĪNTIL KOṬI**

1. Cīntil Cūraṇam
2. Cīntil Ney
3. Kapa Curak Kuṭinr

**CĪRAKAM**

1. Aḷakkut Tailam
2. Aṭṭātic Cūraṇam
3. Ilaku Cantanātit Tailam
4. Carapuṇka Vilvāti Ilakam
5. Cīrakac Cūraṇam
6. Cīrakat Tailam
7. Incic Cūraṇam
8. Inci Iracāyaṇam
9. Iraca Kanti Meḷuku
10. Kaṇat Tailam
11. Kapāṭa Māttirai
12. Kariçālai Ilakam
13. Kaucikar Kuḷampu
14. Kēcari Ilakam
15. Kīḷānellit Tailam
16. Kōrōcanat Tukaḷ
17. Mayilīrakātic Cūraṇam
18. Murukkaṇ Vitai Māttirai
19. Nācirōka Nācat Tailam
20. Nanti Meḷuku
21. Nellikkāi Ilakam
22. Paṇca Tīpākkiniç Cūraṇam
23. Paṇṇkip Paṭṭai Racāyaṇam
24. Piraṇṭai Vaṭakam
25. Pitta Curak Kuṭinr  
(Pitta Veppuk Kuṭinr)
26. Puḷiyārai Ney
27. Pūra Māttirai
28. Tāḷicātic Cūraṇam
29. Tamarakak Kuṭinr
30. Tēṇṇān Koṭṭai Ilakam
31. Tippili Iracāyaṇam
32. Tirātcātic Cūraṇam
33. Tutuvalai Ney
34. Vallārai Ney
35. Veṇṇūcaṇi Ney

**CĪRṚĀ MALLI VĒR**

1. Carapuṇka Vilvāti Ilakam
2. Tirātcātic Cūraṇam

**CĪRṚĀMAṆAKKENNEY/VILAKKENNEY**

1. Cittāti Eṇṇey
2. Iracat Tailam
3. Kaḷaṇccit Tailam
4. Kaliṇkātit Tailam  
(Malai Vēmpātit Tailam)
5. Kaṇat Tailam
6. Karuṇan Kilanku Eṇṇey
7. Kiliṇcīl Meḷuku
8. Mānta Eṇṇey No. 1

9. Mānta Enney No. 2
10. Mēkanātat Tailam
11. Paṭṭuk Karuppu

**CIRĀ MUTTI VĒR**

1. Carapuṅka Vilvāti Ilakam
2. Cīrā Mutṭit Tailam (Palā Tailam)
3. Cīrā Mutṭi Maṭakkut Tailam (Palā Maṭakkut Tailam)
4. Ilaku Cantanātit Tailam
5. Karicālai Ilakam
6. Tiraṭcātic Cūraṇam

**CIRĀRATTAI**

1. Carapuṅka Vilvāti Ilakam
2. Cukku Tailam
3. Ilaku Cantanātit Tailam
4. Kakkuvāṇ Ilakam
5. Kantaka Racāyaṇam
6. Makā Vallāti Ilakam
7. Nanti Meluku
8. Nārattai Ilakam
9. Paṇākip Paṭṭai Iracāyaṇam
10. Pinacat Tailam
11. Tālicāti Vaṭakam
12. Tēṇṇ Kottai Ilakam
13. Tippili Iracāyaṇam
14. Tūtuvaḷai Ney

**CIRU CERUPPATAIC CAMŪLAM**

1. Cilācattu Paṇṇam

**CIRUKAṆCORI VĒR**

1. Kapa Curak Kuṭinir
2. Pitta Curak Kuṭinir (Pitta Veppuk Kuṭinir)
3. Tūtuvaḷai Ney
4. Vāta curak Kuṭinir

**CIRU KIRAI ILAI**

1. Karicālai Ilakam

**CIRU KURUṆCĀN VĒR**

1. Maṇṭūrāti Aṭaik Kuṭinir

**CIRU NĀKAPPŪ**

1. Amukkarāc Cūraṇam
2. Civataic Cūraṇam
3. Ēlatic Cūraṇam
4. Ilaku Cantanātit Tailam
5. Incic Cūraṇam (Kaṇṭāttirī Cūraṇam)
6. Kantaka Racāyaṇam
7. Karicālai Ilakam
8. Nārattai Ilakam
9. Paṇākip Paṭṭai Iracāyaṇam

10. Tālicātic Cūraṇam
11. Tālicāti Vaṭakam
12. Vilvāti Ilakam

**CIRU NANNRI VĒRP PAṬṬAI**

1. Laku Cantanātit Tailam

**CIRU NERUṆCIC CAMŪLAM**

1. Maṇṭūrāti Aṭaik Kuṭinir

**CIRU PĪLAIC CAMŪLAM**

1. Kalluṭaik Kuṭōri
2. Naṇṭukkal Paṇṇam

**CIRU TEKKE (KANṬU PĀRANKI)**

1. Carapuṅka Vilvāti Ilakam
2. Iraca Kanti Meluku
3. Kapa Curak Kuṭinir
4. Noccit Tailam (Cīriya Nirkuṭtit Tailam)
5. Paṇākip Paṭṭai Racāyaṇam
6. Vāta Curak Kuṭinir

**CITTIRA MŪLA VĒRP PAṬṬAI (KOṬI VĒL VĒRPAṬṬAI)**

1. Irace Kanti Meluku
2. Iṭi Vallāti
3. Kantaka Racāyaṇam
4. Karuṇai Ilakam
5. Makā Vallāti Ilakam
6. Makāvira Meluku
7. Nanti Meluku
8. Paṭṭuk Karuppu
9. Pāvaṇak Kaṭukkāy
10. Vāta Curak Kuṭinir

**CIVAKARANTAI**

1. Tālakak Kaṭṭu

**CIVANĀR VĒMPU**

1. Civanār Vēmpuk Kulit Tailam
2. Makāvallāti Ilakam

**CIVATAI VĒR**

1. Civataic Cūraṇam
2. Nakkuppūccik (Kolli) Kuṭinir
3. Pirami Ney

**CŌMPU/PERUṆ CĪRAKAM**

1. Cōmpu Tīnir
2. Emataṇṭak. Kuḷikai
3. Iṇcic Cūraṇam
4. Iracakanti Meluku
5. Kaṇat Tailam
6. Kantaka Racāyaṇam
7. Nākkuppūccik (Kolli) Kuṭinir
8. Nanti Meluku

9. Neruñcick Kuṭinṛ  
(Nīrmuḷḷik Kuṭinṛ)
10. Tamarakak Kuṭinṛ
11. Tirā Kasaik Kuṭinṛ

## CUKKU

1. Amukkarāc Cūraṇam
2. Aṣṭapairavam  
(Aṣṭapairavak Kuḷikai)
3. Āṭātotai Ney
4. Aṭṭātic Cūraṇam
5. Cāmpirāṇippū Pataṇkam
6. Cañcivi Māttirai
7. Carapuṇka Vilvāti, Iḷakam
8. Cūlōtāri Maṇi  
(Cala Mañicari)
9. Civaṇār Amirtam
10. Civataic Cūraṇam
11. Cukkuṭ Tailam
12. Culaik Kuṭāram
13. Ēlātic Cūraṇam
14. Emataṇṭak Kuḷikai
15. Iraca Kanti Meluku
16. Kakkāṇa Māttirai
17. Kakkuvān Iḷakam
18. Kaṇkāca Māttirai  
(Pūṇkāti Māttirai)
19. Kantaka Iracāyaṇam
20. Kapa Curak Kuṭinṛ
21. Karicālai Iḷakam
22. Karurai, Iḷakam
23. Karuṇan Kilanku Eṇney
24. Kēcari Iḷakam
25. Kuṇmak Kuṭōri
26. Kuṇkumappū Māttirai
27. Makā Vallāti Iḷakam
28. Makāvira Meluku
29. Mēkanāta Kuḷikai
30. Murukkaṇ Vitai Māttirai
31. Nākac Centūram
32. Nanti Meluku
33. Nārattai Iḷakam
34. Nava Uppu Meluku
35. Nellikkāi Iḷakam
36. Nilavākaāc Cūraṇam
37. Nila Vēmpuk Kuṭinṛ
38. Noccit Tailam  
(Ciṇiya Nirkunṭit Tailam)
39. Pālacñcivi Māttirai
40. Pañca Tipākkini Cūraṇam
41. Paṇṇkip Paṭṭai Iracāyaṇam
42. Pāvaṇak Kaṭukkāy

43. Pīnacat Tailam
44. Pīrammāṇanta Pairavam
45. Pīrami Ney
46. Pīraṇṭai Vaṭakam
47. Pitta Curak Kuṭinṛ
48. Tāḷicātic Cūraṇam
49. Tāḷicāti Vaṭakam
50. Tayirc Cuṇṭic Cūraṇam
51. Tēṇṇān Koṭṭai Iḷakam
52. Tippili Iracāyaṇam
53. Tirātcātic Cūraṇam
54. Tirikaṭukuc Cūraṇam
55. Tūtiūvalai Ney
56. Ulōka Maṇṭūram
57. Uḷuntut Tailam (Māṣat Tailam)
58. Vallārai Ney
59. Vāta Curak Kuṭinṛ
60. Vāta Kēcari Tailam
61. Vellai Eṇney (Pūra Eṇney)
62. Vilvāti Iḷakam
63. Virēcaṇa Pūpati (Pētipūpati)

## GUNTAI VARRAL

1. Cuṇṭai Vaṇṇal Cūraṇam

## CURAIK KOṬI

1. Maṇṭūrāti Araik Kuṭinṛ
2. Neruñcick Kuṭinṛ  
(Nīrmuḷḷik Kuṭinṛ)

## CŪRAI VITTU

1. Cūlōtāri Maṇi (Cala Mañicari)

## E.L.

1. Iraca Kanti Meluku
2. Iṭi Vallāti

## ĒLAM/ĒLARICI

1. Amirtātik Kuḷikai
2. Amukkarāc Cūraṇam
3. Arakkuṭ Tailam
4. Cāmpirāṇippū Pataṇkam
5. Carapuṇka Vilvāti Iḷakam
6. Cñtil Ney
7. Civataic Cūraṇam
8. Ēlātic Cūraṇam
9. Emataṇṭak Kuḷikai
10. Iḷaku Cantanātit Tailam
11. Iñci Iracāyaṇam
12. Iracakanti Meluka
13. Kalaṇccit Tailam
14. Kakkuvān Iḷakam
15. Kantaka Racāyaṇam
16. Karappān Tailam
17. Karicalai Iḷakam

18. Kārōcanai Māttirai
19. Kōrōcanait Tukaḷ
20. Kuṇkumappū Māttirai
21. Makā Ēlātik Kuḷikai
22. Makā Vallāti Ilakam
23. Māṇ Kompup Paṇṇam (Ciruṇki Paṇṇam)
24. Nācirōka Nācat Tailam
25. Nārattai Ilakam
26. Nellikkāi Ilakam
27. Paṇṇatipākkiniṇ Cūraṇam
28. Puliyārai Ney
29. Pūra Māttirai
30. Tāika Māttirai
31. Tālicātic Cūraṇam
32. Tālicāti Vatakam
33. Tippili Iracāyaṇam
34. Tirātcātic Cūraṇam
35. Tūtuvaḷai Ney
36. Vallārai Ney
37. Vellaḷai Enṇey (Pūra Enṇey)
38. Veṇṇūcaṇi Ilakam
39. Veṇṇūcaṇi Ney (Kūlppāṇṭa Kirutam)
40. Vilvāti Ilakam

#### ELUMICCAM PAḸAM (PAḸAM)

1. Aṣṭapairavam  
(Aṣṭapairavak Kuḷikai)
2. Aya Jampīrac Kaṇṇam
3. Aya Kāntac Centūram
4. Ayapiruṇka Rājka Kaṇṇam
5. Cānta Cantirōtayam
6. Cāti Campīrac Kuḷampu  
(Periya Cātik Kuḷampu)
7. Cīrakac Cūraṇam
8. Ilavaṇkāti Māttirai
9. Kaliṇkātit Tailam  
(Malai Vēmpātit Tailam)
10. Kākkāṇa Māttirai
11. Kāntac Centūram
12. Kēcarī Ilakam
13. Kummaṭṭik Kuḷampu
14. Makā Vacanta Kucumākaram
15. Mēkanāta (Kuḷikai) Māttirai
16. Nākak Centūram
17. Pālacañcivi Māttirai
18. Palakaṇai Paṇṇam
19. Palakkirampu Paakuva Veṇṇey
20. Paṇṇa Caṇkraṇ No. 1
21. Pāvanakkaṭṭukkāi
22. Pēraṇṭa Paṇṇam No. 1
23. Tālakak Kaṭṭu
24. Veṇṇūcaṇi Ilakam
25. Veṇṇi Aṇṇa Pēṇic Centūram

#### ERUKKAN VĒRP PAṬṬAI

1. Cikkut Tailam
2. Paṇṇa Caṇkraṇ No. 2

#### ERUKKU ILAI

1. Paṇṇa Lavaṇa Paṇṇam

#### ERUKKAM PĀL

1. Appirakac Centūram
2. Kṣaya Kulāntakac Centūram
3. Nanti Meluku
4. Vāta Kēcarit Tailam

#### ETṬI VITTU (ETṬIK KOTṬAI)

1. Ilaku Viṭamuṭṭit Tailam
2. Iraca Kanti Meluku
3. Mūcāmparap Paṇṇu (Kuṇṇip Paṇṇu)
4. Nanti Meluku

#### ILANĪR

1. Cīlōtāori Maṇi
2. Ilanīr Kuḷampu
3. Kuṇṇikiliya Paṇṇam
4. Makā Ēlātik Kuḷikai
5. Nācirōka Nācat Tailam

#### ILANTAI ILAI

1. Pavaḷa Paṇṇam (Kotip Pavaḷam)

#### ILAVANĀKAM (KĪRĀMPU)

1. Amirtātik Kuḷikai
2. Amukkarāc Cūraṇam
3. Aṣṭa Pairavam
4. Cāmpirāṇippū Kuḷikai
5. Cāmpirāṇippū Pathaṇkam
6. Carapuṇka Vilvāti Ilakam
7. Civataic Cūraṇam
8. Elātic Cūraṇam
9. Ēmataṇṭak Kuḷikai
10. Ilavaṇkāti Māttirai
11. Iṇic Cūraṇam  
(Kaṇṭāttiri Cūraṇam)
12. Iṇici Vatakam
13. Iraca Kanti Meluku
14. Iraca Meluku
15. Kakkuvān Ilakam
16. Kantaka Racāyaṇam
17. Kapacurak Kuṇṇir
18. Kapāṭa Māttirai
19. Karicālai Ilakam
20. Kuṇkumappū Māttirai
21. Kuṇmak Kuṇṇōri
22. Kōrōcaṇai Māttirai
23. Makā Ēlāti Kuḷikai
24. Makā Vallāti Ilakam
25. Nanti Meluku

26. Nārattai Ilakam
27. Nellikkāi Ilakam
28. Paccaik Kaṣṭhā Māttirai
29. Palakkirāmpu Paakuva Veṇṇey
30. Paṇṇāṅki Paṭṭai Iracāyaṇam
31. Paṭṭuk Karuppu
32. Pūra Māttirai
33. Tālicātic Cūraṇam
34. Taṇṇir Viṭṭāṇ Ney
35. Tippili Iracāyaṇam
36. Tirāṭcātic Cūraṇam
37. Tūtuvaḷai Ney
38. Uli Māttirai
39. Vacanta Kucumākaram
40. Vālaippū Vaṭakam
41. Viḷvāti Ilakam

#### ILAVAṆKAP PAṬṬAI

1. Arakkut Tailam
2. Cara Puṇka Viḷvāti Ilakam
3. Ilaku Cantaāṇṭit Tailam
4. Kakkuvāṇ Ilakam
5. Kaṇat Tailam
6. Kantaka Iracāyaṇam
7. Paṇṇāṅki Paṭṭai Iracāyaṇam
8. Tālicātic Cūraṇam
9. Tālicāti Vaṭakam
10. Tamarakak Kuṭinīr
11. Taṇṇir Viṭṭāṇ Ney
12. Tippili Iracāyaṇam
13. Viḷvāti Ilakam

#### ILAVAṆKAP PATTIRI

1. Arakkut Tailam
2. Ilaku Cantanāṭit Tailam
3. Iṇci Cūraṇam  
(Kaṇṭāttiri Cūraṇam)
4. Kaṇat Tailam
5. Kantaka Racāyaṇam
6. Makā Vallāti Ilakam
7. Paṇṇāṅki Paṭṭai Iracāyaṇam
8. Tālicātic Cūraṇam
9. Tālicāti Vaṭakam
10. Tippili Iracāyaṇam

#### ILUPPAI ENNEY

1. Veḷ Vaṅka Paṇṇam

#### IMPŪRAL CAMŪLAM

1. Impūral Vaṭakam

#### IMPŪRAL VĒRP PAṬṬAI

1. Cāmpirāṇippū Pataṅkam
2. Impūral Ilakam
3. Vallārai Ney

#### IṆCI

1. Iṇci Cūraṇam
2. Iṇci Racāyaṇam
3. Iṇci Vaṭakam
4. Kantaka Paṇṇam
5. Kanti Meluku
6. Kummaṭṭik Kulampu
7. Nārattai Ilakam
8. Pāvaṇak Kaṭukkāy
9. Pirammānanta Pairavam
10. Vacanta Kucumākaram

#### IRUVI

1. Caṇṇiṇi Māttirai
2. Civaṇār Amirtam

#### IYAK KOḸUNTU

1. Mānta Eṇṇey No. 1

#### KACAKACĀ

1. Mēkaviraṇak Kaḷimpu
2. Nanti Meluku

#### KĀKKAṆA VĒR

1. Kākkāṇa Māttirai

#### KALIPPĀL

1. Palakaṇai Paṇṇam
2. Paṇṇa Lavaṇa Paṇṇam

#### KALARCİK KOḸUNTU

1. Kalarcit Tailam

#### KALARCIP PARUPPU

1. Kalaṇci Cūraṇam
2. Kalaṇcit Tailam
3. Kapāṭa Māttirai

#### KALARCI VĒR

1. Kalarcit Tailam
2. Vāta Curak Kuṭinīr

#### KALUNĪR

1. Pāvaṇak Kaṭukkāy

#### KAMMĀRU VĒRILAI

1. Noccik Kuṭinīr

#### KAMPUTTĀL

1. Paṇai Caṇkāraṇ No. 2.

#### KANČĀ

1. Kapāḷa Māttirai
2. Uli Māttirai
3. Vālaippū Vaṭakam

#### KANṬAN KATTIRIC CAMŪLAM

1. Vātaṇṇak Kuṭinīr

#### KANṬAN KATTIRI ILAI

1. Kakkuvāṇ Ilakam



## KANṬAN KATTIRI VĒR

1. Carapuṅka Vilvāti Ilakam
2. Kākkāṇa Māttirai
3. Noccit Tailam
4. Paṇṇāṅki Paṭṭai Iracāyaṇam
5. Tūtuvalai Ney

## KANṬU PĀRAN̄KI (CIRUTĒKKU)

1. Mucāmparap Paṇṇu (Kuṇṇip Paṇṇu)
2. Nanti Meṇuku

## KAPPU MAṆCAḶ

1. Cānta Cantirōayam
2. Mayanāt Tailam

## KARANTAI ILAI

1. Tāmpirac Centūram
- (Cempuc Centūram)

## KARICĀLAI ILAI

1. Cañcivi Māttirai
2. Cūlaik Kuṭāram
3. Emataṇṭak Kuḷikai
4. Kaiyāṇ Tailam
5. Tālākak Kaṭṭu

KARICĀLAIC (KAIYĀN TAKARAI)  
CAMŪḶAM

1. Appirakac Centūram
2. Ayapiruṅka Rāja Kaṇṇam
3. Cīntil Cūraṇam
4. Nāka Paṇṇam
5. Paṇṇāṅki Paṭṭai Pataṅkam
6. Pinacat Tailam
7. Poṇṇāṇ Kāṇit Tailam
8. Ulōka Maṇṭirac Cēntūram

## KARKANṬU

1. Mātulai Maṇappāku
2. Puḷiyarai Ney

## KĀRĀK KARUNAI

1. Kaṇṇai Ilakam

## KARKATAKACĪNKI

1. Kaṇṇat Tailam
2. Karicālai Ilakam
3. Noccit Tailam
4. Tāḷicātic Cūraṇam
5. Vālaippū Vaṭakam

## KĀRPŌKA ARICI

1. Iracakanti Meluku
2. Karappāṇ Tailam
3. Makāvallāti Ilakam
4. Mānta Eṇṇey No. 2
5. Mēkaviraṇak Kaḷimpu

## KARPŪRA VALLI ILAI

1. Kaṇṇat Tailam
2. Kapacurak Kuṭinir

KARRĀLAI/CORRUK KARRĀLAI/  
KUMĀRICĀRU

1. Āṇumukac Centūram
2. Cilācattu Paṇṇam
3. Cuyamāḷḷiṇic Centūram
4. Kaṇṇat Tailam
5. Kṣaya Kulāntakac Centūram
6. Makā Vacanta Kucumākaram
7. Paccaik Kaṇṇpura Māttirai
8. Veḷ Vaṅka Paṇṇam
9. Veṇpūcaṇi Ney

## KARRĀLAI VĒR

1. Maṇṭūrāti Aṭaik Kuṭinir
2. Karuṇai Ilakam
3. Karu Vaṅka Paṇṇam

## KARUMPU (KARUPPANCĀRU)

1. Cīrakac Cūraṇam

## KARUMPU VELLAM

1. Carapuṅka Vilvāti Ilakam
2. Iraca Meluku
3. Karicālai Ilakam
4. Nāratṭai Ilakam
5. Tāḷicāti Vaṭakam

## KARU NĀPI (KARUNĀPIK KILĀNKU)

1. Viyaṇār Amirtam
2. Paṭṭuk Karuppu
3. Viṣak Kulampu (Karuṇ Kulampu)

## KARUṆ CEMPAI ILAI

1. Cempu Paṇṇam
- (Tāṇṇa Paṇṇam)

## KARUṆCĪRAKAM

1. Akastiyar Kulampu
2. Arakkut Tailam
3. Aṭṭātic Cūraṇam
4. Carapuṅka Vilvāti Ilakam
5. Cittāti Eṇṇey
6. Iracakanti Meluku
7. Iṭi Vallāti
8. Kantaka Racāyaṇam
9. Karuṇṇa Kilanku Eṇṇey
10. Makā Vallāti Ilakam
11. Mānta Eṇṇey No. 1
12. Mānta Eṇṇey No. 2
13. Nākkuppucik (Kolli), Kuṭinir
14. Nanti Meluku
15. Nāratṭai Ilakam
16. Paṇṇāṅki Paṭṭai Racāyaṇam

17. Tālicatic Cūraṇam
18. Tippili Iracāyaṇam
19. Viṣak Kulampu  
(Karun Kulampu)

**KARUṆKĀLIP PAṬṬAI**

1. Kariṇālai Ilakam

**KARUṬAṆ KILANKU**

1. Civaṇār Vēmpuk Kulit Tailam
2. Karuṭaṇ Kilāṇkeṇney

**KARUNTUḶACI ILAI**

1. Amirtātik Kuḷikai
2. Kakkuvāṇ Ilakam
3. Paṇāṅkip Paṭṭaic Cūraṇam

**KARUVĒLAM PICIṆ**

1. Ūli Māttiai

**KARU VĒPPILAI/KARI VĒPPILAI**

1. Cuṇṭai Vaṇṭai Cūraṇam
2. Paṇāṅkip Paṭṭai Iracāyaṇam
3. Valaippū Vaṭakam

**KASTŪRI MAṆCAL/KATTŪRI MAṆCAL**

1. Arakkut Tailam
2. Ciroṇpāra Nivāraṇi Tailam
3. Ilaku Cantanāṭit Tailam
4. Iṭi Vallāti
5. Karappāṇ Tailam

**KATAKA RŌKIṆI**

1. Akastiyar Kulampu
2. Arakkut Tailam
3. Cukkut Tailam
4. Emaṭaṇṭak Kuḷikai
5. Kaucikar Kulampu
6. Mānta Eṇṇey No. 2
7. Murukkaṇ Vitai Māttirai
8. Nākkuppūccik (Kolli) Kuṭiṇṭr
9. Vallārai Ney

**KATAPPAM PICIṆ**

1. Appirakap Paṇṇam

**KATCŌLAM (PŪLAṆ KILANKU)**

1. Tirāṭcātic Cūraṇam

**KATĪ NĪR**

1. Anna Pētic Centūram
2. Arakkut Tailam
3. Ayac Centūram
4. Piraṇṭai Vaṭakam

**ĀṬṬĀMAṆAKKU VĒRP PAṬṬAI**

1. Mēkaṇāta Kuḷikai

**KĀṬṬĀTTIP PŪ**

1. Ilaku Cantanāṭit Tailam
2. Paṭṭika Liṅkac Centūram
3. Veṇṇūcaṇi Ney

**KĀṬṬUC CĪRAKAM**

1. Iraca Kanti Meluku
2. Karappāṇ Tailam

**KĀṬṬUK KARUṆAI**

1. Karunai Ilakam

**KĀṬṬU MIḶAKU**

1. Nanti Meluku
2. Tirāṭcātic Cūraṇam
3. Vāta Kēcarit Tailam

**KATUKKĀI**

1. Āṇanta Pairavam
2. Cāmpirāṇippū Pataṅkam
3. Carapuṅka Vilvāti Ilakam
4. Cittāti Eṇṇey
5. Civataic Cūraṇam
6. Cukkut Tailam
7. Cūlaik Kuṭṭāram
8. Ilāṇṭr Kulampu
9. Ilaku Cantanāṭit Tailam
10. Inci Vaṭakam
11. Iraca Kanti Meluku
12. Iṭi Vallāti
13. Kakkuvāṇ Ilakam
14. Kantaka Racāyaṇam
15. Kapa Curak Kuṭiṇṭr
16. Kariṇālai Ilakam
17. Karuṇai Ilakam
18. Kaucikar Kulampu
19. Maṇṭūrāti Aṭaik Kuṭiṇṭr
20. Nārattai Ilakam
21. Neruṇṇic Kuṭiṇṭr  
(Nīrmuḷlik Kuṭiṇṭr)
22. Noccit Tailam
23. Paṇāṅkip Paṭṭai Racāyaṇam
24. Pāvaṇak Katukkāi
25. Piraṇṭai Vaṭakam
26. Piṭaṅka Nārik Kuṭiṇṭr
27. Tālicātic Cūraṇam
28. Tēṇṇāṇ Koṭṭai Ilakam
29. Tippili Iracāyaṇam
30. Tirāṭcātic Cūraṇam
31. Tiripalaic Cūraṇam
32. Tūtuvaḷai Ney
33. Vāta Kēcarit Tailam
34. Veṇṇūcaṇi Ney

**KATUKKĀI ILAI**

1. Cempup Paṇṇam (Tāmira Paṇṇam)
2. Taṇṇac Centūram

**KATUKKĀIP PINCU**

1. Malakkuṭāra Meluku
2. Mūlakkuṭārat Tailam

**KATUKKĀIP PŪ**

1. Paṭika Liṇṇac Centūram

**KATUKU**

1. Kummaṭṭik Kulampu
2. Kaucikar Kulampu
3. Vātakēcarit Tailam

**KICCALIK KILAN̄KU**

1. Ilaku Cantanātit Tailam

**KĪLKKĀI NELLIC CAMULĀM**

1. Karicālai Ilakam
2. Kīlānellit Tailam

**KĪLIYŪRAL PAṬṬAI**

1. Arakkut Tailam

**KIRAN̄TI THAKARAM**

1. Pīnacat Tailam

**KOLLU**

1. Iracakanti Meluku
2. Piraṇṭai Vātakam

**KOMPUK KAḶḶIP PĀL**

1. Āmai Ōṭu Paṇṇam

**KOMPUP PĀKAR KĀI**

1. Vellaip Pāṭṇaṇṇak Kaṭṭu

**KON̄KILAVA MALAR**

1. Makā Vacanta Kucumākaram

**KON̄RAIP PAṬṬAI**

1. Maṇṭūrāti Aṭaik Kuṭin̄r

**KOPRĀRAIT TĒNKAI**

1. Iracā Kanti Meluku
2. Iṭi Vallāti

**KŌRAIK KILAN̄KU**

1. Civataic Cūraṇam
2. Cukkut Tailam
3. Ilaku Cantanātit Tailam
4. Kantaka Racāyaṇam
5. Kapa Curak Kuṭin̄r
6. Karuṇai Ilakam
7. Nācirōka Nācat Tailam
8. Nīla Vēmpuk Kuṭin̄r
9. Tirāṭcātic Cūraṇam

**KŌṢṬAM/KŌṬṬAM**

1. Amirtātik Kulikai
2. Arakkut Tailam
3. Carapuṇka Vilvāti Ilakam
4. Cīntil Ney
5. Cukkut Tailam
6. Emataṇṭak Kulikai
7. Ilaku Cantanātit Tailam
8. Iṇṇic Cūraṇam (Kaṇṭāttiri Cūraṇam)
9. Iracakanti Meluku
10. Iṭivallāti
11. Kaṇat Tailam
12. Kapa Curak Kuṭin̄r
13. Karicālai Ilakam
14. Kēcari Ilakam
15. Kōrōcaṇai Māttirai
16. Kuṇkumappū Māttirai
17. Kuṇmak Kuṭōri
18. Mānta Eṇṇey No. 2
19. Nārattai Ilakam
20. Noccit Tailam
21. Pīnacat Tailam
22. Pitta Curak Kuṭin̄r (Pitta Veppuk Kuṭin̄r)
23. Tālicātic Cūraṇam
24. Tirāṭcātic Cūraṇam
25. Tūtuvaḷai Ney
26. Vacanta Kucumākaram
27. Vallārai Ney
28. Vāta Curak Kuṭin̄r
29. Vāta Kēcari Tailam
30. Veṇṇpūcaṇi Ilakam

**KŌṬI VĒLI ILAI**

1. Cāmpirāṇippū Pataṇkam

**KŌṬIVĒLI VĒRPPAṬṬAI****(CITTIRA MŪLĀ VĒRPPAṬṬAI)**

1. Āṭātōṭai Ney
2. Carapuṇka Vilvāti Ilakam
3. Cittira Mūlat Tailam
4. Cukkut Tailam
5. Paṇṇākip Paṭṭai Iracāyaṇam
6. Tippili Iracāyaṇam

**KŌṬṬAI TIRĀṬCAI (DRIED)**

1. Malakkuṭāra Meluku

**KOTTUMALLI VITAI**

1. Carapuṇka Vilvāti Ilakam
2. Ilaku Cantanātit Tailam
3. Iṇṇic Vātakam
4. Kantaka Racāyaṇam
5. Makā Vallāti Ilakam

6. Nārattai Ilakam
7. Nellikkāi Ilakam
8. Paṇṇāṅkip Paṭṭai Iracāyaṇam
9. Pitta Curak Kuṭinīr
10. Tālicātic Cūraṇam
11. Vallārai Ney
12. Veṇṇpūcaṇi Ney

#### KŌVAI ILAI

1. Iracāt Tailam
2. Kaṇat Tailam

#### KOVAIT TANṬU

1. Maṇṭūrāti Aṭaik Kuṭinīr

#### KŪKAI NIRŪ

1. Elātic Cūraṇam
2. Kantaka Racāyaṇam
3. Nellikkāi Ilakam
4. Tirātcātic Cūraṇam

#### KUMATṬIK KĀI

1. Kummatṭik Kulampu

#### KŪNKUMAPPŪ

1. Cukkuṭ Tailam
2. Ilaku Cantanātit Tailam
3. Kaṇat Tailam
4. Kantaka Racāyaṇam
5. Kastūrik Karuppu
6. Kastūri Māttirai
7. Kōrōcaṇai Māttirai
8. Kuṇkumappū Māttirai
9. Makā Ēlātik Kuḷikai
10. Makā Vacanta Kucumākaram
11. Makā Vallāti Ilakam
12. Makāvra Meluku
13. Nācirōka Nācat Tailam
14. Nanti Meluku
15. Paṇṇāṅkip Paṭṭai Iracāyaṇam
16. Taṇṇīr Viṭṭāṇ Ney
17. Tirātcātic Cūraṇam
18. Vacanta Kucumākaram
19. Vallārai Ney

#### KUNRI MANI/KUNRI VITTU

1. Makā Vacanta Kucumākaram
2. Mūcāmparap Paṇṇu (Kuṇṇip Paṇṇu)

#### KUPPAI MĒNIC CAMŪLAM

1. Paṇṇāṅkip Paṭṭai Pataṅkam

#### KUPPAI MĒNI ILAI

1. Appirakap Paṇṇam
2. Mēniṭh Tailam
3. Nanti Meluku
4. Paṇṇa Lavaṇa Paṇṇam

#### KURŌCĀNI ŌMAN

1. Carapuṇka Vilvāti Ilakam
2. Iti Vallāti
3. Kantaka Iracāyaṇam
4. Kapāṭa Māttirai
5. Karicālai Ilakam
6. Nanti Meluku
7. Nārattai Ilakam
8. Paṇṇāṅkip Paṭṭai Iracāyaṇam
9. Tippili Iracāyaṇam
10. Veṇṇpūcaṇi Ney

#### KURU VĒR

1. Tālicāti Vatakam

#### KUṬACAPPĀLAI VĒR

1. Pīnacat Tailam

#### MĀCIKKĀI

1. Amirtātik Kuḷikai
2. Iracakanti Meluku
3. Kaṇat Tailam
4. Puḷiyārai Ney
5. Pūra Māttirai
6. Veṇṇpūcaṇi Ney

#### MĀCIPPATTI RI VĒR

1. Amirtātik Kuḷikai
2. Pūra Māttirai

#### MAKILAMPU

1. Veḷḷai Paṇṇam

#### MALAI VĒPPILAI

1. Kalīṅkātit Tailam  
(Malai Vēmpātit Tailam)

#### MĀM PARUPPU

1. Cuṇṭai Vaṇṇal Cūraṇam
2. Karuṇai Ilakam

#### MAṆALIK KĪRAI

1. Maṇṭūrāti Aṭaik Kuṭinīr

#### MAṆAT TAKKĀLI ILAI

1. Veḷḷic Centūram

#### MAṆAT TAKKĀLI VAṆṬAL

1. Neruṇṇic Kutinīr

#### MAṆCAL/KARĪ MAṆCAL

1. Cīntil Ney
2. Iraca Kanti Meluku
3. Kummatṭik Kulampu
4. Maṇṭūrāti Aṭaik Kuṭinīr
5. Nācac Centūram
6. Piraṇṭai Vatakam
7. Piṇṇa Nārik Kuṭinīr
8. Vallārai Ney
9. Veḷ Vaṇka Paṇṇam

**MANCIṬṬI VĒR**

1. Cukkut Tailam
2. Ilaku Cantanāṭit Tailam
3. Nācirōka Nācat Tailam

**MARA MANCAL PAṬṬAI**

1. Cāmpirāṇippū Pataṅkam
2. Cīntil Ney
3. Iṇāṇrk Kulampu
4. Tirāṭcātic Cūraṇam

**MARUKKĀRAI VĒRPPAṬṬAI**

1. Paṭaic Caṅkāraṇ No. 1

**MARUKKĀRAI VITU**

1. Paṭaic Caṅkāraṇ No. 1

**MARUḶ KILAṆKU**

1. Karuṇai Iḷakam

**MARUTAM PAṬṬAIC CĀMPAL**

1. Kantaka Paṇṇam

**MARUTŌNRI VĒR PAṬṬAI**

1. Appiraka Paṇṇam

**MĀTUḶAM PALAM**

1. Mātuḷai Maṇappāku

**MĀTUḶAM PALAT TŌL**

1. Cuṇṭai Vaṇṇal Cūraṇam

**MĀTUḶAMPŪ**

1. Makā Ēlātik Kuḷikai
2. Makā Vacanta Kucumākaram

**MĀVILINKAM VĒRPPAṬṬAI**

1. Vāta Curak Kuṭinīr

**MERUKAṆ KILAṆKU**

1. Arakkut Tailam
2. Merukkullit Tailam

**MILAKĀI**

1. Milakāit Tailam

**MILAKARĀṆAI VĒR**

1. Karicālai Iḷakam

**MILAKU**

1. Amukkarāc Cūraṇam
2. Aṣṭapairavam  
(Aṣṭapairavak Kuḷikai)
3. Aṭṭātic Cūraṇam
4. Ayapiruṅka Rāja Karpam
5. Cāmpirāṇip Pū Pataṅkam
6. Cancīvi Māttirai
7. Cara Puṅka Vilvāti Iḷakam
8. Cilōtāri Māṇi (cala Maṇcari)
9. Civaṇār Amirtham
10. Cīvataic Cūraṇam

**11. Cukkut Tailam****12. Cūlaik Kuṭāram****13. Cuvācakkuṭōri****14. Ēlātic Cūraṇam****15. Impūral Vaṭakam****16. Iṇcic Cūraṇam****17. Iṇci Vaṭakam****18. Iraca Kanti Meḷuku****19. Kakkuvāṇ Iḷakam****20. Kaḷaricic Cūraṇam****21. Kaṅkāca Māttirai  
(Puṅkāti Māttirai)****22. Kantaka Iracāyaṇam****23. Karicālai Iḷakam****24. Karuṇai Kilaṅku Enṇey****25. Kēcari Iḷakam****26. Kumattik Kulampu****27. Kuṇmak Kuṭōri****28. Makāvira Meluku****29. Ma kā Vallāti Iḷakam****30. Milakāit Tailam****31. Murukkaṇ Vitai Māttirai****32. Nanti Meḷuku****33. Nārattai Iḷakam****34. Nava Uppu Meḷuku****35. Nilavākaic Cūraṇam****36. Nila Vēmpuk Kuṭinīr****37. Noccik Kuṭinīr****38. Noccit Tailam****39. Pālacaṇcīvi Māttirai****40. Paṇca Tipākkiniṇ Cūraṇam****41. Paṇāṅkippaṭṭai Iracāyaṇam****42. Piraṇṭai Vaṭakam****43. Tamarakak Kuṭinīr****44. Tālicātic Cūraṇam****45. Tālicāti Vaṭakam****46. Tippili Iracāyaṇam****47. Tirācātic Cūraṇam****48. Tirikaṭukuc Cūraṇam****49. Tūtuvaḷai Ney****50. Uḷi Māttirai****51. Ulōka Maṇṭūrac Centūram****52. Uḷuntut Tailam (Māṣat Tailam)****53. Vātakēcarit Tailam****54. Veṇpūcaṇi Iḷakam****55. Vilvāti Iḷakam****MONTAṆ VĀLAIP PŪ**

1. Vālaippū Vaṭakam

**MŪCĀMPARAM**

1. Mūcāmparap Paṇṇu

**MUCUMUCUKKAI ILAI**

1. Cīrakac Cūraṇam

**MUK(Ṭ)KĀI VELAI VĒR**

1. Corapuṇka vilvāti Ilakam
2. Velli paṇṇam

**MÜKKIRATTAIC CAMÜLAM**

1. Tālakac Centūram

**MULLĀNKI**

1. Naṇṭukkal Paṇṇam

**MULLI VĒR**

1. Carapuṇka Vilvāti Ilakam
2. Kapa Curak Kuṭinīr
3. Tūtuvalai Ney

**MURUKKAM PÜ**

1. Kṣaya Kulāntakac Centūram

**MURUKKAṆ VITTU (PALĀCU VITTU)**

1. Murukkaṇ Vitai Māttirai
2. Vāta Curak Kuṭinīr

**MURUNKAIP PAṬṬAI**

1. Kāntac Centūram
2. Makāvīra Meluku
3. Nanti Meluku

**MURUNKAIP PÜ**

1. Pañca Cūta Meluku

**NALLENNEY ENNEY**

1. Arkkut Tailam
2. Aya Jampīrac Kaṇṇam
3. Cīrakat Tailam
4. Cīrṇa Muṭṭit Tailam
5. Cīrṇa Muṭṭi Maṭakkut Tailam
6. Cīrōpāra Nivāraṇi Tailam
7. Cittira Mūlat Tailam
8. Cukkut Tailam
9. Ilaku Centanāṭit Tailam
10. Ilaku Viṭamuṭṭit Tailam
11. Kaiyāṇ Tailam
12. Kīlānellit Tailam
13. Kuṇkilya Veṇṇey
14. Kuntarīkat Tailam
15. Milakṣit Tailam
16. Mūcāmparap Paṇṇu
17. Nācīrōka Nācat Tailam
18. Noccit Tailam
19. Paṇṇai Eruvai
20. Pīṇacat Tailam
21. Ponnāṇ Kāṇit Tailam
22. Tālakac Centūram
23. Uṇuntut Tailam
24. Vātakēcarit Tailam
25. Virāṇa Cañcivit Tailam

**NANNĀRI**

1. Carapuṇka Vilvāti Ilakam
2. Ilaku Cantanāṭit Tailam
3. Pitta Curak Kuṭinīr  
(Pitta Veppuk Kuṭinīr)

**NANNARI VĒR PAṬṬAI**

1. Maṇṭūrāti Aṭaik Kuṭinīr
2. Paṇṇākip Paṭṭai Iracāyaṇam

**NĀPI**

1. Akastiyar Kulampu
2. Aṣṭa Pairavam
3. Cañcivi Māttirai
4. Cūlaik Kuṭāram
5. Emataṇṭak Kulikai
6. Irāja Rājēsvaram
7. Kaucikar Kulampu
8. Makā Vacanta Kucumākaram
9. Viṣṇu Cakkaram

**NĀRATTAM PAḌAM**

1. Nārattai Ilakam

**NĀṬṬUC CARKKARAI**

1. Iñcic Cūraṇam
2. Kantaka Iracāyaṇam

**NĀVAL PAṬṬAI**

1. Aṣṭapairavam (Aṣṭapairavak Kulikai)
2. Karicālai Ilakam
3. Nanti Meluku

**NĀYURUVIC CAMÜLAM**

1. Nākac Centūram

**NELLIKĀI/NELLI VARṬAL**

1. Āṇanta Pairavam
2. Campirāṇippū Paṭāṇkam
3. Carapuṇka Vilvāti Ilakam
4. Cīrakac Cūraṇam
5. Civataic Cūraṇam
6. Cukkut Tailam
7. Cūlaik Kuṭāram
8. Cuṇṭai Varṭal Cūraṇam
9. Ilaku Cantanāṭit Tailam
10. Ilanīrk Kulampu
11. Irunellik Kaṇṇam
12. Kakkuvāṇ Ilakam
13. Kantaka Iracāyaṇam
14. Karicālai Ilakam
15. Kīlīñcīl Meluku
16. Makā Vallāti ilakam
17. Maṇṭūrāti Aṭaik Kuṭinīr
18. Nārattai Ilakam
19. Nellikāi Ilakam

20. Neruñcik Kuṭinṛ
21. Noccit Tailam
22. Paṇāṇkippaṭṭai Irācāyaṇam
23. Pirami Ney
24. Pitta Curak Kuṭinṛ
25. Poṇṇāṇkāṇit Tailam
26. Tālicātic Cūraṇam
27. Tēṇṇāṇ Koṭṭai Ilakam
28. Tippili Iracāyaṇam
29. Tirā cātic Cūraṇam
30. Tṛipalaic Cūraṇam
31. Tutuvaḷai Ney
32. Uḷi Māttirai
33. Venpūcaṇi Ney

#### NELLI VĒRP PAṬṬAI

1. Ilaku Cantanāṭit Tailam

#### NER PORI

1. Tirātcātic Cūraṇam

#### NERUÑCIC CAMŪLAM

1. Karicālai Ilakam
2. Neruñcik Kuṭinṛ
3. Pañca Cūta Meluku

#### NERUÑCI MUḸ

1. Kantaka Iracāyaṇam

#### NERUÑCI VĒR

1. Tirātcātic Cūraṇam

#### NĒR VĀLAM

1. Akastiyar Kuḷampu
2. Aṣṭa Pairavam
3. Cañcivi Māttirai
4. Cilōtāri Mani
5. Cittāti Eṇṇey
6. Cūlaik Kuṭāram
7. Havañkāti Māttirai
8. Kākkapa Māttirai
9. Kaḷaṇccit Tailam
10. Kaucikar Kuḷampu
11. Kōrōcaṇat Tukaḷ
12. Kumattik Kuḷampu
13. Mānta Eṇṇey No. 2
14. Mēkanāta Kuḷikai
15. Murukkan Vitai Māttirai
16. Nanti Meluku
17. Nava Uppu Meluku
18. Paccaik Kaṇṇūra Māttirai
19. Tālampū Māttirai
20. Virēcaṇa Pūpati (Pētipūpati)
21. Viṣak Kuḷampu (Karun Kuḷampu)

#### NEYTAL KILANKU

1. Tirātcātic Cūraṇam

#### NILAK KUMḸ VĒR

1. Tirātcātic Cūraṇam

#### NILAP PAṆAṆ KILANKU

1. Kantaka Racāyaṇam
2. Muttuc Cippi Paṇṇam
3. Muttu Paṇṇam
4. Paṇāṇkip Paṭṭi Iracāyaṇam
5. Taṇṇṛ Viṭṭāṇ Ney

#### NILA KĀVAI ILAI/NILA VĀRAI ILAI

1. Malak Kuṭāra Meluku
2. Nākkuppūccik (Kolli) Kuṭinṛ
3. Nilavākaic Cūraṇam
4. Tirākṣaik Kuṭinṛ

#### NILA VĒMPUC CAMŪLAM

1. Kapa Curak Kuṭinṛ
2. Nila Vēmpuk Kuṭinṛ
3. Vāta Curak Kuṭinṛ

#### NĪLI/AVURI

1. Nanti Meluku

#### NĪRUMUḸḸIC CAMŪLAM

1. Maṇṭūrāti Aṭaik Kuṭinṛ
2. Neruñcik Kuṭinṛ

#### NĪRMUḸḸI VITTU

1. Iraca Kanti Meluku
2. Kantaka Racāyaṇam

#### NĪRAṬI MUTTU

1. Karappāṇ Tailam
2. Mānta Eṇṇey No. 2
3. Mēkaviraṇak Kaḷimpu

#### NIR VIṢAM

1. Nanti Meluku

#### NOCCI ILAI

1. Kumattik Kuḷampu
2. Muttu Paṇṇam (Nittila Vipūti)
3. Noccit Tailam
4. Pīnacat Tailam
5. Vātakēcarit Tailam

#### NOCCIK KOLUNTU

1. Noccik kuṭinṛ

#### OTIYAM PAṬṬAI

1. Ayac Centūram

#### OMAM

1. Akastiyar Kuḷampu
2. Aṭṭātic Cūraṇam
3. Carapuṇka Vilvāti Ilakam
4. Cuṇṭai Vaṇṇal Cūraṇam

5. Iñci Vaṭakam
6. Iracakanti Meḷuku
7. Iṭi Vallāti
8. Kantaka Racāyaṇam
9. Karicālai Iḷakam
10. Kastūrik Karuppu
11. Kuṇkumappū Māttirai
12. Kuṇmak Kuṭōri
13. Makāvallāti Iḷakam
14. Mayanaṭ Tailam
15. Mēkanātak Kuḷikai
16. Nākac Centūram
17. Nākkuppūccik Kuṭinṭr
18. Nellikkāi Iḷakam
19. Nilavākaic Cūraṇam
20. Omat Tinṭr
21. Paraṅkip Paṭṭai Iracāyaṇam
22. Pāvaṇak Kaṭukkāy
23. Tāḷaka Māttirai
24. Tāḷicātic Cūraṇam
25. Tippili Iracāyaṇam
26. Tūtuvaḷai Ney

#### PACARAI ILAI

1. Taṅkac Centūram

#### PACCILAI

1. Arakkaut Tailam
2. Iḷaku Cantapātit Tailam
3. Nācirōka Nācat Tailam

#### PALĀCU VITTU

1. Nākkup Pūccik Kuṭinṭr

#### PAḷIṆKUC CĀMPIRĀNI

1. Iḷiṅkak Kaṭṭu

#### PAṆAI VELLAM/KARUPPUK KAṬṬI

1. Appirakac Centūram
2. Iraca Kanti Meḷuku
3. Iṭi Vallāti
4. Karicālai Iḷakam
5. Karuṇai Iḷakam
6. Kaucikar Kuḷampu
7. Kuṇmak Kuṭōri
8. Nanti Meḷuku
9. Vilavāti Iḷakam
10. Viṣak Kuḷampu (Karuṇ Kuḷampu)

#### PANĀNKAL

1. Vellaip Pāṭāṇak Kaṭṭu

#### PANĀNKARKANTU

1. Impūral Vaṭakam
2. Impūral Iḷakam

#### PANNĪR

1. Mātuḷai Maṇappāku

#### PANNĪRP PŪ/RŌJĀ PŪ

1. Malak Kuṭāra Meḷuku

#### PARĀṆKIP PAṬṬAI/PARĀṆKIC CAKKAI

1. Iraca Kanti Meḷuku
2. Iraca Meḷuku
3. Iṭi Vallāti
4. Kaḷaṇcit Tailam
5. Kantaka Racāyaṇam
6. Makā Vallāti Iḷakam
7. Neruṇcik Kuṭinṭr
8. Paraṅkip Paṭṭaic Cūraṇam
9. Paraṅkip Paṭṭaip Pataṅkam
10. Paraṅkip Paṭṭat Racāyaṇam

#### PARPĀTAKAM

1. Nila Vēmpuk Kuṭinṭr

#### PĀTĀM PARUPPU

1. Malakkuṭāra Meḷuku

#### PĀTIRI VĒR

1. Maṇṭūrāti Aṭaik Kuṭinṭr
2. Pitta Curak Kuṭinṭr

#### PAVAṬṬAI ILAI

1. Iracat Tailam

#### PĒRAMALLI

1. Carapuṅka Vilvāti Iḷakam

#### PĒRĀ MUTṬI VĒR

1. Karicālai Iḷakam
2. Tirāṭcātic Cūraṇam
3. Vāta Curak Kuṭinṭr

#### PĒRARATTAI

1. Carapuṅka Vilvāti Iḷakam
2. Kakkuvāṇ Iḷakam
3. Tippili Iracāyaṇam
4. Tūtuvaḷai Ney
5. Uḷuntut Tailam
6. Vāta Curak Kuṭinṭr

#### PĒRICCĀṆKĀI

1. Cukkut Tailam
2. Pitta Curak Kuṭinṭr
3. Tirāṭcātic Cūraṇam

#### PĒRICCAM PAḶAM

1. Kantaka Racāyaṇam
2. Paraṅkippaṭṭai Racāyaṇam

#### PERUṆKĀNCORI VER

1. Tūtuvaḷai Ney
2. Vāta Curak Kuṭinṭr



## PÉRUNKĀYAM

1. Akastiyar Kulampu
2. Aṭṭātic Cūraṇam
3. Cilōtāri Maṇi
4. Cittāti Enney
5. Kapāṭa Māttirai
6. Kaucikar Kuḷlambu
7. Kumaṭṭik Kuḷlambu
8. Kuṇmak Kuṭōri
9. Mēkanātak Kuḷikai
10. Mūcāmparap Paṇṇu (Kuṇṇip Paṇṇu)
11. Tālicātic Cūraṇam
12. Ūli Māttirai
13. Vātakēcarit Tailam

## PĒYP PUṬAL CAMŪLAM

1. Cntil Ney
2. Nila Vēmpuk Kuṭinir

## PIRANṬAI

1. Karuṇai Ilakam
2. Piraṇṭai Vaṭakam

## PIRAMMI VAḶUKKAI

1. Pirami Ney

## PIRAPPAṆ KILANKU

1. Iraca Kanti Melluku

## PIṬAṆKU NĀRI ILAI

1. Piṭaṅka nārik Kuṭinir

## PĪTA ROKIṆI

1. Kaṅkāca Māttirai (Puṅkāti Māttirai)

## PIṬI KARUṆAI

1. Karuṇai Ilakam

## PIRAMMATANṬIC CAMŪLAM

1. Mēkanātat Tailam

## PONMUCUTTAI VĒR

1. Carapuṅka Vilvāti Ilakam

## PONNĀṆKĀNI

1. Kaṇat Tailam
2. Ponṇāṇ Kāṇit Tailam
3. Puḷiyārai Ney

## PORRILAIK KAIYAN

1. Aṣṭapairavam
2. Kaṇat Tailam
3. Karicālai Ilakam

## POṬUTALAI

1. Aṣṭa Pairavam
2. Karicālai Ilakam
3. Parahkip Paṭṭaip Paṭaṅkam

## PŪCCĀNTIRAP PAṬṬAI

1. Arakkut Tailam

## PŪCANIK KAI

1. Kṣaya Kulāntakaṇ Centūram
2. Tālakac Centūram
3. Venpūcaṇi Ilakam

## PŪLAṆ KILANKU/KATCCŌLAM

1. Arakkut Tailam
2. Cntil Ney
3. Kantaka Rācāyāṇam
4. Nācirōko Nācat Tailam

## PULI

1. Tālaka Paṇṇam

## PULI ILAI

1. Maṇṭūrāti Aṭaik Kuṭinir

## PULI NARAḶAI

1. Karunai Ilakam

## PULIYAM PUṆANIC CĀMPAL

1. Kantaka Paṇṇam

## PULIYĀRAIC CAMŪLAM

1. Kaṇat Tailam
2. Puḷiyārai Ney
3. Uppuc Centūram

## PŪṆAIKKĀLI VITAI

1. Kantaka Rācāyāṇam
2. Uḷuntat Tailam

## PUNAIKKAN KUNKILAIYAM

1. Kuntaiṅkat Tailam
2. Nellikkāi Ilakam

## PŪNKAM VITTU

1. Kaṅkāca Māttirai

## PUNKAN VĒRPPATTAI

1. Puṅkat Tailam

## PUNTU/VĒLLAI PUNTU

1. Aya Jampīrac Kaṇṇam
2. Cittāti Enney
3. Ilaku Viṭamuṭṭit Tailam
4. Kaṇat Tailam
5. Kuṇmak Kuṭōri
6. Merukullit Tailam
7. Noccit Tailam
8. Piraṇṭai Vaṭakam
9. Vātakēcarit Tailam

## PŪVARACAM PAṬṬAI

1. Mēkanātat Tailam

## RŌJA MOṬṬU

1. Tirākṣaik Kuṭinir

## TAKARAI ILAI

1. Taṅkac Centūram

**TAKARAI VITAI**

1. Paṭaic Caṅkāraṇ No. 2

**TAKKŌLAM/TAKKŌLAP POTTU**

1. Ilaku Cantanāṭit Tailam
2. Kantaka Racāyaṇam
3. Nellikkāi Ilakam
4. Paraṅkip Paṭṭai Iracāyaṇam
5. Vallārai Ney

**TĀLAI VIḸUTU**

1. Venpūcaṇi Ilakam
2. Venpūcaṇi Ney

**TĀLAMPŪ**

1. Tālampū Māttirai

**TĀLICAP PATTIRI**

1. Ātāṭōṭaik Kuṭinir
2. Carapuṅka Vilvāti Ilakam
3. Ēlātic Cūraṇam
4. Iṅcic Cūraṇam
5. Iraca Kanti Meluku
6. Kakkuvāṇ Ilakam
7. Kantaka Racāyaṇam
8. Karicālai Ilakam
9. Kēcari Ilakam
10. Nanti Meluku
11. Nārattai Ilakam
12. Tālcātic Cūraṇam
13. Tālicāti Vāṭakam
14. Tippili Iracāyaṇam
15. Tūtuvalai Ney
16. Vallārai Ney
17. Venpūcaṇi Ney
18. Vilvāti Ilakam

**TAḶUTĀLAI ILAI**

1. Vātakēcariṭ Tailam

**TĀMARAI ILAI**

1. Tāmpirac Centūram (Cempuc Centūram)

**TĀMARAI MAKARANTAM**

1. Makā Ēlātik Kuḷikai

**TĀMARAI MALAR**

1. Makā Vacanta Kucumākaram

**TĀMARAI VAḶAYAM / TĀMARAIK KILANKU.**

1. Ilaku Cantanāṭit Tailam
2. Makā Ēlātik Kuḷikai
3. Nācirōka Nācat Tailam
4. Paraṅkip Paṭṭai Iracāyaṇam
5. Tirātcātic Cūraṇam

**TANNIR VITTĀN KILANKU**

1. Cukkut Tailam
2. Ilaku Cantanāṭit Tailam
3. Kantaka Racāyaṇam
4. Nācirōka Nōcat Tailam
5. Paraṅkip Paṭṭai Racāyaṇam
6. Tannir Vittān Ney

**TĀNRİK KAI**

1. Āṇanta Pairavam
2. Cāmpirāṇippū Pataṅkam
3. Caṅṇṇi Māttirai
4. Carapuṅka Vilvāti Ilakam
5. Civataic Cūraṇam
6. Cukkut Tailam
7. Cūlaik Kuṭāram
8. Ilaku Cantanāṭi Tailam
9. Iṇanirk Kuḷampu
10. Kakkuvāṇ Ilakam
11. Kantaka Iracāyaṇam
12. Karicālai Ilakam
13. Makā Vallāti Ilakam
14. Maṇṭūrāti Aṭaik Kuṭinir
15. Nārattai Ilakam
16. Neruṇṇic Kuṭinir
17. Noccit Tailam
18. Paraṅkip Paṭṭai Iracāyaṇam
19. Tālcātic Cūraṇam
20. Tēṇṇ Kōṭṭai Ilakam
21. Tippili Iracāyaṇam
22. Tirātcātic Cūraṇam
23. Tiripalaic Cūraṇam
24. Tūtuvalai Ney
25. Vallārai Ney
26. Venpūcaṇi Ney

**TĒNKĀI ENNEY**

1. Mattaṇ Tailam (Paccai Enney)
2. Mēkaviraṇak Kaḷimpu
3. Oṭṭu Bruvai
4. Veḷḷai Melluku

**TENKĀI ŌṬUKAḶ**

1. Cirāṭṭait Tailam

**TĒNKĀIP PĀL**

1. Cittāti Enney
2. Karappāṇ Tailam
3. Kaucikar Kuḷampu
4. Nanti Meluku
5. Puṅkat Tailam
6. Viṣak Kuḷampu

**TENNAMPŪ**

1. Karicālai Ilakam
2. Venpūcaṇi Ilakam
3. Venpūcaṇi Ney

**TENNAN KUṬUKKAIK KARI/CIRATTAIK KARI**

1. Kaucikar Kuḷampu
2. Viṣak Kuḷampu

**TERRĀN KOTTAI**

1. Iraca Kanti Meluku
2. Nācirōka Nācat Tailam
3. Pīnacat Tailam
4. Terrān Kottai Ilakam

**TĒVATĀRAM/TĒVATĀRAK KAṬṬAI**

1. Cīntil Ney
2. Cukkut Tailam
3. Ilaku Cantanāṭit Tailam
4. Nārattai Ilakam

**TIKKĀ MALLI**

1. Cīrōpāra Nivāraṇi Tailam

**TIPPILI**

1. Amukkarāc Cūraṇam
2. Aṣṭa Pairavam
3. Aṭṭātic Cūraṇam
4. Āṭātōṭaik Kuṭinir
5. Āṭātōṭai Ney
6. Cāmpirāṇippū Pataṅkam
7. Cañcivi Māttirai
8. Carapuṅka Vilvāti Ilakam
9. Cilōtāri Maṇi
10. Cīrakac Cūraṇam
11. Cittāti Enney
12. Civaṇār Amīntam
13. Cīvataic Cūraṇam
14. Cukkut Tailam
15. Cūlaik Kuṭāraṇi
16. Emataṇṭak Kuḷikai
17. Incic Cūraṇam (Kaṇṭāttiri Cūraṇam).
18. Iñci Vaṭakam
19. Iracakanti Meluku
20. Iraca Meluku
21. Iṭi Vallāti
22. Kākkāṇā Māttirai
23. Kakkuvān Ilakam
24. Kaṇkāca Māttirai
25. Kantaka Racāyaṇam
26. Kapa Curak Kuṭinir
27. Karicālai Ilakam
28. Karuṇa Kṛāṇkenney
29. Kastūrik Karuppu
30. Kaucikar Kuḷampu
31. Kēcari Ilakam
32. Kōrōcaṇat Tukaḷ
33. Kuṇkumappū Māttirai

34. Kuṇmak Kuṭōri
35. Makāvallāti Ilakam
36. Makāvra Meluku
37. Mayilīrakātic Cūraṇam
38. Murukkaṇ Vitai Māttirai
39. Nanti Meluku
40. Nārattai Ilakam
41. Nava Uppu Meluku
42. Noccit Tailam
43. Pālacāñcivi Māttirai
44. Pañca Tīpākkini Cūraṇam
45. Paṇṇkip Paṭṭai Iracāyaṇam
46. Pāvaṇak Kaṭukkāy
47. Pīnacat Tailam
48. Pirami Ney
49. Tāḷaka Māttirai
50. Tāḷicāti Vaṭakam
51. Terrāṇkottai Ilakam
52. Tippili Iracāyaṇam
53. Tirāṭcātic Cūraṇam
54. Tirikaṭukuc Cūraṇam
55. Tūtuvaḷai Ney
56. Ulōka Maṇṭūrac Centūram
57. Uḷuntut Tailam
58. Vacanta Kucumākaram
59. Vāta Curak Kuṭinir
60. Vāta Kēcari Tailam
61. Vilvāti Ilakam

**TIPPILIK KAṬṬAI**

1. Iraca Kanti Meluku
2. Nanti Meluku
3. Tāḷicātic Cūraṇam

**TIPPILI MŪLAM/TIPPILI VĒR/MOTI**

1. Iñcic Cūraṇam
2. Kantaka Racāyaṇam
3. Kuṇmak Kuṭōri
4. Nārattai Ilakam
5. Nellikkāi Ilakam
6. Tāḷicāti Vaṭakam
7. Vāta Curak Kuṭinir

**TIRĀṬCAI (Dried)**

1. Cukkut Tailam
2. Iracakanti Meluku
3. Kantaka Racāyaṇam
4. Nārattai Ilakam
5. Tirāṭcātic Cūraṇam
6. Tirāṭcātik Kuṭinir

**TIRIPALAIK KUṬINIR**

1. Nava Uppu Meluku
2. Vātarākṣaṇam

**TUḶACI ILAI**

1. Cāti Campirak Kulampu (Periya Cātik Kulampu)
2. Puṇ Poṭi
3. Vātarākṣaṇ

**TUMPAI ILAI**

1. Cāmpirānippū Pataṅkam
2. Cīrakac Cūraṇam

**TUMPAI VĒR**

1. Pitta Curak Kuṭinr (Pitta Veppuk Kuṭinr)

**TURUŌCI NĀRAṬṬAM PAḶAM**

1. Turuŋci Maṇappāku

**TUTTI ILAI**

1. Nattai Paṇpam (Nattaic cippip Paṇpam)

**TUTTI VĒR**

1. Nava Uppu Meluku

**TŪTUVAḶAI ILAI**

1. Cīrakac Cūraṇam

**TUTUVĀḶAI VĒR**

1. TūtuvaḶai Ney

**TUVARAI ILAI**

1. Taṅka Paṇpam

**UḶUNTU**

1. Pirāṇṭai Vaṭakam
2. Uḷuntut Tailam

**ŪMATTAI ILAI**

1. Mattan Tailam (Paccāi Eṇney)
2. Paṇca Lavaṇa Paṇpam

**ŪMATTAN KĀI**

1. Puṇ Poṭi

**UTTĀMAŌI (VĒLIP PARUTTI)**

1. Mānta Eṇney No. 2

**UTTI RĀṢṬAM**

1. Makā Ēlātik Kuḷikai

**VACAMPU (Fresh)**

1. Pirami Ney

**VACAMPU (Dry)**

1. Iraca Kanti Meluku
2. Mēkanāta Kuḷikai
3. Uḷuntut Tailam

**VACAMPUK KARI**

1. Pūra Māttirai

**VĀIVIṬ (Ḷ) AŌKAM**

1. Iracakanti Meluku
2. Karuṇa Kilāṅku Eṇney
3. Makā Vallāti Ilakam
4. Mēkanāta Kuḷikai

**5. Nākkuppūccik (Kōḷi) Kuṭinr****6. Nanti Meluku****7. Nelliḱḱāi Ilakam****8. Nila Vākaic Cūraṇam****9. Paraṅkip Paṭṭai Iracāyaṇam****10. Pīnacat Tailam****11. Pirāṇṭai Vaṭakam****12. Taḷicātic Cūraṇam****13. TūtuvaḶai Ney****VĀḶAIK KĀŌI**

1. Taṅka Paṇpam

**VĀḶAIK KILANKU**

1. Kāntac Centūram

2. Pūraṇac Cantirōtayam

**VALLĀRAI ILAI**

1. Vallārai Ney

**VĀḶ MIḶAKU**

1. Cāmpirānippū Pataṅkam

2. Carapuṅka Vilvāti Ilakam

3. Impūrai Ilakam

4. Kalarcit Tailam

5. Kuṅkumappū Māttirai

6. Makā Ēlātik Kuḷikai

7. Nārattai Ilakam

8. Paraṅkip Paṭṭai Racāyaṇam

9. TūtuvaḶai Ney

10. Venpūcaṇi Ney

**VĀḶUḶUVAI**

1. Civaṇār Vēmpuk Kuḷit Tailam

2. Iraca Kanti Meluku

3. Iṭi Vallāti

4. Karuṇa Kilāṅku Eṇney

5. Makāvallāti Ilakam

**VALUTUNAI VĒR**

1. Māntūrāti Aṭaik Kuṭinr

**VANŌI ILAI**

1. Puliyārai Ney

**VARIKKUMATTIK KAI (ARUT TUMATTIKKAI)**

1. Kaliṅkātit Tailam (Malai Vēmpātit Tailam)

**VATTAT TIRUPPI VĒR**

1. Kapacurak Kuṭinr

**VĒLIPPARUTTI (UTTĀMAŌI)**

1. Cittāti Eṇney

2. Kaucikar Kulampu

3. Viṣak Kulampu

**VELLALATTIP PAṬṬAI**

1. Cukkuṭ Tailam

**VELLARI VITAI**

1. Neruñcic Kuṭinṛ

**VELLAI CATTARANAIC CAMŪLAM**

1. Kalluṭaik Kuṭōri

**VELLAI CATTIC CĀRANAI VĒR**

1. Kōrōcaṇait Tukaḷ

**VELLAI ERUKKAM PŪ**

1. Cuvācak Kuṭōri

**VELLAIP PŪNTU TAILAM**

1. Pūrak Kaṭṭu

**VELLAI VENKĀYAM**

1. Kantaka Paṛpam
2. Kanti Meluku
3. Mēkanāta Tailam

**VELLARUKU**

1. Mēkanātat Tailam

**VELLARUKUC CAMŪLAM**

1. Vāta Curak Kuṭinṛ

**VENCIVATAI VĒR**

1. Tirāṭcaik Kuṭinṛ

**VENKĀYAM**

1. Kaliñkātit Tailam
2. Kaṇat Tailam
3. Karuṭaṇ Kilāñkenney

**VEN (VELLAIK) KUNKILIYAM**

1. Cukkut Tailam
2. Kuñkiliya Paṛpam
3. Kuñkilya Venney
4. Nellikkāi Iḷakam
5. Oṭṭu Eruvai
6. Paccāi Eruvai

**VEN MIḶAKU**

1. Kumkumappū Māttirai

**VEN MUḶLI**

1. Kunmaṭṭik Kuḷampu

**VEN PŪCAṆI**

1. Venpūcaṇi Ney

**VEPPAM PAḶAM**

1. Viṣṇu Cakkaram

**VEPPAM PAṬṬAI**

1. Cntil Ney
2. Cīrakac Cūraṇam
3. Maṇṭūrāti Aṭaik Kuṭinṛ

**VEPPAM PIṆCUP PĀL**

1. Vellaip Pāṭānak Kaṭṭu

**VEPPENNEY**

1. Appirakap Paṛpam

**VEPPAM PŪ**

1. Tāmpirac Centūram (Cempuc Centūram)

**VEPPILAI**

1. Cempu Paṛpam (Tāmira Paṛpam)

**VEPPIRKKU**

1. Irāja Rājēsvaram

**VERRILAI**

1. Cāmpirāṇippū Kuḷikai
2. Iracat Tailam

**VERRILAIK KĀMPU**

1. Iṭi Vāllāti

**VEṬPĀLAI ARICI**

1. Mānta Enney No. 2
2. Paṛāñkip Paṭṭai Iracāyaṇam

**VEṬPĀLAIP PAṬṬAI**

1. Uḷuntut Tailam

**VENTAYAM**

1. Cuṇṭai Vaṛṇal Cūraṇam
2. Kaṇat Tailam
3. Kapāṭa Māttirai
4. Kōrōcaṇait Tukaḷ
5. Kummaṭṭik Kuḷampu
6. Ūḷi Māttirai

**VEṬṬI VĒR**

1. Amirtātik Kuḷikai
2. Iḷaku Cantanātit Tailam
3. Iñcic Cūraṇam
4. Kantaka Racāyaṇam
5. Makā Ēlātik Kuḷikai
6. Makā Vacanta Kucumākaram
7. Nācirōka Nācat Tailam
8. Nila Vēmpuk Kuṭinṛ
9. Tirāṭcātic Cūraṇam
10. Vallārai Ney

**VILĀMICCAM VĒR**

1. Amirtātik Kuḷikai
2. Carapuñka Vilvāti Iḷakam
3. Cntil Ney
4. Iḷaku Cantanātit Tailam
5. Kantaka Racāyaṇam
6. Karicālai Iḷakam
7. Makā Ēlātik Kuḷikai
8. Makā Vacanta Kucumākaram
9. Nācirōka Nācat Tailam
10. Nila Vēmpuk Kuṭinṛ
11. Paṛāñkip Paṭṭai Racāyaṇam
12. Pitta Curak Kuṭinṛ
13. Tirāṭcātic Cūraṇam
14. Vallārai Ney

**VILĀM PAṬṬAI**

1. Kāntac Centūram

**VILĀNKĀI VITAI**

1. Pirami Ney

**VILUTIC KĪRAI**

1. Maṇṭūrāti Aṭaik Kuṭinr

**VILVA ŌṬU**

1. Vallārai Ney

**VILVA VĒR**

1. Carapuṅka Vilvāti Iḷakam
2. Pitta Curak Kuṭinr
3. Vilvati Iḷakam

**VIṢNUKIRANTAI CAMŪLAM**

1. Vātacurak Kuṭinr

**VIṢṆU KIRANĪAI VĒR**

1. Pūra Māttirai

Sl.No.	Name of the Drug	Parts used/Products used	Botanical Name	Family	English/Commerical Name
1	2	3	4	5	6
1.	Ākāca Karuṭaṇ Kilanku	Tuber	Corallocarpus epigaeus	Cucurbitaceae	..
2.	Akattu/Akattikkirai	Leaf Leaf juice	Sesbania grandiflora	Leguminosae	Agathi
3.	Ākāyat tāmatāi/Ākāyat tāma- rai ilai.	Entire plant, Leaf plant	Pistia stratiotes	Araceae	Water lattuce
4.	Akil/Akil kaṭṭai	Wood	Aquilaria agallocha	Thymelaceae	Eagle wood Alae wood
5.	Akkaṛākāram	Root	Anacyclus pyrethrum	Compositae	Peleiroy
6.	Alīñcil	Root bark	Alangium salviifolium	Alangiaceae	Alangium
7.	Āḷi/Āḷi vittu	Seeds	Linum usitatissimum	Linaceae	Lin seed
8.	Āmaṇakku/Āmaṇakku vēr Āmaṇakku Ennai	Leaf juice Root Oil	Ricinus communis	Euphorbiaceae	Castor Ricinus
9.	Amukkaṛā	Root	Withania somnifera	Solanaceae	Winter Cherry root
10.	Āṇaik Kāñcōri Ilai	Leaf Juice	Tragia involucrata	Euphorbiaceae	Large climbing nettle
11.	Āṇai tippili	Dried fruit	Piper retrofractum	Piperaceae	Large climbing Pappe
12.	Apini	Dried latex of the capsule	Papaver somniferum	Papaveraceae	Opium
13.	Arattai	Rhizome	Alpinia galanga	Zingiberaceae	Galanga
14.	Arici/Aricikkāṭi	Rice weater Rice vinegar fried or parched paddy	} Oryza sativa	Gramineae	Rice
15.	Āṇuttumatti Āṇuttumatti cāru Āṇuttumatti camūlam	} Unripped fruit Unripped juice Juice of the plant			
16.	Ātātōtai Ātātōtai Ilai Ātātōtai Vēr		} Adhatoda zeylanica	Acanthaceae	..
17.	Atimaturam Atimaturam Vēr	} Glycyrrhiza glabra			
18.	Ativitayam		Tuber	Aconitum heterophyllum	Ranunculaceae
19.	Atti Atti Ilai Atti Pāl Atti Paṭṭai	Leaf Latex Bark	Ficus racemosa	Moraceae	Common fig

1	2	3	4	5	6
20.	Āṭuttṇāp pālai	Entire plant	<i>Aristolochia bracteata</i>	Aristolochiaceae	Brackeate
21.	Auvaiyār kūntal	Entire plant	<i>Merremia tridentata</i>	Convolvulaceae	Fried bind weed
22.	Avurivēr	Leaf Root Entire plant	} <i>Indigofera tinctoria</i>	Leguminosae	Common Indigo or Indian Indigo.
23.	Ayil paṭṭai	Bark Dust			
24.	Cāmanti ilai	Leaf juice	<i>Holoptelea integrifolia</i>	Ulmaceae	
25.	Cāmpirāṇi	Resin	<i>Chrysanthemum indicum</i>	Compositae	
26.	Cāmpirāṇi pū	Sublimated product of the above	<i>Styrax benzoin</i>	Styraceae	Benzoni
27.	Cankan kuppi ilai	Leaf Juice	<i>Azima tetracantha</i>	Salvadoraceae	Azima
28.	Cankan Vēr	Root	<i>Azima tetracantha</i>	Salvadoraceae	Azima
29.	Canna ilavankap paṭṭai	Bark	<i>Cinnamomum zeylanicum</i>	Lauraceae	Cinnamon bark
30.	Campakam	Flower Decoction Flower bud	} <i>Michelia champaca</i>	Magnoliaceae	
31.	Cantanak kaṭṭai	Wood powder Decoction			
32.	Cāraipparuppu	Kernal	<i>Santalum album</i>	Santalaceae	Sandal wood
33.	Carckkarai		<i>Buchanania lanzan</i>	Anacardiaceae	
34.	Carakkonrai puli	Flesh of the fruit	<i>Saccharum officinarum</i>	Poaceae	Sugar cane
35.	Carala tevataru	Wood	<i>Cassia fistula</i>	Leguminosae	Indian laburnum
36.	Caranai	Leaf paste Root	<i>Pinus roxburghii</i>	Pinaceae	Pine
37.	Caranai vēr	Leaf paste Root	<i>Boerhaavia diffusa</i>	Nyctaginaceae	Spreading hog weeds.
38.	Catakuppai	Dried fruit	<i>Boerhaavia diffusa</i>	Nyctaginaceae	Spreading hog weeds.
39.	Caṭā māñcil	Root	<i>Anethum sowa</i>	Apiaceae	Dill
40.	Cāṭikkāi	Seed	<i>Nardostachys jatamansi</i>	Valerianaceae	Jatamans
41.	Cāṭippattiri	Aril or Airlode of the nutmeg	<i>Myristica fragrans</i>	Myristicaceae	Nutmeg
42.	Caturakkalli	Latex	<i>Myristica fragrans</i>	Myristicaceae	Mace
43.	Cavurippaḷam	Fruit juice	<i>Euphorbia antiquorum</i>	Euphorbiaceae	Square Spurge
44.	Cemparuttippū	Flower Juice	<i>Trichosanthes bracteata</i>	Cucurbitaceae	
45.	Cencantanam	Wood	<i>Hibiscus rosasinensis</i>	Malvaceae	Shoe flower
			<i>Pterocarpus santalinus</i>	Leguminosae	Red sanders



46-47 Cenkalunir Kulanku	Tuber Flower juice }	Pontederia vaginalis		
48. Cenkalunir malar	Tuber Flower juice }	Pontederia Vaginalis		
49. Cen kattārip pattai	Bark	Capparis sepiaria	Capparidaceae	..
50. Cenkiḷuvai ilai	Leaf	Balsamodendron candatum	Burseraceae	Red balsum
51. Cērān koṭṭai	Nut	Semicarpus anacardium	Anacardiaceae	Marking nut.
52. Ceruppaṭai	Entire plant juice	Coldenia procumbens	Boraginaceae	..
53. Cevvilanir	Tender coconut	Cocos nucifera	Palmaceae	Coconut
54. Cevvallik kōti	Climber	Rubia cordifolia	Rubiaceae	Indian maddar
55. Cevviyam	Root	Piper nigrum	Piperaceae	Black pepper
56. Cimai Cāmantip pū	flower	Anthemir nobilli	Compositae	—
57. Cīni	Sugar form	Saccharum officinarum		Sugar
58. Cinnivēr	Root	Acalypha fruticosa	Euphorbiaceae	—
59. Cīntil Cīntil Kilaṅku Cīntil Koṭi	Root Tuber Climber }	Tinospora cordifolia	Menispermaceae	
60. Cīntil Carḱkarai	Starch Cattracted from the Maturated stem of the above.			
61. Cīrakam	Dried fruit	Cuminum cyminum	Apiaceae	Cumin
62. Cīrāmanakkenney		Ref. AMANAKKU		
63. Cīrā Muttivēr	Root	Sida cordifolia	Malvaceae	Country Mallow
64. Cīrattai	Rhizome	Alpinia speciosa	Zingiberaceae	Lessar galangal
65. Cīrucēruppaṭai	Entire plant juice	Glinus lotoides	Ficoideae	..
66. Cīrukāncūri Vēr	Root	Tragia involucrata	Euphorbiahceae	Indian stinging neetle
67. Cīrukṭrai Ilai	Leaf juice	Amaranthus polygonoides	Amaranthaceae	Amaranthus
68. Cīru Kurincān Vēr	Root	Gymnema sylvestre	Asclepiadaceae	..
69. Cīruṇākappū	Flower bud	Mesua ferrea	Guttiferae	Mesua
70. Cīru Nannāri	Root bark	Hemidesumus indicus	Asclepiadaceae	Sarasparilla.
71. Cīru Neruñci	Ref. Neruncil			
72. Cīrupillai	Entire plant juice	Aerva lanata	Amaranthaceae	
73. Cīrutēkku		Ref. KANTU PARANKI		
74. Cittira Mūlam		Ref. KOTI VELI		
75. Cīvakarantai	Entire plant juice	Sphaeranthus amaranthoides		
76. Cīvanār Vēmpu	Entire plant	Indigofera aspalathoides	Leguminosae	

1	2	3	4	5	6
77.	Civatai	Root	<i>Operculina turpethum</i>	Convolvulaceae	Black turpith.
78.	Compu	Dried fruit	<i>Foeniculum vulgare</i>	Umbelliferae	Fennel seeds.
79.	Cukku		Ref. INCI		
80.	Cuntai Cunlai varrai	Fruit Dried fruit Climber	<i>Solanum torvum</i>	Solanaceae	
81.	Curakkoti Curai vittu	Climber Seeds	<i>Lagenaria siceraria</i>	Cucurbitaceae	Bottle gourd
82.	El	Seed Oil	<i>Sesamum indicum</i>	Pedaliaceae	Sesame seeds
83.	Elam/Elarici	Dried fruits Seeds Bark	<i>Elettaria cardamomum</i>	Zingiberaceae	Cardamom
84.	Elumiccam palam/Palam	Fruit Leaf Leaf juice	<i>Citrus aurantifolia</i>	Rutaceae	Lime
85.	Erukku	Root bark Flower Latex	<i>Calotropis gigantea</i>	Asclepiadaceae	Calotropis
86.	Etti vittu	Seed	<i>Strychnos nuxvomica</i>	Loganiaceae	Nux vomica
87.	Ilanir	Tender coconut	<i>Cocos nucifera</i>	Palmaceae	Coconut
88.	Ilantai ilai	Leaf paste	<i>Zizyphus jujuba</i>	Rhamnaceae	Indian jujube
89.	Ilavankam (Kirāmpu)	flower bud	<i>Syzygium aromaticum</i>	Myrtaceae	Clove
90.	Ilavankappattai	Bark	<i>Cinnamomum zeylanicum</i>	Lauraceae	Cinnamon bark
91.	Ilavankappattiri	Leaf	<i>Cinnamomum zylanicum</i>	Lauraceae	Cinnamon leaf
92.	Iluppai sennai	Oil	<i>Madhuca longifolia</i>	Sapotaceae	South Indian Mahua
93.	Impūral	Entire plant Root bark	<i>Oldenlandia umbellata</i>	Rubiaceae	Chay root
94.	Inci	Rhizome	<i>Zingiber officinale</i>	Zingiberaceae	Ginger
95.	Iruvi	Rhizome	<i>Dryopteris filixmas</i>	Polypodiaceae	Male fern...
96.	Iyak koluntu	Tender leaves	<i>Acacia pennata</i>	Leguminosae	
97.	Kacakaca	Seeds	<i>Papaver somniferum</i>	Papavaraceae	Poppy seeds.
98.	Kakkana vēr	Root	<i>Clitoria ternatea</i>	Fabaceae	
99.	Kalli	Latex	<i>Euphorbia antiquorum</i>	Euphorbiaceae	

100. Kalarcik koluntu Kalarcip Paruppu Kalarci Vēr	Tender leaves Kernal Bark Root
101. Kalunir	Refer Arici
102. Kammāru verṇilai	Leaf
103. Kañcā	Leaf Entire plant
104. Kampu	Leaf base
105. Kaṇṭaṇ Kattiri	Entire plant Juice Root Leaf juice
106. Kaṇṭu pāraṇki (Cirutēkku)	Root
107. Kappu mañcal	Rhizome
108. Karantai	Leaf juice
109. Karicālai	Entire plant
110. Kaṛkaṇṭu	
111. Kārāk karuṇai	Tuber
112. Kaṛkataka ciṇki	Gall
113. Kārpōka arici	Seed
114. Kārpūravalli	Leaf
115. Kaṇṇālai Cōṇṇukkāṇṇālai Kumari	Root Mucilage Juice Dried exudate
116. Karumpu Karuppancāru Karumpu vellam	Juice Sugar Country brown sugar Sugar cane jaggery Sugar candy
117. Karu nāpi	Rhizome
118. Karuṇ cempai	Leaf Leaf juice
119. Karuñcitrakam	Seed dried fruit

Caesalpinia crista	Caesalpinaceae	
Piper betle	Piperaceae	Betal leaf
Cannabis sativa	Cannabinaceae	Canabis-Hemp
Pennisetum typhoideum	Gramineae	Pearl millet
Solanum Xanthocarpum	Solanaceae	Jacquini night shade
Pygmaeopremna herbaceae	Verbenaceae	
Curcuma longa	Zingiberaceae	Turmeric
Sphaeranthus indicus	Compositae	Indian globe flower
Eclipta prostrata	Compositae	
Ref. KARUMPU		
Amorphophallus campanulatus	Araceae	
Rhus succedania	Anacardiaceae	Chinese gall
Psoralea corylifolia	Leguminosae	Psoralea seed
Coleus amboinicus	Labiatae	Indian Borage
Aloe barbadensis	Liliaceae	Barbados aloe
Saccharum officinarum	Poaceae	Sugar cane
Aconitum ferox	Ranunculaceae	Aconite
Sesbania sesban	Leguminosae	
Nigella sativa	Ranunculaceae	Nigella seeds
Carum carvi	Umbelliferae	Caraway

1	2	3	4	5	6
120.	Karunkāḷi	Bark	Acacia catechu	Leguminosae	Catachu
121.	Karuṇaṇ kiḷanku	Rhizome	Corallocarpus epigaeus	Cucurbitaceae	
122.	Karuntuḷaci	Leaf Leaf juice }	Ocimum sanctum	Labiatae	Sacred basil
123.	Karuvēlam picin	Resin	Acacia nilotica	Mimosaceae	
124.	Karuvēppilai	Leaf	Murraya koenigii	Rutaceae	
125.	Kaṣṭūri maṇḇaḷ	Rhizome	Curcuma aromatica	Zingiberaceae	Wild turmeric
126.	Kaṭakarōkiṇi	Rhizome	Picrorhiza kurroa	Scrophulariaceae	Kutki
127.	Kaṭappam	Resin	Barringtonia acutangula	Lecithidaceae	
128.	Kaṭcōlam/Pūḷāṇkiḷanku	Rhizome	Kaempferia galanga	Zingiberaceae	
129.	Kāṭi nīr	Ref ARICI			
130.	Kāṭṭāmaṇakku	Root bark	Jatropha curcas	Euphorbiaceae	
131.	Kāṭṭatti	Flower	Woodfordia fruticosa	Lythraceae	Fire flame flower
132.	Kāṭṭu ciṟakam	Dried fruit	Centratherum anthelminticum	Compositae	Vernonia
133.	Kāṭṭuk karuṇai	Tuber	Amorphophallus sylvaticus	Araceae	Wild amorphophallus
134.	Kāṭṭu miḷaku	Dried fruit	Piper attenuatum	Piperaceae	Wild piper
135.	Kaṭukkāi	Leaf Juice Tender Fruits Gall	Terminalia chebula	Combretaceae	Chebulic myrobalan
136.	Kaṭuku	Seed	Brassica nigra	Cruciferae	Black mustard
137.	Kicaḷik kiḷanku	Tuber	Curcuma zedoaria	Zingiberaceae	Zedoary
138.	Kiḷkāi nelli	Entire plant/juice	Phyllanthus niruri	Euphorbiaceae	Phyllanthus
139.	Kiḷiyūral paṭṭai	Bark	..	...	Kiliyuram bark
140.	Kiranti takaram	Entire plant	Ruellia strepens		
141.	Koḷḷu	Seed	Dolichos biflorus	Fabaceae	Horse gram
142.	Kompukkallī	Latex	Euphorbia tirucalli	Euphorbiaceae	..
143.	Kompu pākaḷ	Fruit	Momordica charantia	Cucurbitaceae	Bitter gourd
144.	Kōṇkiḷavu	Flower juice	Cochlospermum religiosum	Cochlospermaceae	..
145.	Koṇṇai	Bark	Cassia fistula	Leguminosae	
146.	Kopparaittēṇkāi		Ref TENNAI		
147.	Kōrai	Rhizome	Cyperus rotundus	Cyperaceae	Nut grass tuber

148. Kōṣṭam	Tuber	Saussurea lappa	Compositae	Costus
149. Kōṭṭivēḷi	Leaf juice Root bark	Plumbago indica	Plumbaginaceae	Leadwort root
150. Kōṭṭai tirāṭṭai	Dried fruit	Vitis vinifera	Vitaceae	Grape fruit
151. Kōṭṭumalli	Dried fruit	Coriandrum sativum	Umbelliferae	Coriander
152. Kōvai	Leaf } Juice } Stem }	Coccinia cordifolia	Cucurbitaceae	Cephalandra
153. Kūḱai nṭṭu	Tuber } flour }	Maranta arundinaceae	Marantaceae	Arrow root
154. Kūṇimatti	Juice	Citrullus colocynthis	Cucurbitaceae	Colocynth
155. Kūṇkumappū	Pistil	Crocus sativus	Iridaceae	Saffron
156. Kūṇṇimaṇi	Decoction Seed Kernal	Abrus precatorius	Leguminosae	Abrus
157. Kuppaimēṇi	Leaf juice Entire plant juice	Acalypha indica	Euphorbiaceae	Acalypha
158. Kūrōcaṇi ōmam	Dried fruit	Hyoscyamus niger	Solanaceae	Henbane
159. Kūruvēr	Root	Calceolaria vetiveroides	Labiatae	Black vetiver
160. Kūṭacap pālai	Root	Holarrhena antidysentrica	Apocyanaceae	Holarrhena bark
161. Mācikkāi	Gall	Quercus infectoria	Fagaceae	Nut gall
162. Mācippattiri	Root juice	Artemisia vulgaris	Compositae	Artemisia
163. Mācīlampū	Flower juice	Mimosa elengi	Sapotaceae	
164. Mālai vēmpu	Leaf juice	Melia azedarach	Meliaceae	Persian lilac
165. Mā	Kernal	Mangifera indica	Anacardiaceae	Mango
166. Māṇalikkṭrai	Leaf	Gisekia pharnaceoides	Ficoidaceae	
167. Māṇattakkāḷi	Leaf Dried fruits }	Solanum nigrum	Solanaceae	
168. Māṇṇai	Rhizome	Curcuma longa	Zingiberaceae	Turmeric
169. Māṇṇiṭṭi	Root	Rubia tinctorum	Rubiaceae	Madder
170. Māṇṇamāṇṇai	Bark	Berberis aristata	Berberidaceae	Indian Barberry
171. Marukkārai	Seed Root Bark	Randia dumetorum	Rubiaceae	Common umetie nut
172. Marul	Rhizome Bark	Sansevieria roxburghiana	Liliaceae	
173. Marutam	Ashes of the bark	Terminalia arjuna	Combretaceae	Arjun bark

1	2	3	4	5	6
174.	Maruṭōṇṭi	Root bark	Lawsonia inermis	Lythraceae	Henna
175.	Māṭuḷam	Flower juice } Fruit juice } Fruit rind }	Punica granatum	Punicaceae	Pomegranate
176.	Māviḷankam	Root bark	Crataeva religiosa	Capparidaceae	Crataeva
177.	Merukan	Tuber	Alocasia indica	Araceae	Giant taro
178.	Miḷakāi	Fruit	Capsicum annum	Solanaceae	Chillies
179.	Miḷakaraṇai	Root	Toddalia asiatica	Rutaceae	
180.	Miḷaku	Dried fruit	Piper nigrum	Piperaceae	Black pepper
181.	Montan vāḷai	Flower } Fruit juice } Rhizome juice }	Musa paradisiaca	Scitamineae	Plantain
182.	Mūcāmparam		Ref. KARRALAI		
183.	Mucumucukkai	Leaf juice	Melothria maderaspatana	Cucurbitaceae	
184.	Muṭka vēḷai	Root	Tephrosia spinosa	Leguminosae	
185.	Mūkkiraṭai	Entire plant	Boerhaavia diffusa	Nyctaginaceae	Spreading hog weed
186.	Mullaṇki	Root tuber Juice	Raphanus sativus	Cruciferae	Raddish
187.	Muḷḷi	Root	Hygrophilla auriculata	Acanthaceae	
188.	Murukkam	Flower juice	Butea monosperma	Fabaceae	
189.	Murukkam viṭṭu		Ref. PALACU		
190.	Muruṇkai	Bark } Bark juice }	Moringa pterygosperma	Moringaceae	Drum stick
191.	Nalleṇṇay		Ref. EL.		
192.	Nannāri	Root bark	Hemidesmus indicus	Asclepiadaceae	Indian Sarasaparilla.
193.	Nāpi	Rhizome	Aconitum ferox	Ranunculaceae	Aconite
194.	Nārattai	Fruit } Fruit juice }	Citrus aurantium	Rutaceae	Sour orange
195.	Nāṭṭu carukkarai		Ref. KARUMPU		
196.	Nāval	Bark } Decoction of bark }	Syzygium cumini	Myrtaceae	Jamun
197.	Nāyurvi	Entire plant	Achyranthes aspera	Solanaceae	
198.	Nelli	Fruit juice } Root bark } Dried fruit }	Embllica officinalis	Euphorbiaceae	Embllic myrobalan

199. Nerpori		Ref : ARICI		
200. Neruñcil	Entire plant } Juice } Thorns } Root }	Tribulus terrestris	Zygophyllaceae	
201. Nervālam	Kernal	Croton tiglium	Euphorbiaceae	Croton seeds
202. Neytal	Tuber	Nymphaea stellata	Nymphaeaceae	
203. Nilak kumiḷḷ	Root	Gmelina asiatica	Verbenaceae	
204. Nilappanai	Tuber	Curculigo orchiodes	Hypoxidoceae	
205. Nilavākai	Leaf	Cassia angustifolia	Leguminosae	Tinnevely senna
206. Nilavēmpu	Entire plant	Andrographis paniculata	Acanthaceae	Creat
207. Nīli		Ref. AVURI		
208. Nīrmuḷḷi	Entire plant } Seed }	Asteracantha longifolia	Acanthaceae	Asteracantha
209. Nīraṭi muttu	Seed } Oil }	Taraktogenos kurzii	Flacourtiaceae	Chaulmoogra
210. Nirviṣam	Rhizome			
211. Nocci	Tender leaves leaf juice	Vitex negundo	Verbenaceae	
212. Otiyam	Bark	Lanea grandis	Anacardiaceae	Thingan wodier
213. Ōmam	Dried Fruit	Trachyspermum ammi	Umbelliferae	Ajowan
214. Paccilai	Leaf	Ocimum basilicum	Labiatae	Sweet basil
215. Palācu	Seeds } Kernal }	Butea monosperma	Leguminosae	
216. Paḷiñkuc cāmpirāṇi	Resin } Toddy }	Ref. CAMPIRANI		
217. Panai	Palmyra sugar candy } Palmyra jaggery }	Borassus flabellifer	Palmae	Palmyra
218. Paṇṇīr	Rose water } Flower }	Rosa damascena	Rosaceae	Rose
219. Paṇṇīr pū	Rose water } Rose bud }	Rosa damascena	Rosaceae	Rose
	Gulgand			
220. Parañkippaṭṭai	Rhizome	Smilax china	Liliaceae	China root
221. Parpāṭakam	Entire plant	Mollugo cerviana	Ficoideae	—
222. Pātām	Kernal	Prunus amygdalus	Rosaceae	Almond
223. Pātiri	Root	Stereospermum suaveolens	Bignoniaceae	—

1	2	3	4	5	6
224. Pāvattai	leaf	Pavetta indica	Rubiaceae		
225. Pēramalli	Root	—			
226. Pēramuṭṭi	Root	Pavonia odorata	Malvaceae		Pavonia
227. Pērarattai	Rhizome	Alpinia galanga	Zingiberaceae		Grater galangal
228. Pēriccu	Fruit	Phoenix dactylifera	Palmae		Date
229. Pēruñkāncori	Root	Laportea crenulata	Urticaceae		Elephant nettle
230. Perunkāyam	Resin	Ferula foetida	Umbelliferae		Asafoetida
231. Pēiputal	Entire plant	Trichosanthes cucumerina	Cucurbitaceae		Wild snake gourd
232. Pirantai	Climber	Cissus quadrangularis	Vitaceae		
233. Pirami	Leaf	Bacopa monnieri	Scrophulariaceae		Thyme leaved gratida.
234. Pirappan	Tuber	Calamus rotang	Palmaceae		Rattan cane
235. Pitankai nāri	leaf	Clerodendrum inerme	Verbenaceae		
236. Pittarōkini	Root	Coptis teeta	Ranunculaceae		Gold thread
237. Pitikaruṇai	Tuber	Typhonium trilobatum	Araceae		
238. Piramatanti	Entire plant juice	Argemone mexicana	Papavaraceae		—
239. Ponmucuttai	Root	Cissampelos pareira	Menispermaceae		—
240. Ponnānkāni	Entire plant juice	Alternanthera sessilis	Amaranthaceae		—
241. Poṇṇilaik kaiyān	Entire plant juice	Wedelia calendulacea	Compositae		—
242. Poṭutalai	Entire plant juice	Phyla nodiflora	Verbenaceae		Phyla
243. Pucāntirappaṭṭai	Bark	—			
244. Pūcaṇik kāy	Unripe fruit juice	Benincasa hispida	Cucurbitaceae		Ash gourd
245. Pūlānkiḷanku		Ref. KATCHOLAM.			
246. Puḷi	Leaf Bark ash	Tamarindus indica	Caesalpiniaceae		Tamarind
247. Puḷi naraḷai	Tuber	Cissus setosa	Vitaceae		
248. Puḷiyārai	Entire plant	Oxalis corniculata	Oxalidaceae		Yellow wood sorrel
249. Pūṇaikkāli	Seed	Mucuna prurita	Leguminosae		Cow hage
250. Pūṇaikkaṇ kuṇikiliyam	Resin	Pistacia lentiscus	Anacardiaceae		Masliche
251. Puṇkam	Seed Juice of the root bark }	Pongamia pinnata	Fabaceae		—
252. Pūntu Vellaippūntu	Bulb Oil }	Allium sativum	Liliaceae		Garlic



253. Pūvaracu	Bark juice	<i>Thespesia populnea</i>	Malvaceae	Porlia tree
254. Rōja moṭṭu		Ref. PANNIRPU		
255. Takarai	Seed leaf juice	<i>Cassia occidentalis</i>	Leguminosae	Negro coffee
256. Takkōlam	Unripened fruit Flower juice	<i>Illicium verum</i>	Magnoliaceae	Star anise
257. Tālai	Juice of the aerlai roots	<i>Pandanus odoratissimus</i>	Pandanaceae	Screw pine
258. Talica pattiri	Leaf	<i>Taxus baccata</i>	Taxaceae	Yew Leaf
259. Talutālai	Leaf juice	<i>Clerodendrum phlomidis</i>	Verbenaceae	
260. Tāmarai	Leaf Juice Pollen Flower Juice Tuber	<i>Nelumbo nucifera</i>	Nymphaeaceae	Lotus
261. Tannir vittān	Rhizome	<i>Asparagus racemosus</i>	Liliaceae	Asparagus
262. Tānrikkāy	Fruit	<i>Terminalia belerica</i>	Combretaceae	Belleric myrobalan.
263. Tēnkāy	Coconut Coconut water Flower juice Tender coconut Coconut oil Dried kernal Charcoal of the Shell.	<i>Cocos nucifera</i>	Palmaceae	Coconut
264. Tēṇṇān kottai	Nut	<i>Strychnos potatorum</i>	Loganiaceae	Cleaning nut
265. Tēva tāram	Wood	<i>Cedrus deodara</i>	Coniferae	Cedar
266. Tikkā malli	Resin	<i>Gardenia gummifera</i>	Rubiaceae	
267. Tippili	Dried fruit root	<i>Piper longum</i>	Piperaceae	Long pepper
268. Tirāṭcai	Dried fruit	<i>Vitis vinifera</i>	Vitaceae	Grape fruit
269. Tulaci	Leaf Leaf juice	<i>Ocimum sanctum</i>	Labiatae	Sacred basil
270. Tumpai	Leaf Leaf root juice	<i>Leucas aspera</i>	Labiatae	Dead nettle white
271. Turuñci	Fruit Fruit juice	<i>Citrus medica</i>	Rutaceae	Citron
272. Tutti	Leaf Root	<i>Abutilon indicum</i>	Malvaceae	Country mallow
273. Tutuvelai	Leaf juice root	<i>Solanum trilobatum</i>	Solanaceae	Climbing brinjal

1	2	3	4	5	6
274.	Tuvarai	Leaf juice }	Cajanus cajan	Leguminosae	Red gram
275.	Uluntu	Seed	Vigna mungo	Leguminosae	Black gram
276.	Ūmattai	Leaf Fruit	Datura stramonium	Solanaceae	Datura
277.	Uttāmaṇi	Leaf juice	Pergularia extensa	Asclepiadaceae	
278.	Uttirāṭcam	Dried fruit Fresh Rhizome	Elaeocarpus ganitrus	Elaeocarpaceae	Rosary nut
279.	Vacampu	Rhizome Charcoal	Acorus calamus	Araceae	Sweet flag Calamus
280.	Vāivitanṅkam	Dried fruit	Embelia vibes	Myrsinaceae	Embelia fruits
281.	Vallārai	Leaf	Centella asiatica	Umbelliferae	Indian Penny Wort.
282.	Vālmilaku	Dried fruit	Piper cubeba	Piperaceae	Cubeb
283.	Vāluḷuvai	Seed	Celastrus paniculatus	Celastraceae	Staff tree
284.	Vaḷutuṇai	Root	Solanum indicum	Solanaceae	Indian night shade
285.	Vaṇṇi	Leaf juice	Prosopis spicigera	Leguminosae	
286.	Varikkummaṭṭi		Ref. ATTRUTHUMMATTI		
287.	Vaṭṭatiruppi	Root	Sida acuta	Malvaceae	
288.	Vēlpparuṭi		Ref. UTTAMANI		
289.	Vellari	Seed	Cucumis sativus	Cucurbitaceae	Cucumber
290.	Vellai Caṭṭaraṇai	Entire plant	Trianthema decandra	Aizoaceae	
291.	Vellai Catti cāraṇai	Root			
292.	Vellai erukku	Flower	Calotropis procera	Asclepiadaceae	
293.	Vellaip pūntu	Ref. PUNTU			
294.	Vellai venkāyam		Ref. VENKAYAM (Onion white variety)		
295.	Vellaruku	Juice Entire plant	Enicostemma littorale	Gentianaceae	
296.	Vēncivatai	Root	Ipomea turpethum	Convolvulaceae	Turpeth root
297.	Venkāyam	Bulb	Allium cepa	Amaryllidaceae	Onion
298.	Vēṅkuṅkiliyam	Resin	Shorea robusta	Dipterocarpaceae	Sal resin
299.	Vēṅ milaku		Ref. MILAKU (White variety of pepper)		
300.	Vēṅ mulli	Leaf juice			
301.	Vēṅpūcaṇi		Ref. PUCANI		

302. Vēmpu	Oil Leaf Petiole Tender fruits Latex of fruit Bark Flower Fruit juice	}	Azadirachta indica	Meliaceae	Margosa, Neem.
303. Veṇṇilai	Leaf Petiole Leaf juice	}	Piper betle	Piperaceae	Betal vine
304. Veṭṭālai	Seed Bark	}	Wrightia tinctoria	Apocyanaceae	
305. Ventayam	Seed		Trigonella foenum graecum	Fabaceae	Fennu greek
306. Veṭṭi vēr			Ref. VILAMICCAM		
307. Vilāmiccam	Root		Vetiveria Zizanioides	Gramineae	Vetiver
308. Viḷā	Fruit Seed Bark juice	}	Feronia limonia	Rutaceae	Wood apple
309. Viḷuti	Leaf		Cadaba farinosa	Capparidaceae	..
310. Vilvam	Shell Root	}	Aegle marmelos	Rutaceae	Baal
311. Viṣṇukirāṇṭi	Root Entire plant	}	Evolvulus alsinoides	Convolvulaceae	Evolvulus



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**LIST OF SINGLE DRUGS**  
**MINERAL ORIGIN**

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## LIST OF SINGLE DRUGS OF MINERAL ORIGIN

TĀTU INĀM  
ULŌKAM

## AYAC CENTŪRAM

1. Āṇanta Pairavam
2. Kuṣṭa Kaja Kēcari

## AYAP PAṚPAM

1. Makā Vacanta Kucumākaram

## AYAP POṬI

1. Āṇumukac Centūram
2. Ayac Centūram
3. Aya Jampirak Kaṇṇam
4. Aya Kāntac Centūram
5. Ayapiruṅka Rāja Kaṇṇam
6. Ayavīrac Centūram
7. Cuyamākkiṇic Centūram
8. Maṇṭūrāti Aṭaik Kuṭṭinr
9. Tālaka Māttirai

## CEMPU/CEMPUP POṬI/TĀMIRAM

1. Cempup Paṇṇam (Tāmira Paṇṇam)
2. Piraḷaya Kāla Ruttiran (Kaḷaṅku)
3. Tāmpirac Centūram (Cempuc Centūram)

## CEMPUP PAṚPAM/TĀMIRAP PAṚPAM

1. Āṇanta Pairavam
2. Cūlaik Kuṭāram
3. Makā Vacanta Kucumākaram
4. Vātarāṭcacaṇ

## CEMPUP POṬI Refer CEMPU

## IRUMPUK KIṬṬAP POṬI

1. Ulōka Maṇṭūrāc Centūram

## KĀNTAM

1. Āṇumukac Centūram
2. Aya Kāntac Centūram
3. Cuyamākkiṇic Centūram
4. Kāntac Centūram
5. Kṣaya Kulāntakac Centūram
6. Kumāṭṭik Kulampū
7. Paṇṭuk Kaṇṇam
8. Ulikālaṇ
9. Vāṇ Meluku (Intuvarṇa Meluku)
10. Vāta Rāṭcacaṇ
11. Viṣṇu Cakkaram

## KĀNTAC CENTŪRAM

1. Kuṣṭa Kaja Kēcari

## TAṆKA RĒKKU

1. Pūraṇac Cantirōṭayam

## TIRILŌKAC CENTŪRAM

1. Karicālai Ilakam

TUTTANĀKAM Refer NĀKAM  
ŪCIK KĀNTAM

1. Iraca Kanti Meluku

## VAṆKAC CENTŪRAM

1. Vaṅka Veṇṇey

## VAṆKA PAṚPAM

1. Makā Vacanta Kucumākaram

## VELLI

1. Vellic Centūram
2. Velli Paṇṇam

## VELLI PAṚPAM

1. Emataṇṭak Kulikai
2. Makā Ēlātik Kulikai

## VELLIYAM—Refer VEL VAṆKAM

## VEL VAṆKAM/VELLIYAM

1. Taṅka Uram
2. Vel Vaṅkac Cuṇṇam
3. Vel Vaṅka Paṇṇam

## VEL VAṆKA PAṚPAM

1. Āṇanta Pairavam

## PAṆCA CŪTAM

## IRACAM

1. Akastiyar Kulampū
2. Āṇanta Pairavam
3. Āṇumukac Centūram
4. Aṣṭa Pairavam
5. Ayavīrac Centūram
6. Cañcivi Māttirai
7. Civaṇār Amirtam
8. Cūlaik Kuṭāram
9. Cuyamākkiṇic Centūram
10. Emataṇṭak Kulikai
11. Iracac Centūram
12. Iraca Kānti Meluku
13. Iracat Tailam
14. Irāja Rājēsvaram
15. Kālamēka Nārāyaṇac Centūram
16. Kalluṭaik Kuṭōri
17. Karappāṇ Tailam
18. Kastūrik Karuppu
19. Kaucikar Kulampū
20. Kauri Cintāmaṇic Centūram
21. Kumāṭṭik Kulampū
22. Mēkaviraṇak Kaḷimpu
23. Mūcāmparap Paṇṇu
24. Nanti Meluku
25. Pañca Cūta Meluku
26. Paṇṇāṅkip Paṭṭaip Paṇṇam

27. Paṭṭuk Karuppu
28. Pūraṇa Cantirōṭayam
29. Taṇka Uram
30. Ūlikālaṇ
31. Ulōka Maṇṭūrac Centūram
32. Vāṇ Meluku (Intuvarṇa Meluku)
33. Vāta Rāṭcacaṇ
34. Veḷ Vaṇkac Cuṇṇam
35. Virēcaṇa Pūpati (Pētipupati)
36. Viṣak Kulampu (Karuṇ Kulampu)
37. Viṣṇu Cakkaram

#### IRACAC CENTŪRAM

1. Caṇṭamārutac Centūram
2. Emaṭaṇṭak Kuḷikai
3. Kaṣṭūrik Karuppu
4. Kāṭikkārac Centūram
5. Kōrōcaṇai Māttirai
6. Nanti Meluku
7. Pañca Cūta Meluku
8. Tālampū Māttirai
9. Ūli Kālaṇ
10. Vāṇ Meluku

#### IRACAC CENTŪRAM (Prepared)

1. Nanti Meluku

#### IRACA KARPŪRAM (PŪRAM)

1. Aṣṭa Pairavam
2. Cānta Cantirōṭayam
3. Caṇṭamārutac Centūram
4. Emaṭaṇṭak Kuḷikai
5. Ilavaṇkāti Māttirai
6. Iraca Kanti Meluku
7. Iṭi Vallāti
8. Kākkāṇa Māttirai
9. Kāḷarait Tailam
10. Karappāṇ Tailam
11. Kaṣṭūrik Karuppu
12. Kōrōcaṇai Māttirai
13. Kṣaya Kulāntakac Centūram
14. Makāvīra Meluku
15. Mēkanātat Tailam
16. Mēkaviraṇak Kaḷimpu
17. Nanti Meluku
18. Oṭṭu Eruvai
19. Pañca Cūta Meluku
20. Paṭṭuk Karuppu
21. Piṇḷaya Kāla Ruttiran (Kaḷanku)
22. Puṇkat Tailam
23. Pūrak Kaṭṭu
24. Pūra Māttirai
25. Ūli Kālaṇ

26. Ūli Māttirai
27. Vāṇ Meluku
28. Vellai Enṇey (Pūra-Enṇey)

#### IRACA PARPAM

1. Kuṣṭa Kaja Kēcari
2. Paccaik Karpūra Māttirai

#### ILINKAM

1. Āpanta Pairavam
2. Aṣṭapairavam (Aṣṭapairavak Kuḷikai)
3. Aya Kāntac Centūram
4. Caṇṭa Mārutac Centūram
5. Cāti Campīrak Kulampū
6. Emaṭaṇṭak Kuḷikai
7. Ilavaṇkāti Māttirai
8. Iliṇkac Centūram (No. 1)
9. Iliṇkac Centūram (No. 2)
10. Iliṇkak Kaṭṭu
11. Iliṇkap Pataṇkam (Cāti Liṇka Parpam)
12. Irāja Rājēsvaram
13. Kākkāṇa Māttirai
14. Kālamēka Nārāyaṇac Centūram
15. Kapāṭa Māttirai
16. Kaṣṭūrik Karuppu
17. Kāṭikkārac Centūram
18. Kṣya Kulāntakac Centūram
19. Kumāṭṭik Kulampu
20. Kuṇkumappū Māttirai
21. Makāvīra Meluku
22. Mēka Viraṇak Kaḷimpu
23. Nanti Meluku
24. Pālacaṇṇi Māttirai
25. Pañca Cūta Meluku
26. Paraṇkip Paṭṭaip Pataṇkam
27. Paṭṭuk Karuppu
28. Paṭṭika Liṇkac Centūram
29. Pirammāṇānta Pairavam
30. Tālampū Māttirai
31. Ūli Kālaṇ
32. Vacanta Kucumākaran
33. Vāṇ Meluku
34. Viṣṇu Cakkaram

#### PŪRAM—Ref. IRACA KARPŪRAM

#### VĀLAI IRACAM

1. Irace Meluku

#### VĪRAM

1. Amirta Veṇṇey
2. Aṣṭa Pairavam
3. Aya Virac Centūram
4. Caṇṭa Mārutac Centūram
5. Emaṭaṇṭak Kuḷikai



6. Kantakac Cuṭar Tailam
7. Makā Vīra Meluku
8. Mēka Virāṇa Kaḷimpu
9. Nava Uppu Meluku
10. Pañca Cūta Meluku
11. Paṭṭuk Karuppu
12. Tālampū Māttirai
13. Uḷi Kāḷaṇ
14. Vāṇ Meluku
15. Veḷ Vaṅkac Cuṇṇam

## PĀTĀNAM

## ARI TĀRAM—Ref. TĀLAKAM

## KANTAKAM

1. Āṇantapairavam
2. Āṇumukac Centūram
3. Aṣṭapairavam (Aṣṭapairavak Kuḷikai)
4. Ayakāntac Centūram
5. Cañ-Ciṇi mātṭivai
6. Caṇṭamārutac Centūram
7. Civaṇār Amirtam
8. Cūlaik Kuḷāram
9. Cuyamākkīṇic Centūram
10. Emataṇṭak Kuḷikai
11. Iracac Centūram
12. Iracakanti Meluku
13. Irāja Rājēsvaram
14. Irunellik Kaṇṇam
15. Kāḷa Mēka Nārāyaṇac Centūram
16. Kalluṭaik Kuṭōri
17. Kantakac Cuṭar Tailam
18. Kantaka Paṇṇam
19. Kantaka Racāyaṇam
20. Kanti Meluku
21. Kaṇṇappāṇ Tailam
22. Kastūrik Karuppu
23. Karuri Cintāmaṇic Centūram
24. Kṣyakulāntakac Centūram
25. Nanti Meluku
26. Paccāik Kaṇṇpūra Māttirai
27. Paṇṇākip Paṭṭai Pataṅkam
28. Paṭṭuk Karuppu
29. Piramānanta Pairavam
30. Puṇ Poṭi
31. Pūraṇac Cantirūṭayam
32. Tālampū Māttirai
33. Taṅka Uram
34. Uḷi Kāḷaṇ
35. Ulōka Maṇṇurac Centūram
36. Vāṇ Meluku
37. Vāta Rākṣaṇ

38. Virēcaṇa Pūpati (Pētipūpati)
39. Viṣak Kulampū
40. Viṣṇu Cakkaram

## KANTAKA PAṆṇAM

1. Makā Vacanta Kucumākaram

## KAURI (KAVURI) PĀTĀNAM

1. Emataṇṭak Kuḷikai
2. Nanti Meluku
3. Uḷi Kāḷaṇ
4. Vāṇ Meluku

## KUTIRAIP PAL PĀTĀNAM

1. Nanti Meluku

## MANŌCILAI

1. Akastiyar Kuḷampū
2. Civaṇār Amirtam
3. Emataṇṭak Kuḷikai
4. Irāja Rājēsvaram
5. Kāḷa Mēka Nārāyaṇac Centūram
6. Kaṇkāca Māttirai (Puṅkāti Māttirai)
7. Kantaka Cuṭar Tailam
8. Kastūrik Karuppu
9. Kaucikar Kuḷampū
10. Kṣyakulāntakac Centūram
11. Nanti Meluku
12. Piramānanta Pairavam
13. Viṣak Kulambu
14. Viṣṇu Cakkaram

## MIRUTĀR CIṆKI

1. Iraca Kanti Meluku
2. Kaṇṇappāṇ Tailam
3. Oṭṭu Eruvai
4. Vaṅka Veṇṇey

## NELLIKKĀI KANTAKAM

1. Vāta Kēcarit Tailam

## TĀLAKAM/ARITĀRAM

1. Akastiyar Kuḷampū
2. Āṇanta Pairavam
3. Cañciṇi Māttirai
4. Cūlaik Kuḷāram
5. Emataṇṭak Kuḷikai
6. Iracac Centūram
7. Iraca Kanti Meluku
8. Kāḷa Mēka Nārāyaṇac Centūram
9. Kaṇkāca Māttirai
10. Kastūrik Karuppu
11. Kaucikar Kuḷampū
12. Kṣya Kulāntakac Centūram
13. Nanti Meluku
14. Paccāi Eruvai

15. Piraḷayakāla Ruttiran
16. Pirammāṇanta Pairavam
17. Tāḷakac Centūram
18. Tāḷakak Karuppu
19. Tāḷakak Kaṭṭu
20. Tāḷaka Māttirai
21. Tāḷaka Paṇṇam
22. Ūḷi Kāḷaṇ
23. Vāṇ Meluku
24. Virāṇa Cañcivitt Tailam
25. Viṣṇu Cakkaram

#### VELLAIP PĀTĀNAM

1. Emataṇṭak Kuḷikai
2. Nanti Meluku
3. Paccai Eruvai
4. Paṭṭuk Karuppu
5. Ūḷi Kāḷaṇ
6. Vāṇ Meluku
7. Vellaip Meluku
8. Vellaip Pāṭāṇak Kaṭṭu

#### ATTUPPU

1. Noccit Tailam
2. Pāvaṇak Kaṭṭukkāy
3. Ulōka Maṇṭūrac Centūram

#### CAṆKAT TIRĀVAKAM

1. Iliṇṅkap Pataṇkam (Cāti Liṇka Paṇṇam)

#### CATTIC CĀRAM

1. Āṭāṭōṭai Ney

#### CĪNĀKKĀRAM/PATIKĀRAM

1. Ayakāntac Centūram
2. Caṇkat Tirāvakam
3. Cilōtāri Māṇi
4. Kālamēka Nārāyaṇac Centūram
5. Karu Vaṇka Paṇṇam
6. Nanti Meluku
7. Paṭika Liṇkac Centūram
8. Paṭikāra, Nīr
9. Paṭikāra Paṇṇam
10. Pēraṇṭa Paṇṇam No. 1

#### CŌRRAPPU Refer—UPPU

#### CŪṬAṆ Refer—KARPŪRAM

#### INTUPPU

1. Akastiyar Kuḷampu
2. Ārumukac Centūram
3. Āṭāṭōṭai Ney
4. Aṭṭāṭic Cūraṇam
5. Ayakāntac Centūram
6. Caṇkat Tirāvakam

7. Cilōtāri Maṇi
8. Cittāti Enṇey
9. Cukkut Tailam
10. Ilānīrk Kuḷampu
11. Kaucikar Kuḷampu
12. Kumattik Kuḷampu
13. Kuṇmak Kuṭōri
14. Mēkanātak Kuḷikai
15. Nava Uppu Meluku
16. Paṇca Lavaṇa Paṇṇam
17. Pāvaṇak Kaṭṭukkāy
18. Pīnacat Tailam
19. Pirami Ney
20. Pirāṇṭai Vāṭakam
21. Tayirc Cūṇṭic Cūraṇam
22. Ulōka Maṇṭūrac Centūram
23. Uḷuntut Tailam
24. Viṣak Kuḷampu (Karuṇ Kuḷampu)

#### KALLUPPU

1. Kāla Mēka Nārāyaṇac Centūram
2. Kuṇmak Kuṭōri
3. Nava Uppu Meluku
4. Noccit Tailam
5. Paṇca Lavaṇa paṇṇam
6. Tayirc Cūṇṭi Cūraṇam

#### KARUPPU—Refer—UPPU

#### KARPŪRAM/CŪṬAṆ

1. Ayakāntac Centūram
2. Cāti Campīrak Kuḷampu
3. Civaṇār Vēmpuk Kulit Tailam
4. Emataṇṭak Kuḷikai
5. Iliṇṅkac Centūram (No. 2)
6. Iliṇṅkak Kaṭṭu
7. Karappāṇ Tailam
8. Nava/Uppu Meluku
9. Paṇṅkip Paṭṭai Iracāyaṇam
10. Ūḷi Kāḷaṇ
11. Ūḷi Māttirai
12. Vāṇ Meluku

#### KATĀL NURAI

1. Cilōtāri Maṇi

#### KATĀL UPPU—Refer—Uppu

#### MŪNĪLUPPU

1. Nava Uppu Meluku

#### NAVĀCCĀRAM/AMURIYUPPU

1. Ayakāntac Centūram
2. Aya Virac Cantūram
3. Caṇkat Tirāvakam
4. Kāla Mēka Nārāyaṇac Centūram
5. Kantaka Cūṭar Tailam

6. Kuṇmak Kuṭōri
7. Nava Uppu Meluku
8. Taṇka Uram
9. Viṣak Kulampu

## PACCAI KARPŪRAM

1. Iṇṇīrk Kulampu
2. Kastūrik Karuppu
3. Kōrōcaṇai Māttirai
4. Makā Ēlātik Kulikai
5. Makā Vacanta Kucumākaram
6. Makā Vira Meluku
7. Nanti Meluku
8. Paccaik Kaṇṇpura Māttirai
9. Vacanta Kucumākaram

## PĀRAI UPPU—Refer—INTUPPU

## PAṬIKĀRAM—Refer—CĪNĀKKĀRAM

## PŪNĪRU

1. Āmai Ōṭu Paṇṇam
2. Aya Kāntac Centūram
3. Caṇkat Tirāvakaṁ
4. Kāla Mēka Nārāyaṇac Centūram
5. Kuṇmak Kuṭōri
6. Nanti Meluku
7. Naṇṭukkal Paṇṇam
8. Nava Uppu Meluku
9. Noccit Tailam
10. Tayirc Cuṇṭic Cūraṇam

## UPPU/CŌRRUPPU/KATAUPPU/KARṬY-UPPU

1. Aya Kāntac Centūram
2. Caṇkat Tirāvakaṁ
3. Iṇci Vaṭakaṁ
4. Kuṇmak Kuṭōri
5. Mayāṇat Tailam
6. Nanti Meluku
7. Nava Uppu Meluku
8. Paṇca Lavaṇa Paṇṇam
9. Pāvaṇak Kaṭukkāi
10. Tamarakak Kuṇṇir
11. Tayirc Cuṇṭic Cūraṇam
12. Ulōka Maṇṭūrac Centūram
13. Uppuc Centūram

## VAḷAIYALUPPU

1. Kuṇmak Kuṭōri
2. Nava Uppu Meluku
3. Noccit Tailam
4. Tayirc Cuṇṭic Cūraṇam
5. Ulōka Maṇṭūra Centūram

## VEṆKĀRAM

1. Akastiyar Kulampu
2. Āṇanta Pairavam
3. Āṇumukac Centūram
4. Aya Kāntac Centūram
5. Caṇciṇvi Māttirai
6. Caṇkat Tirāvakaṁ
7. Cānta Cantirōṭayam
8. Cilōtāri Maṇi
9. Cittāti Eṇṇey
10. Civaṇār Amirtam
11. Cūlaik Kuṭāram
12. Emataṇṭak Kulikai
13. Ilavaṇkāti Māttirai
14. Kāla Mēka Nārāyaṇac Centūram
15. Kaucikar Kulampu
16. Kauri Cintāmaṇic Centūram
17. Kumattik Kulampu
18. Kuṇkumappū Māttirai
19. Kuṇmak Kuṭōri
20. Makā Vacanta Kucumākaram
21. Mēkaṇāta Kulikai
22. Pālacaṇciṇvi Māttirai
23. Paṇca Lavaṇa Paṇṇam
24. Piraḷayakāla Ruttiraṇ
25. Pirammāṇanta Pairavam
26. Vacanta Kucumākaram
27. Vallārai Ney
28. Veṇkāra Paṇṇam
29. Veṇkārap Poṭi
30. Virēcaṇa Pūpati
31. Viṣak Kulampu

## VEṬIYUPPU

1. Appirakac Centūram
2. Caṇkat Tirāvakaṁ
3. Kāla Mēka Nārāyaṇac Centūram
4. Kantaka Cuṭar Tailam
5. Kuṇmak Kuṭōri
6. Nākaṇ Centūram
7. Nanti Meluku
8. Nava Uppu Meluku
9. Noccit Tailam
10. Paṇca Lavaṇa Paṇṇam
11. Pūrak Kaṭṭu
12. Tālakak Kaṭṭu
13. Tālaka Paṇṇam
14. Ulōka Maṇṭūrac Centūram
15. Veṭi Anna Pētic Centūram
16. Veṭiyuppuc Cuṇṇam

## VEṬIYUPPUT TIRĀVAKAM

1. Taṇka Uram

**YAVATĀCĀRAM**

1. Ātātōtai Ney

**NAVA MAṆIKAL****MUTTU**

1. Muttu Paṛpam

**MUTTU PAṚPAM**

1. Makā Ēlātik Kuḷikai
2. Makā Vacanta Kucumākaram

**MUTTUC CIPPI**

1. Makā Vacanta Kucumākaram

**PAVALAM (KOTĪPPAVALAM)**

1. Pavalā Paṛpam (Kotīp Pavalam)

**PAVALAM (NARPAVALAM)**

1. Kṣyakulāntakac Centūram
2. Pavalā Paṛpam (Naṛ Pavalam)

**PAVALA PAṚPAM**

1. Makā Ēlātik Kuḷikai
2. Makā Vacanta Kucumākaram

**UPA RACAM****ANṆA PĒTI**

1. Anṇa Pētic Centūram
2. Caṅkat Tirāvakam
3. Veṭi Anṇa Pētic Centūram

**APPIRAKA PAṚPAM**

1. Kōrōcaṇai Māttirai
2. Kuṣṭakaja Kēcari
3. Makā Ēlātik Kuḷikai
4. Makā Vacanta Kucumākaram
5. Vātarācacaṇ

**ĀRṬU MAṆAL**

1. Mayaṇat Tailam

**CAKKIK KAL**

1. Mayaṇat Tailam

**CĀTTIRA PĒTI**

1. Amirtātik Kuḷikai

**CILĀCATTU PAṚPAM**

1. Mēkanātat Tailam

**CIPPIC CUṆṆĀMPU**

1. Tāḷaka Paṛpam

**KAL MATAM**

1. Nanti Meluku

**KAL NĀR**

1. Kalnār Paṛpam
2. Kṣyakulāntakac Centūram

**KALNĀR PAṚPAM**

1. Mēkanātat Tailam
2. Nanti Meluku

**KARCUṆṆAM**

1. Āmaiyoṭu Paṛpam
2. Naṇṭukkal Paṛpam
3. Paccai Eruvai
4. Tāḷakac Centūram
5. Veḷ Vankac Cuṇṇam

**KARPŪRA CILĀCATTU**

1. Cilācattu Paṛpam

**KARUPPU APPIRAKAM**

1. Appirakac Centūram
2. Appirakap Paṛpam

**KĀTIKKĀRAM**

1. Kaṭikkārāc Centūram

**KĀVIKKAL**

1. Emataṇṭak Kuḷikai

**MAYIL TUTTAM/TURUCU**

1. Caṅkat Tirāvakam
2. Iraca Kanti Meluku
3. Kāla Mēka Nārāyaṇac Centūram
4. Karappāṇ Tailam
5. Mattaṇ Tailam (Paccai Eṇṇey)
6. Mēka Virāṇak Kaḷimpu
7. Nanti Meluku
8. Oṭṭu Eruvai
9. Vaṅka Veṇṇey

**NANṬUKKAL**

1. Nanti Meluku
2. Naṇṭukkal Paṛpam

**NIMIḷAI PAṚPAM**

1. Makā Vacanta Kucumākaram

**PĀL TUTTAM/TUTTAM**

1. Emataṇṭak Kuḷikai
2. Iraca Kanti Meluku
3. Irāja Rājēsvaram
4. Kaṅkāca Māttirai (Puṅkāti Māttirai)
5. Karappāṇ Tailam
6. Meka Virāṇak Kaḷimpu
7. Nanti Meluku

**PON NIMIḷAI**

1. Nanti Meluku

**TURUCU—Refer—MAYIL TUTTAM****TUTTAM—Refer—PĀL TUTTAM**

## METALS AND MINERALS

S.No.	Name of Drug	Group	Parts/Products used	Clinical Name	Commercial Name
1	2	3	4	5	6
<b>I. ULOKAM</b>					
1.	Aya Centūram	Ref. Preparation 6:4			
2.	Aya parpam	Calx of Iron			
3.	Aya poṭi	Powder of Iron			
4.	Cempu/Tāmiram	Cuprum	Copper		
5.	Cempu parpam/Tāmira parpam	Ref. PREPARATION 5:4			
6.	Cempupōti	Ref. CEMPU			
7.	Irumpuk kittap poṭi	Ref. AYA POTI			
8.	Kāntam	Magnetic Oxide of Iron			
9.	Kānta centūram	Ref. PREPARATION NO. 6:13			
10.	Kānta parpam	Calx of Magnet			
11.	Karuvankam	Plumbum	Lead		
12.	Karu vanka parpam	Ref. PREPARATION			
13.	Maṇṭūram	Ferric oxide	Rusted Iron		
14.	Maṇṭūrāc contūram	Ref. PREPARATION NO. 6:24			
15.	Nākam	Zinc			
16.	Tāmiram	Ref. CEMPU			
17.	Tāmira parpam	Ref. CEMPU PARPAM			
18.	Tankam	Auram	Gold		
19.	Tanka parpam	Ref. PREPARATION NO. 5:24			
20.	Tanka rōkku	Gold leaf			
21.	Tutta nākam	Ref : NAKAM			
22.	Ūcik kāntam	Magnet			
23.	Vankac centūram	Red oxide of Lead			
24.	Vanka parpam	Ref. PREPARATION NO. 5:8 (Karuvanka parpam)			
25.	Velli	Argentum	Silver		
26.	Velli Parpam	Ref. PREPARATION NO. 5:25			
27.	Velliyam/Volvankam	Stannum	Tin		
28.	Velvanka Parpam	Ref. PREPARATION NO. 5:26			

1	2	3	4	5	6
<b>PANCA CUTAM</b>					
29. Iracam		Hydrargyrum		Mercury/Quick Silver	
30. Iracac centūram		Ref. PREPARATION NO. 6:11			
31. Iraca Paṇṇam		Calx of Mercury			
32. Ilinkam		Red sulphide of Mercury		Cinnabar	
33. Vālai iracam		Mercury obtained from Cinnabar by retort method			
34. Viram		Mercuric chloride			
35. Kantakam		Sulphur			
36. Kantaka papram		Ref. PREPARATION NO. 5:7			
37. Kauri pāṭānam		Arsenic penta sulphide			
38. Kutiraippal pāṭānam		Arsenic rubrum		Red orpiment	
39. Manōcilai		Arsenic disulphide		Red orpiment	
40. Mirutārcinki		Lead monoxide		Litharge	
41. Nellikkāi kantanakam		One allotropic form of sulphur			
42. Tālakam/Aritāram		Arsenic trisulphide		Yellow orpiment	
43. Vellapip pāṭānam		Arsenic trioxide		White arsenic	
<b>KĀRACĀRAM</b>					
44. Aṭṭuppu		Potassium nitrate			
45. Cankattirāvakaṁ		Ref. PREPARATION NO. 12:1			
46. Cinakkāram/Paṭikāram		Aluminium potassium sulphate		Alum	
47. Cōṇṇuppu		Ref. UPPU			
48. Cūtan		Ref. KARPŪRAM			
49. ZNTUPPU					
50. Kalluppu		Sochal Salt			
51. Kaṇṇuppu		Ref. UPPU			
52. Karpūram		Camphor			
53. Kaṭal Nurai		Ref. UPPU			
54. Kaṭal Uppu		Bamboo Manna			
55. Mūnkiluppu		Ammonium chloride		Saltammonia	
56. Navāccāram		Ref. INTUPPU			
57. Pārai uppu		Ref. CINĀK KĀRAM			
58. Paṭikāram		Alkaline earth salt			
59. Pūniṇṇu					

60. Uppu	Sodium chloride	Common salt
61. Valaiyaluppu	Sandevere	
62. Venkāram	Sodium biborate	Borax
63. Veṭiuppu	Pottassium nitrate	Salt petre
64. Veṭiuppu tirāvakam	Acid obtained from Nitre	
65. Yavā tchāram	Salt from Barely ash	
66. Navamanikaḷ Muttu	Ref. Drugs of Animal origin	
67. Muttu paṛpam		
68. Muttucchippi		
69. Pavaḷam (Koṭipavaḷam)	Ref. Drugs of Animal Origin	
70. Pavaḷam (Nal Pavaḷam)		
71. Pav. paṛpam		
<b>UPA RACAM</b>		
72. Anna pēti	Ferrus sulphate	Green vitreol
73. Apiraka paṛpam	Ref. Preparation No. 5:2	
74. Aṟṟu maṇal	River sand	Silica
75. Cakkik kal	Flint stone	
76. Oāttira pēti	A variety of Bitumen	
77. Cilācattu paṛpam	Ref. preparation No. 5:5	
78. Cippi cuṇṇāmpu	Shell lime	
79. Kalmatam	Rock exudate	
80. Kalnār	Magnesium calcium silicate	Asbestos
81. Kalnār paṛpam	Ref. preparation No. 5:6	
82. Kaṛcuṇṇam	Calcium carbonate	Lime stone
83. Kaṛpūra cilācattu	Hydrous calcium sulphate	Gypsum
84. Karuppu apirakam	Black variety of Mica	
85. Kattikkāram	Silver nitrate	
86. Kāvikkal	Aluminium silicate	Red Ochre
87. Mayil tuttam/Turucu	Copper sulphate	Blue vitreol
88. Nanṭukkal	Crab fossil stone	
89. Nimiḷai paṛpam	Calx of Bismuth	
90. Pāl tuttam/Tuttam	Zinc sulphate	White vitreol
91. Pon nimiḷai	Gold Pyrite	
92. Turucu	Ref. Mayil tuttam	
93. Tuttam	Ref. Pal Tuttam	





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LIST OF SINGLE DRUGS  
ANIMAL ORIGIN

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## LIST OF SINGLE DRUGS OF ANIMAL ORIGIN

## VILANKIṆAP PUKUTI

## ĀMAI ŌTU

1. Āmai Ōtu Paṟpam
2. Veṭiyuppu Cūṇṇam

## AṆṬA ŌTU

1. Veḷ Vaṅkac Cūṇṇam

## AṆṬAT TAILAM

1. Vāṇ Meluku

## ĀVIṆ NEY—Refer—NEY

## CĀṆAM (RACUṆ CĀṆAM)

1. Puṇ Poti

## CĀṆIP PĀL

1. Iṭi Vallāti

## CAṆKU (ŪTU CAṆKU)

1. Kaṇ Kāca Māttirai
2. Caṅku Paṟpam

## ERUMAIK KAṬĀP PICCU

1. Irāja Rājēsvaram

## ERUMAI MŌR

1. Vālaippū Vatakam

## KAḷUTAI LATTIC CĀRU

1. Paṟaṅkip Paṭṭai Pataṅkam

## KAḷUTAIP PĀL

1. Pēraṇṭa Paṟpam No. 2

## KAṢṬŪRI

1. Cukku Tailam
2. Kaṣṭūrik Karuppu
3. Kaṣṭūri Māttirai
4. Makā Ēlātik Kuḷikai
5. Makā Vacanta Kucumākaram

## KĀṬṬU MUYAL IRATTAM

1. Pavaḷa Paṟpam (Naṟ Pavaḷam)

## KILIṆČIL

1. Kiliṇčil Meluku

## KŌLI MUTṬAI

1. Iraca Kanti Meluku
2. Pūrak Kaṭṭu

## KŌLI MUTṬAI MAṆČAḷ KARU

1. Aṇṭat Tailam

## KŌLI MUTṬAI VEN KARU

1. Mūcāmparap Paṟṟu (Kuṇṟip Paṟṟu)
2. Paṭikāra Nīr
3. Veṅkāra Paṟpam

## KOMPARAKKU

1. Araṅkuṭ Tailam

## KŌRŌCAṆAI

1. Amirtātik Kuḷikai
2. Cāmpirāṇippū Kuḷikai
3. Emataṇṭak Kuḷikai
4. Kaṇat Tailam
5. Kaṣṭūrik Karuppu
6. Kaṣṭūri Māttirai
7. KŌrōcaṇai Māttirai
8. KŌrōcaṇat Tukaḷ
9. Kuṅkumappū Māttirai
10. Makā Ēlātik Kuḷikai
11. Makā Vīra Meluku
12. Mānta Eṇṇey No. 2
13. Nanti Meluku
14. Paṟaṅkip Paṭṭai Iracāyaṇam

## MAṆČAḷ MELUK

1. Mayaṇat Tailam
2. Mēka Virāṇak Kaḷimpu
3. Veḷḷai Meluku

## MĀṆ KOMPU

1. Makā Ēlātik Kuḷikai
2. Māṇ Kompup Paṟpam

## MĀṆ KOMPUP PAṟPAM

1. Vallārai Ney

## MAṆITAN MAṆṬAI ŌTU

1. Pēraṇṭa Paṟpam No. 1
2. Pēraṇṭa Paṟpam No. 2

## MĀTTU MAṆṬAI ŌTU

1. Pēraṇṭa Paṟpam No. 2

## MAYILI RAKU CUṬṬA CĀMPAL

1. Mayilirakātic Cūraṇam

## MŌR/PACUMŌR

1. Pāvaṇak Kaṭukkāi
2. Piraṇṭai Vatakam

## NĀI MAṆṬAI ŌTU

1. Pēraṇṭa Paṟpam No. 2

## NALLA PĀMPU PICCU

1. Āṇanta Pairavam
2. Pirammāṇanta Pairavam

## NATTAI

1. Nattai Paṟpam (Nattaic cippip Paṟpam)
2. Tāḷakak Karuppu

## NEY/ĀVIṆ NEY/PACU NEY

1. Aṭātōṭai Ney
2. Carapuṅka Vilvāti Iḷakam
3. Cēnkoṭṭai Ney
4. Cīntil Ney
5. Impūral Iḷakam

6. Iñci Cūraṇam
7. Iñci Iracāyaṇam
8. Iñci Vaṭakam
9. Kantaka Racāyaṇam
10. Karicālai Iḷakam
11. Karunai Iḷakam
12. Kēcari Iḷakam
13. Makā Vallāti Iḷakam
14. Nanti Meluku
15. Nārattai Iḷakam
16. Nellikkāi Iḷakam
17. Paṇṇākip Paṭṭai Iracāyaṇam
18. Pirami Ney
19. Puliyārai Ney
20. Taṇṇir Viṭṭān Ney
21. Tēṇṇ Kottai Iḷakam
22. Tūtuvaḷai Ney
23. Vallārai Ney
24. Venpūcaṇi Iḷakam
25. Venpūcaṇi Ney

PACUMÖR—Refer—MÖR

PACUNEY—Refer—NEY

PUCU NĪR

1. Kalnār Paṇṇam
2. Maṇṭūrāti Aṭaik Kuṭinr

PACUM PĀL—Refer—PĀL

PACU VENṆEY—Refer—VENṆEY

PĀL/PACUM PĀL

1. Arakkut Tailam
2. Āṭātōtai Ney
3. Carapuṇka Vilvāti Iḷakam
4. Cēnkottai Ney
5. Ciṇṇa Muṭṭit Tailam
6. Ciṇṇa Muṭṭi Maṭakkut Tailam
7. Civataic Cūraṇam
8. Cukkut Tailam
9. Iḷaku Cantanāṭit Tailam
10. Impūral Iḷakam
11. Kaṇat Tailam
12. Karicālai Iḷakam
13. Kilānellit Tailam
14. Makā Vallāti Iḷakam
15. Nācirōka Nācat Tailam
16. Nanti Meluku
17. Nava Uppu Meluku
18. Paṇṇākip Paṭṭaip Pataṇkam
19. Paṇṇākip Paṭṭai Racāyaṇam
20. Paṭaic Caṇkāraṇ No. 2
21. Pirami Ney

22. Poṇṇān Kāṇit Tailam
23. Puliyārai Ney
24. Tāḷicāti Vaṭakam
25. Tēṇṇ Kottai Iḷakam
26. Tūtuvaḷai Ney
27. Vallārai Ney
28. Venpūcaṇi Iḷakam
29. Venpūcaṇi Ney
30. Vilvāti Iḷakam

PALAKAṚAI

1. Palakaṇai Paṇṇam

PALAKAṚAIP PARPAM

1. Viṣṇu Cakkaram

PULITTA TAYIR

1. Tayirc Cuṇṭic Cūraṇam

PŪNĀKAM

1. Āmai Oṭu Paṇṇam
2. Cīntil Cūraṇam

PUNUKU

1. Cāmpirāṇip Pū Pataṇkam

PUNUKUC CAṬṬAM

1. Cāmpirāṇip Pū Pataṇkam
2. Nācirōka Nācat Tailam

TAYIR

1. Iñci Vaṭakam

TAYIR TELIVU

1. Arakkut Tailam

TĀYP PĀL

1. Aṣṭapairavam
2. Caṇṭamārutac Centūram
3. Iḷiṇṇac Centūram
4. Kastūri Māṭṭirai
5. Makā Ēlātik Kuḷikai
6. Makā Vacanta Kucumākaram
7. Nanti Meluku
8. Nava Uppu Meluku
9. Paṇṇa Cūta Meluku
10. Pūrak Kaṭṭu

TĒN

1. Āṭātōtaik Kuṭinr
2. Carapuṇka Vilvāti Iḷakam
3. Iḷanṇr Kulampu
4. Kakkuvāṇ Iḷakam
5. Kantaka Racāyaṇam
6. Karicālai Iḷakam
7. Kuṇmak Kuṭōri
8. Makā Vallāti Iḷakam
9. Mātuaḷai Maṇappāku
10. Nanti Meluku

11. Nārattai Ilakam
12. Paṇṇāṅkip Paṭṭai Iracāyaṇam
13. Tēṇṇān Koṭṭai Ilakam
14. Tippili Iracāyaṇam
15. Veṇṇūcaṇi Ilakam
16. Vilvāti Ilakam

## VELLĀTTUP PĀL

1. Ilaku Viṭamuttit Tailam
2. Pinacat Tailam
3. Uḷuntut Tailam
4. Vāta Kēcarit Tailam

## VELLĀTTUP PICCU

1. Irāja Rājēsvaram

## VELLĀTTIN TAMARAKAM

1. Tamarakak Kuṭinir

## VEṆ MELUKU

1. Oṭṭu Eruvai

## VENṆEY/PACU VENṆEY

1. Amirta Veṇṇey (Cavvīrak Kulampu)
2. Kantakac Cūṭar Tailam
3. Palakkirāmpu Pakkuva Veṇṇey
4. Vaṇka Veṇṇey

## ANIMAL ORIGIN

1	2	3	4
1. Āmai Ōṭu	Testudo elegans	Shell of the Tortoise	
2. Aṇṭa ṭṭu	Galleus domesticers	Egg shell of the domestic hen	
3. Aṇṭa tailam	Oil extracted from the egg yolk of domestic hen		
4. Āvin Ney	Ref. Ney		
5. Cāṇam/Pacuñ cāṇam	Bos indicus	Dung of the domestic cow	
6. Cāṇippāl	Juice extracted from the dung of domestic cow		
7. Cañku/ūtucañku	Xonchus pyrum	Shell of the conch	
8. Erumaik kaṭāp piccu	Babalus babulis	Bile of the buffalo	
9. Erumai mōr	Butter milk from buffalo milk		
10. Kaḷutai lattic cāru	Perissodactyla equidae	Dung juice of the Donkey	
11. Kaḷutaip pāl	Milk of the donkey		
12. Kaṣṭūri	Moschus moschiferaus	Musk	
13. Kāṭṭu muyal irattam	Blood of the jungle rabbit		
14. Kiliñcil	Lamellindes marginalis	Shell of the fresh water mussel	
15. Kōḷi muṭṭai	Gallus domesticus	Egg of the domestic hen	
16. Kōḷi muṭṭai mañcal karu	Gallus domesticus	Egg yolk	
17. Kōḷi muṭṭai venkaru	Gallus domesticus	Egg albumin	
18. Komparakku	Laccifer lacca	Stick lac	
19. Kōrōcaṇai	Bos indicus	Gall stone of the Ox	
20. Mañcal meḷuku	Apis spc.	Bees wax	
21. Mān kompu	Horn of the deer		
22. Mānkompu paṇṇam	Calx of the horn of the deer		
23. Maṇṭan maṇṭai ṭṭu	Human skull bones		
24. Maṭṭu maṇṭai ṭṭu	Shell of the Ox or Cow		
25. Mayil iṇaku cāmpal	Pavo cristata	Ashes of the peacock feather	

26. Mōr/Pacumōr	Butter milk (of the cow)	
27. Nāi maṇṭai oṭu	Small bones of the dog	
28. Nalla pāmpu piccu	Bile of the Cobra	
29. Nattai	Pila globosa	Apple snail
30. Ney/Āvin Ney/Pacuney	Ghee from the cow's milk	
31. Pacu nīr	Urine of the cow	
32. Pacu veṇṇey	Ref. Venney	
33. Pāl/Pacum pāl	Cow's milk	
34. Palakarai	Cyprea menita	Cowrie shell
35. Palakarai paṇṇam	Calx of the Cowrie shell	
36. Pullitta tayir	Curd form cow's milk	
37. Pūnākam	Earth worm	
38. Punuku	Civet	
39. Punuku caṭṭam	Pod of the civet cat	
40. Tayir	Ref. No. 36	
41. Tayir telivu	Whey water form curd	
42. Tayppāl	Human breast milk	
43. Tēn	Honey	
44. Vellāṭṭup pāl	Milk of the goat	
45. Vellāṭṭup piccu	Bile of the goat	
46. Vellāṭṭu tamarakam	Heart of the goat	
47. Veṇṇey	Butter form Cow's milk	
48. Ven meluku	Bees wax white variety	





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## APPENDICES

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## APPENDIX I

### GLOSSARY OF TECHNICAL TERMS

<i>Tamil Words</i>	<i>Words in use Sanskrit Words</i>	<i>Tamil Words</i>	<i>Words in use Sanskrit Words</i>
1. Aiyanōy	Cēttumap piṇi	43. Nīr/Taṇṇīr	Jalam
2. Alal Nōy	Pittam	44. Nīr Arukal/Nīrcu- rukku	Mūttirak Kiriccaram
3. Āṇkuṇip Puṇṇu	Iliṅkap Puṇṇu	45. Nōykal/Piṇikal	Pōkaṅkkal/Viyātikal
4. Ayarvu	Acati	46. Paci Mantam	Akkiṇi Mantam
5. Cempu	Tāmiram	47. Pal	Tantam
6. Cōṇu	Cātam	48. Pakka Vātam	Pārica Vāyu/Pārica Vātam
7. Elu Nāyiru	Cūriyāvarttam	49. Paittiyam	Uṇ Mātam
8. Elu Tātukkal	Capta Tātukkal	50. Paṭu Nāyiru	Canṭirā Vartam
9. Eppuc Curam	Asti Curam	51. Peṅkuṇip Puṇṇu	Yōṇp Puṇṇu
10. Enpurukki (Ilaippu) Nōy	Kṣyam	52. Peruṇ Kaliccal	Aticāram
11. Eppu Veṭṭai	Asti Veṭṭai	53. Peru Vayiru	Makōtaram
12. Ericcal Niṇak Kalic- ccal.	Caṅkiraka Kirāṇi	54. Picācu (Pēy)	Paicācam
13. Erup Nōy	Taṇur Vātam	55. Porumal	Uppucam
14. Eruvāy Muḷai Nōy	Mūlam	56. Puṇ	Virāṇam
15. Iraippirumal	Cuvācakācam	57. Pūpukkālam (Māta- viṭai kālam)	Rutu Kālam
16. Irumal	Kācam	58. Talaikkut Tailam	Appiyaṅkaṇam Cey- tal
17. Itappāṭṭīral Viṅkam	Curak Kaṭṭi (Piḷika Virutti)	59. Talai Vāyvu	Cira Vāyvu
18. Kaliccal	Pēti	60. Taṭuman	Jalatōṣam
19. Kaṇṇōy	Nēttira Rōkam	61. Tōl Marappu	Carmatimir
20. Kaṭuṅkāyccal	Tāpa Curam	62. Tōl Nōykal	Carma Nōykal
21. Kaṭuppuṅkal Kaliccal	Cita Pēti	63. Tolu Nōy	Kuṣṭam
22. Keṭṭa Nāṇṇam	Tur Nāṇṇam	64. Tuṇai Maruntu	Aṇupāṇam
23. Keṭṭa Tacai	Tuṇ Māṅkiṣam	65. Ūṇ veṇuppu	Arōcakam
24. Kōlai Vānti	Vellōkkālam	66. Ūruppukal	Avayavaṅkal
25. Kuḷantaikal	Pālar	67. Ūṭal	Cariram
26. Kuḷiyal	Snāṇam	68. Ūṭal Kuḷircci	Ūṭal Cilliṭal
27. Kural Kammal	Curakkiṇa Pōkam	69. Ūṭal Nōy	Cōpai
28. Kurutik Keṭuti	Uṭirak Keṭuti	70. Ūyirpōkak Kūṭiya	Marāṇa Vātai
29. Kuṭal Ilaippu Nōy	Ūlai Māntai	71. Valappāṭṭīral Kaṭṭi	Vallai
30. Kuṭar Pūccikal	Kirumikal	72. Vali Nōy	Vātam/Vāta Nōy
31. Malak Kaṭṭu (Malaccikkal)	Malapantam	73. Vaṇmai Kuṇṇal	Palaheenam/Palavi- ṇam
32. Maṇical Nōy/Maṇical Kāmālai	Kāmālai	74. Vānti	Catti (Vamaṇam)
33. Maṇṭak Kaliccal	Mānta Pēti	75. Vayiru	Utaram
34. Mayakkam	Apasmāram	76. Vellai	Pira Mēkam (Pira- miyam)
35. Mēl Vāyu	Antara Vāyu	77. Velleluttu	Cāleṣvaram
36. Mūkku	Nāci	78. Veḷuppu Nōy	Pāṇṭu, Alacam
37. Muṇṇuṭal Vali	Carvāṅka Vali	79. Veṇṇīr (Vintu)	Cukkilam
38. Muṇṇuṭal Vali Nōy	Carvāṅka Vātam	80. Veṇṇīr Alivu	Vintu Naṣṭam
39. Naccu/Nācu	Viṣam (Viṭam)	81. Veppam	Uṣṇam
40. Natpāṭṭa Kāyccal	Puraṇa Curam	82. Virai	Aṇṭam, Pijam
41. Nelliṅkāy Tailam	Āmalakat Tailam	83. Yāṇaikkāl	Lāṇcaṇam
42. Niṇak Kaliccal	Kirāṇi		

## APPENDIX II

## DETOXICATION AND EXTRACTION OF JUICE FROM PLANTS

## Process of Detoxification

(Vegetable Origin)

## 1. Apini

For detoxication of 510 g. of the drug 2100 ml. of distilled water is required. Mix 510 g. of Apini in 700 ml. of distilled water. Keep it for 24 hours then filter it. To the residue add another 700 ml. of distilled water. Shake well and filter it after 24 hours. To the remainings add another 700 ml. of distilled water, shake well and filter it after 24 hours. Discard undissolved part and mix all the three filtrates. Evaporate water over a water bath till material attains the consistency of wax. Store this material in a wide mouth stoppered glassbottle.

## 2. Attutummatti

Cover the Attutummatti fruits with straws. Set fire. While the fruits are about to burst remove them from the fire, take out the fleshy portion and squeeze them for juice.

## 3. Iñci

Remove the skin—wash with clean water and use.

## 4. Ettikkottai

Keep it soaked (for 24 mts.) in juice distilled from *Syzygium Cumini*. Wash it with clean water and use.

## 5. Kanca

Remove the foreign matters like seeds and other things and soak in water. Keep it for a day. Drain the water. Clean it with fresh water. Repeat the process for 7 to 10 times and dry it in sun light. After drying fry it in Cow's ghee and use.

## 6. Katukkai

Remove the seed and use.

## 7. Civatai Vēr

Boil it in Cow's milk. Dry it and use after removing the inner pith portion.

## 8. Cukku

Remove the skin and use.

## 9. Cērānkottai

Boil it separately in cowdung juice; decoction made of tamarind leaves and the aloes juice. Wash and use.

## 10. Tantikkai

Remove the seeds and use.

## 11. Tettran Kottai

Soak it in Cow's milk for 24 mts. Wash it with water and use.

## 12. Napi

Cut it into small pieces. Soak it in cows urine for three days. Wash it in water and use.

Note : Daily change the Cow's urine.

## 13. Niratimutt

Break the seed coat and use.

## 14. Nellikkai

Remove the seed and use.

## 15. Nēr vālam

Boil it separately in Cows urine; Cow dung juice and Lime juice. Dry it and fry it in Cows ghee after removing the plumule.

## 16. Palacu vitai or Murukkan Vitai

Soak it in water—remove the seed coat and use.

## 17. Parankippattai

Take equal quantities of cows milk and water in a pot and the parankippattai pieces are to be boiled in this mixture. After the mixture has been reduced to 3/4, remove the pieces, wash it, remove the skin dry it and use.

## 18. Perunkayam

Fry it in Cows ghee and use.

## 19. Vellaippūntu

Dry it in sun; remove the peelings and use.

(Mineral &amp; Animal Products)

## 1. Ancanakkal

Boil it in Tiripal a decoction and Karicalaia Cāru separately. Wash it and use.

## 2. Attuppu

Dissolve 1 part of Attuppu in 4 parts of Water. Heat it. When it boils add egg albumin and remove the froth. Filter it and allow it to dry in shade. Repeat the process for 7 times and use.

## 3. Anta ōtu

Dissolve sufficient quantity of common salt in water and boil the anta ōtu in this solution. After all the water has been evaporated separate the shells from the tissue, dry it and use.

## 4. Apirakam

Shake it in butter milk for 3 days. Powder it. Again soak it in Vinnegar for 3 days. Sieve it through a cloth tied on the mouth of a pot by adding rice vinnegar. The fine particles of apirakam will be settled in the bottom of the pot like a cream. Remove the creamy portion, dry it and use.

**5. Ampar**

Remove the foreign particles like dust and sand and use.

**6. Ayam (Iron)**

Heat iron till it attains red hot. Then dip the red hot iron three times in vinegar, gingely oil, cow's urine and horse gram decoction separately. Wash it with water and use.

**7. Annapethi**

Dissolve it in the mixture of water and sulphuric acid. Evaporate the liquid to obtain salt and use.

**8. Amai otu**

Take equal parts of alkaline earth and powdered lime stone (calcium carbonate) dissolve this in sufficient quantity of water (usually eight times). Boil the amai otu in this solution till all the oil contents of amai otu is totally removed. Wash it with water and use.

**9. Intuppu**

Keep it soaked in vinegar for 3 days. Then use it after dried in sun light.

**10. Ilinkam**

Keep it soaked in lime juice for 24 hours. Wash it with water and use.

**11. Iracam**

Grind it well with brick powder and turmeric powder separately for 24 hours each. Wash it in water and use.

**12. Iraca centuram**

Keep it soaked for 24 hours in lime juice. Wash it with water and use.

**13. Katal nurai**

Remove the foreign bodies like sand and dust. Then use.

**14. Karuvankam**

Mix turmeric powder in the leaf juice of Vitex niguntu. Melt the karuvankam and pour it into the above mixture. Repeat the process twice and use.

**15. Kalnār**

Soak it in cow's urine for 10 days. Wash it in water and use.

**16. Karpūra Cilācattu**

Boil it in cow's milk. Wash it in water and use.

**17. Kāntam**

Heat it till it becomes red hot. Then dip it in horse gram decoction. Repeat the process into 21 times.

**18. Rāvikkal**

Dissolve it in tender coconut water. Filter it, dry it in sun light and use.

**19. Kiliñcil**

Boil it in the mixture of alkaline earth and water for 6 hours. Wash it in water and use.

**20. Komparakku**

Remove the foreign bodies like dust etc. and use.

**21. Kauri pātānam**

Keep it soaked for 3 days separately in the leaf juice of Indigefera tinctoria and bitter gourd juice. Wash it in water and use.

**22. Canku**

Take equal parts by weight of lime stone and alkaline earth. Prepare a mixture.

**23. Catticāram**

Grind it in Kirinegar or with cow's urine for 3 days. Dry it in sun shade and use.

**24. Cūtan**

Remove foreign bodies like dust etc. Keep it soaked in ponterpderia vaginalis flower juice for 24 minutes. Dry it in sunlight and use.

**25. Cempu (Tāmiram)**

Heat till it attains red hot. Then dip it separately in Kirinegar, butter milk, tamarind leaf juice and in the leaf juice of Acalypha indica. Wash it and use.

**26. Cārrūppu**

Dissolve in water. Filter it. Dry it in sun and use.

**27. Tālakam**

Keep it inside the lime stone. Pour donkey's urine over the lime stone. After sometime take out talakam wash and use.

**28. Turucu**

Dissolve in warm water. Filter it. Heat the filtrate to obtain crystals.

**29. Tēn**

Heat it in a water bath. While it is warm filter it by wet woollen cloth and use.

**30. Nantukkal**

Same process mentioned for Amaiotu.

**31. Nattai**

Clean it in water.

**32. Navācāram**

Grind it in goat's urine. Dry it and use.

**33. Nākam**

Take the oil of Madhuca longifolia in a pot. Place two bars of Ammonium chloride. Sal ammonia inside the oil allowing some space between the two bars. Melt the Nakam and pour it in the space available between the two bars. Repeat the process for 21 times.

**34. Nimilai**

Boil it in Plantain rhizome juice,

**35. Paccai karpūram**

Same process mentioned in Cutam.

**36. Patikāram (Cinakkaram)**

Dissolve it in water. Heat till it attains semisolid form. Allow it to cool and use.

**37. Palakarai**

Keep it soaked in lime juice for a day. Wash and use.

**38. Pavalam**

Same as above.

**39. Punuku**

Remove the foreign matters like hairs and use.

**40. Pūnākam**

Put it in milk or butter milk. After sometime wash it and use.

**41. Pūniru**

Dissolve it in 4 times of more water filter. Keep it in sunlight till all the water evaporated. Repeat the process for 10 times.

**42. Mantūram**

For 1 part of manturam take 4 parts of tamarind leaf. Boil the above two in 8 parts of water for 3 hours. Take out the manturam, powder it add 8 parts of cow's urine. Heat it till all the urine evaporates. Wash it and use.

**43. Manōcilai**

Grind it in ginger juice, lime juice & in cow's buttermilk separately for 3 hours each. Dry it in sun and use.

**44. Mān kompu**

Cut it into small pieces. Soak it in Sesbania grandiflora leaf juice for 24 hours. Wash it and use after drying. Repeat the process for 7 times.

**45. Mirutar Cinki**

Boil it in goat's urine. Then keep it soaked for 4 hours separately in goats' milk and human breast milk. Wash it and use.

**46. Muttu**

Keep it soaked in lime juice and vinegar separately for 24 hours. Wash it in water and use.

**47. Muttu cippi**

Same process as mentioned to Amaiotu.

**48. Meluku**

Melt it by heating—Remove the impurities by filtering it.

**49. Valaiyaluppu**

Keep it soaked in vinegar for 1½ hours. Use it after washing and drying it in sun.

**50. Venkāram**

Fry it till the water of crystallisation gets evaporated and use.

**51. Vetuppu**

Dissolve it in 4 times of more water and heat. While it is boiling add white of egg and remove the froth. Filter the solution through a cloth. Dry it in shade. Repeat the process for 7 times.

**52. Velvankam**

Same as mentioned to Karuvankam.

**53. Vellāttuppāl**

Filter it through seven layered cloth.

# APPENDIX III

## THERAPEUTIC INDEX

### DISEASE WISE

## CROSS REFERENCE—DISEASE WISE

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## APPENDIX VI

METRIC EQUIVALENTS OF CLASSICAL WEIGHTS AND MEASURES  
AND TAMIL NUMERICALS

Table of Weights and Measures described in Siddha Classics and their approximate metric equivalents adopted by the Siddha Pharmacopoeia Committee.

I. *Weights and Measures :*

1 Ujuntu	= 1 grain (approx)	= 65 m.g.
4 Yavam	= 1 kuṇṇi 2 grains (approx)	= 130 m.g.
1 Mañjāṭi	= 4 grains (approx)	= 260 m.g.
6 Kuṇṇi	= 1 Māṣam	= 780 m.g.
3.75 Kuṇṇi	= 1 Paṇa Eṭai	= 488 m.g.
32 Kuṇṇi	= 1 Varākaṇ Eṭai (1 dram)	= 4.16 Gram
40 Kuṇṇi	= 1 Kaḷañcu	= 5.12 G.
10 Varākaṇ Eṭai	= 1 Palam (Pakka)	= 41.6 G.
0.25 Palam	= 1 Kačku or 1 Kaicā	= 10.4 G.
1 Tōlā	= 180 Grains	= 11.7 G.
3 Tōlā	= 1 Palam (Kachu)	= 35 G.
8 Palam	= 1 Cēr	= 280 G.
40 Palam	= 1 Vicai (3 lb 2 oz.)	= 1.4 Kg.
50 Palam	= 1 Tūkku	= 1.750 Kg.
2 Tūkku	= 1 Tulām	= 3.500 Kg.

II. (a) *Volume :*

360 nel (Paddy)	= 1 Cōṭu	= 33.6 ml.
5 Cōṭu	= 1 Ālākku	= 168 ml.
2 Ālākku	= 1 Uḷakku	= 336 ml.
2 Uḷakku	= 1 Uri	= 672 ml.
2 Uri	= 1 Nāli (Paṭi)	= 1.34 lit.
4 Nāli	= 1 Kuṇṇi (Marakkāl)	= 5.37 lit.
2 Kuṇṇi	= 1 Pathakku	= 10.7 lit.
3 Kuṇṇi	= 1 Mukkuṇṇi	= 16.1 lit.

2 Pathakku	= 1 Tūni	= 21.5 lit.
3 Tūni	= 1 Kalam	= 64.5 lit.

II. (b) *Volume (domestic) :*

1 Tēk karaṇṭi	= 1 dram (approx)	= 4 ml.
1 Kuppi	= 24 onuces (approx)	= 700 ml.
1 Tirtta karaṇṭi	= 1.33 ml.	
1 Ney Karaṇṭi	= 4.0 ml.	
1 Ucci Karaṇṭi	= 16.0 ml.	
1 Pālātai	= 30 ml.	
1 Enneik Karaṇṭi	= 240 ml.	

III. *Measurement of Time :*

1 Noṭi	= 1 Second	
60 Noṭi	= 1 Minute	
1 Nāḷikai	= 24 Minutes	
2.5 Nāḷikai	= 60 Minutes	
1 Mukūtam	= 90 Minutes (1½ Hours)	
1 Jāmam	= 3 Hours	
8 Jāmam	= 24 Hours	= 1 Day
1 Pakṣam	= 15 Days	
1 Mātam	= 30 Days	
1 Maṇṭalam	= 45 Days	
1 Kalam (Rutu)	= 2 Months	
1 Ayaṇam	= 6 Months	
2 Ayaṇam	= 1 Year	

IV. *Linear Measures :*

1 Vīraḷ Kaṭai	= ¾"	= 1.95 cm.
1 Cāṇ	= 9"	= 22.86 cm.
1 Muḷam	= 18"	= 45.72 cm.
1 Pākam	= 72"	= 182.88 cm.

Note : The Maṇṭalam is described in 40 days, 45 days and 48 days. In practice we can take 45 days.

## APPENDIX VII

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